

Uranus Retrograde: Three Ways It All Comes Together

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Ari Moshe Wolfe:

All right. Welcome, everyone. Welcome to our class today on Uranus retrograde and how it all comes together. I'm gonna be highlighting three ways, but really it's just... it's really dropping into the nature of Uranus retrograde, and how the path moves, how it really shapes and how we can understand the flow of the soul journey in the retrograde of Uranus. I'll speak as well to the current movement of Uranus moving to station — at this point it's actually two weeks from now, stationing in Gemini. Now, this class is being held on the day of the eclipse, just less than twelve hours from the eclipse, so it's cool to meet on this day.

What I'll do is I'll do the presentation, and if any questions come up I'll probably field them more towards the end. And then at the end of today's talk I'm going to give a little info session on my upcoming experiential learning program. Um, and I can answer any questions about that, as well as the upcoming Jeff Wolfe Green cohort. They're both...

So, what I want to do first — when I was thinking about this, I thought it'd be really fun to actually just offer somewhat of a fresh perspective on retrograde. And this is perfect for the topic, because a part of Uranus in Gemini, Uranus retrograde in Gemini, is just, like, stepping back from the ways that we generally frame things, the ways that we organize reality in our mind. Sometimes we kind of move with a premise or an assumption of, like, what things are, and then we're building more frameworks based on the existing assumption without really questioning, like, wait a minute, is that true? So let's get back to the basics, and I think this will really help us understand the rest of today's class.

So I'm going to share this animated page right here. This is basically just Uranus and the Sun. I'm going to animate this so you can see their movement.

What I'm going to present is the idea that retrograde isn't this unique, special phenomenon. It's something that all planets experience. And, in fact, a planet isn't a planet isn't a planet. Really, a planet is: a direct planet, a stationing-direct planet, a conjunct-the-Sun planet, and — opposite the Sun — a stationing-retrograde planet. It's a slow-moving planet, it's a fast-moving planet, because throughout the entire cycle of any planet through the zodiac, it's going to go through all kinds of distinct phases — direct motion, retrograde motion, speed — all relative to its relationship with the Sun. There's no such thing as "Uranus." It's: what phase of movement is Uranus in right now? Same thing with every planet.

When it comes to — maybe I'll just show you guys for contrast — you know, the interior planets, Earth, Venus, and Mercury, move a little differently; Mars, outward, they all follow the same pattern that I'm going to reveal to you. There's always going to be a point — I'll just go back in time a little bit — where we have a conjunction between the Sun and Uranus. And since the Sun moves faster from a geocentric point of view, we're going to think of it as the Sun separating — obviously that's not what's actually happening, but we're going to see a growing separation between Uranus and the Sun. So watch what happens: as they separate, then basically as they move somewhere between the square and the trine, Uranus goes retrograde. Right, if you want to get more exact — Uranus is gonna go retrograde basically two weeks from now, and that is on September 10th.

And as you progress further, just week by week, we get to the midpoint of this retrograde journey, and that's actually always going to be when the Sun is opposite that planet. Right? It's also when that retrograde planet is moving the quickest. It's gonna go very slow when it's stationing — it stops, basically — and then it starts to pick up speed and momentum. Then we're at the midpoint, now it's kind of on its way back to direct, and at that point it's starting to slow a little bit — getting slower and slower and slower and slower — and boom, then it stations. I'll show you the exact day of that station: February 8th or so of next year. So this September retrograde is going to go all the way until February. And of course, when it stations it's going super slow, and then it begins to pick up speed to the point where we have the conjunction with the Sun.

And these conjunctions, of course, are very important — when it comes to Mars, Jupiter, Saturn, um, sometimes, and of course Venus and Mercury, we're going to see these planets shift on either side of their conjunction with the Sun, from a morning star to an evening star. Of course, you don't see that with Uranus. And so, just to highlight how much deep transformation, how much nuance there is to a planetary motion — you can really just reframe, or in a Gemini way, remap, recategorize, our understanding of a planet and look at it in your own chart. Where's Uranus? And you can visually see it — just so you know, I love encouraging everyone to develop a visual understanding of these things. So if you were born, let's say, a week from now, or a month from now, you'll see that the Sun is away from Uranus, beyond the square, so visually you'll know, oh yeah, this is, like, definitely the point where Uranus has recently stationed retrograde. If you know anyone with a Uranus-Sun opposition, well, of course it's retrograde, right? If Uranus was close to the Sun, then... But you can ask yourself these questions and kind of contemplate it.

And what I love to do as well — and this is a very good Uranus-and-Gemini approach — is to not become too defined or linear in terms of, "if you have Uranus conjunct the Sun, it means this." But to really encourage you to have a felt sense of it, to connect with it. If you have Uranus stationing retrograde, which implies a particular relationship with the Sun, what does that say? There's a turning happening, there's something slowing down, going within. There's an individuation process that's deepening during that time. So those are all really meaningful contemplations.

And just for the heck of it, let's put Mercury in there, because I like to highlight the difference between Mercury and Venus versus all of the other planets. Let's come back to right now. So Mercury is moving really quickly when it passes the Sun — passing, passing, passing, passing — and you're starting to notice that at some point it's going to start slowing down, retrograde. It passes the Sun — that's the inferior conjunction — when it retrogrades conjunct the Sun. Then it goes behind the Sun, goes direct, and goes forward again. You see? We can just progress it week by week to see how it's always going basically back and forth, back and forth, back and forth. See that? Venus does the same thing. So you're going to understand Venus and Mercury, relative to their relationship to the Sun, slightly differently than you would every other planet beyond Earth. But it's the same idea — it's always about what phase it's in with the Sun. It's just a beautiful way to think of it.

So, with that in mind, coming back to the topic of Uranus retrograde — it just puts a little bit of a spin on Uranus retrograde. One thing we can say about the retrograde is: it's the minority — I'm not sure if that's the right word, but each planet will spend more time direct than retrograde, right? So in the scope of it, even though we have all these different movements, the net time spent in direct is greater than the net time spent in retrograde, which means that a planet's going to be progressing forward through the zodiac and not backwards. Um, the nodes move backwards — their predominant motion is retrograde — but the predominant motion for planets is direct. So we can then understand: while there are different nuances and phases to planetary motion, the retrogradation is the minority, meaning it spends less time in retrograde. And so we can add a little further context: the retrograde journey is going to be a reworking, a reviewing, a kind of going over where we've been — but only to a point, meaning you're only going to go backwards a little bit, but you're going to progress forward more. It's like two steps forward, one step back.

And a great metaphor for retrograde — in particular Uranus retrograde — that I was thinking of this morning: if you have a pot with gunk in it, and you put water in it and let the water sit, of course that water is going to gradually, over time, break up the gunk. The retrograde might be like shaking it up — it's just moving the energy even more. I was also thinking about how my daughter was transverse in Michelle's womb for many months, my second daughter — she's a very Uranian person too, so it's kind of interesting, because Uranus is sideways. She would... it's like, Uranus retrograde can be like, what do you do when you're transverse? You might just flip to the other side, but you're still transverse, right? It's just the energetics working from another angle.

Now this leads to the question I'm posing, that I'll come back to — this is the point of contemplation I'm prompting here. If Uranus, which we'll talk about in a moment, is about deconditioning, liberation, freedom from the known — if Uranus speaks to the ways in which we are breaking out of the framework or the context of our own conditioning — what does Uranus retrograde speak to? And we're gonna actually delve deeply into some direct teachings from Jeffrey Wolfe Green to really appreciate what he taught and brought forward, and I'll just offer commentary on it as we read it.

He'll speak in a moment about the idea of retrograde being about individuation. He said all retrograde planets point to — the nature of retrograde itself is individuation from the status quo, again, the status quo being the direct motion. And now it's like you're working something out, um, individuating, taking you apart from the status quo and the normalcy of your own life. And so, if individuation and breaking out of the status quo is a part of the retrograde archetype in general, does that make Uranus retrograde, like, a double negative? And, like, when Uranus retrogrades, suddenly it's Saturn? Suddenly we all start wearing bow ties and shaving, grooming, and talking in proper binary terms, and everything is status quo, and everything's like either a Democrat or Republican, male or female, coffee or tea, Pepsi or Coke — like, what happens? That's when Uranus goes retrograde?

Coming back to the shaking-up analogy, I want to offer a little more perspective. We can say life itself — that water sitting in the pot, the content of life experience — is always offering us, in all the different ways, an angle into whatever karmic reality, whatever content is in our own soul. And the more we meet, the more we wholeheartedly embrace the content of our life, the more we're allowing it to work us, right? That devotional orientation to life, where we develop the attitude of allowing life to work on us — that's my understanding of karma yoga, where we let our own soul path unfold through the curriculum, perfectly designed and tailored for our own life. So we have a sort of yielding humility to what comes; we're less defensive. That's that water sitting in the pot, kind of working on the crud.

But then there are these periods where the way that we're being worked on is going to take us in a direction that tricks our existing expectations. And that's often very helpful — it'll bypass the precedent and the normalcy that we've developed, because left to our own devices, we trick ourselves so well to acclimate, to normalize, to adjust, to adopt the ways in which we are avoiding and trying to bypass our own soul curriculum. We have these beautiful ways of just adopting, so that we don't have to actually meet it, without even noticing that we're doing that. So that retrograde oftentimes does become — and this is true for every planet — the shake-up, where we're taken away from whatever normal patterns we have, so that we can actually meet our life with a little more presence, to actually come out of the trance of our conditioning.

The most common example is Mercury retrograde. How we've organized and linearly mapped our reality — and suddenly the things that we wanted to do aren't flowing, or there are these miscommunications, or these plans that need to be reworked. And so we can't just acclimate to and get used to things that we expect to work out. We're brought deeper into the soul program.

So, what I want to do next, before we jump into Uranus retrograde, is share a few slides — and I'm kind of borrowing this and reformatting it from a recent talk I gave for Astrology Hub. I was thinking, this is such a good talk, I wanted to just use it, so I'm taking a few slides from that, just to highlight what I think is a very helpful teaching that will set the stage for this talk.

This corresponds to Uranus and memory — how we're internalizing and relating to our present-moment experience based upon memory. I'll just speak it first and then share a few slides that relate to it. Jeffrey Wolfe Green highlighted the idea that Uranus corresponds to long-term memory. And what I'll present in a moment is the idea that long-term memory pertains to the past and the future. So we're going to contrast this idea of memory between Uranus and Mercury.

Mercury memory is local, it's linear, and it's specifically what we're consciously defining and remembering. So wherever your Mercury is, for example, it's going to speak to the specific, and very subjective and thus limited — not complete — ways in which we're categorizing and picking certain facets of the whole reality, in order to build a picture or a framework to understand and map and communicate and think about our reality. So if I ask you what you ate for breakfast this morning — or better yet, if I asked you to describe your experience eating breakfast this morning — you'll share a few data points. But you're not going to share, you know, what it felt like, the sense, the feel you had behind your neck, right? Like, what you're eating, what it tastes like, maybe what you're thinking, or talking, or reading, or the temperature in the room, right? But the nuance of, like, how did you cross your legs? Did you put your right foot or your left foot on your knee first? Um, if you had cereal, where did you put the milk? Did you put it in the fridge? Where in the fridge? What direction was it facing when you put it? There are all these details that you're not going to recall — we're not classifying it. And that's actually a big part of what's happening, part of the awakening from the trance, the normalcy of life.

We wake up and we just do the things we do until it's predictable. Life is so predictable, and so we expect what's going to happen, and we expect ourselves to behave in certain ways. And that predictability is a sort of trance that we're just moving through, day by day by day. We don't realize how much we're absorbing and picking up — not even just through our ears or our mind, but even through our aura, through our sense, our soul, our psychic awareness of space. We are picking up content 360 degrees, etherically, psychically — we're present to it, whatever's happening on a spiritual or astral level even. It's all here in the field. It doesn't matter whether we're conscious of it or not — we're picking up all of this information, even the subtleties of energy. We're all picking up the low-grade hum of all of our electrical devices, even if we're not thinking of it, right? So that Uranian memory is all-encompassing and includes even what we're not classifying and identifying as an experience, whereas Mercury is specifically identifying particular experiences.

And I'll offer one more angle to this. If we have a dream, and we begin to recall that dream, we're going to recall very limited factors or facets of that dream. I've given this analogy before — the Uranian dream is when you think about the dream from a Uranus perspective; we actually have to take a step back and relax the linear mind a bit, because a linear mind will be selective in the details that it recalls. That's why, if someone shares a dream, I'm going to be asking a lot of questions — like, but what color was that blanket? What kind of snake was it? Were you on their right side or their left side? Every little detail is archetypally symbolizing something. But the mind's only going to pick up certain points.

So when it comes to the idea of memory with Uranus, we're talking about the total memory of the soul, as it pertains to our total past — in this lifetime, the astral plane, prior to this life, other lifetimes, everything. It really points to the idea that the soul itself is just here — we are maintaining a continuity of experience through, during, before, and after the manifestation of a particular incarnation. We become very identified

with the conditioning, with the template of our human life. But the long-term memory exists. And this memory strongly influences — Jeff Green taught that about 80% or so, according to him, of our perceptions are influenced by these subconscious memories, and these memories are subliminal, meaning they're underneath the surface. The idea of subliminal is that we're not aware of them influencing our own perceptions. So it's the future as well.

And this is where I'll share a couple of slides, because I want to offer an angle on time. And to do that, it's just kind of fun and useful to highlight the contrast between Saturn and Uranus when it comes to time. So I'm going to do that, and then I'm going to use that to understand more broadly the nature of Uranus in transit, and then how we can unpack and glean more meaning from Uranus retrograde. So let's share the slides here — and these few slides are borrowed from my Uranus talk. If you wanted to get the whole talk — my talk on Astrology Hub was about Uranus and remembering the future. Really beautiful, fascinating talk, and I gave a lot of really cool chart examples as well.

So, time from a Saturn perspective is pretty straightforward: it's cause and effect, consequence of actions, conditioning, history — so anything that develops in time. Literally your family tree, ancestry, also your posture — it's all time-developmental. It also speaks to the awareness of one's immediate and socio-cultural context — how we participate in society as a human, in time. Um, I'm in my office building right now, and I'm wearing clothing — I've learned certain behaviors. I had to teach my daughter to wear her pants outside, right? But she doesn't know that. Certain social developments are cultivated in time, with Saturn — we condition our behavior. Calendars, clocks, human aging — typical progressions of cause and effect. That's what Saturn time is all about.

Now, Uranus time doesn't exist in the same way. Uranus time corresponds not to the linearity of cause and effect, one experience leading to the next, but more so to the actual intelligent design of life itself — the algorithm, the nature, the way that it's created. And I have a few visuals to describe that. You can pull a tarot card, or do an I Ching reading, and that will speak to experience — not in time, but archetypally, what it is. And it can identify past and future, because Uranus corresponds to the design itself.

And I give the analogy of a video game. If you're moving through the video game and you're in level 1, you're gonna have an experience, and when you complete level 1 you'll graduate to level 2. But the program of the whole video game has already been designed — the content of level 7 exists, even if you, right now, in time, are at level 1. That's why there's an intelligence, a state of perception, that can witness level 7 and level 1 at the same moment, because they both already exist. And thus, all previous levels also already exist from that level of consciousness. There's a design that is set, and this design is profound — it exists and it's operating regardless of our understanding of it.

I give the example of the yuccas: we have these cycles that exist, thousands upon thousands of years old, that correspond to cycles of development and arcs of consciousness and experience that manifest over thousands of years. We have astrology, and this is the thing about Uranus — we're looking at the movement and the fractal reality of archetypal experiences or dynamics on every size, scale, and dimension of reality. And it says that life is designed in a certain way — not in a mechanical, Newtonian way, like, here are a bunch of nuts and bolts, and when you push this button, it works. It's more like it is exactly what it is — the intelligent design of life, we can say, reflecting the mind of God, the mind of the creative source. It is what it is. We don't really understand the full scope of it, and it is what it is, regardless of our understanding.

That's why science is a Uranian thing — because science is basically observing, looking through the microscope or the telescope, and we're observing the patterns. Oh, this is how life operates. It's funny — the scientific developments are so interesting and amazing to think about, in terms of: we're basically saying we don't really understand existence, let's observe it. Oh, here's a principle, here's how something works.

But it worked already, prior to our understanding of it. And this is a very, very important principle that we're going to be jamming on for today's talk: the cycles of time and reality — for example, astrology, an astrological transit — they're all happening. We're all experiencing them; we can't not experience it. We can't step outside of reality. And it's amazing that it happens, even if we don't have any awareness of it.

You can have dreams where certain symbols, or symbology, or number sequences — the archetypal energetics of life themselves — are occurring all the time, and it cares not how we interpret it. And a useful way to understand Uranus — Uranus speaking to reality, the design, the intelligent program — we can have thoughts that arise on their own, that we're not thinking, meaning, like, it makes no sense — just like we can see things, or have experiences, that fit into no context. The signals from our higher mind, so to speak — the signals that come from this objective framework of reality, not from our conditioning — may come in, but it requires the Jupiter function and the Mercury function in order to make it sensible. Jupiter's going to interpret it, and then Mercury's going to give it a framework to classify it and fit it into life, so that we can understand its greater context.

That's literally what astrology is. What's literally happening with astrology is we're taking reality and we're putting on it, in this case, a tropical, zodiacal system of twelve signs and a Porphyry house system, and the planets and asteroids that I use, right? But there are thousands of different ways of working with astrology, because reality itself is — every single Gemini-mapping, Mercurial system is just a way of approaching the isness in a way that allows us to understand it. And then Jupiter, Sagittarius, makes meaning and interprets — okay, we're observing phenomenal experience according to astrological movements, and we're understanding its meaning. We interpret its meaning from a psychological, an evolutionary, a physiological, a societal, a mundane perspective. There's some level of interpretation by intuitively accessing an insight as to what's happening in our phenomenal experience.

But everyone should grasp this really important piece — this is why I wrote an article. I don't remember if or when I ever shared it, because it felt a little... I'm always sensitive to my words coming out in a way that puts anyone else down, and I was a little nervous about that, so I didn't actually end up making a video. What I was trying to point out came in a moment where I was affected, or inspired, by all of the talk I hear around people saying, what systems are correct? I think it started because there's this one person that always posts on everything I ever put out on astrology — he'll always correct me. I'm certain he's not here. He'll always make a comment that corrects my article by saying, actually, Uranus is in Taurus — meaning he's referencing the sidereal zodiac. And, playfully, it's like, oh, yes, you're right, I got it wrong, your system is the right one, of course, thank you, thank you for reminding me for the thirtieth time.

The inspiration that comes up is — I mean, I see this with sidereal versus tropical, eastern versus western, Holocene versus Porphyry — and the perspective I want to offer is: life is much bigger than that. The design of life is actually none of them. It's so vast that it's really silly for us to get stuck in a right-or-wrong when it comes to the way — but even more so, because it's so vast, because it's not limited and consolidated neatly in a particular map. Think about it if it was — literally, think about it if it was: it would literally say, "in the beginning, God created twelve," and that trail fractally manifested and expressed itself through all things. Um, it's like, that's so limiting. And there are systems that work with more than twelve archetypes as a base. And of course you can look through history, you can look in the Bible, you can find twelve. You can look at different societies and cultures — you're gonna find other ways of organizing reality.

This, my friends, is actually the essence, really, of Uranus in Gemini — because it's taking the ways that our maps have become overly crystallized. This is the system. The map gives a view of the terrain, and it allows us to contextualize our experience according to the nature and design of the map, so it's great from that point of view. But, per the nature of Gemini — and just think of what I was saying around Mercury versus Uranus — every map is going to be very selective.

For example, I was speaking earlier about not thinking of a planet as a planet, but thinking of a planet in terms of where it is in relationship to the Sun, because its speed, its movement, is literally going to change relative to where it's at in relation to the Sun. That's adding a little nuance — that's kind of expanding our map. You know, I know people don't work with retrograde, and that's fine, but you can add that, and now it's a little more colorful, there's a little more nuance. You can add declination, right ascension, you can add out-of-bounds — that even gives more nuance. And, you know, I have many colleagues and friends and students who work with Hellenistic astrology, and I've had powerful experiences with it, and then I've had the opposite experience, where people work with me and it's like the relevance lands in a way they've never been able to access in their other work.

And for a moment — I've never once believed that one system is actually more right than another, and I really want to encourage everyone to throw that out of your mind. And it's not like, oh, they're all true, blah blah, you know — it's not a relativistic thing, it's really grasping from a more objective way of thinking. From whatever angle we look at reality, we're going to be dividing up the undivided and gaining a unique perspective. Just want to offer that angle — and to think that your life can be understood in the same way.

Let's come back to our question on Uranus retrograde. What does it mean when we're individuating the individuating function? I'm going to present three basic ideas, and then I want to go to Jeff Green's teachings and we'll elaborate.

Wherever we become overly conditioned by the structures and the status quo of our life, Uranus becomes a shaking-up of the pot and says, here's another angle that you really weren't expecting. So that stationing is a slowing down to give us a concentrated experience and attention, to almost liberate and break out of whatever we didn't realize we were caught in. Have you ever had the experience of relaxing after realizing that you were, like, tense — and then you relax and it's like, oh wait, my shoulder — oh, I didn't realize my shoulder was up, right? We don't realize that we're stuck and that we're rigid. And so we relax, and only upon relaxing do we realize how caught up we were.

I did a good job at abstaining from an ego battle recently, when I was triggered by something — oh my god, I want to correct, or fight, and — because it's so humbling, it's really humbling to get caught up, and to realize how much that affects my mind when I'm right and I want to be right. I just chose not to be defensive. And what I found is, later that day, because I didn't soil my mind, I didn't get it dirty with a negative behavior — which I would interpret as: because I remained guiltless, I chose not to act from a reactive place — I was still feeling triggered, but there wasn't a lot of clutter keeping me from just being with it, meaning there's more space. When I act negatively — and this is a great thing to notice — when we act negatively, that stays in us, and we tend to chew on it, get stuck in the resentment, and we don't really have the spaciousness. But it allowed me to have a little more spaciousness to observe what's really going on in me, such that in that moment I'm perceiving a threat on the outside. That spaciousness gives us an angle into our own life and our life journey that we might otherwise not notice, because we're so identified with our control, and our behaviors, and what we're trying to affect, and what we're trying to do in our own life.

That's one effect of that retrograde motion — it's really strong as it's slowing down. Right now, as it moves slower, slower, slower, it's getting really present with the very places we didn't realize ourselves to be in a trance.

Now, archetypally in general, this is often the case with natal retrograde planets — we'll often find that the retrograde serves a purpose of highlighting where we're overly conditioned, thus accelerating and accentuating where there's a need to really break out of an area we've been overly conditioned by.

So, for example, Uranus itself, in retrograde, can karmically speak to — both natively and in transit — where we were over-identified with belonging. And so there might be this deep need to fit into the group, this deep need to say, I want to be a part of this group, or I want to be normal, I want to be accepted by this person, place, group, society, church, school, right? It's like, how much of our own identity is defined by that need to belong? That's a big dynamic around Uranus, because Uranus is really about individuation from the need to belong, so that we can belong in the ecosystem of life, but not in the limited way of trying to be a member of the treehouse club. So we often have to have that experience of not belonging, of not fitting in, just to shed the identification with being that thing that we're trying to be. And so it seems, temporarily, like we're an outsider.

And then what happens with Uranus retrograde is it accentuates and highlights our sense of being different. It accentuates that, and thus accelerates our own evolution relative to the accentuation of our sense of being different. What that does is temporarily induce a deep sense of aloneness, alienation, and outsidership — and we can resist it. And that resistance becomes its own beautiful trick, because in resisting it, we try to normalize even more. That whole dynamic — when we're afraid of facing our own individuality, we'll compensate by trying to normalize even more. That happens by being like, "those people really don't belong," and going on and on about that group of people, or people who think this way, or people who — right? Whatever we choose to frame as an outsider, or as different, or as missing it, or as the wrong group, is actually a subtle way of communicating that that's the very thing we've sort of outsourced and excommunicated within ourself. It's the very thing we're afraid of integrating within us.

And it's usually just a matter of time — I see this often — that the very thing we're actively trying to reject, there often comes a point where we become that. It's almost like the "othering" is the final step that precedes the joining. In the same way, the thing where we're like, "I am this, I need this, I need you to be this, my life has to be this," is usually the final hurrah that precedes the letting go of all of that. Pick your battle — lifestyle, political preference, relationship, food, astrology preference, your strong preferences for where you sleep — everything that becomes a very strong "I am this," and thus, "these are the people, or the ways of thinking, that I fit into" — you're a few days, or a few weeks, or a few months away from breaking out of that. That's a part of what Uranus retrograde will really accentuate.

Now, the other expression would be where there's already a strongly existing sense of alienation — meaning we identify very strongly with that outsider consciousness, we don't belong, we don't fit in, we don't even know how to place ourselves. It's like the Uranian dimension of there's no ground. This could be very strong, and many people can live in that state relative to Uranus — like, I don't fit into anything in life, everything is so conditioned and defined, how do I even normalize in any way at all? This could be a Uranian dynamic — it's pushing up against the Saturn boxes, and how do I enter it, how do I function? There can be a deep paranoia. There can be unresolved trauma around, if I am myself, I'm gonna be kicked out; if I am myself, I'm never gonna belong; or, to get a job, to fit in, I have to pretend to be something I'm not, right? Where the boxes feel too stressful and hard for us, and we just can't quite deal with it.

Uranus retrograde, in a way, again, brings us really present with it. What's always going to happen with Uranus retrograde is there's going to be another angle to shake up the pond, kind of break us out of the trance of whatever the soul program is — and in this case, the paranoia, the outsidership, the frustration, the alienation, is its own trance. It's a stuck place on the awakening journey. And that retrograde can be one of stepping up a little higher and observing it — we become aware of our state of mind, we become aware of, oh, I'm in this trance-like state, I'm operating in this present moment from a paranoid, alienated, defensive, scared state of mind. I'm witnessing that. Wait a minute — I'm observing that state of mind, but who am I? What's actually true, actually happening in my life? How do I look at my life when that's not the dominant perception?

So, in review — these three basic modalities correspond to: one, the acceleration of individuation and breaking out of the patterns and dynamics in our life, bringing us into an awareness of what's tense or conditioned. This one example may not be, like, "we're trying to fit in" or "we're trying to avoid it" or "we're paranoid" — it's just simply, oh, I didn't realize I was this the whole time, and now I don't have to be. I didn't realize that the plans I just made were entirely rooted in guilt. I didn't realize that I built all of this because I was trying to impress my — fill in the blank — father, mother, partner, whatever. We just see something for what it is. And that seeing for what it is means we don't have to do it anymore. That's the cool thing about Uranus — there's not a whole process involved. Once we see it, we see it, and we can let go of it, because we see it. Okay, I don't have to do that anymore. Got it, I get it now.

The other is where it's going to accentuate the need to fit in, and thus maybe bring up more stress, or a need to compensate — or it's going to accentuate the need to stay identified in the I-don't-fit-in consciousness — both of which will become accentuated, and thus accelerate, our own individuation process.

So let's jump into Jeff Green's teachings here. All of this is actually available for free on the Evolutionary Astrology site — you can see the URL here. So I'm just gonna read it, actually, because that feels like a really beautiful way to speak to us. I'm gonna read it, and then I'll offer some commentary as I go.

It starts from here: *Uranus retrograde emphasizes and creates all kinds of mental thought forms that occur in the consciousness of their own volition, thought forms that implicate and symbolize a larger and freer future. That is because Uranus correlates to the soul's inner blueprint for its evolutionary future needs.*

Remember, the program is already set — contained in our own soul essence is the blueprint for what we become when we're not trying to be something else. We already are what we are.

Thus, these types of thoughts that symbolize the future percolate up from the individuated unconscious through the door of Saturn — where Saturn corresponds to the structural boundary of what we're consciously aware of at any point in time. I'm consciously aware of my body, my form, my role, being here with you. What I'm not conscious of is the greater algorithm, the program that's happening.

So Uranus retrograde can become all these different thought forms, or signals, or messages that arise on their own — that are very non-sequitur relative to my conditioning. And that could be incredibly stressful, by the way — it's like, I wasn't planning that, I wasn't really expecting that. You know, everything was just right, I wasn't really looking at it. But a lot of times these can actually be dreams, or signals, or messages, or thoughts that arise on their own — it's like, who's thinking that? Sometimes I have these thoughts, or I say something, and it just seems like it's coming out on its own, and I don't think much of it. But then I'll share it, and the level of synchronicity is — it's like, I'll say something in a session, and to me it's just, like, the thought that came, I don't think of it as, like, not innocent, right? But then I'll say it, and to the individual I'm saying it to, they're like, oh my god, I literally just wrote that this morning, verbatim. Things like that.

And actually, a lot of these thoughts — just to understand this — in my experience, they're not like you're sitting in a quiet zone and, when you channel, it's always a British voice going, "in our take, Ari, you are going to cut your hair," or "Ari, we want you to know that the Pleiades were wanting to send you a message" — okay, you get the idea. It's not a formal channel, some voice coming in. It's just like a thought. And it's very similar, in my thinking, to when we pull a tarot card — there's no, like, you're looking at the tarot cards or the I Ching coins, whatever, and you're asking, and the card you get, or the casting, is relevant to whatever — it's like, how does it know? It's not like the card is lighting up and some sort of angel is beaming golden light on the card, saying, this is the card that's been designated for you. It's just sort of innocent, happening on its own. It's just amazing to think about that, right? The signals and the algorithm are

operating through innocent action — that's why we can allow our life to be, in a sense, like a divination. The more unattached and open and available we are to the next moment, the more we allow it to be the message.

Okay, so these higher messages that come from the future, so to speak, or from the undifferentiated, non-Saturn dimension of reality that pertain to the blueprint of who we are, and thus where we're going relative to our own evolutionary process — *it is the natural boundary between our subjective consciousness and our individuated unconscious, Uranus, that correlates by way of long-term memory to all of our prior memories and contains a blueprint from within us all that correlates to our evolutionary future. Typically, relative to most people, 70% of these ideas go unacted upon.*

I would say they go unacted upon and also unnoticed, right — they come and they go. I remember watching a documentary with a relative of mine about UFOs — I mean, I've seen UFOs, whatever, many times, and, to me, the reality of any kind of data-oriented research, like crop circles — yeah, there's something unexplainable according to our known human phenomena, right? But if it's so beyond the scope of what the mind is ready to receive, you can present new information and it will be forgotten. We see this all the time — it doesn't matter what kind of revelatory experience we have that's undeniably, like, reality is more than what we thought it was — if we're not ready to internalize that, and we're so stuck in our conditioning, it's not gonna really do anything. It just kind of gets forgotten, in a sense.

They are left as mental considerations only, and thus generate frustration, because a person can glimpse different possibilities, and yet, relative to the fear and insecurity linked with aloneness, they go unacted upon. And I would add, unacted upon or simply ignored. It's like, eh, I don't — the message in Uranus retrograde is to act, to act upon these messages. But the key is to only act on the ones that are repeating themselves, the ones that won't go away. The ones that appear once or twice are typically ahead of their time, which is one of the problems with Uranus — the thoughts that keep reappearing over and over are the ones to act upon. It's almost like the bridge between the future and the moment we're in gets a little smaller, and the future has come now — and maybe we first began hearing about this, like, twenty years ago, but there's that impending sense of now. And whether it's a thought or a feeling, often Uranus retrograde is going to say there's a shift you need to make right now, and that can be very uncomfortable.

He makes a very specific statement: *They will typically symbolize the next five to seven years of a soul's life to come, if acted upon.* I can't say anything about that, but that's a very interesting statement.

These thoughts are only a problem when they are not acted upon. So, as a result of Uranus being retrograde, it is either cyclically or perpetually releasing into your consciousness the unconscious content that is unique to yourself. The content will contain three dimensions. One is what we're discussing now — the thoughts that correlate to the soul's larger future, that reflect the evolutionary intentions within the soul. And it contains the content of that which we repress.

By way of this, an archetype — content is really important, our own conditioning and our need to survive and maintain normalcy in our life relative to Saturn — and we're gonna repress a lot of this Uranian content, and the retrograde can be like, here's all of this repressed experience, it just comes back. One thing that often happens — this is a Uranian thing in general, but the retrograde can bring back latent memories and gifts and capacities we didn't even know we had, because something new is beginning to emerge to break through another layer of that repression. That which we repress can be all kinds of things — it can be anything that makes us feel insecure, things that make us feel uncomfortable about ourselves for whatever reason, parts of our individual history that we want to run from, or that we don't want anyone to know about, memories of a traumatic nature that are repressed in order to create a sense of psychological

stability, because the nature of the trauma is so severe that it would lead to instability until it's addressed or healed.

Uranus also contains the content of all of our memories from this and prior lifetimes. This also contains the memories from this life that have been consciously forgotten. This is a point I spoke to earlier.

When Uranus is in retrograde in the natal chart, this will correlate to a soul in which all the dimensions of the individuated unconscious will surface into the individual's conscious awareness on a perpetual or cyclic basis throughout their life. Again, reworking it from another angle — getting in there, because that retrograde function is, let's get in there from an angle you weren't expecting. There's something wanting to be accelerated and worked out on a deeper level.

So — I'm going to skip ahead here. Let's jump down. And you can read all of this — you can save the link, it's beautiful to read all of these teachings.

When Uranus goes retrograde through transit or progression, this will correlate with a time in which the content held in the individual unconscious percolates into the awareness of the individual. And at those times, it becomes an evolutionary imperative to act upon that information in order for real evolutionary growth to occur. As a result of this imperative, the individual will suddenly begin to feel detachment from their existing reality in every way.

Not always in every way, but that detachment really does become emphasized.

This detachment is necessary, for it then allows for an objectification of their life conditions to take place. The detachment is essential for this to occur, because it removes the soul from the emotional dynamics that keep it bound to these conditions. Thus, by detaching from the emotional binds that keep it attached, the soul is then allowed to objectify its reality in every way, which in turn allows for an awareness to take place that shows the soul how to make the necessary changes in its life for real growth or evolution to occur.

So let's keep that there, let's read the last paragraph: *The actual intent in this is for the soul to view itself in everything without any emotional linkages, so that it can objectify itself. The intent of such objectification is self-knowledge — knowledge about everything else that is not colored or conditioned by emotional attachment. As a result of this kind of evolutionary process, the soul then can become aware of exactly what it needs to do in order for its evolution to proceed — what any life condition needs in order for those conditions themselves to change, so that growth can occur.*

So, the topic — Uranus retrograde, and how it all works out. There's a beautiful grace to life that says, via the retrograde in particular, we're not going to be able to do, or get, or think of the things that our conditioning will not allow us to do, get, or think of. So the three ways I described — becoming aware of our stance, emphasizing our need to belong, or emphasizing our paranoia or distrust or alienation from our life — all of this induces a more objective, bird's-eye-view awareness of the program we've been in.

Now, right now, on this eclipse day, and over the next couple of weeks, Uranus is stationing as the ruler of this North Node. I mean, anything that happens at this time in general with Uranus, since it's the ruler of the North Node, is really significant, because it emphasizes that individuating process. So track where Uranus is in your own chart. Pay attention to how the current of life is working on our own conditioning. Where are we afraid of change? Where are we stuck in the story of differentness or outsidership? Where is there a threshold of tension we're not even aware of? This is what's being beautifully worked on right now, for all of us, along this evolutionary journey.

What I'm going to do now — I'm going to shift gears and offer a little info session, for maybe five to ten minutes, on the upcoming experiential course, and then I'm gonna take questions — Q&A on my talk on Uranus today, and also Q&A on my experiential learning program. So let's do a Q&A now on the talk — stay if you want to stay, and I'll talk to you about my class after. Any questions about today's teaching? Menucha? Menucha!

Participant: Yeah. She got it.

Ari Moshe Wolfe: Come on. Yeah.

Participant: Um, so I'm just trying to process everything. Um, but I also — I'm wondering about this. I feel like, if we let go of all the systems that we're employing, is it gonna become chaos? Like, how is that balance between Saturn and Uranus?

Ari Moshe Wolfe: Yeah, totally. Well, because both simultaneously exist, right? The way I would frame it is: as long as we're here on this Earth, in this body, having — as long as we're here, it means, from an evolutionary perspective, we're here to set up shop and work within the parameters and systems of our life. So we have responsibilities, we have roles to play, we have work to do, and that's Saturn. So we need to be able to acclimate and adjust to our society, to our culture, and to, you know, making money — and again, I'm not gonna walk out of this little booth and take my pants off, I will lose my membership. So there is a way in which awareness of society, context, environment, and our current conditioning reality remains and is very important.

Participant: Yeah, cool.

Ari Moshe Wolfe: The key is in working with — and there's a talk that I gave with Jason Holley on the relationship between Saturn and Uranus, and they can be very cooperative with each other, or there can be a tension, right — you can see that natally, their aspects, their phase, whatever. The idea is to be able to understand how to wholeheartedly embrace the template of our life, and how to become masterful at operating within time, but without letting the time and the structures and the roles define us on the inside.

It also means knowing when certain roles are actually not necessary. Like, I'm gonna play the role that you guys expected when you came to this class, and I'm gonna fit into the society I'm in right now. I mean, listen — I went to an event, a beautiful gathering in nature. I didn't care about taking my clothes off in the water. I encouraged my kids to choose for themselves whether they wanted to wear clothing, for them to feel free. But in front of my house right now, where I live — no, you have to wear clothing, right? And so there's an element where it's like, we need to be able to know when to let go of the Saturn rules, so that we're not always conditioned by "I have to always make sure..." I mean, there are rules that are relevant to functioning in this world according to our karmic parameters, but — have some sense of agency that says, oh, but right now I'm gonna cross a red light — well, maybe with a traffic camera, for God's sake, I won't — but I'm gonna cross a red light if it's, like, three o'clock in the morning and there's no one there. That's called being realistic. For me, I mean, some people won't, because there could be a police officer. I like to always think of the rules as relevant in context, and always and only that.

Participant: Gotcha.

Ari Moshe Wolfe: Sean.

Participant: There we go. Uh, yeah, for those of us who have had a life of feeling alienated and not belonging — and with — it's almost like I'm seeing now, as you're saying this, that the conditioning has been

that I judge the otherness, to either define that I'm different, or that I don't feel safe in these otherness groups. And what's really up for me now is what you talked about, comparing myself to others, and, you know, my system, or the way I see things. Um, so, am I clear in saying that the Uranian way is to just — it's shaking that globe up to say, go out and experience life, and let life feed you, rather than you trying to pick and choose how you continue to be different, or... never really finding people to be with?

Ari Moshe Wolfe: Thank you for that question. You highlighted that sense of safety — that's a huge piece here, right? It could be like: I don't feel safe because I'm the only Jew, I don't feel safe because I'm the only gay person, I'm the only non-binary person, I'm the only one, you know, not-white person, I'm the only man, I'm the only woman, I'm the only one — with all the different ways there's something unique about us, whether it's a trauma, or a racial, or religious, or political, or whatever aspect of our being that creates a very strong contrast between our environment and who we are. And we have the memory, which defines our perception — I've been hurt, I've spoken out, I've said these things, I was cancelled, I'm gonna be misunderstood, everyone's going to be like, where do you stand on this? I'm like, uh-oh, uh-oh, and then you say whatever you're supposed to say. There's a lot of social trauma that we carry, and unsafety — I mean, to the point where we can have the memory of, this is where the pitchfork, the burning, the hanging, the violent mobs have come up. Sometimes we carry that trauma of that experience, even if there's no violence in that way — it actually elicits, for many of us, that soul memory of violence, in a very practical, real way that we may have experienced in the past.

So there are two ways I often notice that edge being lost. One, often, we'll find people just like us. And for many souls there's something really beautiful about that — like, ah, I found people, I'm gonna build community with people — and that's actually really healing. From a Saturn perspective, when we can meet and resonate with people who share our condition, our uniqueness is now normalized, meaning — we all share that, there's no longer... right? So there's something beautiful and healing in that, because it allows us to feel comfortable and safe to be who we are. But it's not going to save us from — it's going to help with shame and belonging, but it's not going to address the larger Uranian dimension, which is: who are you?

And so there's something around dealing with that sense of unsafety — let me just find the words for this. We can become very identified with our differentness and our unsafety, either in an alienating way, in a self-righteous way, in a forget-you-guys kind of way. Or we can become an observer of the immense inner universe of that experience — like, oh, there is — I'm shaky, I'm nervous, I'm feeling sad, I'm feeling alone, I'm feeling grief, I feel fear — and it's a rich inner experience to be with that, at the threshold that feels comfortable enough to access. And we don't have to go seeking it out, because in all of our lives — whether it's our church group, our class, our family, our group of friends, or just society — we'll access those feelings relative to whatever ours is. We don't have to say, let me explore that and join some sort of political group I have no interest in, just so I can access that. We don't have to look for it, we will all access it — and some of us will access it more, because there's a unique curriculum there, and that's a facet of our journey unique to our path.

So when we find that it's here, one Uranian orientation is in becoming the observer of it — not grabbing it, not creating more story about it. And that's kind of an interesting experiment: what happens when we just let it be? That nervousness is there. And that can be scary, because that's the very threshold where we have the memory of unsafety. But it's like, that too, you know? And that's something I would never tell someone to do, but it's almost like an invitation for us to explore in our own threshold —

Participant: Can I—

Ari Moshe Wolfe: — of meeting that, and not reacting, not falling into the trance of our old story, but actually just witnessing it. What were you gonna say, Sean?

Participant: I just — that's part of one of my teachings, too — you bring up a really interesting piece, as you were talking, about the feeling I'm having right now around that threshold. That could be the Uranian signal — that when that feeling comes up, it's a place to pay attention.

Ari Moshe Wolfe: Yeah, exactly, exactly.

Participant: And not react to it, but just be like, oh, it's here. Okay.

Ari Moshe Wolfe: Exactly, exactly. And also, interestingly enough — and I've seen this so many times, sometimes —

Participant: Okay.

Ari Moshe Wolfe: — actually, maybe all the time — since we don't know who we are, we're going to realize that we have more to contribute, often in the very places where we felt the most unsafe and alienated.

Participant: Hmm.

Ari Moshe Wolfe: 'Cause once there's no longer "I am different" — we're gonna recognize, I am no different, some people just think they are and some people think they're not. So we stand apart from that whole dichotomy, and we realize we have more energy now to actually give ourselves, to give our gifts, because we're not holding as much conditionality. And then, paradoxically, we might actually build friendships, because we're just free — we become free of that whole belonging, not-belonging thing, and then more becomes available.

Participant: Yeah. Great. Thank you very much.

Ari Moshe Wolfe: Any other questions before I go into my info session? Hey guys, I'm so excited about this, and thank you for sticking around. I have a very massive curriculum, teaching a training program that goes through the curriculum from the very beginning, for beginners. And I tell you, in my own journey of thinking about how learning happens — like, sincerely, how does learning happen? I think in the Western world in particular we're very stuck and fixed on "tell me the thing to know." I've worked with so many students, so many clients, people who've been studying astrology, and the one thing I hear all the time is, "yeah, I took a few classes thirty years ago, but it just never really stuck. I've always been interested in it." And you want to know what I think the core issue is? We're so deeply conditioned to think that learning is an acquisition of something we don't have, that we need to memorize and study and train. It's like going to school with a textbook — I hated that, studying for a test — my whole being did not want to read, and it's like, how do I study for a test to give answers for something?

The actual, organic learning experience in life, we all know, happens how? Through experience. How do kids learn? They're witnessing, they're observing, they're mimicking, they're interacting. I think the most valuable way of learning is by witnessing real-life experience and absorbing it, grasping it, actually being involved in it, emotionally having an experience of it, and then practicing it ourselves.

So what I'm offering in this experiential training — I'm calling it a course, I'm calling it a training program — is where the only curriculum is live chart readings. As I give a reading in each class, one reading per class, I'm going to take every single facet of the reading. I'm not going to go through every planet, "this is what this house means" — it's not going to happen that way. It's going to be through the direct conversation, through the experience.

What's interesting about my work, for those who've worked with me — when I give a reading, unless I'm intuitively guided, or they're asking, I will almost never once reference a person's chart. When I'm doing a reading, I'm just speaking to the soul dynamics and working with them. But I want the chart to be a real thing that's accessible and translatable to me and to them. I don't care if they know where their Mercury is, or what was retrograde, or what the aspects are — my sort of prayerful orientation is to get to a place where I can feel how the chart is reflecting an actual, living, breathing soul reality that's right here in front of me. I want it to be real, not conceptual. And so the education happens as I'm doing what I do, the way that I do it.

And what's meaningful is, I think this is a way of me also honoring where my gifts are — not just where my gifts are, but where I feel the most natural, the most authentic — and so I get to drop into a medicine space, where it's all about really being in service to another soul along their journey. And that becomes an organic way into our education. So each learning experience is going to be defined by each container. The first half of the class, maybe forty-five minutes to an hour or so, will be that. The remaining time — and I'm holding the class container for an hour and a half — will then be devoted to interaction. If you have a question, want to clarify anything, you can ask the individual, hey, can you tell me about this part of your life, or I want to understand this story, so we can learn from that, unpack more about what we're learning about their chart. And then you could ask me to explain, or elaborate, or go deeper into certain teachings.

In my experience, our learning will go very deeply through that. And it's a cohort, it's a container, and I'm being very intentional — there's going to be an open and close enrollment period, because, like a training program, we're all going to be hearing certain teachings, and repeating certain things, and I want us all to be on the same page. I don't want someone to drop in at, you know, the eighth class without having gotten all of the teachings and the repetition and the insights that will have already been taught in the eight classes prior — the philosophical basis, our understanding of how we interpret the chart as reflecting the actual karmic reality of the soul, and how this lifetime is designed for the unraveling and the awakening through our life experience. Understanding basic planet-sign-house synthesis. Being able to grasp the nuance of what a retrograde planet represents for us.

Jeff Green often said we always have to understand that the natal chart reflects the soul's reality, and so there's no one-size-fits-all — and that's the complex thing about teaching a curriculum in an abstract way. Because you can teach something, but at the end of the day, there's always going to be that asterisk — and you have to see how it expresses individually in each case. That's the best you can do when you're teaching something abstractly. So we get to look at that in each case. We'll get to work with actual technique — right, here's a planet on the South Node. Okay, well, a planet on the South Node can actually represent three different conditions — let's tune into what that looks like in this particular case. We'll get to grasp more of the nuance through repetition.

Now, what I'll also do — I'm going to be referencing many of my classes, which are all available for individual sale. Once you join, you're gonna get discounts on any of my classes. You can purchase my courses, you can get a subscription to access my entire library, for four months or for a year, or you can just do individual sales. I have many class series, entire courses, etc. So if you want some instruction to go deeper into certain techniques, then you can do that. That's allowing the curriculum, the linear learning part, to be in service to the direct osmosis of real chart interpretive work. So I'm holding this frame with the intention that this is going to work for everyone at every level of astrological study. Of course, the more you prepare and study and get into the evolutionary astrology modality and work, the more you'll benefit from this. But if we come with a beginner's mind, with the availability to learn anew as we go, we will all get so much from that.

So I'm going to be teaching this — it starts sometime towards the end of September. Does anyone have any questions? And while you're gathering your questions — I've supported, along with, you know, Evgenia Trudowska, who did the main editing at first, and then Rav Shahal, Jordan Smith, along with myself — we've all edited the original Jeffrey Wolfe Green School from 1994, that was on VHS. We've put captions there, we've improved the audio, we've added graphics where there was a need for graphics. When charts were pulled up, you couldn't see them, so I added clean, clear charts, because you can't see the blackboard at all in the curriculum that's been sold for however many decades until now. We've divided it up into, I think, thirty-four individual classes, so that each segment is very easy. All of that's on sale now.

I think the Jeff Wolfe Green material is the source, and I just respect and honor — you can tell from reading his teaching how beautiful it is, how clear it is. I experience his knowledge as coming from a direct perception, a very authentic place. And so I really respect what he teaches, and what I do really stands on his shoulders and is rooted in this lineage, internalized through my own ongoing learning and awakening.

So, the one thing about the Jeffrey Wolfe Green course — and we're going to have a cohort for Q&A, myself with Kristen Fontana and David Green — it's not one hundred percent experiential or for beginners, right? You're not going to be going through every little nuance, some people might get lost at times, and you're not necessarily gonna have that level of nuance, but you're gonna get the downloads, the core teachings, the core Pluto material, from that course, which is a very valuable thing. So I think you can look at my experiential training, and also my curriculum in general, as a beautiful complement or supplement to anyone drawn to also study directly from the source. And if you do that, let me know, because I'll give you a discount on my experiential learning program for those who do both programs. They're starting a week from each other, so I'm intentionally doing that — I was like, I'm helping the school launch this course, but I'm also launching my own, and I really sat with it. Do I want to stagger them? Then I came to the beautiful recognition — well, you know, they're both helpful, they're both serving the same cause, let's have them work in cooperation with each other. So I really want to offer it in that way.

Okay, does anyone have any questions? I think I saw a hand raised for a moment. Let me see if there's anything in the comments. Yeah, Deanna.

Participant: Hi, yes, I'm a bit confused, I apologize — I think you just explained all this. So you have two courses coming out. I'm very drawn to the experiential, the cohort, I believe, that's starting the end of September. So what was the one you were mentioning that starts before?

Ari Moshe Wolfe: Mm-hmm. Oh yeah, kind of did that quickly. I just want to make sure everyone knows it's — yeah, I'll just share the screen so you can see both.

Participant: And I — for somebody who — I've read one evolutionary astrology book — where would you say I should prep before the cohort?

Ari Moshe Wolfe: So, joining the cohort —

Participant: But I have an astrology background, Hellenistic.

Ari Moshe Wolfe: Awesome. Come with an open mind.

Participant: Okay.

Ari Moshe Wolfe: That's the biggest piece — come with an open mind and a willingness to reframe. And then, for prepping — yeah, any evolutionary astrology material. For example, if you wanted to study Jeff Green's content, that's what this is all about right here, right? This is —

Participant: Okay.

Ari Moshe Wolfe: — you know, about seventeen-ish hours of the original 1994 VHS school that he taught. So you can have that if you want to purchase. What I would recommend to anyone wanting the basics of EA the way I teach it — I would say get the Essentials course, or at least the first few classes, which you can buy if you scroll down through all the individual classes. It's the basic philosophy, the meaning of the signs, the meaning of the houses, basic sign-synthesis — but even just the first class, what is it right here — "Introduction to Evolutionary Astrology," and maybe "Evolutionary Stages." It's very philosophical stuff, but it helps really reframe and ground in the essence. Um, yeah, but it's all going to be re-explored in the experiential learning itself.

Participant: Thank you.

Ari Moshe Wolfe: Um, and just, you know, if you do purchase any of these things, enroll in the experiential first so you can get a discount — because I'm gonna put a discount coupon code today on the student page, so everyone can access that when they purchase things. Any other questions? I'm also in the process of putting together a very simple — I have 115 hours of content, so — the subscription is a really cool way to access everything. You can pay \$220 and have access to everything for four months, or \$655 and have it all for a year. I'm also putting together a way to have it for your whole life. I just really think this information is valuable, and I want it to be accessible for those who want that support without it always being like a subscription. Kim.

Participant: Is this going to be during the day? I'm still in the workforce, so I'd like to participate live. So, Mike, I'm getting an echo!

Ari Moshe Wolfe: Yeah, yeah, every — so, Mike, I'm getting an echo, weird. There you go. The experiential learning will be on Tuesdays, ten o'clock a.m. Pacific time, and the Jeffrey Wolfe Green cohort will be on Thursdays at the same time. My learning program will be ninety minutes. But if you're enrolled, it'll be recorded, so you'll get access to all the classes and have that experience, and you can email in questions. There are always those who can't make it live, and your participation is welcomed even if you can't be there in the moment. Sean.

Participant: In one of your videos, you also mentioned the soul's journey work, or some sort of —

Ari Moshe Wolfe: Oh, this is all coaching.

Participant: Yeah, the soul coaching.

Ari Moshe Wolfe: Absolutely, yeah.

Participant: Is that on the website?

Ari Moshe Wolfe: Um, it's on my website, and I can briefly speak to it now as well. That's work I do now, a sort of new offering in addition to my regular astrology sessions. What differentiates it is — instead of just having a session, or even booking a few sessions, it's a committed container where we set up a schedule. In most cases I'm working with five people right now — either every week or every other week for two

months; one person's doing it for four months — and we set the schedule and the intention: what's the work you want to focus on in your own life, where's the edge, where's the personal growth for you? And so we become very intimate, really becoming familiar with where the curriculum and terrain of your own soul work is. We have email exchange, voice messages, we review the content, I give assignments, things to work on or practice. I require sort of a check-in before each session to orient and prepare the ground. So it's a lot of really committing to the container, both for me and the individual. And I keep a summary of every single session and the progression of all the work. It's just a deeper container, where I commit to really companion with someone for a period of time, to go deeply into the soul work.

Participant: Thank you.

Ari Moshe Wolfe: And to do that with me, one will have to set up a sort of intro call, because it really requires that it's the right fit, the right alignment — we tune in together to see if it's the right thing.

Participant: Right. Perfect.

Ari Moshe Wolfe: Isabelle.

Participant: Uh, yes, um — I want to know if there's a class limit, if the class is limited in size, the experiential — how many people is going to be there.

Ari Moshe Wolfe: It is not. I'll take as many as I can get. I'll tell you right now, I think I have, like — surprisingly, but yes, people often tend to wait until the last minute, and I've gotta be a business person, so I've gotta promote, which is funny. I think I have, like, maybe seven people enrolled right now.

Um, one thing I just remembered I want to share as well — you can also sign up to get a reading. It's \$150 to get a session with me during one of those classes; normally it's \$300. So it's cheaper to get a session with me during one of those classes, because it's a different kind of container — from some perspective, you might get more out of a session with me during one of those classes, because we're just unpacking and there's more education happening. But not everyone will feel comfortable with that. But I wanted everyone to know that, so you can go to my booking page and book a slot during one of those classes. It doesn't matter whether you're enrolled in this class or not — anyone can book a session with me, just like a regular session, and that's available on my website, on my booking page. Any other questions before we bring this to a close? New.

Participant: Hi, thank you. I looked for your booking page — I don't know why I couldn't find it on your website.

Ari Moshe Wolfe: You know, a lot of people say that to me, and I don't know if it's because I didn't make it clear enough. I'll share it right now to make sure everyone knows how to do this.

Participant: Okay.

Ari Moshe Wolfe: Um, so you just go to arimoshe.com, and the booking page is right here, "Book Session," on top.

Participant: Ah.

Ari Moshe Wolfe: Or it's arimoshe.com.

Participant: Oh, it's so obvious.

Ari Moshe Wolfe: I just — book session, you know, I don't know, maybe it needs to be highlighted more.

Participant: I think people aren't expecting it to be right at the beginning — maybe I breezed over that menu and didn't even see it the first time.

Ari Moshe Wolfe: Could be, you're not the only one. And then you just scroll down and you can look at —

Participant: Okay.

Ari Moshe Wolfe: Oh, this needs an image, you see that, right? But yeah, you can just book the experiential learning, and then you'll fill out a form with your chart data, your bio, like you would for any other session. Menucha.

Participant: And it's only for people who are taking the —

Ari Moshe Wolfe: No, no, it's for anyone.

Participant: Anyone, okay.

Ari Moshe Wolfe: Anyone can book a session, they just have to consent to what they're getting involved in, for that class, for that session.

Participant: Yes. Thank you.

Ari Moshe Wolfe: Menucha.

Participant: Yeah, um, are there any practices you'd suggest, just for today, for eclipse day, to ground all of this?

Ari Moshe Wolfe: Oh yeah. What I've learned, and come to personally, around eclipses is: keep it simple. It could be intense, it could be volatile — there's a force greater than typical days, a lot of energy moving through, and we're in it. So what I tend to remember, what I'm remembering today, is: don't try to be overly ambitious, maybe recognize that there's a lot of karmic energy moving, so have some humility around that experience. Keeping it simple — I don't have much advice other than keeping it simple. I do like to steer away from any kind of superstition — like, people are like, don't go outside — I'm like, if it's a nice day, go outside. But, um, I've had the experience many times during eclipses where there's, like, a whole lot of negative energy, or stuff just kind of coming up, and it's overwhelming. It's happened more than once, which teaches me to kind of just be aware — you know, the nodal points are portals where a lot of karmic stuff can be cleared, and a lot of new developments can come through. So it's like we're in a ceremony space, and if we can appreciate that we're in the ceremony, um, and hold ourselves accordingly, I find that to be helpful. Shawn.

Participant: I just had a quick question — I didn't catch the dates of this year's retrograde.

Ari Moshe Wolfe: Let me see again, I forgot. Looks like Uranus goes retrograde — I think, like, September 7th.

Participant: Right when I'll be in the Sierra again.

Ari Moshe Wolfe: And I'm going to be, as it's stationing — I'm actually going to be at UAC, United Astrology Conference. My first time there, my second time doing a conference — it's exciting for me. Um, I was just invited to give a talk, and I'm gonna be talking about Uranus — another Uranus talk, Uranus joining its North Node in —

Participant: No.

Ari Moshe Wolfe: — which would be really cool. Yeah, September 10th is the actual day.

Participant: Okay.

Ari Moshe Wolfe: Or the ninth, or something.

Participant: Great. Thanks.

Ari Moshe Wolfe: Any other questions? Alright, my friends, thank you all so much for joining me. Actually, let me just look at the comments — I'd like to see what people are saying. Oh, was the volume low? I'm sorry if it was. Umm. Thank you all for the love and the comments, guys, I appreciate it.

Are these Jeff Wolfe's teachings that are mostly — yeah, these are not available on YouTube. This is actually the course itself, the actual training program of the course. It's segment one of three segments, and the next two segments will also be uploaded eventually.

Participant: These different genes that are in mostly.

Ari Moshe Wolfe: My program is \$310, or four payments of, I think, \$78 or \$79. So it's actually really affordable for, like, eleven or twelve classes that you're getting. All right, y'all, much love. Oh, Kim, did you have a new —

Participant: Yeah, I do. Um, I'm enrolled in the annual school library — is the chart reading course included in that?

Ari Moshe Wolfe: No, no, separate — only curriculum is included in the library subscription. I'm getting an echo. Yeah, so if you're in any of the subscription programs, my four-month or my yearly, all curriculum is available there — like, I just taught a whole month-long relationship course. It has, like, hours upon hours of beautiful chart examples and curriculum — you get that included in your subscription. A lot is included there. All right, guys, till next time.

Participant: Actually, Ari, I do have a question.

Ari Moshe Wolfe: Then you — yeah, go for it.

Participant: Um, I might have missed it — so you were saying, like, when you give a reading, you don't reference the chart. For this — do you, as astrology students? Okay, okay.

Ari Moshe Wolfe: Hell yeah. Yeah, yeah, no, good point, it's like — just highlighting how I do this work, right? But now it's like, I'm gonna go from that holistic, speaking-to-the-soul-reality place, and then zoom into, now, where is that in the chart?

Participant: Okay.

Ari Moshe Wolfe: So a little bit of, like, a right-brain, left-brain dance, where I'm allowing both of them to honor and work together in harmony. Um, yeah, I'm excited for that.

Participant: Okay, cool. If you would want to, could you sign up for, like, multiple — have your chart read? Or would just one probably be good, huh?

Ari Moshe Wolfe: Oh, multiple sessions to have your chart read —

Participant: Yeah.

Ari Moshe Wolfe: Good question. I would say sign up for one —

Participant: Yeah.

Ari Moshe Wolfe: — and then see if there's a calling for more. But actually, no, good point — actually, for this class, only one.

Participant: Okay, okay.

Ari Moshe Wolfe: Um, I mean, actually, there might be exceptions, like —

Participant: Thank you. Okay.

Ari Moshe Wolfe: Case by case — like, it might be, in a particular case, hey, this content, come back and let's delve into that more deeply, and look at your progressions, or look at some past experiences, and pull up the transits and progressions for that, right? Or, like, actually come back with your husband, and, if the content calls for it, let's make it a composite session. So there can be unique cases, but yeah — let that be informed by the flow, and not the default.

Participant: Mm-hmm. Ooh, that'd be fun. Totally. Okay, cool. Sounds great. Thank you.

Ari Moshe Wolfe: Anyone else? Great.