

Heart & Soul Centered Astrology



The Essentials Course
Complete Workbook

with Ari Moshe Wolfe

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Note, starting in Segment 4: The Houses, each section includes “in class” practice charts (which we will go over during our weekly live class) as well as “take home assignment” practice charts.

For those attending the live program, the “take home assignments” are designated for the additional and optional mentorship classes with Ari Moshe. These will begin at segment 4.

Heart & Soul Centered Astrology



The Essentials Course
Segment 1
Introduction

Segment 1 Review Questions

1. What is the relationship between self-identity and the desire of the soul?
2. What is involution?
3. Why is it necessary to correlate the observed reality of the soul to the natal chart?
4. Why can't the chart reveal a soul's level of evolution?

Segment 1 Sample Answers

1. *The self-identity or ego construct is a satellite that orbits entirely around the evolutionary needs of the soul. It is a focusing agent for the soul.*
2. *Involution is the breakdown of the existing form so that a soul can eventually evolve into a new form. Involution ultimately points to the end of an evolutionary paradigm: the exhaustion of desire and thus the breakdown of self-construct.*
3. *Because the natal chart reflects the reality of the soul, it has no meaning unless it is applied to an actual soul context.*
4. *Because the natal chart reflects the reality of the soul, it can be read on multiple levels of consciousness and needs an observed context to be properly understood.*

Heart & Soul Centered Astrology



The Essentials Course
Segment 2
The Zodiac

Segment 2: The Zodiac

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The Zodiac Wheel

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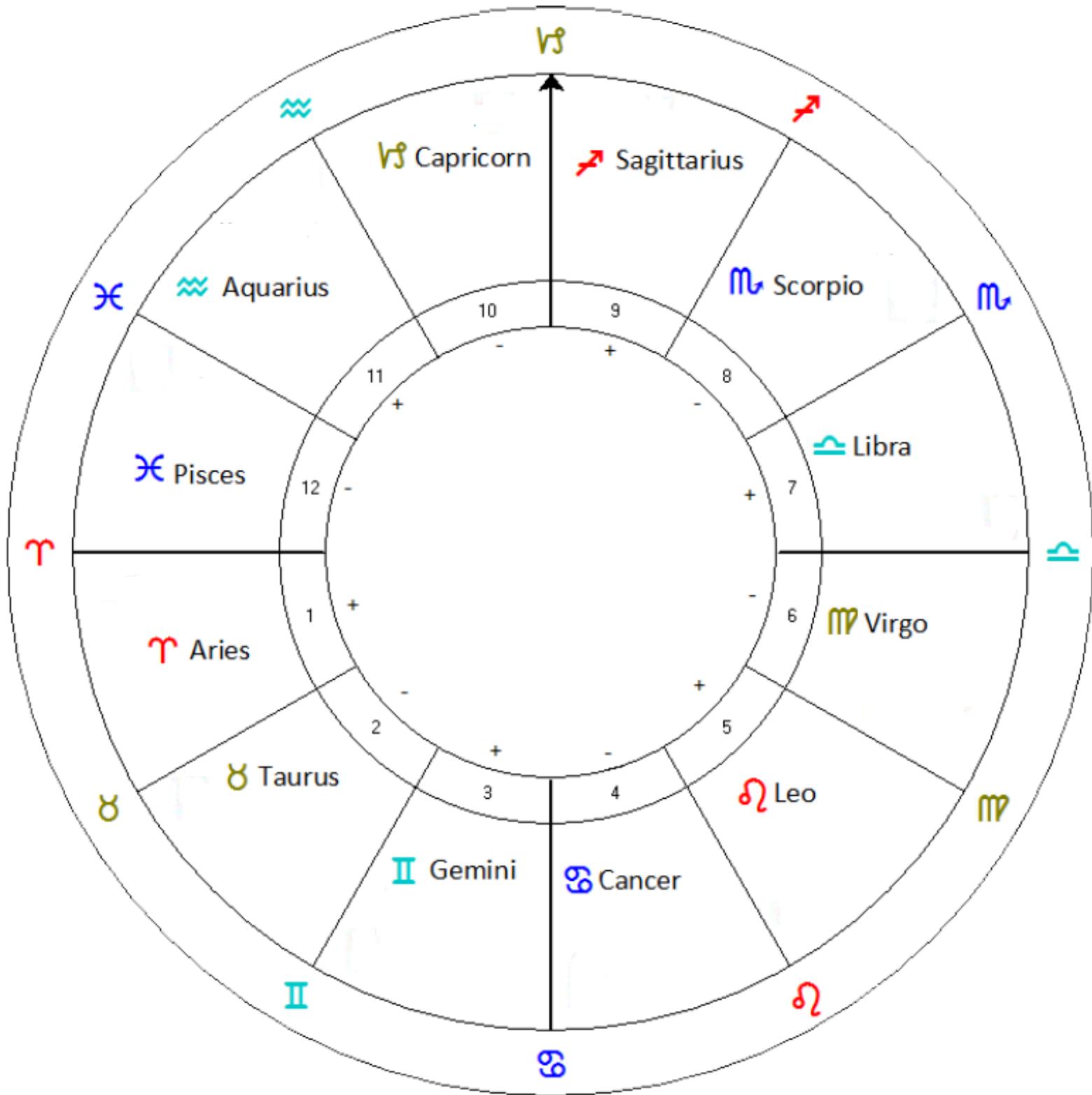
Capricorn

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Aquarius

Polarity, Elements and Modes

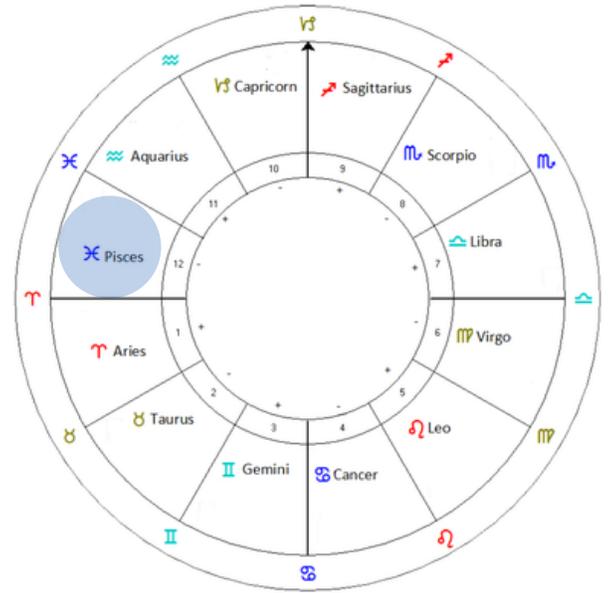
The Zodiac Wheel



Pisces ♃

Mutable, Water, Yin

Associated with the 12th house and the planet Neptune



Pisces Review Questions

1. What is the evolutionary intention in Pisces?
2. What is the cause of disillusionment?
3. Pisces corresponds to anything that is indiscriminate and universal, such as snowfall, the natural oil in the earth, natural disasters, volunteer workers, monks, hospital patients, the ocean. Why is this? Likewise, what do drugs, meditation, entheogens, transcendent experiences, fantasies, movies, or television all have in common from a Pisces perspective?
4. What can Pisces learn from the Virgo polarity?
5. Describe how the archetype of escapism applies to Pisces.
6. Pisces corresponds to the idea that “ultimate meaning” or “truth” is everywhere, but it is also not of this world. What does that mean to you?

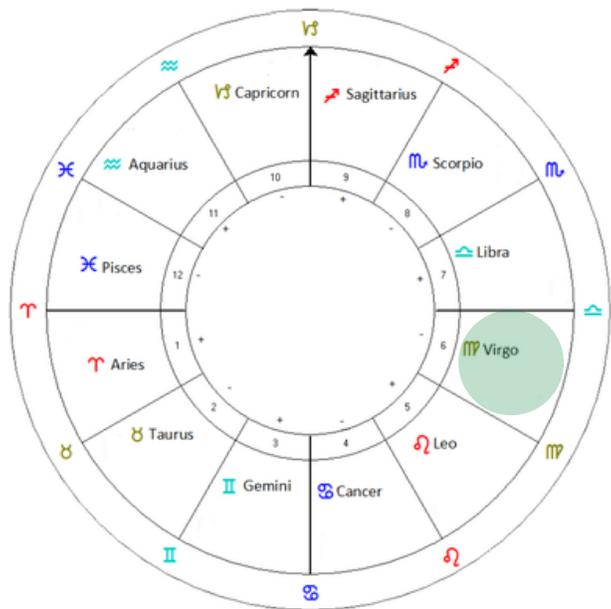
Pisces Sample Answers

1. The Evolutionary intention in Pisces is to surrender, be as one with reality, and form a direct relationship to the source of all meaning. The **truth** is the evolutionary intention.
2. Disillusionment is caused when ultimate meaning is placed towards that which is not ultimately meaningful and the inevitability of disillusionment when the truth of such displacement is revealed. When faith and belief are invested in what is not worthy of faith, the basis for a soul's trust in life can be shaken to the core.
3. All of these correspond to Pisces because Pisces reflects the truth of sameness. Behind all bodies, names, borders, etc., is the truth of God. All these things point to the fact that there is no hierarchy or difference between any two facets of creation. It snows on everyone. When you volunteer, it's not about your name; it's about the cause greater than yourself. Any service work that serves anyone indiscriminately reflects the indiscriminate nature of reality, which is inclusive of all. Likewise, drugs, meditation, entheogens, transcendent experiences, fantasies, movies, or television are all similar from a Pisces perspective because they orient consciousness towards either absolute meaning, beyond the mundanity of seemingly ordinary life, or distraction into a dream state reality.
4. Pisces can learn about discrimination and discernment from Virgo.
5. Escapism relates to Pisces in the sense that a soul might be drawn to escape and run away from reality by way of imagining a new one. This allows the soul to sustain whatever illusions provide a sense of safety/protection.

Virgo ♍

Mutable, Earth, Yin

Associated with the 6th house and the planet Mercury



1. What is the evolutionary intention in Virgo?
2. Through Virgo, the soul is learning to be useful and orient its consciousness in a way that is of actual benefit and service to the whole. This induces a great degree of self-awareness of how one does everything they do. The trap would be perfectionism on the one hand or procrastination on the other. How is humility connected to Virgo? What is true humility, in your opinion?
3. How does Virgo correspond to the archetype of “crisis”?
4. Overcompensation, denial, avoidance, procrastination, and criticism of self or others often are linked to guilt. Why is this so?
5. What can Virgo learn from the Pisces polarity?
6. Self-reflection: Virgo teaches that there is always work to do: grooming, daily chores, working on all the important things in our lives, creating healthy and relevant routines. With all of this, how can a soul ever arrive at a sense of completion and wholeness? What’s the point?

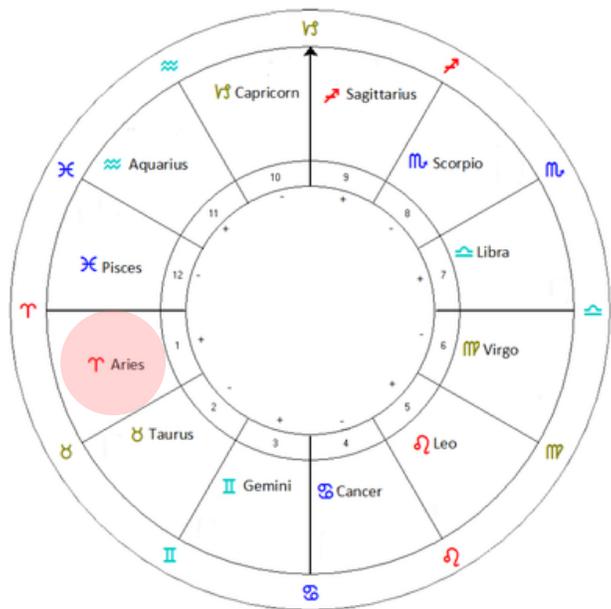
Virgo Sample Answers

1. The Evolutionary intention in Virgo is to do the work necessary, every day, one step at a time. To refine and purify through service.
2. In my view, true humility is not making a deal of the results of one's work. Correcting as necessary and letting go as necessary. Not to get down on oneself based upon mistakes or imperfections, nor to hold impossible standards. To simply do one's best, continue to make improvements as necessary, and move on.
3. Crisis manifests as the result of neglect. Be it the work one needs to do, maintaining one's home, body, or daily chores. The build-up of negligence, which itself is linked with denial and self-avoidance, inevitably results in crisis.
4. These are all linked to guilt because guilt establishes an ideal of perfection that, if it is not internalized as a means for self-knowledge, keeps the soul from actually addressing mistakes or any areas that need improvement. To know that one is enough and that life as well as oneself will always express imperfections is to simply learn from experience and do what is necessary.
5. Virgo can learn from Pisces to let go and trust that oneself, the present moment, and life is good enough just as it is. It provides a broader awareness of meaning beyond the intricacies of what seems to be left unresolved.

Aries ♈

Cardinal, Fire, Yang

Associated with the 1st house and the planet Mars



1. What is the evolutionary intention in Aries?
2. Why are freedom and autonomy so crucial for the Aries archetype? What is "purpose" from the perspective of Aries?
3. Why would a soul feel the need to push beyond its edges (psychological, intellectual, physical, etc.)?
4. What are the three basic stages of maturation in the Aries archetype (regardless of evolutionary stage)?
5. What can Aries learn from the Libra polarity?
6. In Aries, a soul might tend to stay in motion and not know how to stop. This tendency can express as hastiness, defensiveness, a need for immediacy, and overall thoughtless action that results in non-ideal consequences. Why the tendency to stay in motion?

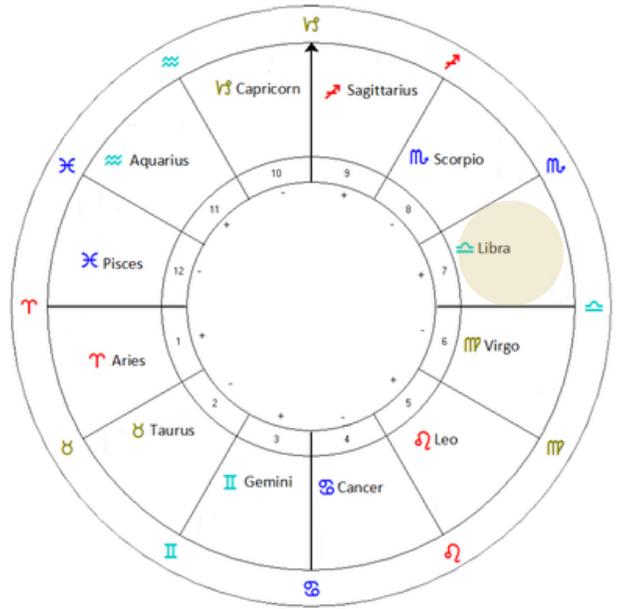
Aries Sample Answers

1. The Evolutionary intention in Aries is to become. To act and take the next step.
2. For the soul to embody and claim their agency and make whatever choices it deems necessary for their growth/ becoming. Purpose from the perspective of Aries corresponds to the orientation towards the next action/ direction that the soul wills to take for their own ongoing individuation and becoming.
3. Such pushing is a reflection of the soul's desire to grow and evolve beyond its limitations. This is reflected in Aries via the need for freedom to be a leader of its own journey to overcome the past and evolve.
4. Raw thoughtless action, learning from experience, and a more refined masterful embodiment of self-leadership and decision making.
5. To listen, be open to a more complex perspective to contrast an otherwise narrow single focus on a very subjective sense of direction and immediacy.
6. The tendency to recklessly stay in motion is a misguided expression of the need for freedom. Here it is rooted in a fear of not becoming, not being free, and thus a loss of perspective.

Libra

Cardinal, Air, Yang

Associated with the 7th house and the planet Venus



1. What is the evolutionary intention in Libra?
2. Why is the diverse exploration and discovery of oneself through relationships so important in Libra? Why is the exploration of extremes often a part of the journey?
3. What is the psychology of indecision about in Libra?
4. A Libra need is to feel accepted just as they are. And yet dependency on being accepted by others will result in an inability to lead one's own life. Explain this paradox.
5. What can Libra learn from the Aries archetype?
6. Libra corresponds to where a soul is learning about clear communication and listening, which includes knowing how to communicate personal needs and knowing when and when not to give. An often hard lesson is that a soul cannot meet the expectations or needs of everyone. Likewise, they are also learning that it's ok if others cannot meet one's own needs. Reflect on this learning in your own life.

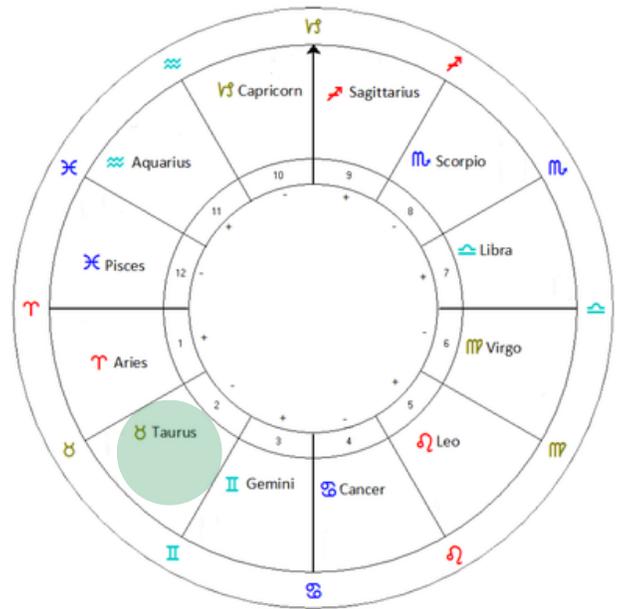
Libra Sample Answers

1. The Evolutionary intention in Libra is to nurture harmony and balance. To learn to listen and grow in relationships in a way that fosters growth.
2. It serves the soul's purpose to become aware of its Self, its own needs, and values. Through extremes in all ways, the soul becomes profoundly aware of what is balanced from within, not from without.
3. Indecision is often rooted in a deeper fear that the soul will not be accepted/ loved just as they are. In this, a soul can get stuck in all the opinions/projections that emanate from others and struggle with listening to their own desires and wants.
4. The experience of being totally accepted as oneself is deeply helpful/beneficial within the Libra archetype, and yet, without a soul truly learning to listen to and accept themselves, they may not be able to truly meet such relationships based on the compulsive need to be approved of from the outside.
5. To trust oneself, not be afraid of disappointing others. To reference one's own agency.

Taurus ♉

Fixed, Earth, Yin

Associated with the 2nd house and the planet Venus



1. What is the evolutionary intention in Taurus?
2. Both Taurus and Aries are instinctual; what's the difference between the two?
3. Why is there often a fear of getting outside the familiar environment and resources?
4. If Taurus is about survival, what does that have to do with gracefulness? Why is Taurus associated with the hermit archetype?
5. What can Taurus learn from the Scorpio polarity?
6. Openness to pleasure, receptivity, and the ability to feel are all qualities within Taurus. On the flip side, this can express as indulgence or laziness. Reflect on the difference between numbing out vs. living more deeply into the present moment.

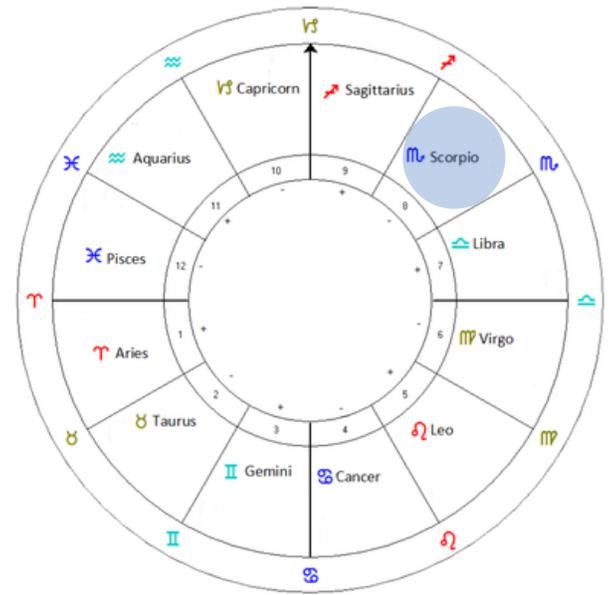
Taurus Sample Answers

1. The Evolutionary intention of Taurus is to stabilize, to live, and to make life livable.
2. The instinctual nature of Aries is yang; it is linked to the need to act upon one's will to become. Taurus is yin, and it is sensual. It is related to the need to survive, secure, and ground.
3. The fear is linked to dependency upon what is familiar. Thus a linkage between one's security and what one knows/ is comfortable with.
4. True survival is not just food, water, and shelter. It is also a state of grace, non-vigilance, and receptivity to the moment. To feel relaxed and a sense of ease is a deep sign of being alive, of feeling safe in the body.
5. Taurus can learn to let go, that everything needs to be cycled and regenerated. To not lazily depend on the continuity of any source of survival, pleasure, or comfort. To also look deeper within oneself and be open to making changes, even if it threatens known security.

Scorpio ♏

Fixed, Water, Yin

Associated with the 8th house and the planet Pluto



1. What is the evolutionary intention in Scorpio?
2. Both Taurus and Scorpio are about security and sexuality - in two different ways. What is the difference?
3. Why does Scorpio correspond to mantras, mandalas, and any symbols of power? What does concentration have to do with Scorpio?
4. Why does Scorpio correspond to both marriage and divorce?
5. What can Scorpio learn from the Taurus polarity?
6. Simultaneous to the soul being inherently sovereign and free, it is also impelled to desire that which it perceives as outside of itself. It has to work through it all in order to return to itself. This points to a tension between the desire for connection and the fear of entrapment within the soul. Reflect on this in your own life.

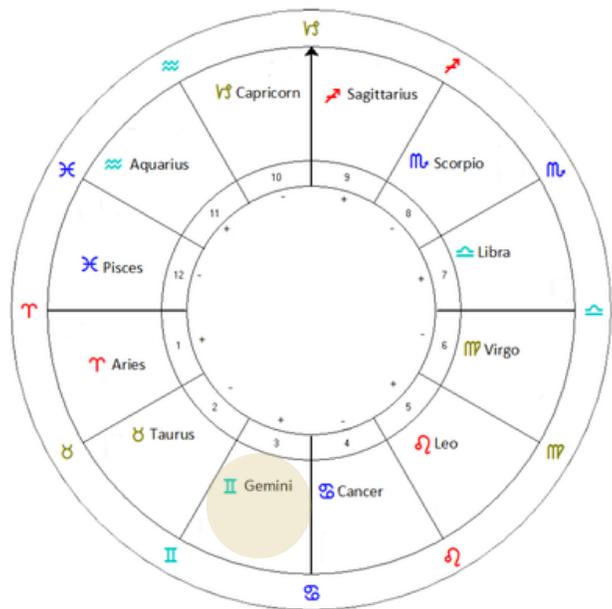
Scorpio Sample Answers

1. To cooperate with evolutionary necessity, become more soul-identified, and be fully in.
 2. Taurus sexuality is procreative. It is about the senses, pleasure, and the survival of the species in a very concrete way. Scorpio is about the transmutation of consciousness and relates to deeper emotional soul bonds and connections. The desire to merge with outside object focus is linked to a need to realize more within.
 3. Scorpio corresponds to desire, which is linked with concentration. Single concentration on God, for example, brings inner unification with God. We concentrate deeply on what we are most interested in. The single concentration of anything serves to osmose that object of focus within, leading to inner realization. The inner reality is the determinant for outer reality, and thus any form of concentration will affect one's consciousness and one's total life experience. Things like mandalas, mantras, etc., can serve to support the focusing of attention on a particular object focus.
 4. Commitment is the promise of growth, to become more than what one realized oneself to be prior to the commitment. It serves a purpose. In the same way, all things are impermanent and serve a purpose for a time. In a purely archetypal way, marriage is symbolic of merging with a new experience in order to realize greater evolutionary potential. Divorce is symbolic of letting go of what is no longer serving. It points to the reality of life and death as equal players in the ongoing journey of awakening.
 5. Scorpio can learn to rely upon itself, to be grounded and not entangled in world experience as a means to get its psychological, emotional, or sexual needs met. To look within and take responsibility for one's inner reality. To be stable in the midst of change and confrontational experience.
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Gemini ♊

Mutable, Air, Yang

Associated with the 3rd house and the planet Mercury



1. What is the evolutionary intention in Gemini?
2. Why is Gemini's ability to mimic and adapt to circumstances so necessary? What is the possible shadow in that ability?
3. How does a soul approach a more holistic understanding through the Gemini archetype? What's the problem with forming absolute conclusions based on logic alone?
4. Reality doesn't call itself by any names. How are facts and data created?
5. What can Gemini learn from the Sagittarius polarity?
6. Evolution happens in Gemini through the ongoing connection of more and more data points with one another. From an evolutionary perspective, there's a reason why each soul is drawn to the specific kind of knowledge and research it is drawn to. Reflect on this in your own life.

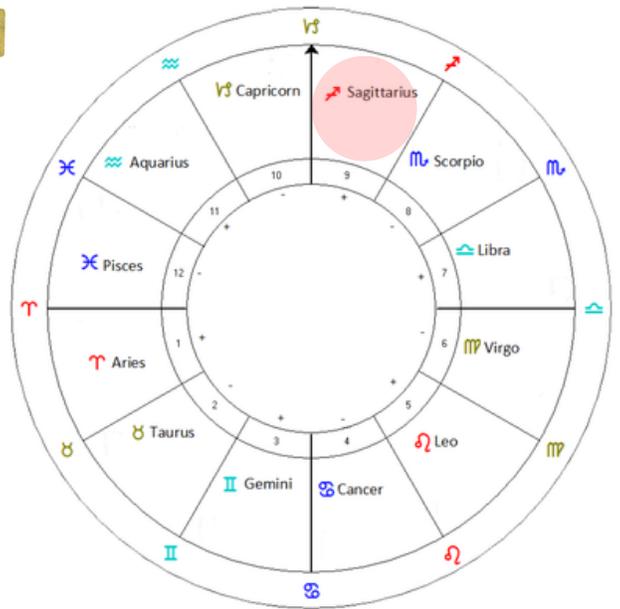
Gemini Sample Answers

1. To approach a more holistic understanding of reality through connecting more and more dots of phenomenal reality.
 2. Mimicry and adaptability enable social participation and communication. It allows for two parties to communicate in ways that are mutually understood. It increases social participation and thus expands communication and learning. The possible shadow in this is the ability to convey ideas/messages that are dishonest: trickery and duplicity.
 3. By piecing together more and more data points, a soul gradually understands how the various facets of reality are all connected to a holistic whole. However, there are potentially "infinite" data points, and thus logic cannot be used to arrive at a complete understanding of reality.
 4. The mind ascribes names to raw sensory experience. These names allow experiences to be classified, thought, and talked about in concrete ways, and thus related and connected to all the other "things" of reality.
 5. Gemini can learn from Sagittarius to rely upon its own direct experience, which may be different logical and mental formulations. To develop intuition as a way of knowing and not become over-dependent on thought and logic as a way to navigate life.
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Sagittarius

Mutable, Fire, Yang

Associated with the 9th house and the planet Jupiter



1. What is the evolutionary intention in Sagittarius?
2. Why is there a need in Sagittarius for a lot of freedom and space?
How is this related to intuition?
3. Why are honesty and sincerity necessary in Sagittarius? How does this relate to nature?
4. How does "let go to receive" relate to the Sagittarius journey of greater expansion, growth, and realization?
5. What can Sagittarius learn from the Gemini polarity?
6. Evolution within the Sagittarius archetype is often from a lot of external seeking and restlessness to a more quiet attunement to the inner teacher. The more fully a soul knows that the journey is right here, right now, the more confident it will be in its capacity to access its intuition. Thus, the soul will feel free, authentic, and true to its own nature wherever it is. This will always express contentment in one's inner knowing, needing no external validation with nothing to prove and nothing to seek. Reflect on this learning in your own life.

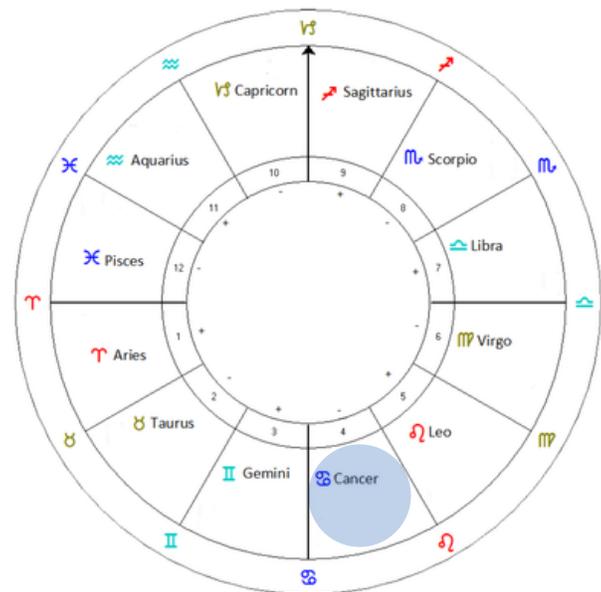
Sagittarius Sample Answers

1. To expand upon one's understanding of reality and one's place within it through direct experience/ direct realization.
 2. Freedom and space are inner states that point to the openness of the present moment to learn and find the truth for oneself. Existing constructs and assumptions about the journey impede upon the freedom and space needed to find out right now. Freedom and space expand intuition as it allows the soul to be connected to the present moment and the blossoming path right now.
 3. Honesty and sincerity mean not trying to make the moment other than what it is. The spiritual journey opens right now, and honesty is always the entry point into the present moment. Nature itself is 100% sincere and honest. Thus a soul learns about being natural, being sincere, and honest in Sagittarius.
 4. Letting go to receive at the core means letting go of whatever beliefs or convictions are, in fact, holding up the journey of growth and expansion. Sometimes letting go creates the space for the next insight, the next opportunity, the higher understanding to come in.
 5. Sagittarius can learn to be tactful and open to learning from different perspectives. One can always argue any dogma with another perspective that is totally valid for someone else. Gemini can also teach Sagittarius not to get stuck on a high horse of philosophical or religious cosmology and to learn to communicate with a more open mind so as not to alienate oneself or others.
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Cancer ☾

Cardinal, Water, Yin

Associated with the 4th house and the Moon



1. What is the evolutionary intention in Cancer?
2. How does Cancer correspond to the way the soul creates a self-image for itself?
3. "Evolution happens through the emotional body." What does that mean?
4. Life is change, yet in Cancer, there is a need for security linked with the known. How does a soul navigate that?
5. What can Cancer learn from the Capricorn polarity?
6. Wisdom in Cancer is the attunement to the needs of the moment as well as the flow of the cycles of life. When this wisdom is awake, a soul is capable of living with great empathy and care for oneself and other beings, knowing that each phase has its own needs for care and sensitivity. While Capricorn corresponds to the "timing of life cycles," Cancer is the nourishment and beingness that happens at every stage of life. Consider your relationship to the cycles and phases in your own life. Where are you now, and what is needed to nurture your soul growth?

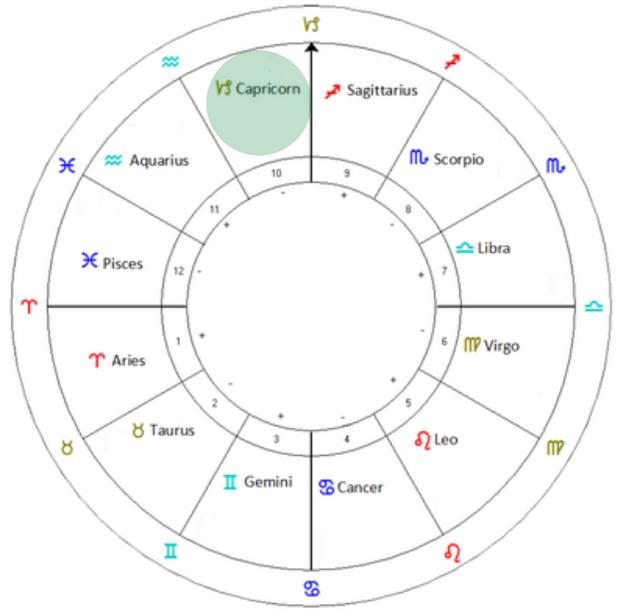
Cancer Sample Answers

1. To nurture, root, receive, and provide the care essential to this human experience.
 2. The emotional body is how the soul integrates all experience in such a way that it can inform the soul of a sense of self. This is who I am; this is home, this is what is familiar, what is safe, what I need to feel safe, etc.
 3. Evolution happens through the emotional body means that nothing is truly real until it informs a sense of self. Understanding and realization are only real when it is INSIDE, when it lands on the level of self-knowledge, the image the soul has of itself.
 4. This is the poetry of the human-soul journey. There is a need to know how to nurture the delicate self-concept and not create too much insecurity at once, all the while continuing to develop the self-agency that allows the soul to continue to open up to new experiences. It's a learning that ultimately says, "I am safe here, too." This can't be rushed, but it is an edge to walk.
 5. Cancer can learn from Capricorn not to become so identified with its present moment emotional experience to the point that it impedes upon the soul's capacity to simply show up in the world and function on their own two feet. Being a responsible human being, learning to work with healthy time boundaries, caring for oneself while also knowing how to stay present for worldly life. Capricorn teaches the soul to grow up and learn how to work with boundaries and time in skillful ways.
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Capricorn ♑

Cardinal, Earth, Yin

Associated with the 10th house and the planet Saturn



1. What is the evolutionary intention in Capricorn?
2. Why are things like: pushing the edge of boundaries, failure, experiencing the consequences of acting out of alignment often so necessary along the soul's evolutionary path?
3. How is repression associated with the Capricorn archetype?
4. Why is introspection so necessary to unravel one's conditioning and create new patterns? What is a lesson often found in depression?
5. What can Capricorn learn from the Cancer polarity?
6. Right and wrong are not opposites. Right is what is aligned: it respects and flows with the way of life. Wrong, on the other hand, is simply not right. Gauging the energy of "right" and "wrong/not right" is an integral part of the maturation within Capricorn. Through this, a soul learns to live in alignment and can grow. With no external authority out there to punish or reward oneself, each soul is ultimately left with its own conscience. How do you know for yourself what is right and wrong?

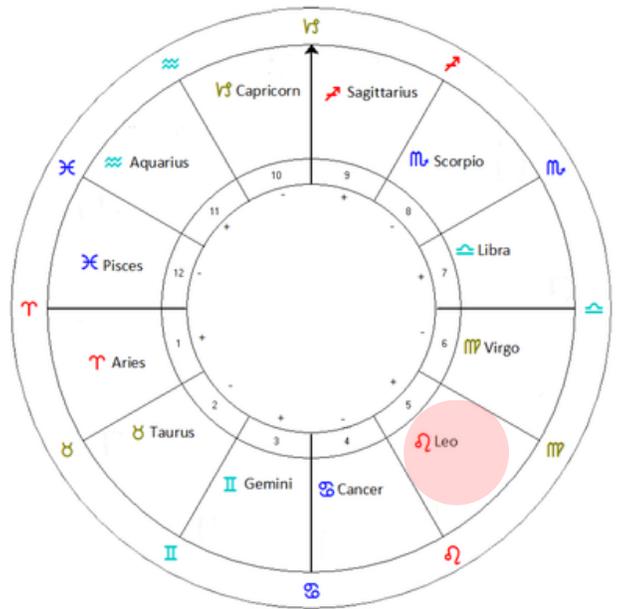
Capricorn Sample Answers

1. To cultivate self-authority with respect to this lifetime's necessary parameters and limitations.
 2. These things are so necessary because they teach the soul about alignment. To use the example of graduating high school: To pass beyond 12th grade means the student will need to study for the test and get a passing mark. Failure will ensue until the student does the necessary work. "The necessary work" and the inner wisdom and self-reflection required to do that is a big part of the growth within Capricorn.
 3. Repression is associated with Capricorn on two levels. One, necessary repression. This relates to functioning as a mature adult who can hold back on certain base, primal, or emotional urges as needed. And two, unnecessary repression related to patriarchal conditioning and judges that which is natural.
 4. To introspect is to step aside from the assumption of one's life and actually feel, to look at oneself and one's conditions from a place of permission and spaciousness. This allows the soul to actually become aware of what may have otherwise been unchecked conditioning. Depression can often lead the soul to meet where they have not been in touch with themselves. Compromises, repression, shame, and conditioning have held them back from their own inner joy and compass.
 5. To get in touch with the inner child. Not getting so hooked on success, doing it "right," social approval, and doing a "good job" that identity gets overly hooked on what one is doing and not adequately on how one feels. Cancer teaches Capricorn to stay connected to the rich inner space and learn how to tend to one's inner reality.
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Leo ♌

Fixed, Fire, Yang

Associated with the 5th house and the Sun



1. What is the evolutionary intention in Leo?
2. One of the patriarchal distortions within Leo is comparative beauty. What is the true essence of Leo when it comes to beauty and creativity?
3. Leo can be deeply shy and self-conscious of its own presence, hyper-sensitive to being seen and whether it is liked or not. What are some ways that a soul might deal with this insecurity?
4. Why is it a gift and an act of generosity for a soul to be healthily self-focused, confident, and self-expressed?
5. What can Leo learn from the Aquarius polarity?
6. Through Leo, we learn that all of creation reflects the love and warmth of the creator. Be it with our own children or releasing any creation into the world, we learn to come into the full confidence of our innate nature and right to create and self-actualize, and then to let it go. What in you is calling to be seen? Where can you trust the generosity and inspiration of your heart?

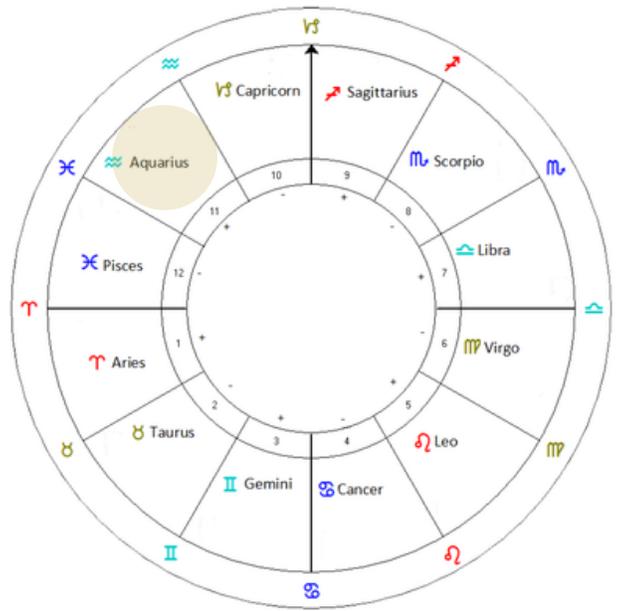
Leo Sample Answers

1. To self-actualize. Cultivate the courage and confidence of being a unique expression of creative intelligence.
 2. That beauty and creativity ARE the truth of creation. By its nature, beauty is not comparative because beauty is an inherent quality and is simply to be seen, actualized, and lived. It never exists relative to something else other than in our own judgments.
 3. Being deeply shy and sensitive to being seen can result in either learning to "put on a show," a skill of good performance that will please others but will not be entirely genuine. Thus a sense of loneliness can lay hidden underneath the good performance. Another way is to be afraid to really express oneself, holding one's heart back because of a deep feeling of vulnerability.
 4. It is a gift because to be centered in one's own creative beauty is also to shine it and share it freely. When attention is not fixed on how one is seen, there is the freedom to live and love, just as the Sun simply shines. Further, in this openness, there is a natural resonance with the energy of appreciation: appreciating the beauty all around.
 5. Leo can learn detachment, to just be themselves and not concern themselves too much with outward appearances. Also, to take nothing personally; to see all of creation, including oneself, as an extension of divine intelligence and to have a higher mind appreciation of this, thus staying more impersonal.
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Aquarius

Fixed, Air, Yang

Associated with the 11th house and the planet Uranus

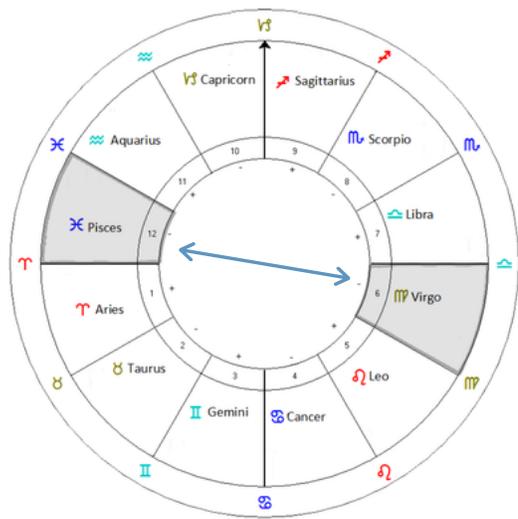


1. What is the evolutionary intention in Aquarius?
2. How are community and friendship formed from the perspective of Aquarius?
3. How is cultivating an observer mind helpful in healing trauma?
What's the difference between dissociating vs. witnessing?
4. Why is there "nothing new" if Aquarius corresponds to inventions and new technologies?
5. What can Aquarius learn from the Leo polarity?
6. Meditation: From the soul's perspective, there is just the continuity of being. To the soul, no "memory" is more distant than any other. Be it prior lives, time in the astral plane, or what you ate last week. The soul, however, is not aware of itself always being here now. I.E., we do not know who we are. If you wish, give a few minutes to sit in pure witness. Notice your body; notice your breath. Then notice the one noticing. See if you can notice the one noticing the one noticing. Explore the vast dimension of pure objective awareness that is always here now.

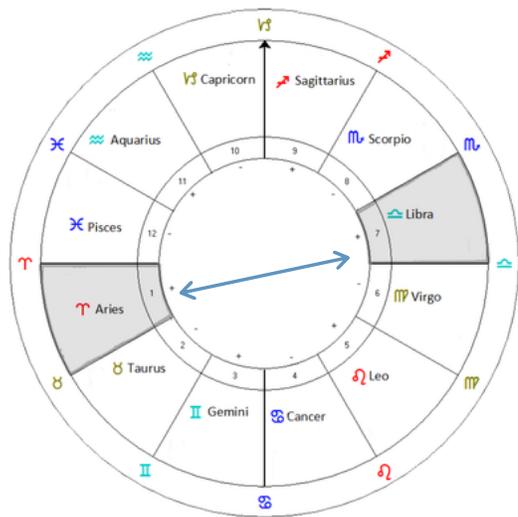
Aquarius Sample Answers

1. To liberate from the known, cultivate objective witness free from past conditioning.
 2. Through natural resonances. It happens on its own without effort in the same way that creation itself is harmony and resonance. One need only be oneself.
 3. The observer mind allows the soul to see what happened without identifying with the story of what happened. This can mean feeling and experiencing what has otherwise been a trigger point but remaining as a witness. Witnessing is a state of allowing, staying present without controlling. Dissociation is a checking-out state. There is no objective witness because the soul is suppressing something essential it might not be in touch with.
 4. Nothing is truly new because all inventions and technologies, at the core, are reflective of universal archetypes. They are embedded in the intelligence of creation itself and exist before and after all inventions and technological developments.
 5. To get out of the bleachers and join the humans on the field. Open the heart, appreciate the experience of creation, the beauty, and the ecstasy of life itself. To remain open to the joy of life and not get stuck in a hyper detached state of mind.
-

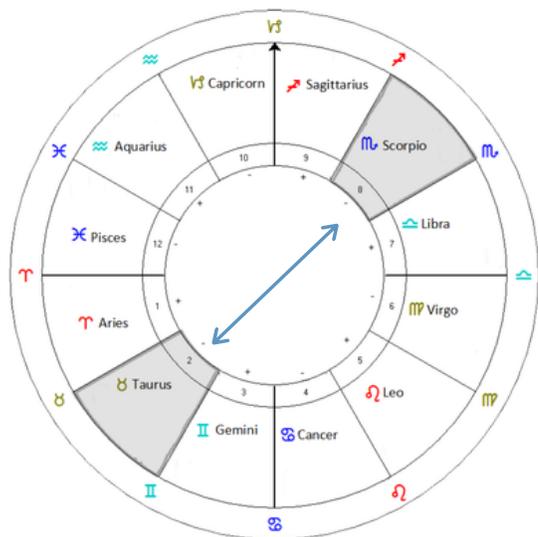
Polarity



Pisces - Virgo
Axis of Service

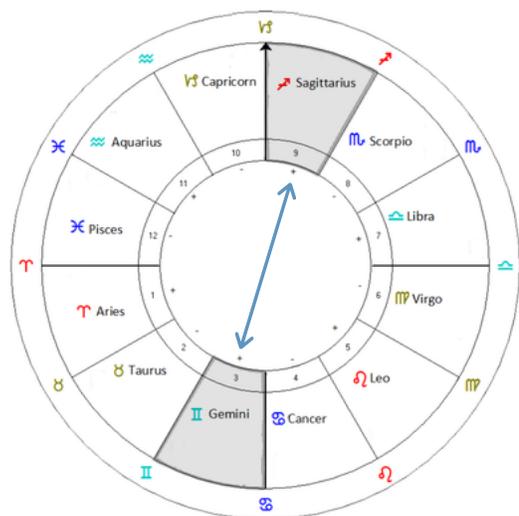


Aries - Libra
Axis of Self & Other

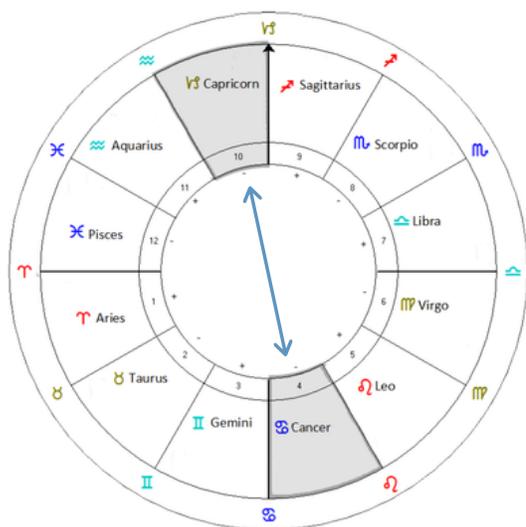


Taurus - Scorpio
Axis of Sexuality, Life
and Death

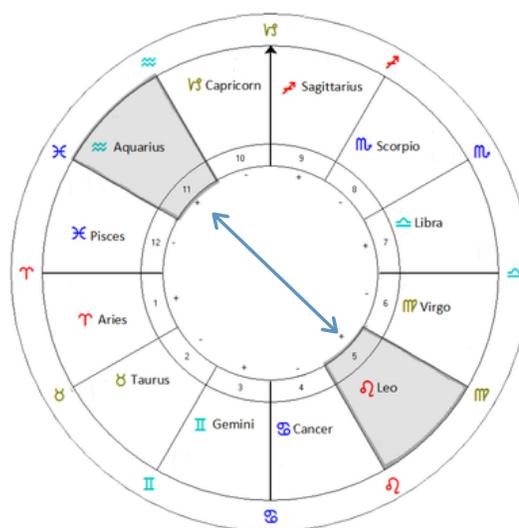
Polarity



Gemini - Sagittarius
Axis of the Mind, Left
Brain & Right Brain



Cancer - Capricorn
Axis of the Domestic and
the Societal

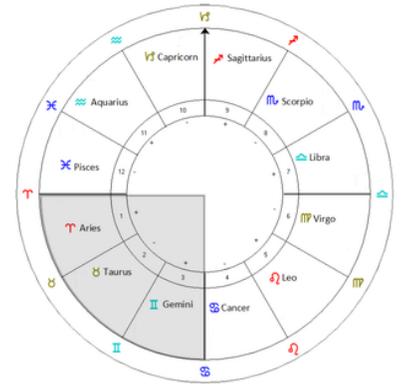


Leo - Aquarius
Axis of Self-Actualization
and Community/Essential
Nature

Quadrant 1: Self-discovery

Aries, Taurus, Gemini

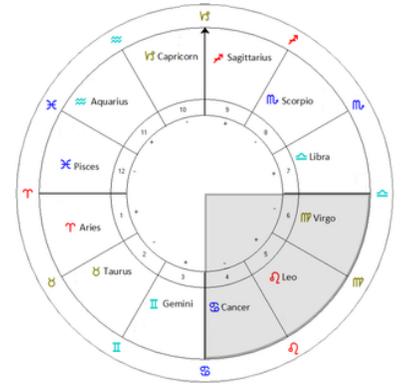
Will, Survival, Study



Quadrant 2: Self-application

Cancer, Leo, Virgo

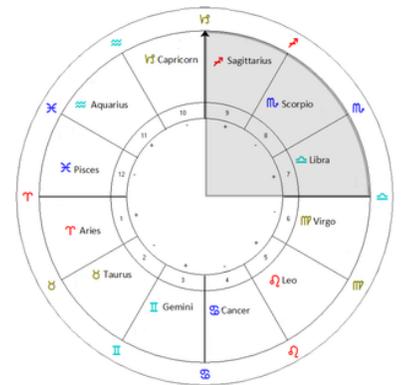
Identity, Purpose, Self-refinement



Quadrant 3: Other-discovery

Libra, Scorpio, Sagittarius

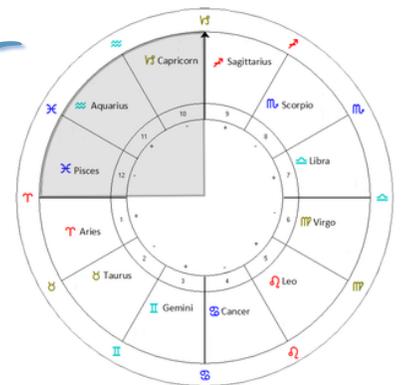
Relationship, Soul-attraction, Phenomenal Reality



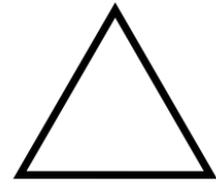
Quadrant 4: Social+Universal-Application

Capricorn, Aquarius, Pisces

Society, Community, Existence

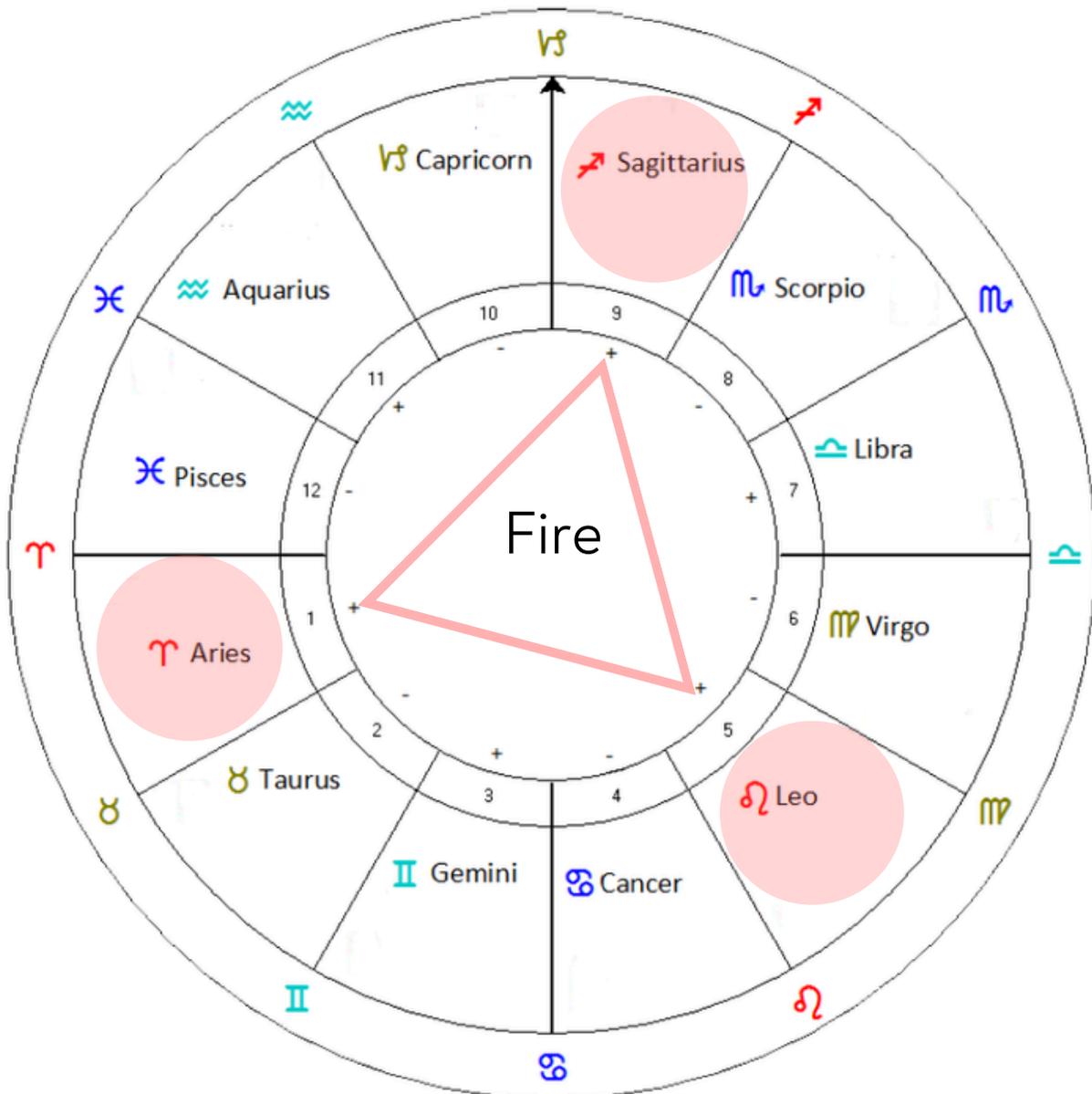


Element Fire

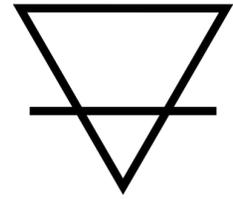


Aries, Leo, Sagittarius

Personal drive, self-focus, freedom, illuminating, passionate. Can be overly self-focused and miss out on "other" (Air polarity).

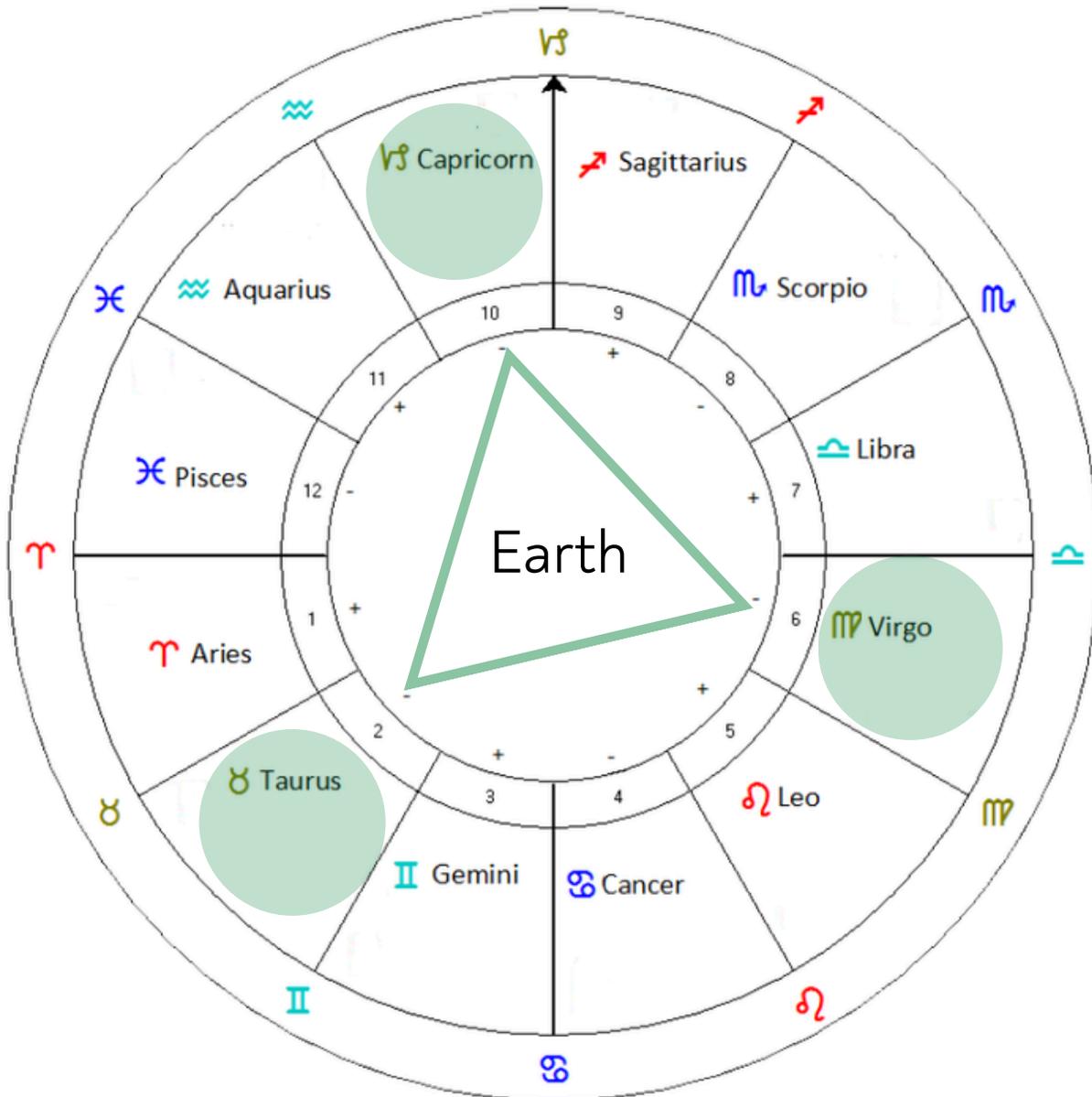


Element Earth



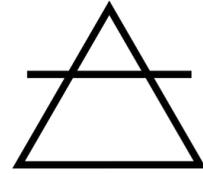
Taurus, Virgo, Capricorn

Stabilizing, practical, grounding, more process-oriented. Can be materialistically focused and miss out on the more spiritual non-physical dimension of life (Water polarity).

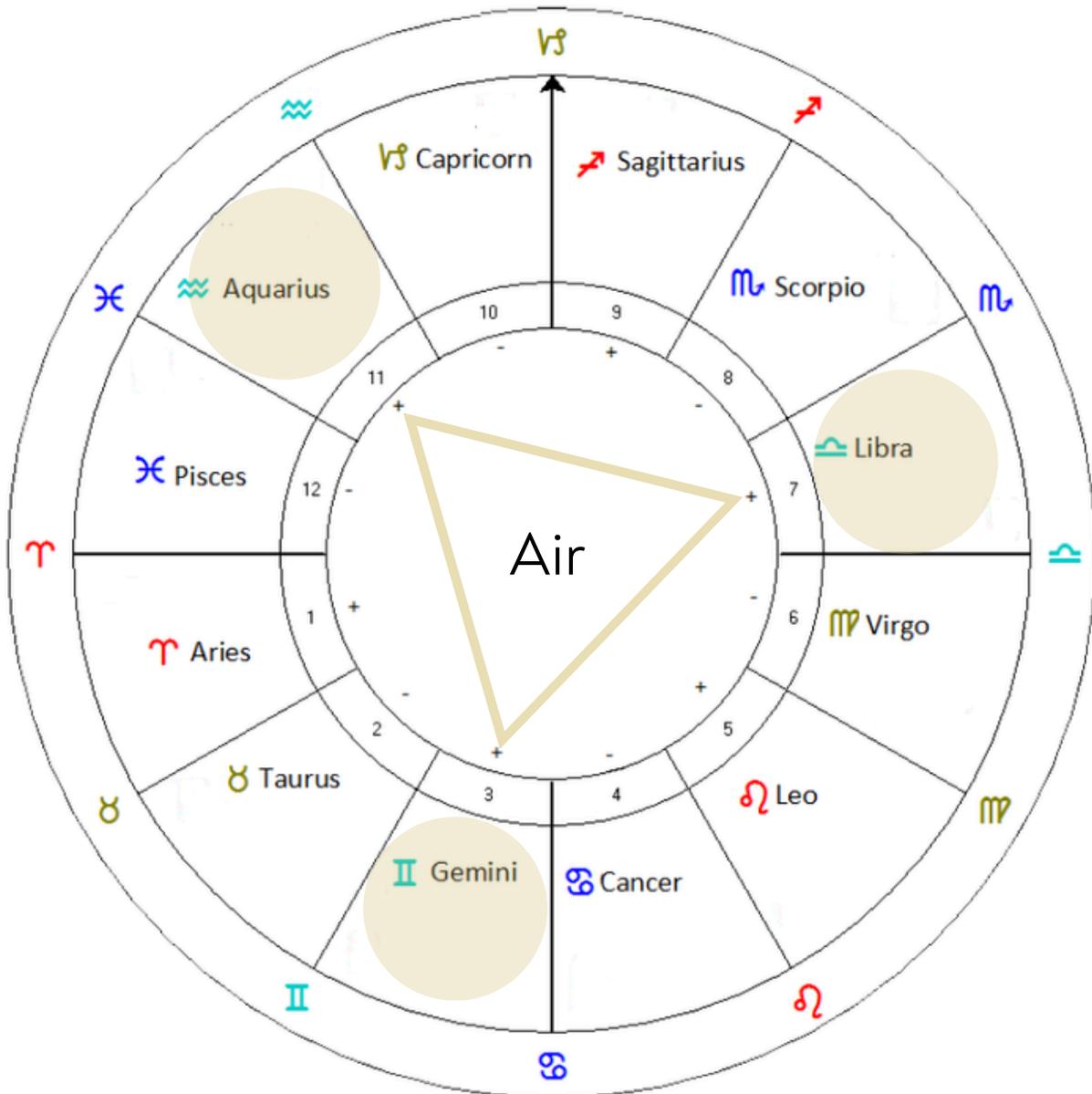


Element Air

Gemini, Libra, Aquarius

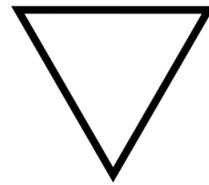


Social, relational, connection-oriented, open-minded. Can be overly identified with mental and social realms missing out on passion and a personal sense of purpose (Fire polarity).

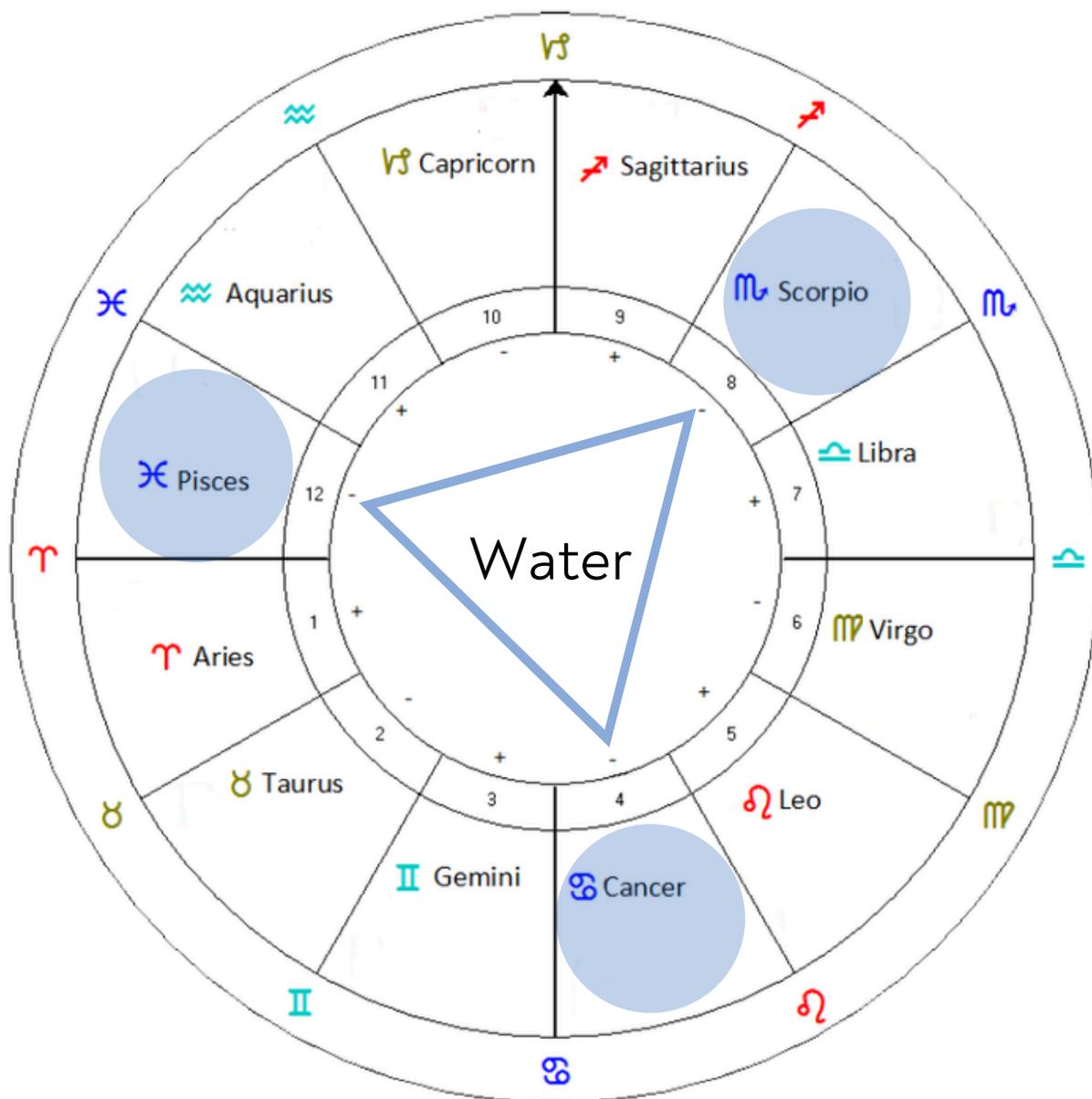


Element Water

Cancer, Scorpio, Pisces



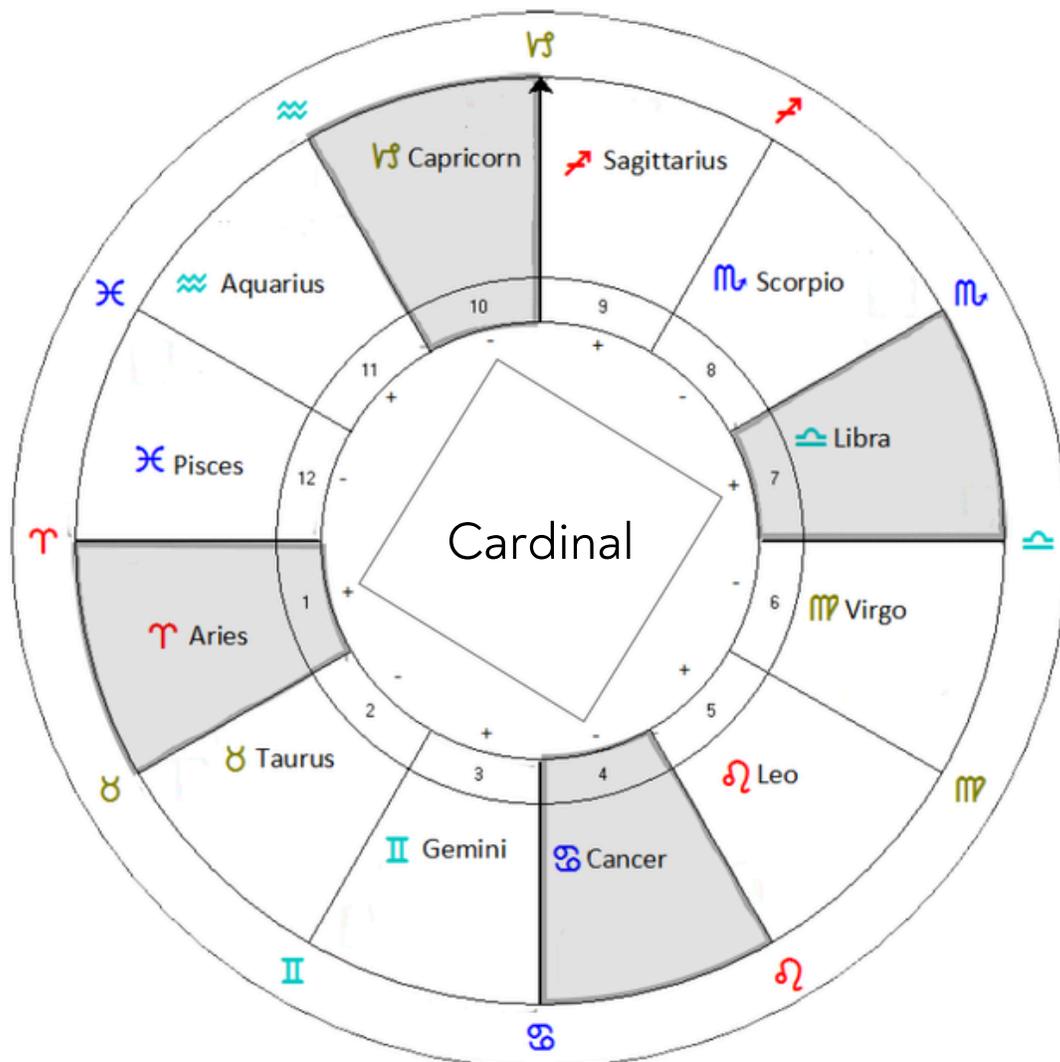
Emotional, ego-soul-spirit trinity, non-linear, connection-oriented. Can become absorbed in the emotional realm and lose touch with the basics of practical earthly reality (Earth polarity).



Mode - Cardinal

Aries, Cancer, Libra, Capricorn

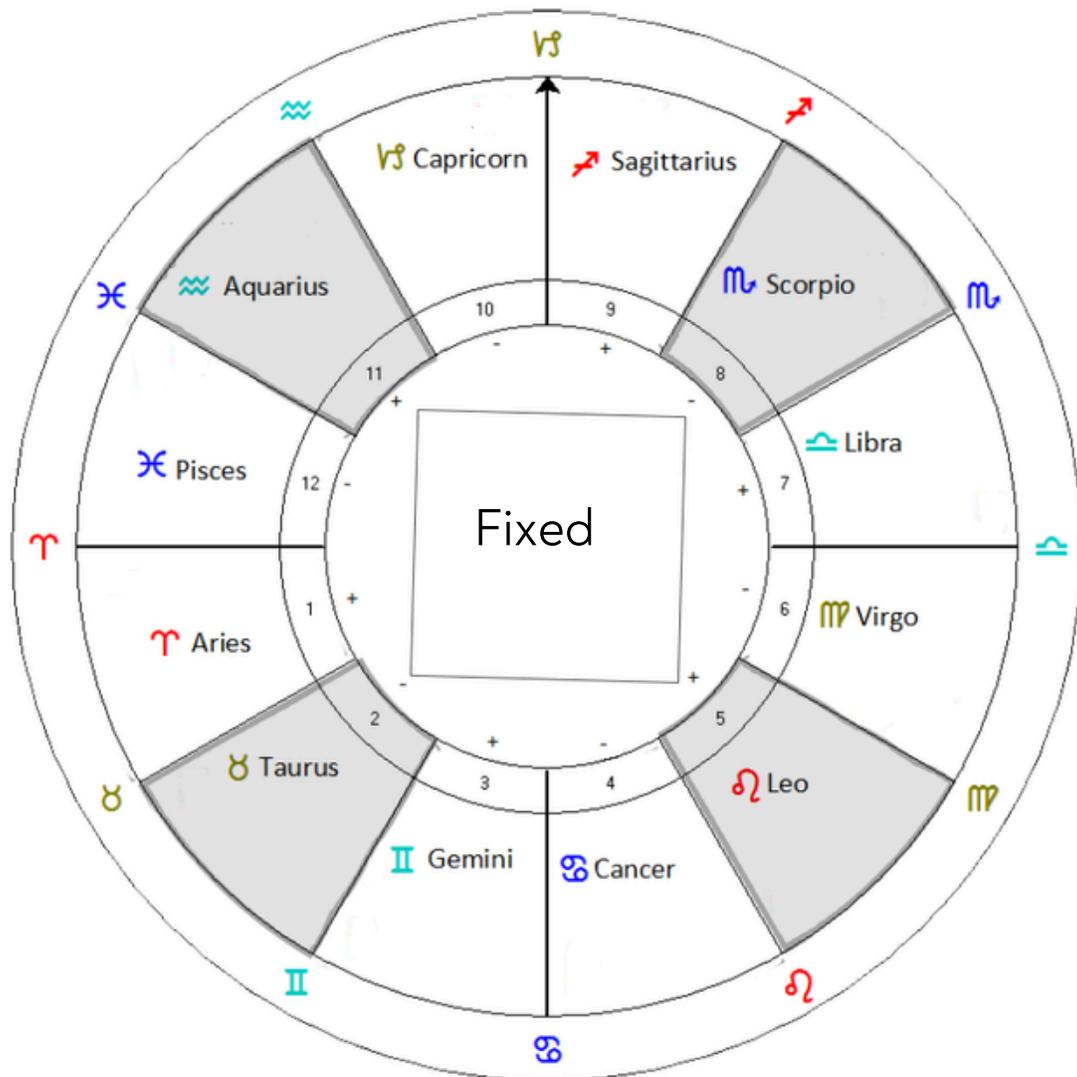
- Starts each quadrant
- Related to the essential discovery of the soul through the human experience. Foundational to all areas of life experience.
- Initiating purpose and direction (Aries, initiating fire), discovering identity and belonging (Cancer, initiating water), learning relationship (Libra, initiating air), finding and developing social role (Capricorn, initiating earth).



Mode - Fixed

Taurus, Leo, Scorpio, Aquarius

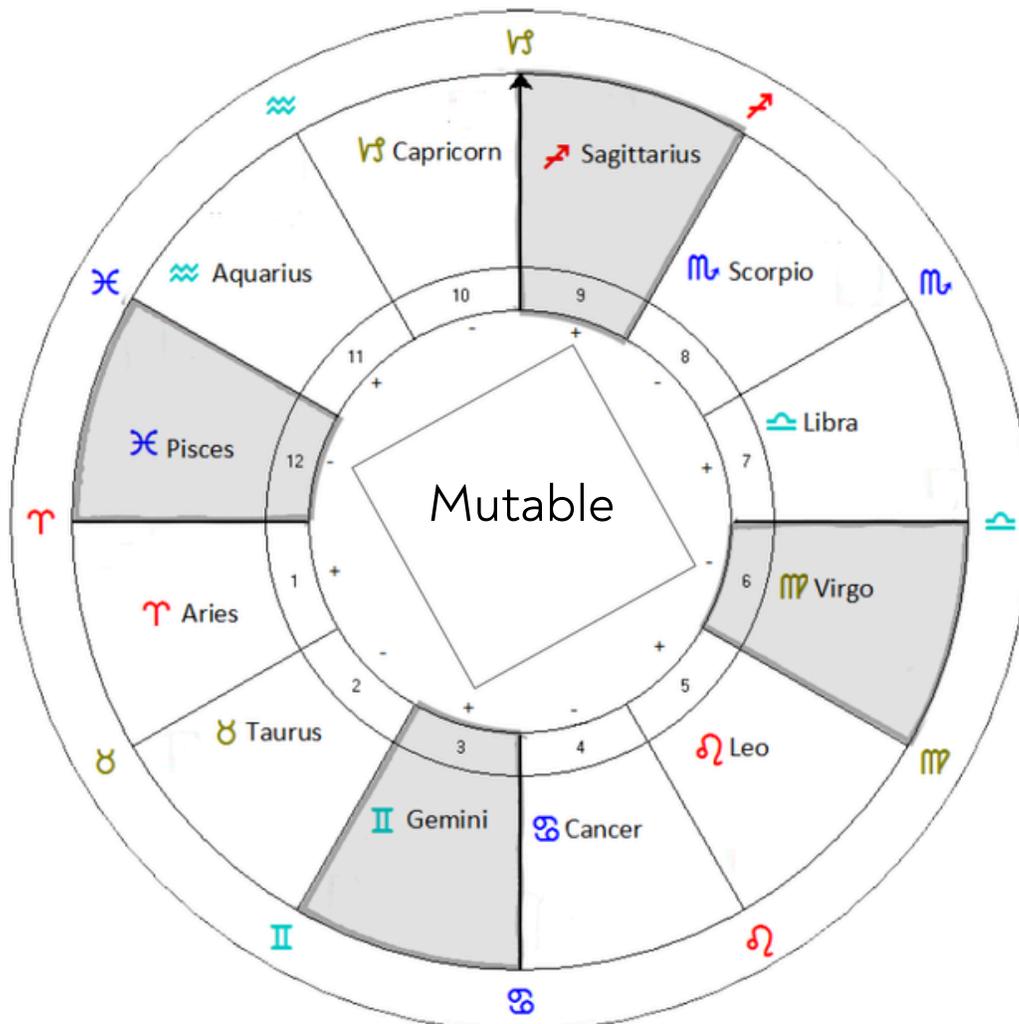
- Middle of each quadrant
- Related to the experience of and consolidation of inner power, capacities, and the deeper dimensions of one's being. Deepening, focusing, essentializing.
- Stabilization and self-preservation (Taurus, focusing earth), creative self-actualization (Leo, focusing fire), concentration on soul purpose (Scorpio, focusing water), the liberation of the mind, the eco-system of life (Aquarius, focusing air).



Mode - Mutable

Gemini, Virgo, Sagittarius, Pisces

- End of each quadrant
- Related to the universality of human/life experience. Existential, multifaceted, can apply in all kinds of contexts and situations. Diffusive, can find itself everywhere.
- Curious and open-minded (Gemini, universal air), utility and helpful (Virgo, universal earth), expansive and insightful (Sagittarius, universal fire), oriented towards Spirit (Pisces, universal water).



Polarity, Elements & Modes Assignment

1. Gather a handful of charts (3 or so) and note:
 - a. Are there any planets in opposite signs, thus emphasizing a whole axis?
 - i. Is there an axis that seems to be more emphasized than others?
 - b. How many planets are in each element?
 - i. Fire ____
 - ii. Earth ____
 - iii. Air ____
 - iv. Water ____
 - c. How many planets are in each of the modes?
 - i. Cardinal ____
 - ii. Fixed ____
 - iii. Mutable ____
 - d. Take note of any obvious patterns. Does one element or mode feel particularly emphasized or not emphasized?

**Notice that the signs of each chart can be placed anywhere! We will learn more about this in our next segment when we learn about the astronomy of the natal chart, quadrants, and houses. For now, it's only important to take note of the elements and modes.*

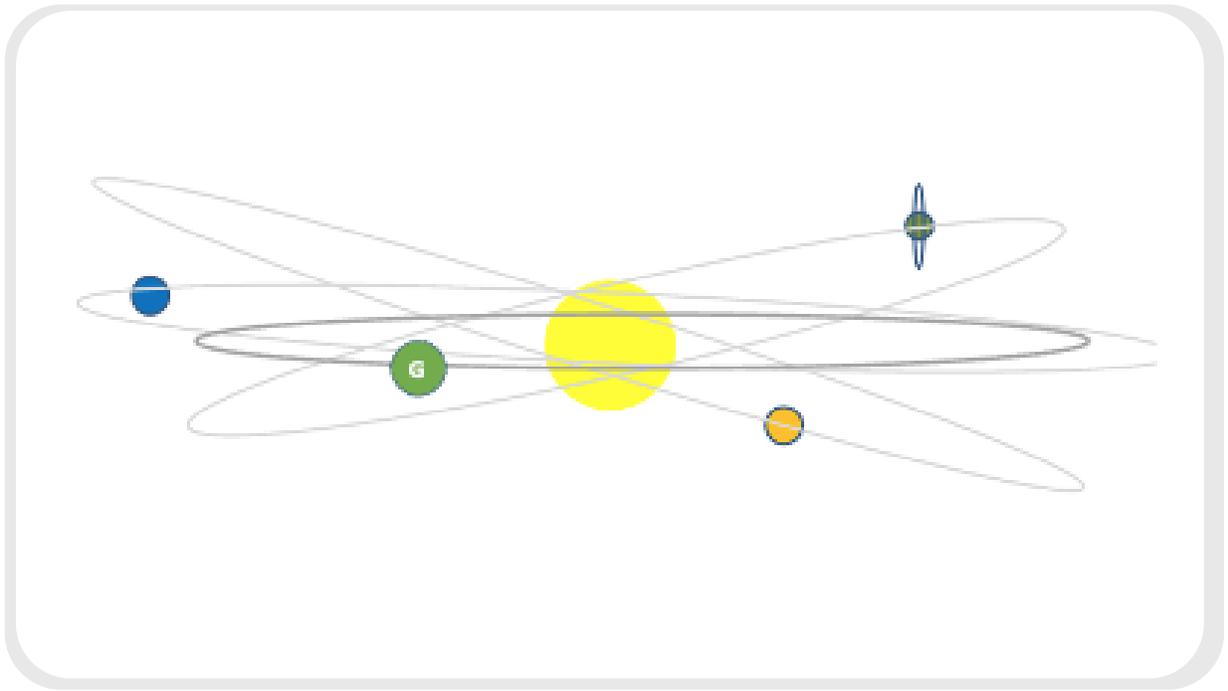
Heart & Soul Centered Astrology



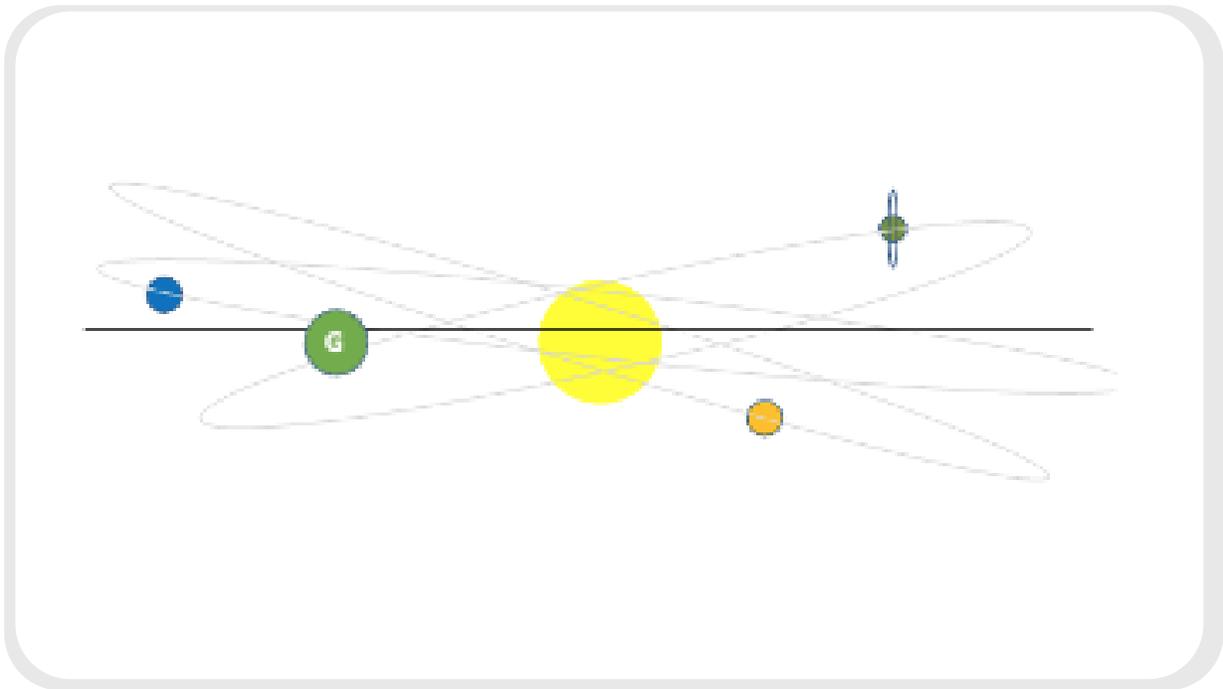
The Essentials Course
Segment 3

Astronomy of the Natal
Chart

Lesson 1: Introduction to the Ecliptic

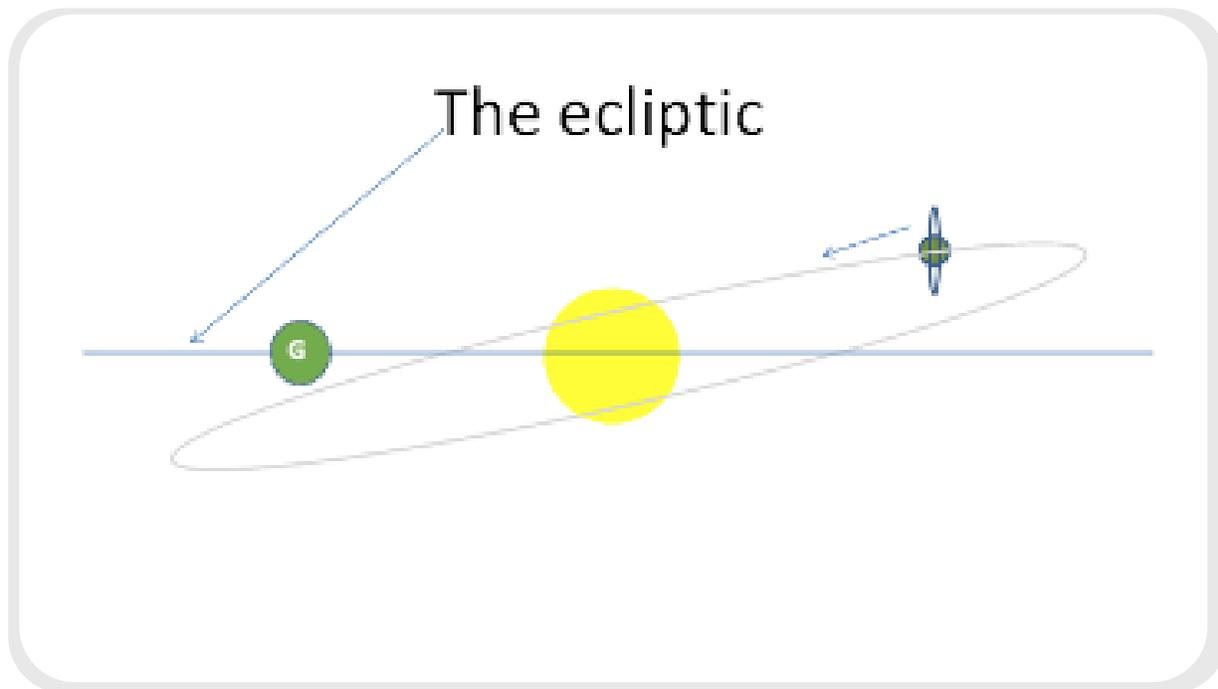


Solar System. G is the Earth.



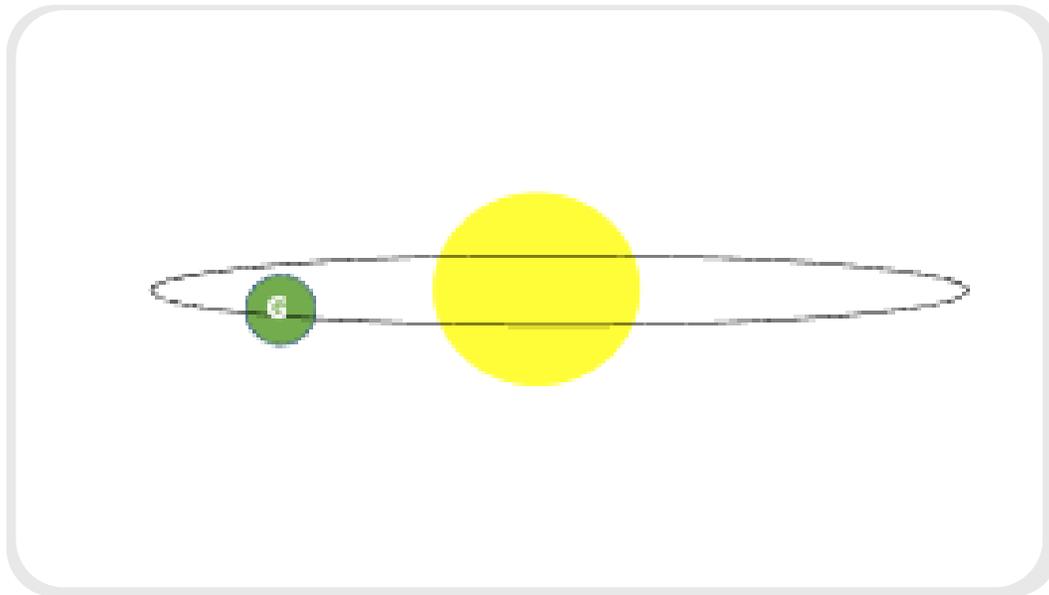
This straight line is a plane created from the Earth's orbit around the Sun. It is called the ecliptic.

Lesson 1: Introduction to the Ecliptic (Cont'd)

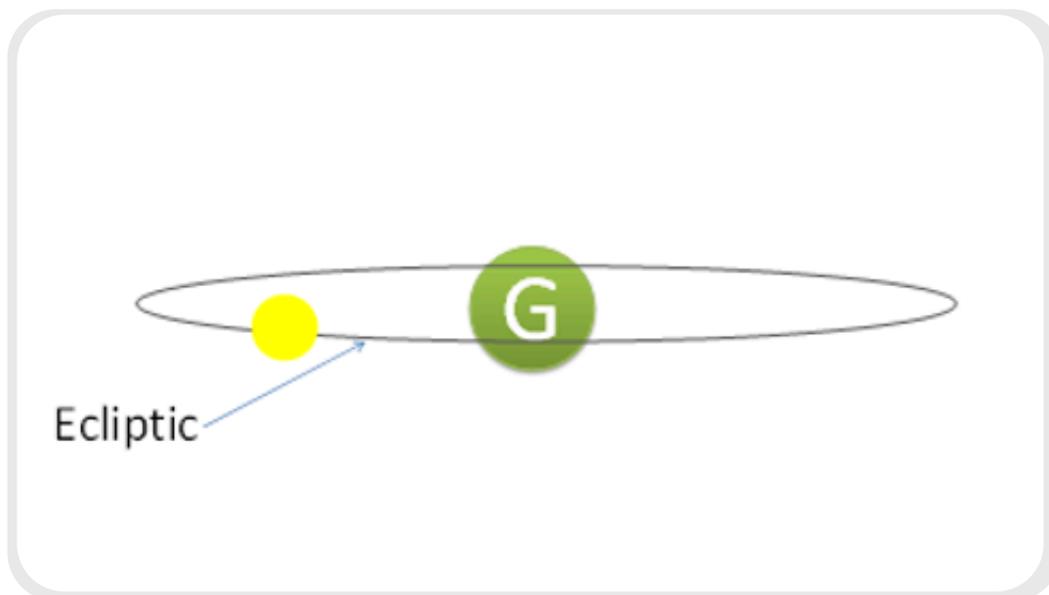


From the perspective of the Sun, the ecliptic is simply the orbital path of the Earth around the Sun.

Lesson 1: Introduction to the Ecliptic (Cont'd)

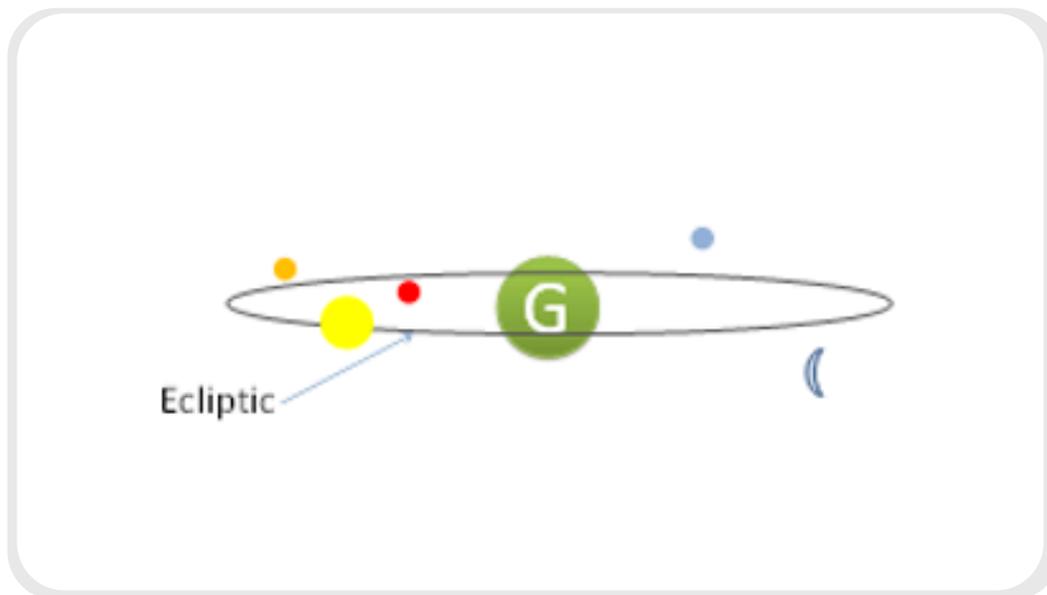


Once again, the path of the Earth around the Sun = the ecliptic.
However, this view from the point of view of the Earth.

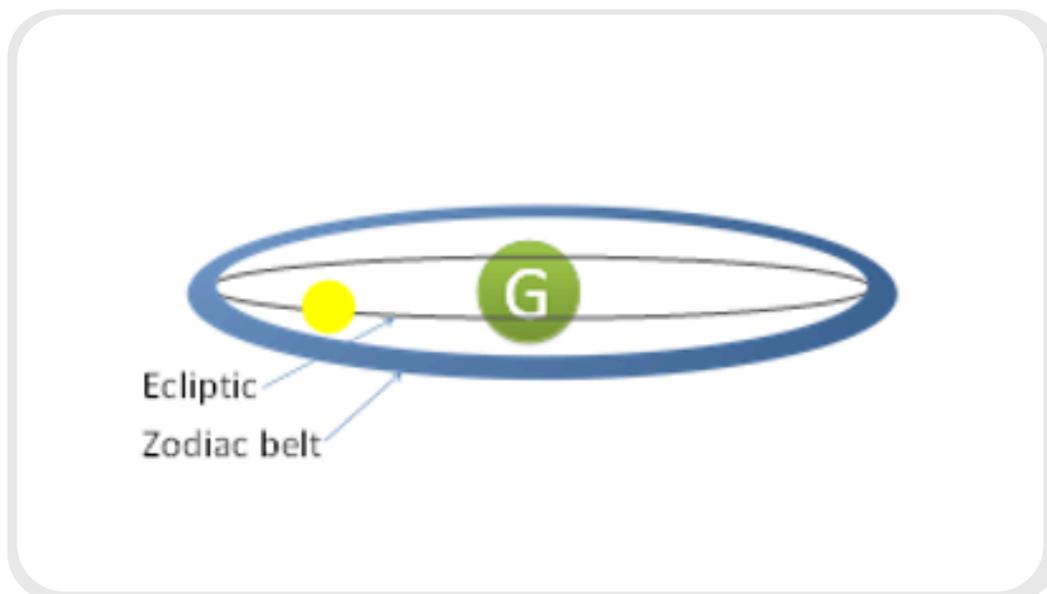


We will define the ecliptic as the apparent path of the Sun around the Earth. Even though this is not objectively the case that the Sun orbits around the Earth, this is relevant to our actual present moment experience of the sky. The Sun's path is always on the ecliptic, like a bead on a string.

Lesson 1: Introduction to the Ecliptic (Cont'd)

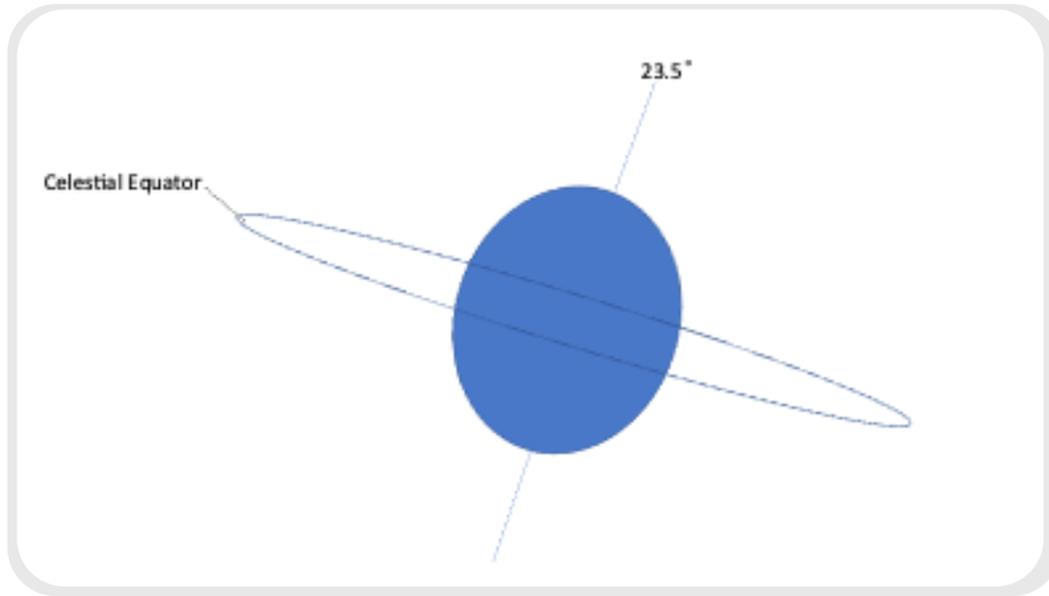


As viewed from Earth, all planets will be close to the ecliptic on either side of the ecliptic.

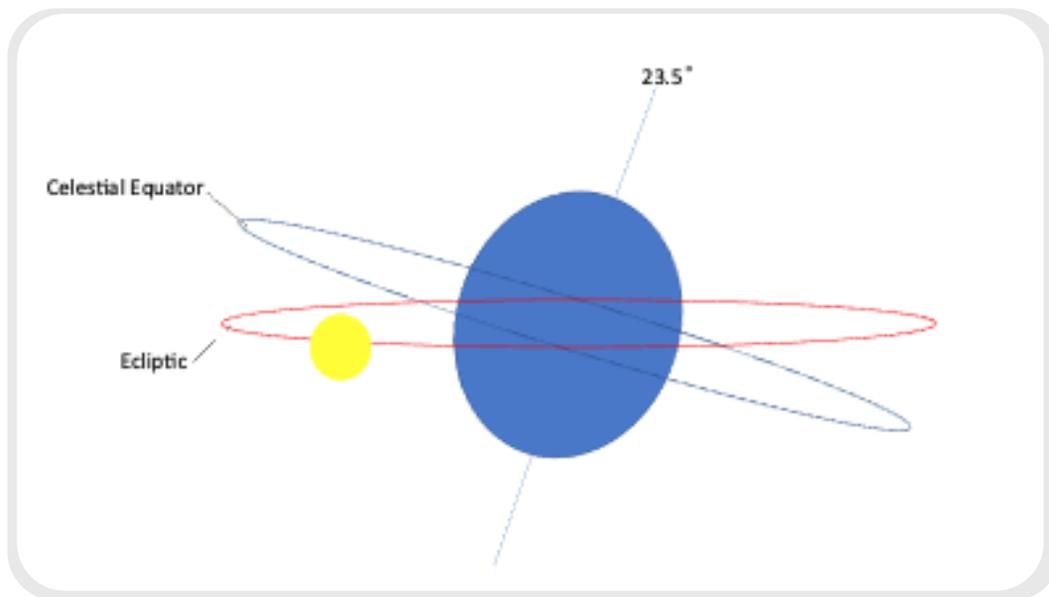


This image depicts the zodiac belt, which is the band of stars that the Ecliptic passes through. Similar to walking around an object in a room. The wallpaper is the backdrop of your orbit around the object.

Lesson 2-1: Where Do Signs Come From?

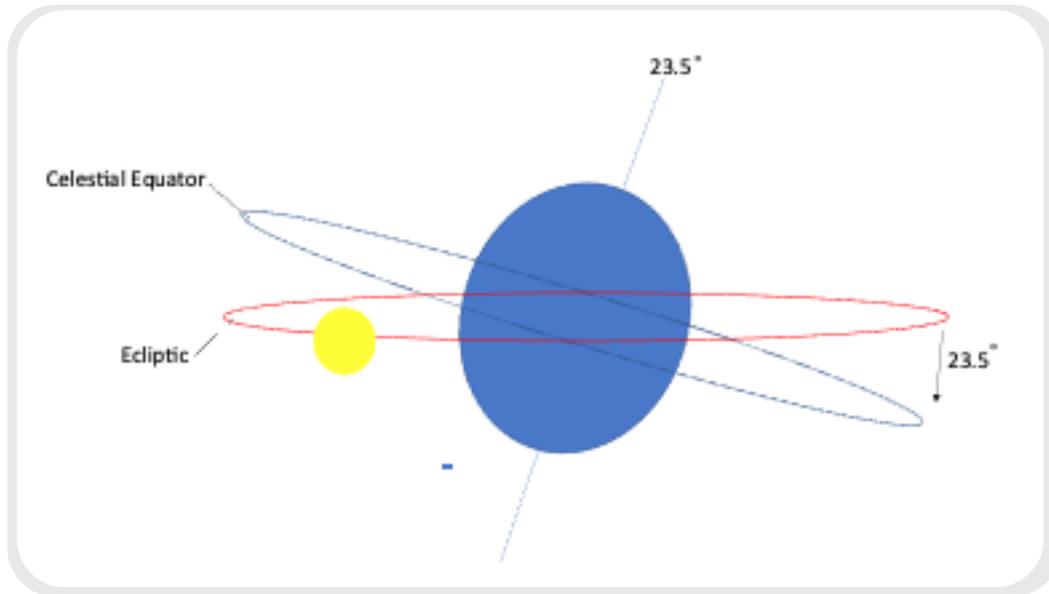


This image depicts the Earth. The celestial equator is the equator of the Earth extended as a plane far into space in all directions. Notice that the Earth is tilted at (about) 23.5 degrees. Tilted relative to what?

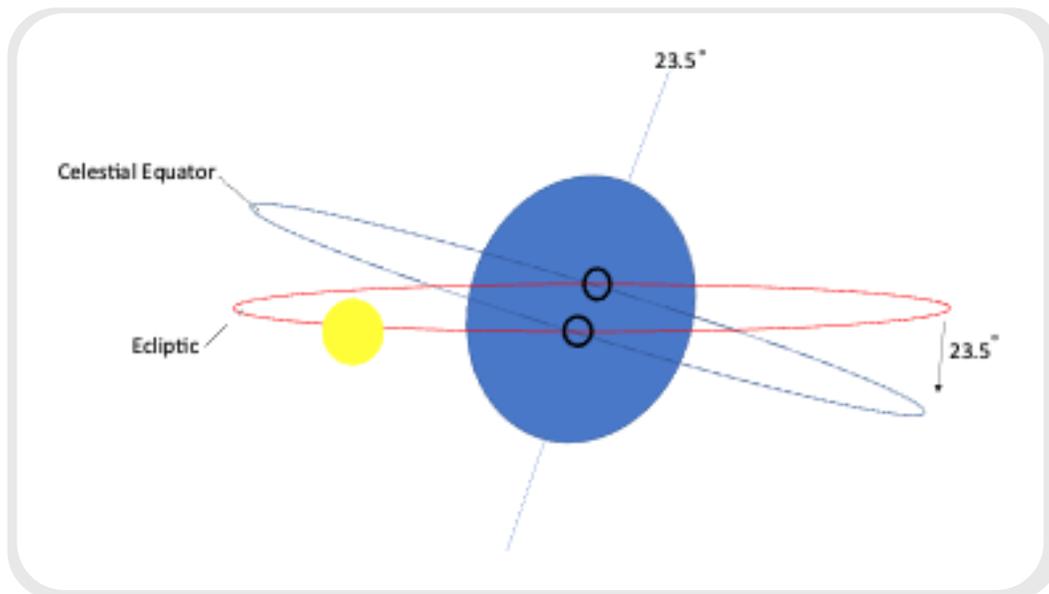


The ecliptic! Here we have the ecliptic with the Sun on it. Remember that all planets travel along the ecliptic. The Sun is the only body that is perfectly threaded on the ecliptic, whereas all the planets will always be close to it on either side.

Lesson 2-1: Where Do Signs Come From? (Cont'd)



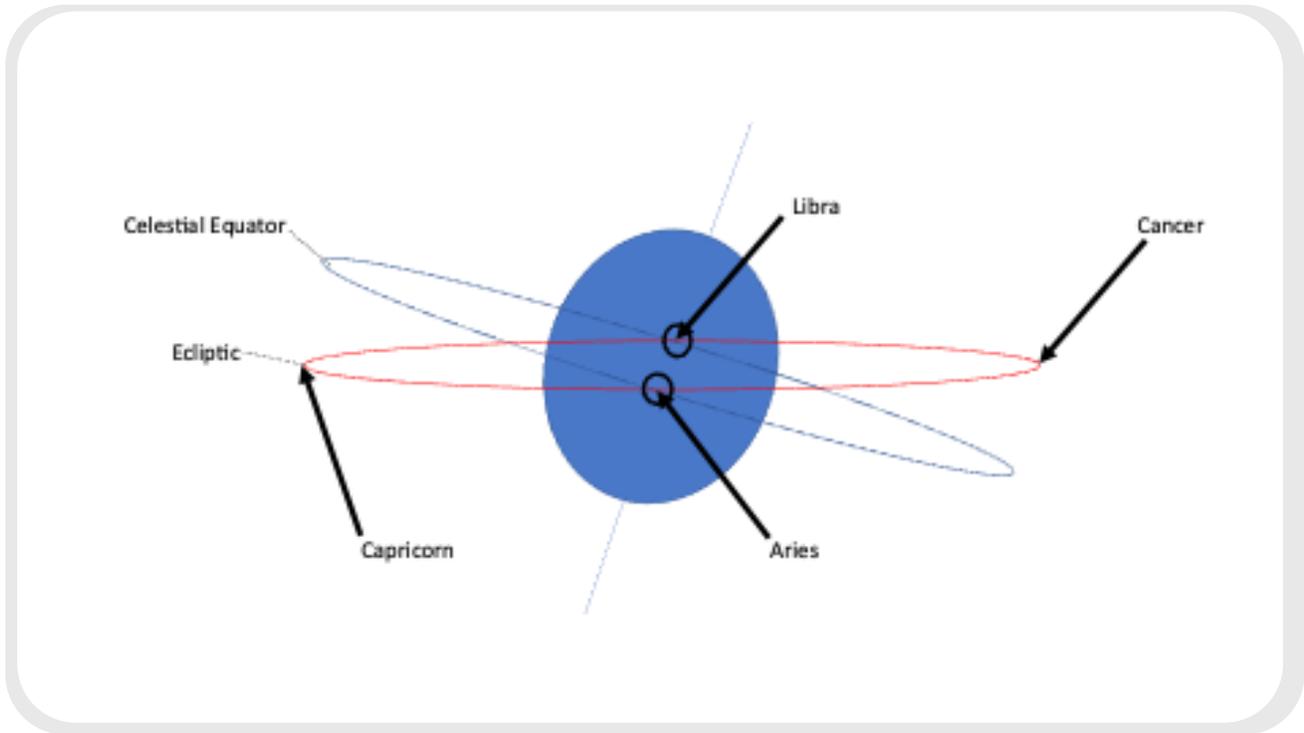
This image depicts the declination of 23.5 degrees between the ecliptic and the celestial equator as their points of furthest separation. If the ecliptic were perfectly on the celestial equator, there would be a 0-degree declination.



Note there are two points where the ecliptic and the celestial equator intersect.

Lesson 2-1: Where Do Signs Come From?

(Cont'd)

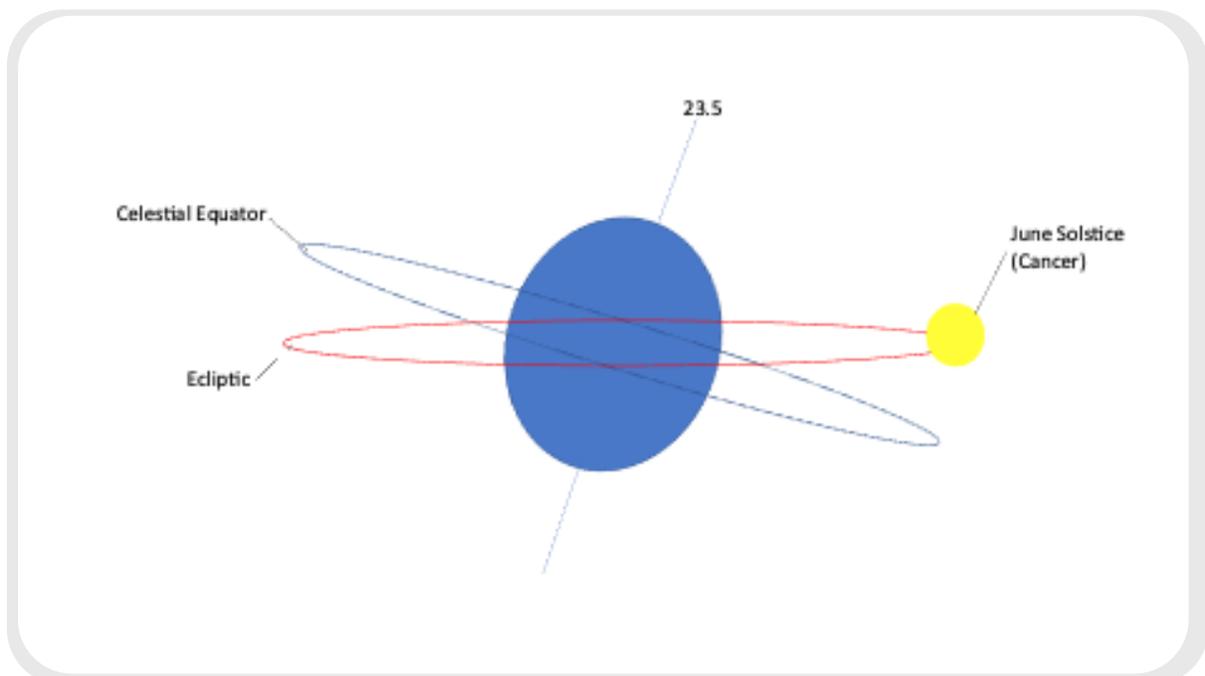
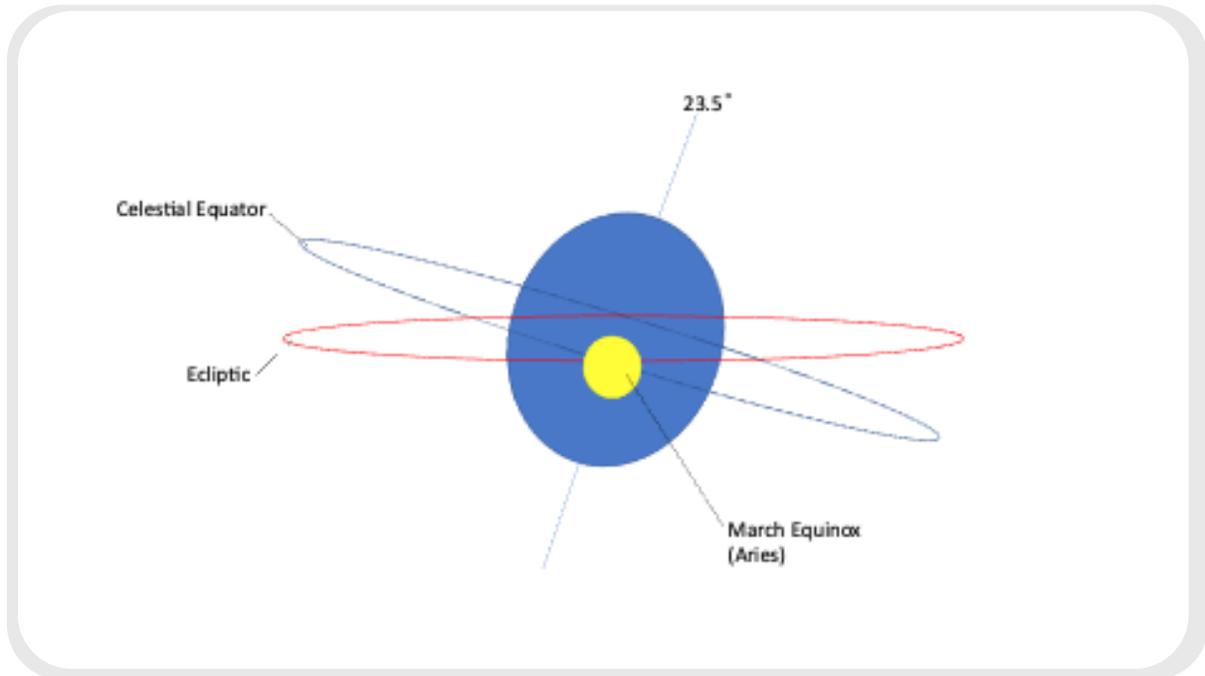


The two intersection points and the two points of greatest declination all begin the four cardinal signs. Any time a planet reaches one of those points, it enters that sign. When the Sun reaches those points, we have the four cardinal seasons.

Lesson 2-1: Where Do Signs Come From?

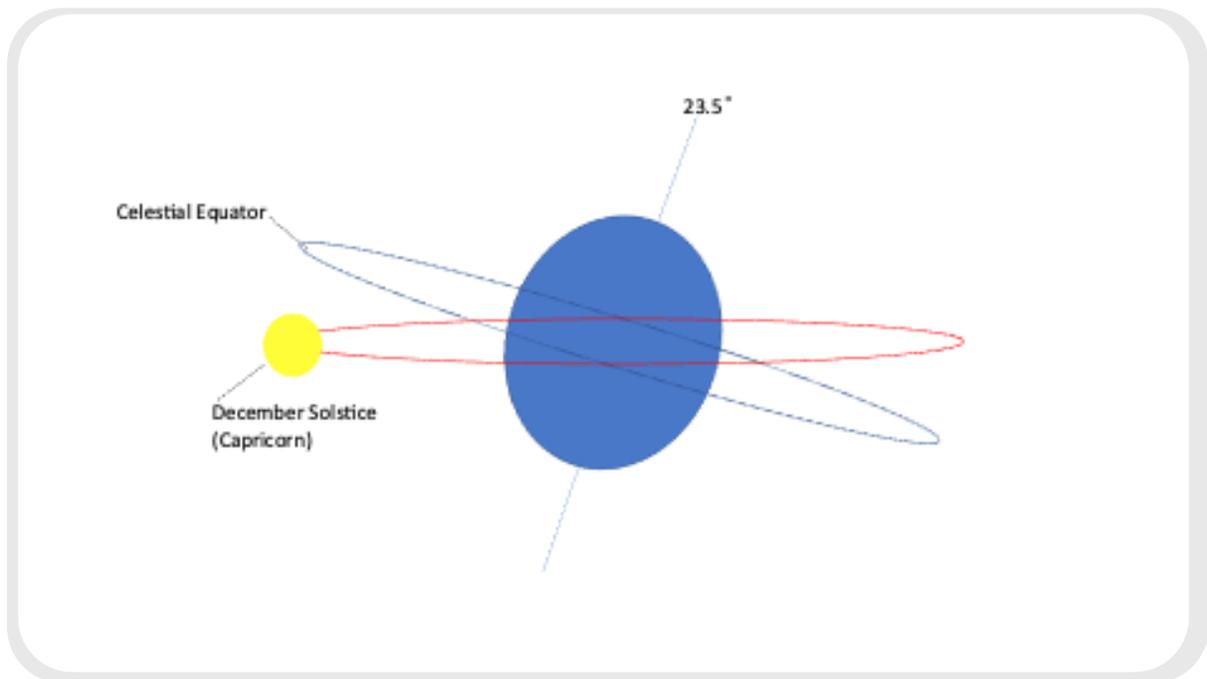
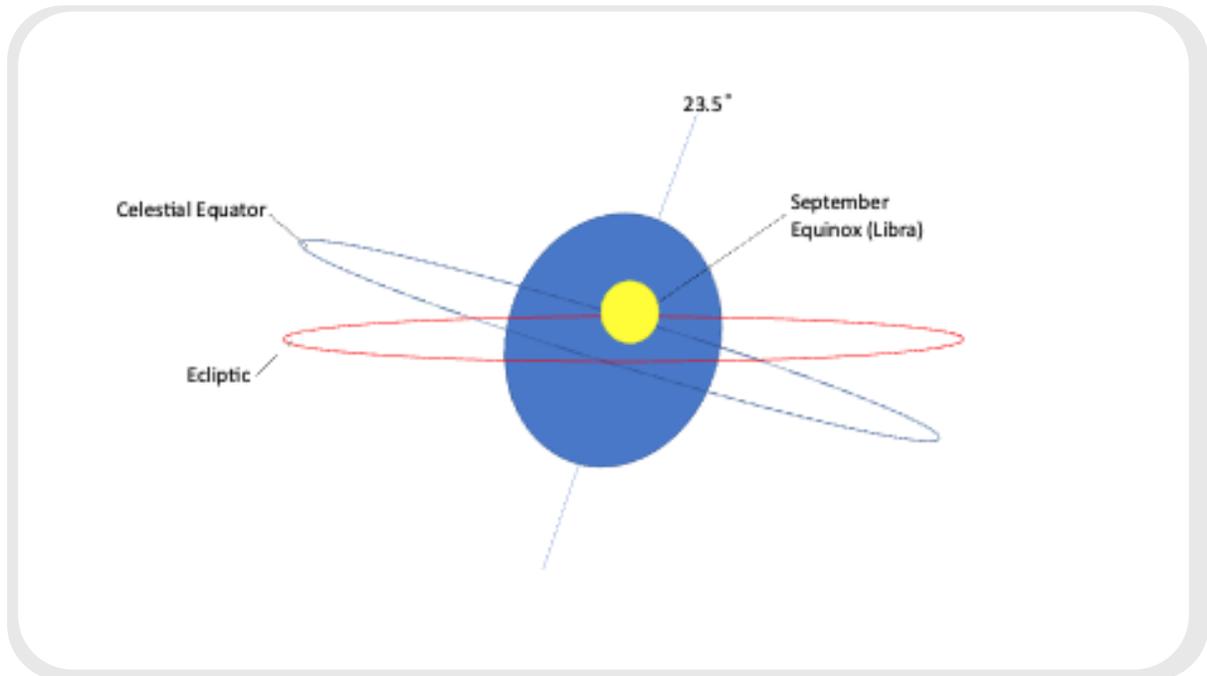
(Cont'd)

Each season begins in the Sun at the beginning (zero degrees) of the cardinal signs:

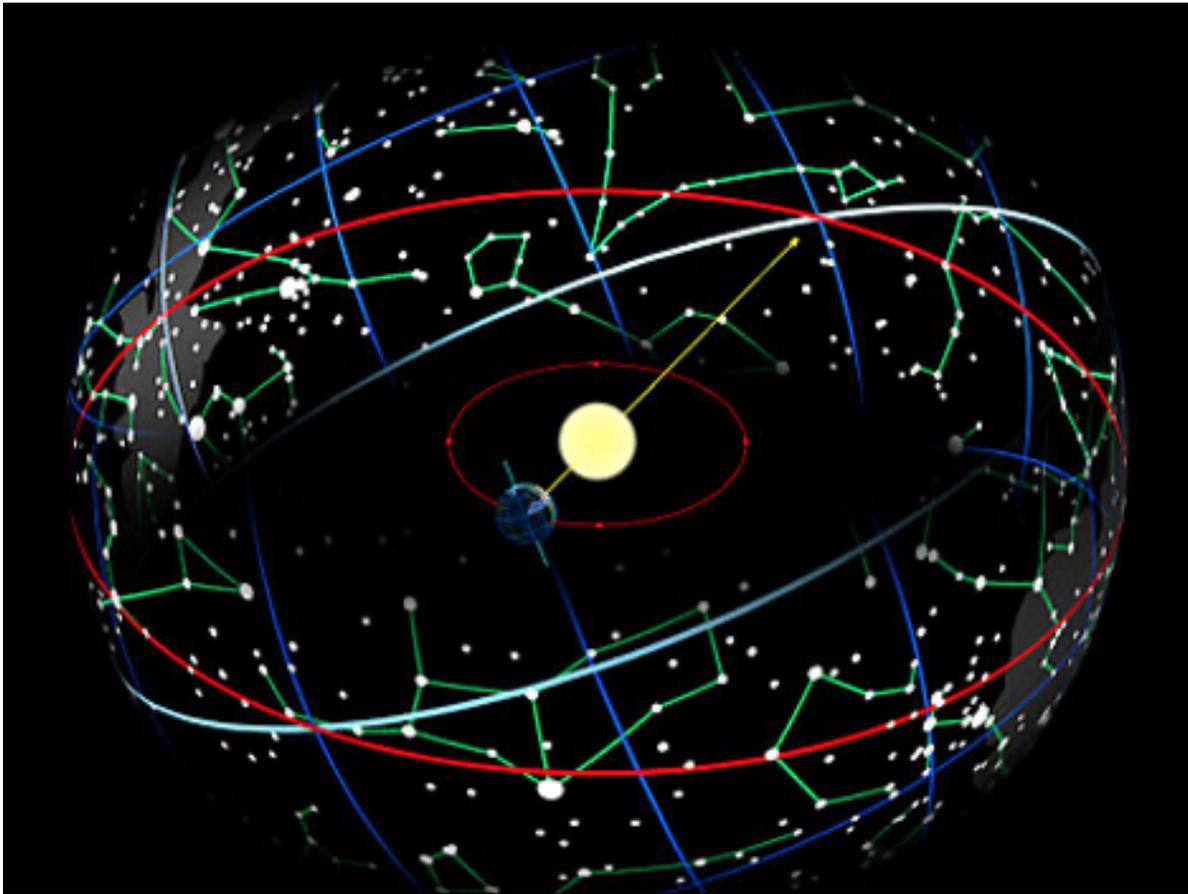


Lesson 2-1: Where Do Signs Come From?

(Cont'd)



Lesson 2-2: Tropical vs Sidereal Astrology

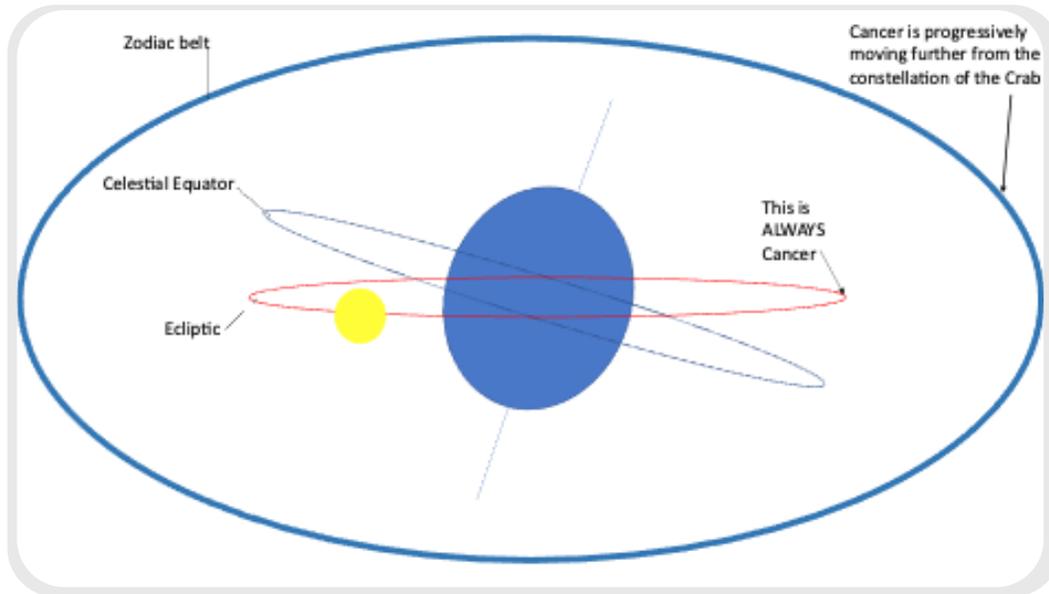


Tau'olunga, CC BY-SA 3.0 via Wikimedia Commons

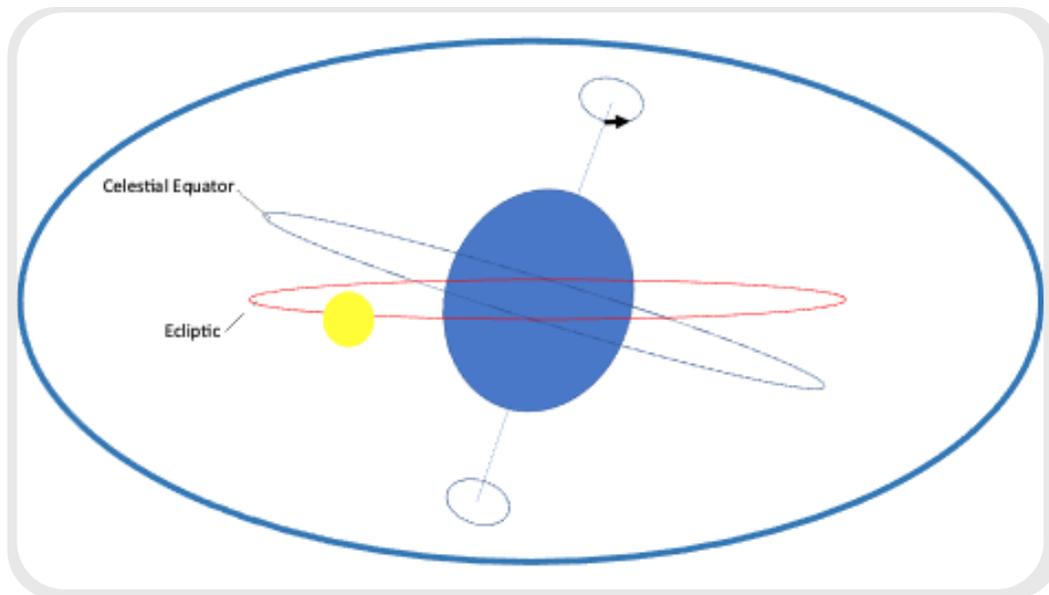
This is a map of the constellations, which is the basis for the sidereal zodiac. The red line is the ecliptic (thus, from the Earth's perspective, the red line is the string that carries the Sun). Note that the ecliptic crosses straight through the zodiac belt. The blue/white line is the celestial equator. They intersect at the equinox points. Those points will ALWAYS be Aries and Libra from a tropical astrology perspective.

- Note that the constellations are not equal to 30 degrees
- Constellations often overlap one another
- Tropical Aries (where the yellow line is pointing) actually starts in the constellation of the fish.

Lesson 2-2: Tropical vs Sidereal Astrology (Cont'd)



This image shows that the tropical zodiac is progressively moving further away from the sidereal zodiac. Why is that?



The answer is called **axial precession**. This occurs over a nearly 26,000 year period. The pole's orientation to the cosmos gradually shifts in perspective during this period. A plausible theory for why this happens is that the entire Solar system is actually moving through space in orbit with another large body, a complete orbit taking 26,000 years. As that happens, the orientation to the rising constellations at the same equinox point every year reveals a gradual precession backward through the zodiac.

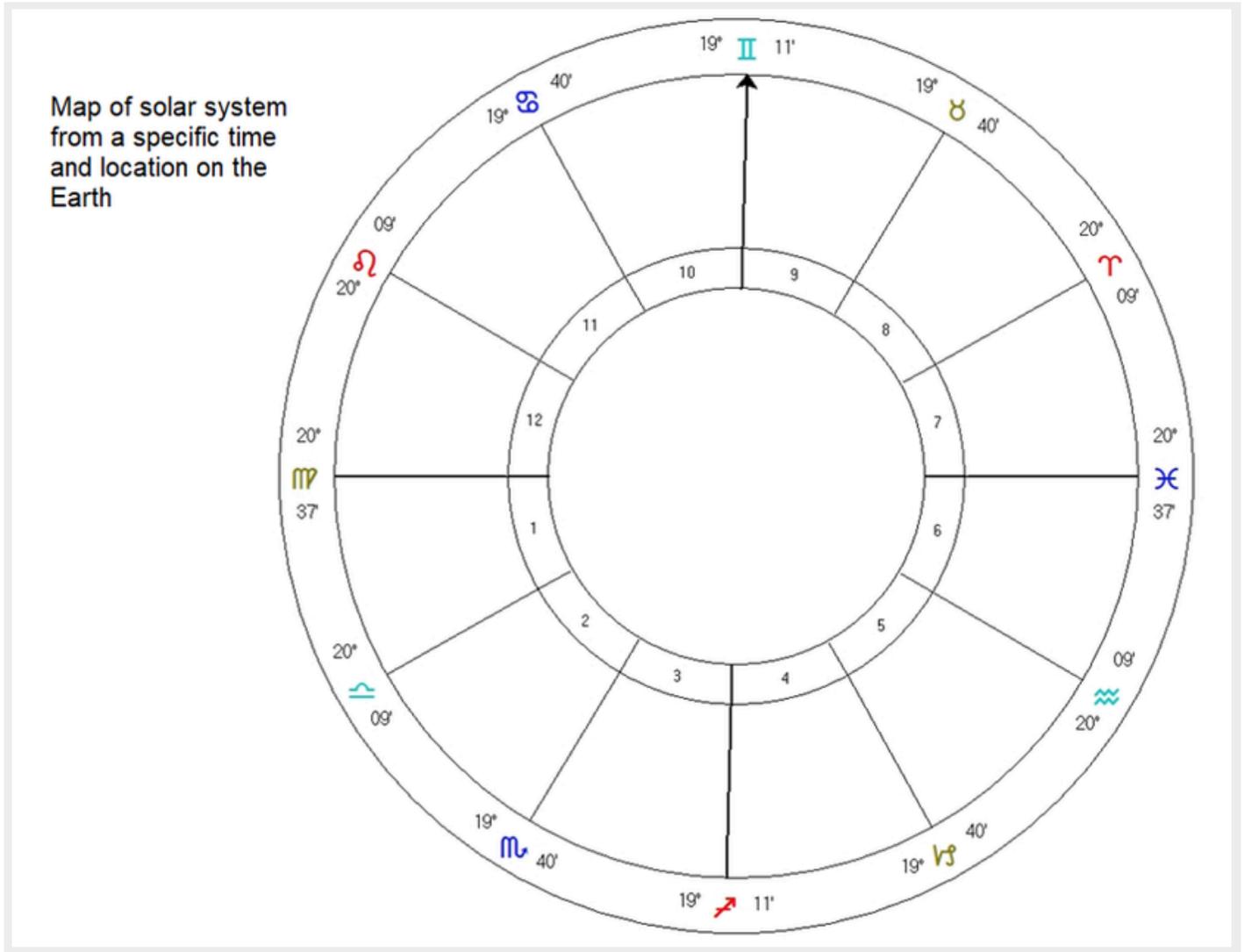
Lesson 2-2: Tropical vs Sidereal Astrology

(Cont'd)

Discrepancies between the Tropical and Sidereal zodiac

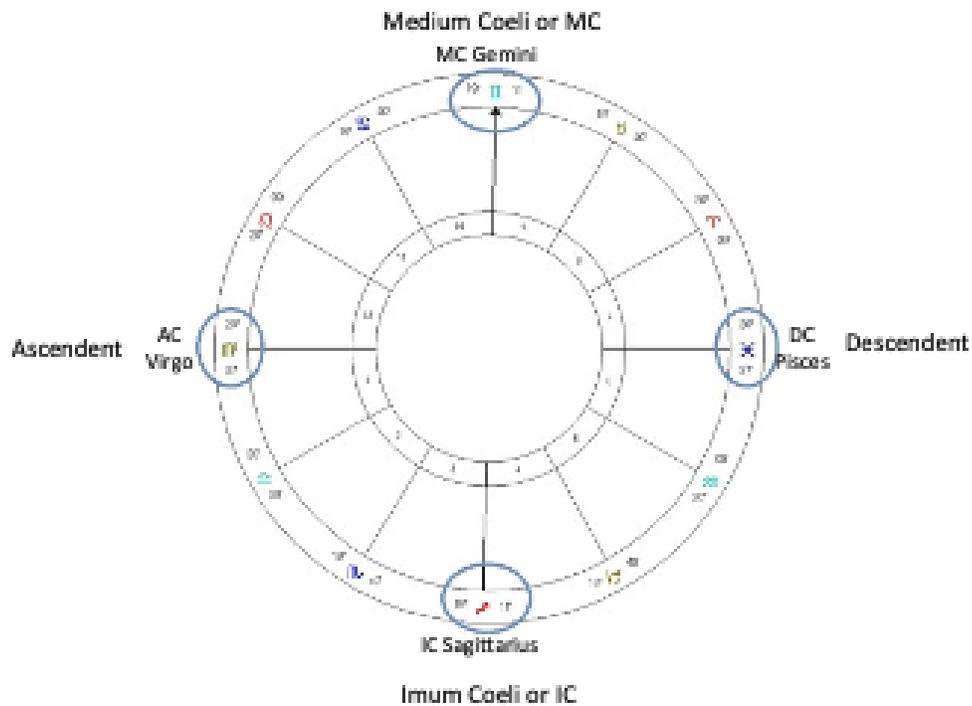
- There is a currently 24° 08" (24 degrees, 8 minutes) discrepancy between the tropical zodiac and the sidereal zodiac.
- The boundaries of the constellations of the sidereal zodiac are determined differently by different cultures, practices, and scientific organizations. There is no objective, universal guideline for determining constellations.
- The tropical zodiac is called the “moving zodiac” because while its positions remain fixed according to the Sun-Earth relationship, it constantly moves along the zodiacal constellations’ backdrop.
- Tropical Aries and Libra ALWAYS begin on the equinox points. Likewise, Cancer and Capricorn ALWAYS begin on the solstice points. Sidereal Aries and Libra do NOT begin on the equinox points. Likewise, Cancer and Capricorn do NOT begin on the solstice points.
 - Tropical = Ecliptic/Celestial sphere relationship (Earth, Sun relationship).
 - Sidereal = constellational (sort of)
- The precession of the equinox is what creates this progressive movement. It is determined by axial precession over a nearly 26,000 year period.

Lesson 3-1: The Four Angles & the Four Quadrants



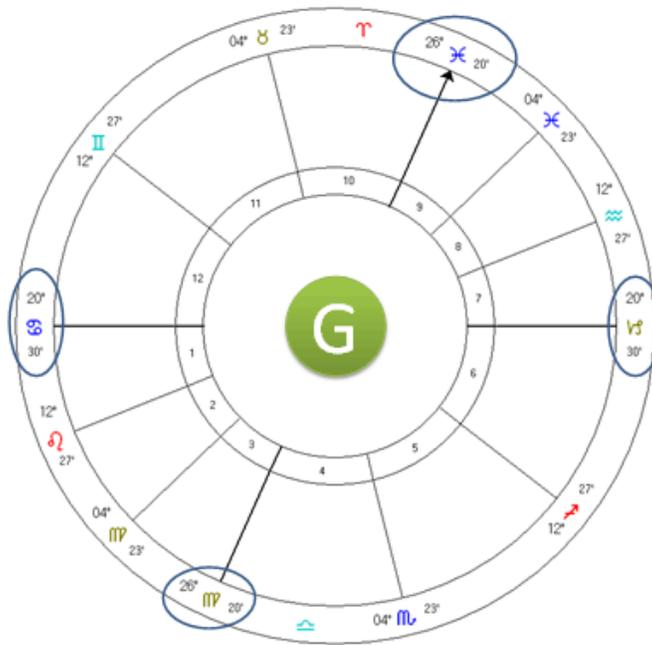
Lets begin to unpack what all this is!

Lesson 3-1: The Four Angles & the Four Quadrants (Cont'd)



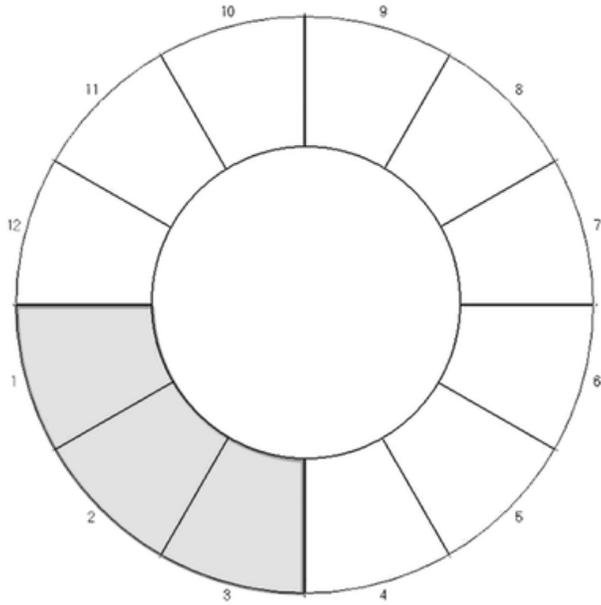
- The **Ascendant** is the point where the ecliptical plane intersects the local eastern horizon.
- The **Descendant** is the point where the ecliptical plane intersects the western horizon.
- The **Medium Coeli (MC)** is the greatest ascent of the ecliptic in time from one horizon to the other above the horizon plane.
- The **Imum Coeli (IC)** is the greatest descent of the ecliptic in time from one horizon to the other below the horizon plane.

Lesson 3-1: The Four Angles & the Four Quadrants (Cont'd)

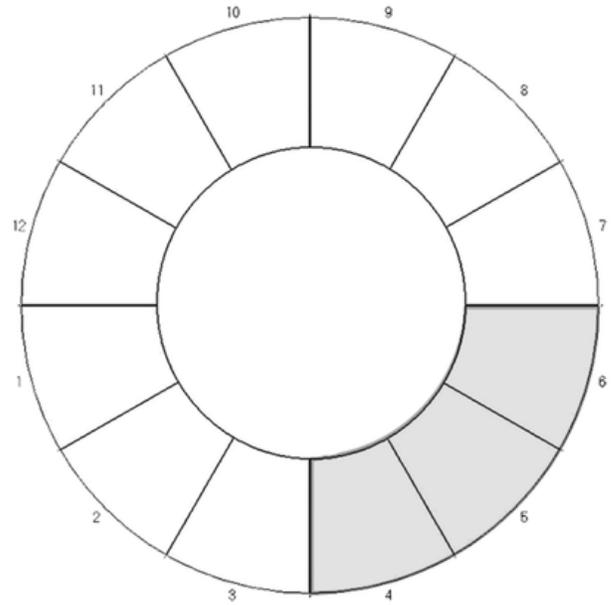


- The four angles create the four natural quadrants of the natal chart.
- As you will see, each quadrant contains three houses.
- Houses, how they are created, will be delineated below in lesson 4.
- Note that the four quadrants are not always equal. Every day the actual horizon points rutter, which manifests in the natal chart as a moving MC IC axis.

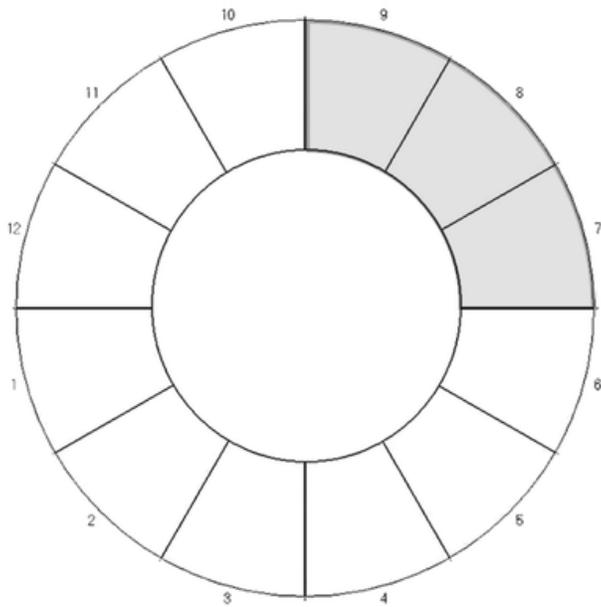
Lesson 3-1: The Four Angles & the Four Quadrants (Cont'd)



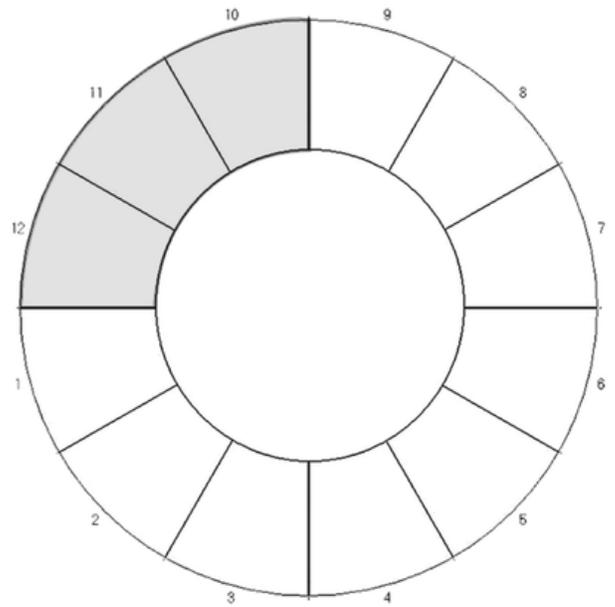
Quadrant 1



Quadrant 2



Quadrant 3



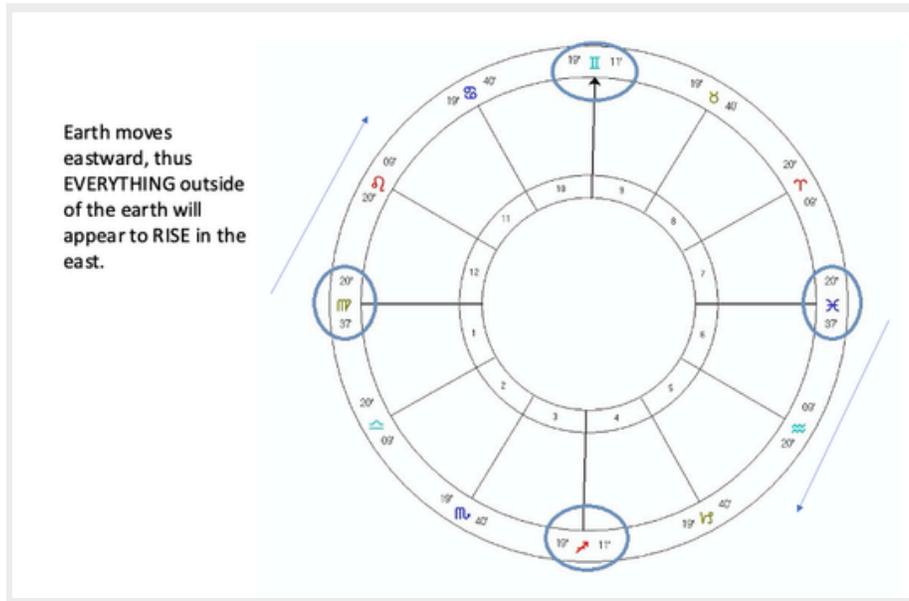
Quadrant 4

Lesson 3-1: The Four Angles & the Four Quadrants (Cont'd)

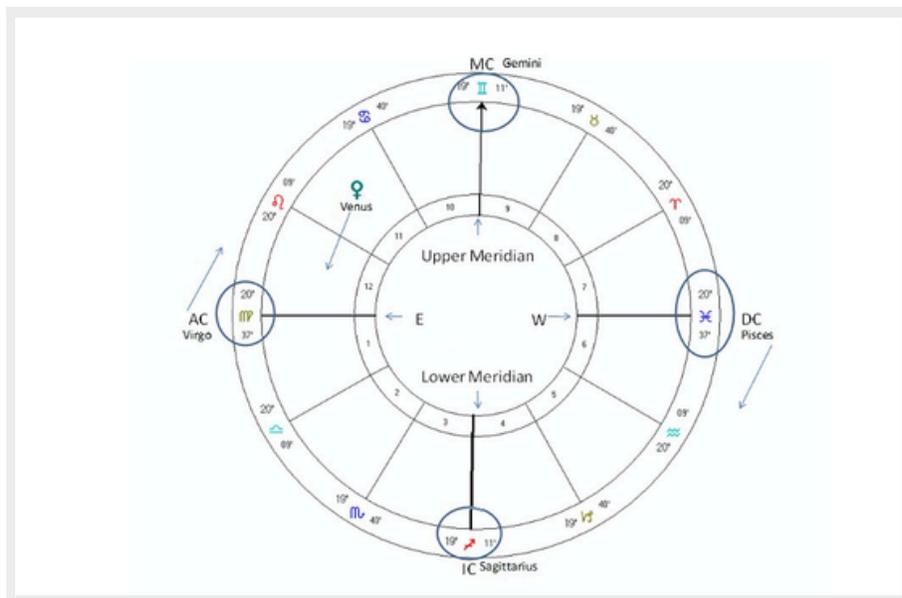
Review:

- The chart contains four quadrants. These are different from the four quadrants of the tropical zodiac.
- The four quadrants of the chart are created by the intersection of the ecliptic with the local horizon and local meridian planes.
- Note that the four quadrants of the tropical zodiac and the four quadrants of the chart both involve intersections with the ecliptic.
- The AC and DC are similar to Aries and Libra as both represent nodal points between the ecliptic and another earthly plane.
- The IC and MC are similar to Cancer and Capricorn. Both represent the greatest separation from the ecliptic and the earthly plane in the traverse of the ecliptic from one intersection point to another.

Lesson 3-2: The Two Motions of the Natal Chart

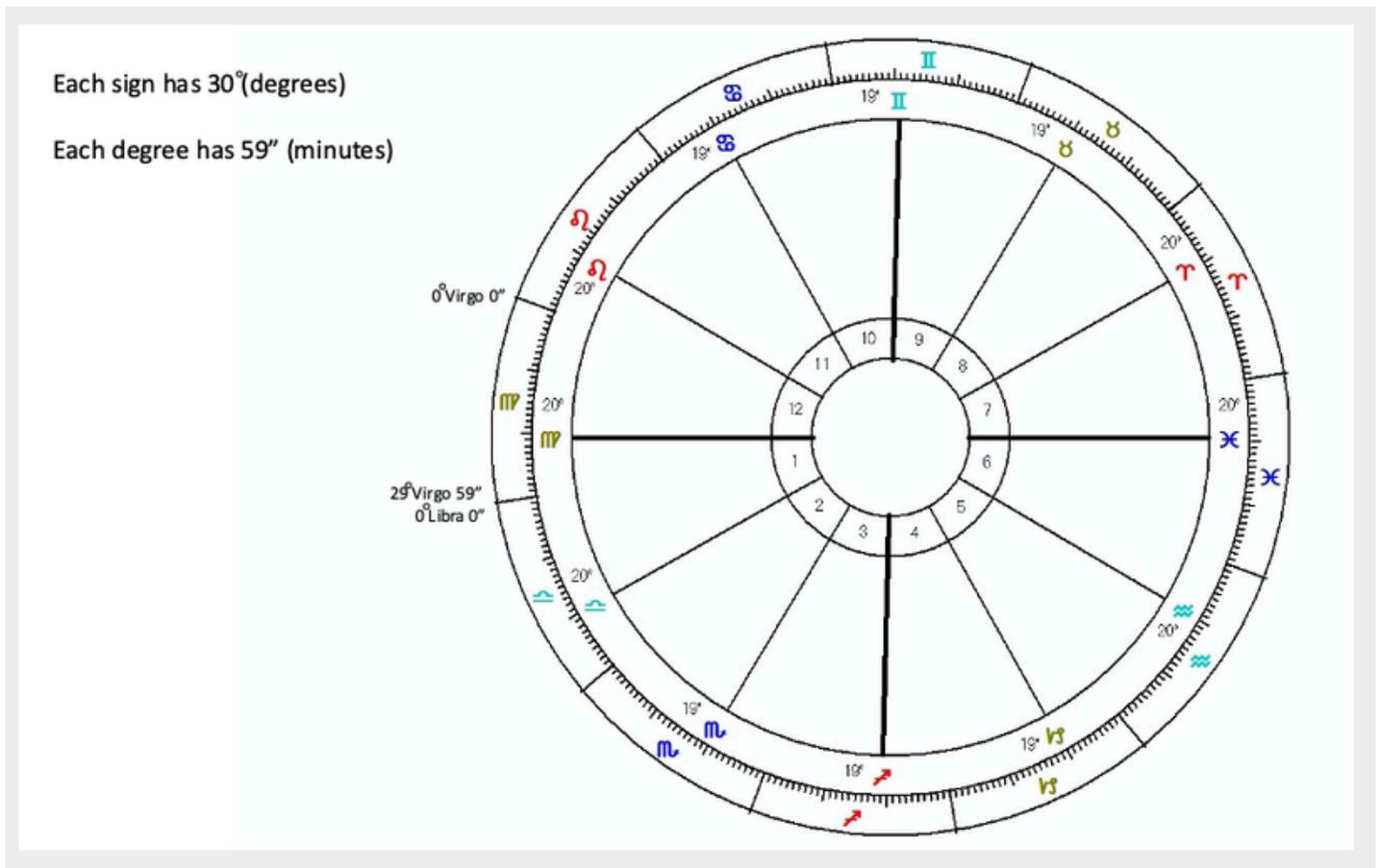


The ecliptic, and thus all planetary activity along the ecliptic, will rise in the east and set in the west every day. In the natal chart, this means that the entire sky is moving clockwise through the zodiac.



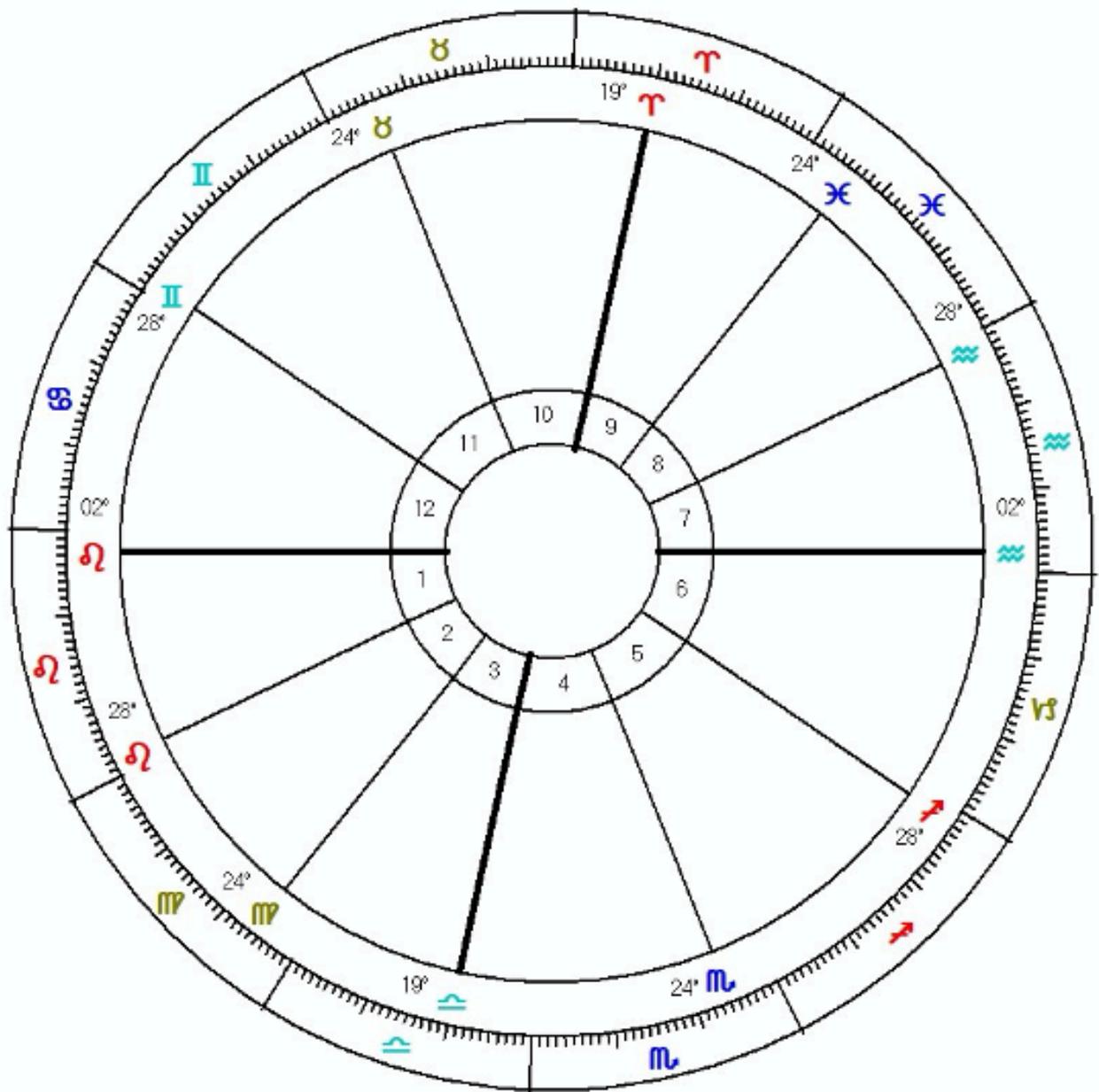
At the same time, the planets themselves are moving counterclockwise along the ecliptic. This means that the signs are moving backward through the chart (from the 4th quadrants to the 3rd etc.) even while the planets are moving in the natural direction of the zodiac. Now let's look at the signs.

Lesson 3-3: Degrees and Minutes



- This chart shows the beginning and end of each sign.
 - Each sign has 30 degrees.
 - Each degree has 60 minutes.
- Note that Virgo starts in the 4th quadrant, in the 12th house, but at 20 degrees, it begins the first quadrant. This means that 20 degrees Virgo was rising in the east.
- Likewise, the descendent starts with 20 degrees Pisces. The MC starts with 19 degrees Gemini. The IC starts with 19 degrees Sagittarius.

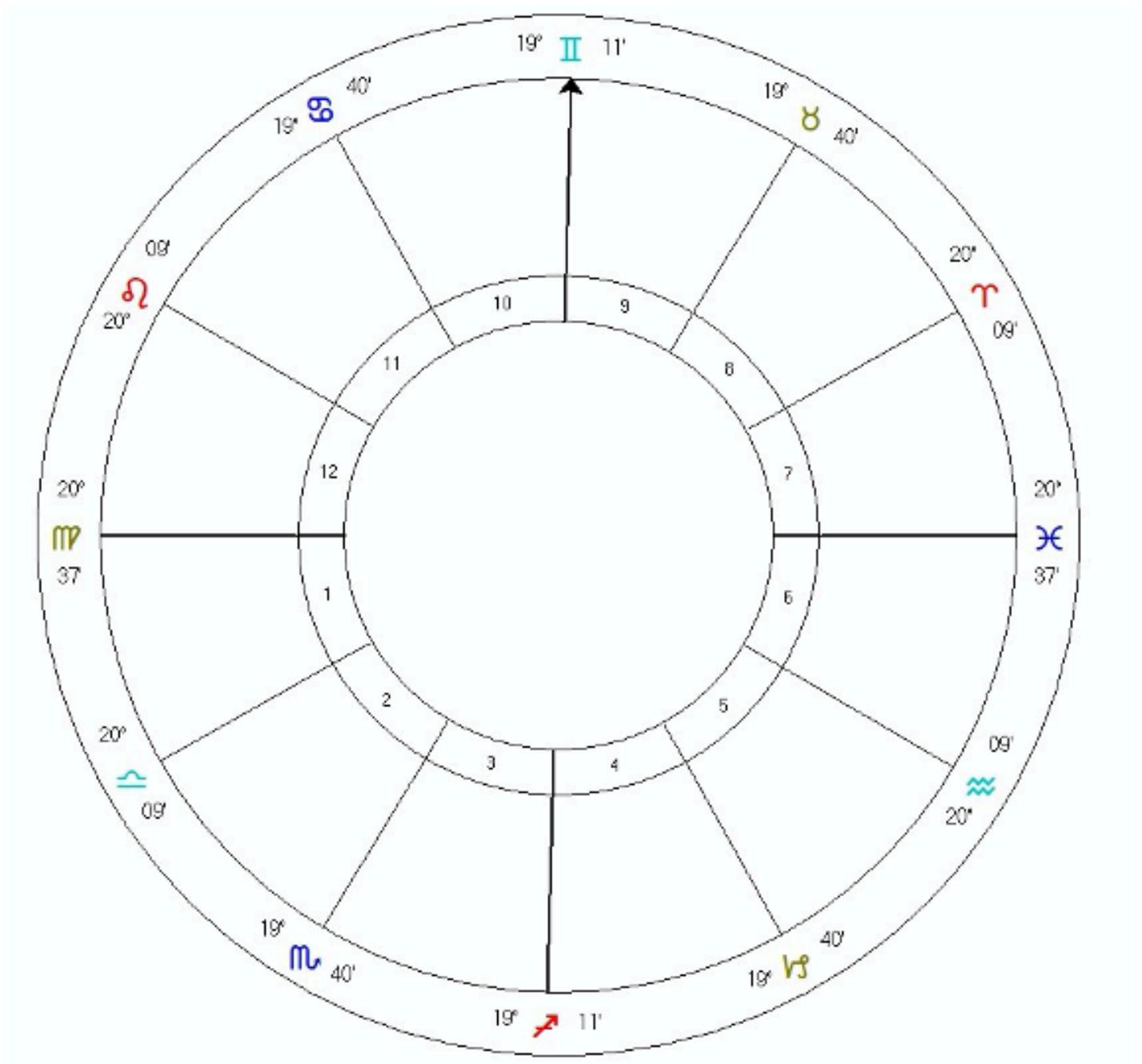
Lesson 3-3: Degrees and Minutes (cont'd)



Another chart example demonstrates the 30 degrees of each sign and where each quadrant begins.

At this point, what remains is for us to learn what the houses are and how they are created.

Lesson 4: The Houses



We understand where the four angles come from. They are objectively discernable points created via the intersection with the ecliptic and Earth's local horizon and meridian planes. But how are houses created?

Lesson 4: The Houses (cont'd)

Step 1: calculate the number of degrees in any quadrant.

For example, the space between AC and MC= 91 degrees and 26 minutes

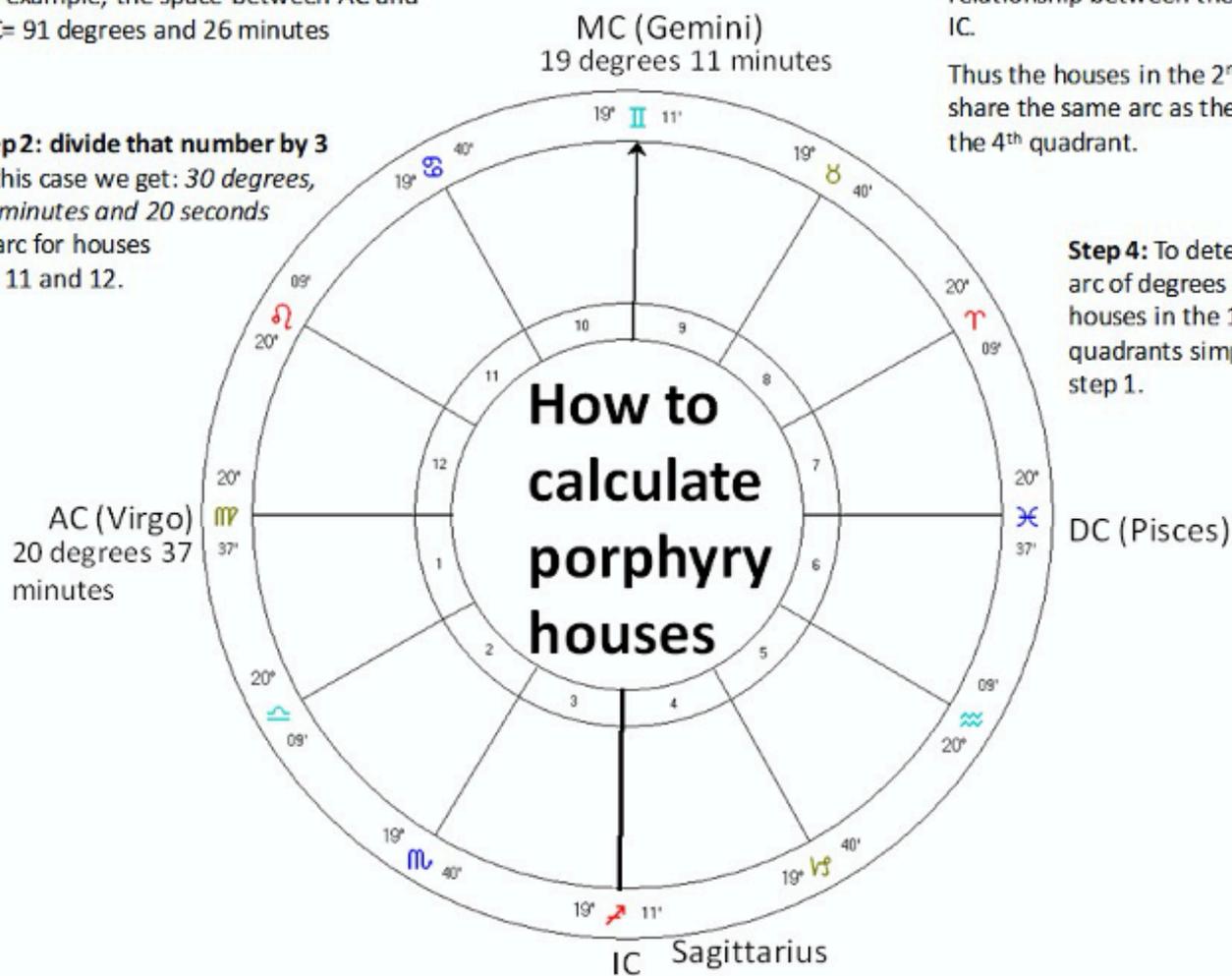
Step 2: divide that number by 3

In this case we get: 30 degrees, 28 minutes and 20 seconds of arc for houses 10, 11 and 12.

Step 3. The relationship between the AC and the MC is symmetrical to the relationship between the DC and the IC.

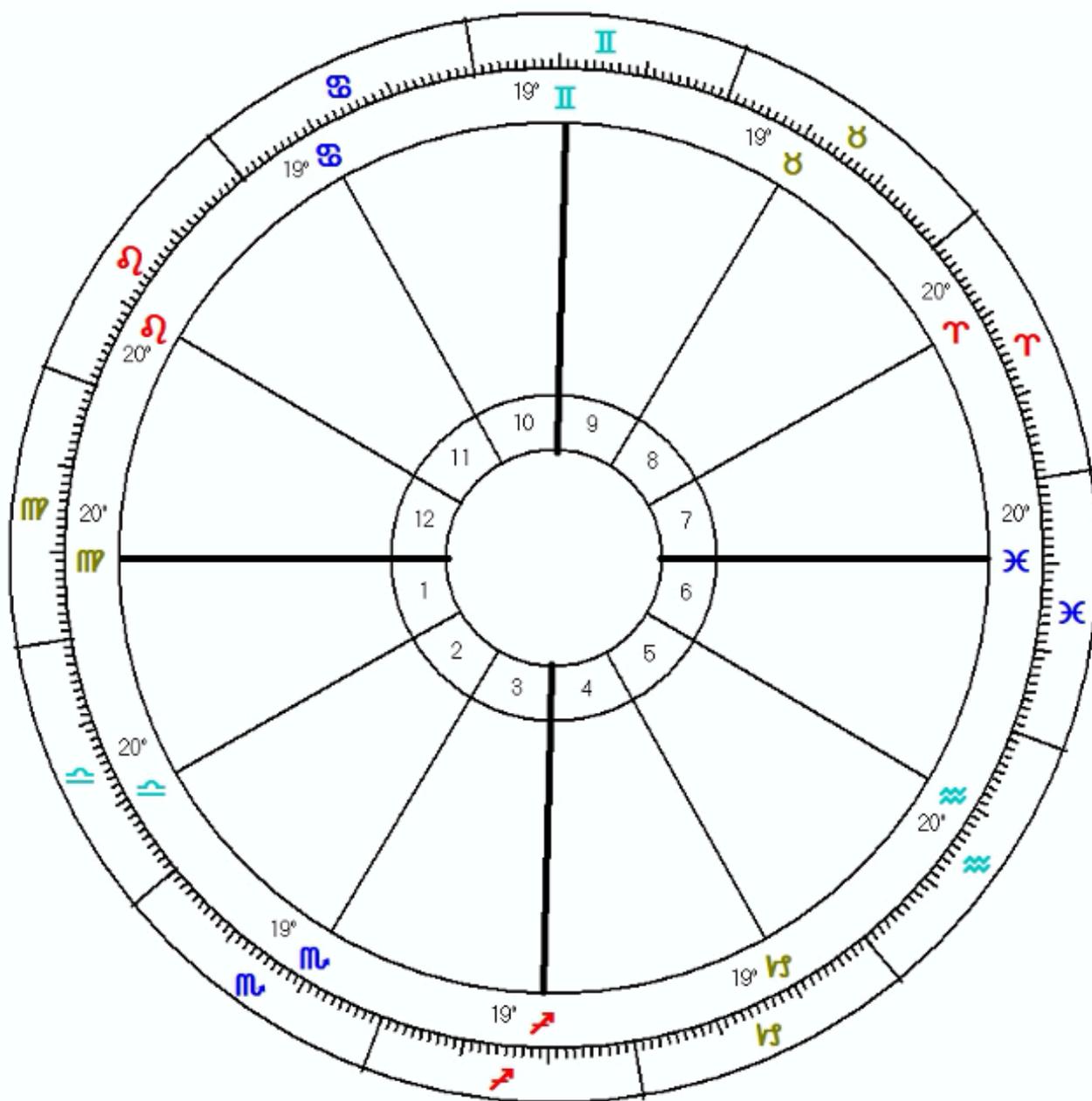
Thus the houses in the 2nd quadrant share the same arc as the houses in the 4th quadrant.

Step 4: To determine the arc of degrees for the houses in the 1st and 3rd quadrants simply repeat step 1.



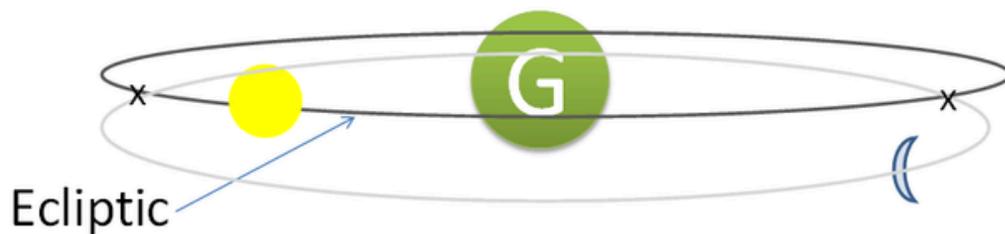
- There are many different house systems, I.E., many ways to divide the quadrants into houses. In this course, we are using porphyry. Porphyry simply divides the space between each angle into equal thirds.
- To calculate the porphyry houses, count the number of degrees from one angle to the next and divide by three. This determines the size of the houses in that quadrant.
- The opposite quadrant will be symmetrical. Repeat or subtract the total degrees in one of the calculated quadrants from 180 to determine the size of each of the other two quadrants. Then, divide that result by 3 to determine the size of the houses within those quadrants.

Lesson 4: The Houses (cont'd)

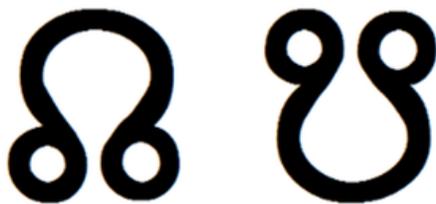


This might make it easier to conceptualize the number of degrees from one angle to the next. Remember there are 30 degrees in each sign, 60 minutes in each degree.

Intro to the Lunar Nodes



This is the orbital path of the Moon as it intersects the ecliptic. The points of intersection between a planet's orbital path and the ecliptic are called planetary nodes. These are the Lunar nodes.



North Node

South Node

Intro to the Lunar Nodes

(Cont'd)

Lunar Eclipse = full Moon on nodal points



Solar eclipse = new Moon on a nodal point



Lunar and Solar eclipses happen when the new or full moon falls on the nodal points of the Moon's orbital path and the ecliptic.

Segment 3: Review questions

(see answers below)

Lesson 1: The Ecliptic

1. From a heliocentric perspective, what is the ecliptic?
2. From a geocentric perspective, what is the ecliptic?
3. Why is the Sun always exactly on the elliptical path?
4. Why are all planets always on either side of the ecliptic?

Lesson 2: The signs, Tropical vs. Sidereal Astrology

1. What is the celestial equator?
2. The celestial equator and the ecliptic intersect in two places and are at maximum separation in two places. This creates four cardinal points. What do we call those points?
3. Where do all the other signs come in?
4. Reflection: Aries begins at the rising of the ecliptic above the celestial equator. It is an initiatory, emerging energy. This is a natural reflection of the energy of Aries itself. This astronomical knowledge provides perspective for why Aries is the traditional "start" of the zodiac.
5. Why are constellations different than signs?
6. The tropical zodiac is called the "moving zodiac." Why?
7. What is the precession of the equinox?

Segment 3: Review questions

Lesson 3: The Natal Chart

1. What creates the ascendent and descendent?
2. How are the MC and IC determined?
3. In what ways are the four angles of the natal chart astronomically similar to the four cardinal signs of the ecliptic?
4. Practice. Take out a chart and, with your finger, follow the two motions of the natal chart:
 - a. The path of the ecliptic, and thus all planetary activity, which moves clockwise around the natal chart.
 - b. All the planets on their journey along the ecliptic which are moving counterclockwise in the natural direction of the zodiac belt.
5. Practice: Look at a chart and take note of the degree and minute of the sign on your ascendant. Write down how many degrees and minutes of that sign are above the ascendent and how many degrees and minutes of that sign are below the ascendant.

Lesson 4: Houses

1. What is the Porphyry house system way of determining house sizes?
2. Take your own chart and determine the size of the houses in your chart according to the porphyry house system.
3. Why are houses not always equal 30 degrees like the signs?

The Lunar Nodes

1. How are the lunar nodes created?
2. Why is there always an eclipse when the new and full Moons fall on the nodal points?

Segment 3: Review Answers

Lesson 1: The Natal Chart

1. From a heliocentric perspective, the ecliptic is the path of the Earth around the Sun.
2. From a geocentric perspective, the ecliptic is the apparent path of the Sun around the Earth.
3. The Sun is always exactly on the ecliptic because the ecliptic is literally the plan of the Earth around the Sun. Thus we'll always see the Sun as the exact center of the ecliptic.
4. All planets are on either side of the ecliptic because all planets are orbiting around the Sun. From a geocentric point of view, we will see this as the planets either on, above, or below the plane of the ecliptic.

Lesson 2: The Signs, Tropical vs Sidereal Astrology

1. Celestial Equator is the plane of the earth's equator extended outwards.
2. The four cardinal points are the start of the four cardinal signs: Aries, Cancer, Libra, Capricorn.
3. Equal 30 degree segments from one sign to the next fill in the space between all the cardinal signs.
4. Reflection question.
5. Constellations relate to actual star patterns, signs are related to the ecliptic and are 12 equal 30 degree divisions of the ecliptic.
6. Because over time the position of the signs "move" relative to the backdrop of the constellations.
7. The precession of the equinox is determined by the gradual shift of the zodiac backwards every year relative to the constellations.

Segment 3: Review Answers

Lesson 3: The Natal Chart

1. Intersection of the local horizon and the ecliptic
2. The MC IC axis is the Midpoint in time from one horizon to the other.
3. Both are related to the relationship of a plane with the ecliptic.
4. Practice
5. Practice

Lesson 4: Houses

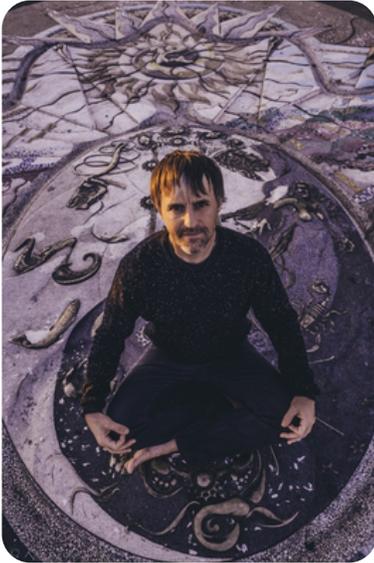
1. To calculate the number of degrees in a quadrant and divide by 3. Then to allocate that number to each house in that quadrant.
2. Practice
3. Why are houses not always equal 30 degrees like the signs?
Because the 4 angles are not always a perfect cross. This is due to the ruttering of the east/west axis which, in our charts, appears as a titled MC IC axis.

The Lunar Nodes

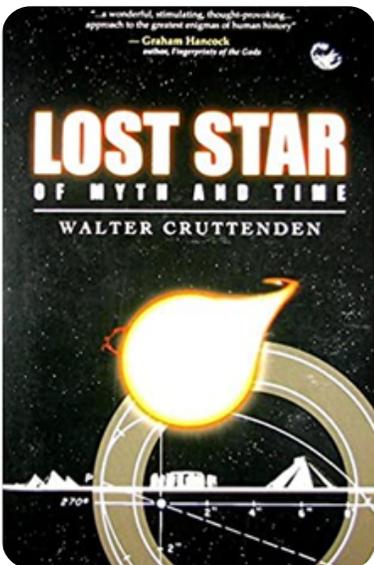
1. Intersection of Moon's orbital path with the ecliptic
2. Because the Sun and Moon are all on the ecliptic. Thus, being on the same plane, it's like a thumb covering your eye and blocking out what is right in front of you.

Segment 3: Resources

Recommended learning resources for the teachings of this segment:



- **Gemini Brett** for sacred astronomy and excellent education for astrologers.
 - Website: <https://geminibrett.com/>
 - His YouTube channel with many great videos:
https://www.youtube.com/channel/UCfc_X8SFFBuoLDYoq-8_sXw



- **Lost Star of Myth and Time** by Walter Cruttenden.
 - This book explains the reason for the earth's axial rotation over a ~26,000 years. It draws upon the teachings of the ancients, including Sri Yukteswear (the spiritual father of Evolutionary Astrology), to suggest that our solar system is a part of a binary star system.
 - Addresses the yuga cycles and the arc of consciousness on this planet over thousands of years.

Heart & Soul Centered Astrology



The Essentials Course
Segment 4
The Houses

Introduction to Houses

Houses

Houses represent areas of life experience. They are the context. They are the realm of human experience where all evolutionary activity is taking place. Each house is an area where a particular kind of growth and experience occurs. They are the essence.

Signs

Signs are styles. They are entire domains of consciousness. Each sign implies an evolutionary intention.

Signs in houses

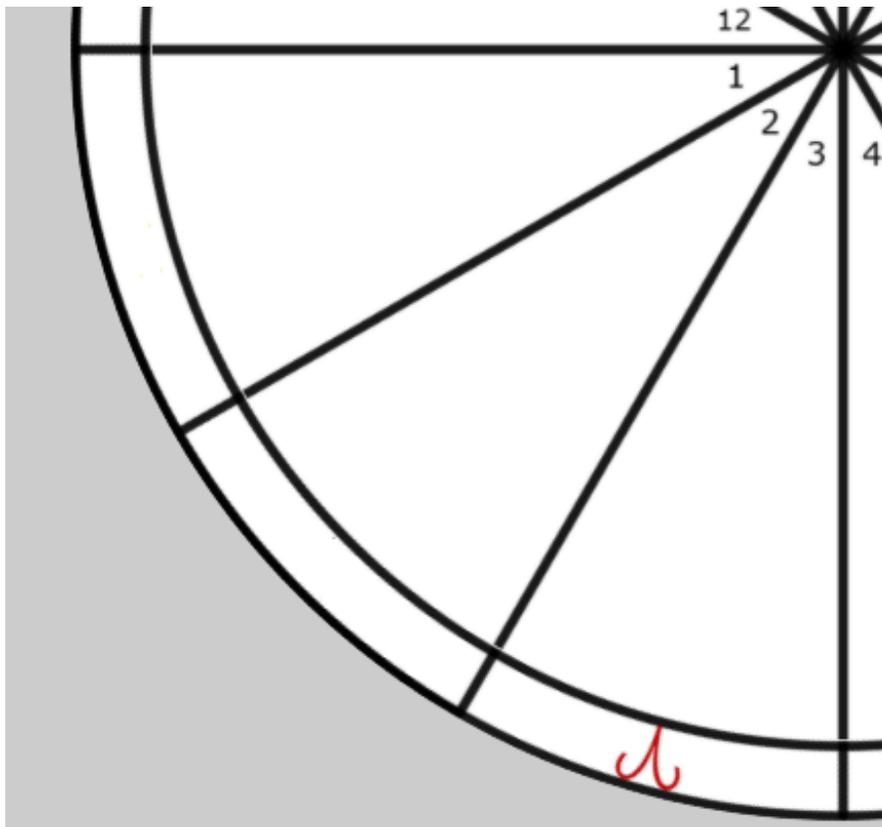
Houses and signs always go together. All signs are in a house, and houses will always have signs in them.

Signs in houses = styles/ways of evolving manifesting in a particular area of life experience.

Intro to Houses (Cont'd)

Combining archetypes

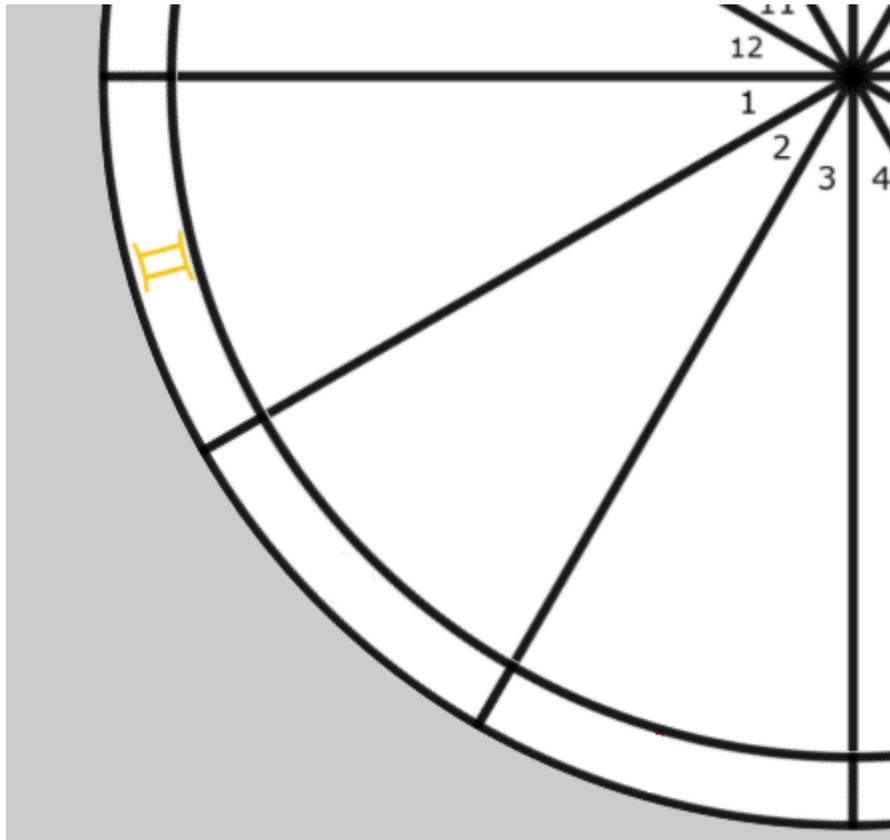
Both signs and houses imply a particular evolutionary intention. To interpret signs and houses together, the first thing to do is to acknowledge the archetypes involved.



Aries in the 3rd house combines
Aries: Cardinal Fire, and
Gemini: Mutable Air

Intro to Houses (Cont'd)

There is another way that these two archetypes can express as house/sign combinations:



Gemini in the 1st house combines
Gemini: Mutable Air, and
Aries: Cardinal Fire

Intro to Houses (Cont'd)

Same Archetypes Different Expressions

While the interpretation of each of the above signatures is different, there is a natural similarity to both house sign combinations. Both can express as quick thinkers, argumentative, reactive communication, intellectual independence, the need to explore many connections, possibly fast talkers, freelance writers, intellectual trailblazers, etc.

In the end, however, one is manifesting as a lot of energy and activity in the realm of learning/education and communication (Aries in the 3rd): the way of Aries infusing into the learning house.

While the other is manifesting as curiosity, thinking, communication, and learning through the realm of autonomy, independence, and personal will (Gemini in the 1st): the way of Gemini infusing into the freedom house.

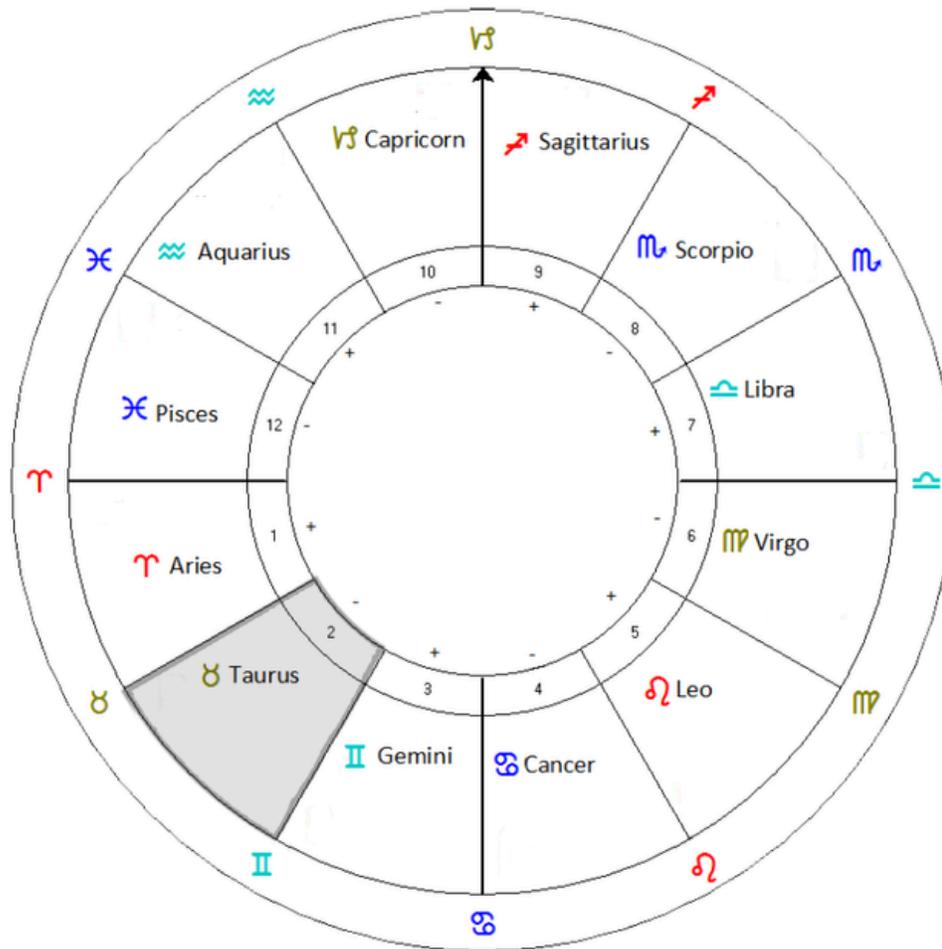
Grasping the flavor of each is simply a matter of working with real charts, real people, and seeing the whole chart in context. Similar to experientially grasping the difference between a buttery cream spread on bread and bread dipped in a buttery cream sauce. Once we begin to add planets and look at charts, we will start to feel the energy of the houses in a more direct way.

Intro to Houses (Cont'd)

Key Words

What follows are some basic keywords/descriptive phrases for the 12 houses. This is not an exhaustive list but is offered to help us to orient our minds in our studies.

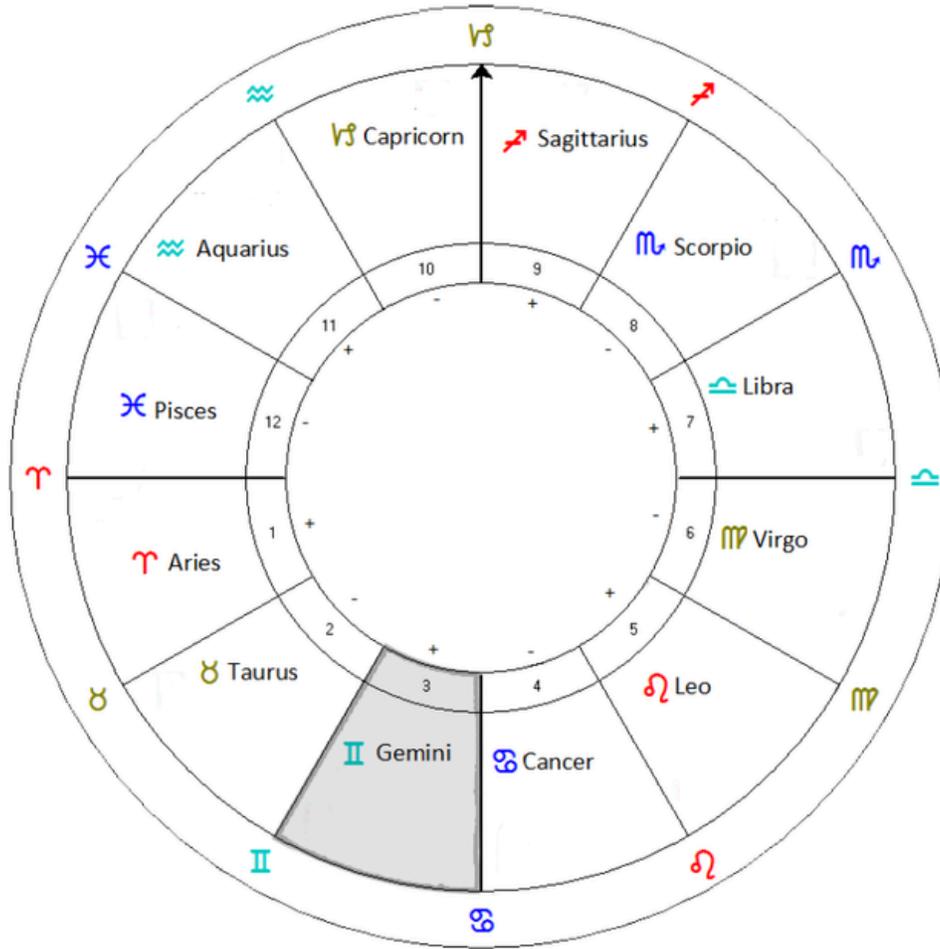
The 12 Houses (cont'd)



2nd house

- Stabilization, grounding, consolidation.
- How we internalize life in a personally meaningful way. What makes life livable.
- Self values, self-value, relationship to self-esteem. How we hermit/ learn to be with ourselves.
- Where we tend our garden/farm (literal or otherwise).
- Our survival instinct and way of being resourceful.
- Personal resources, self-reliance. Patience, cultivation, tenacity.
- Relationship to personal pleasure. Sexuality and procreation.
- Can relate to issues of hoarding, stubbornness, numbing feelings, indulgence.
- Can relate to issues around self-value, self-interest, or basic survival issues. Laziness.

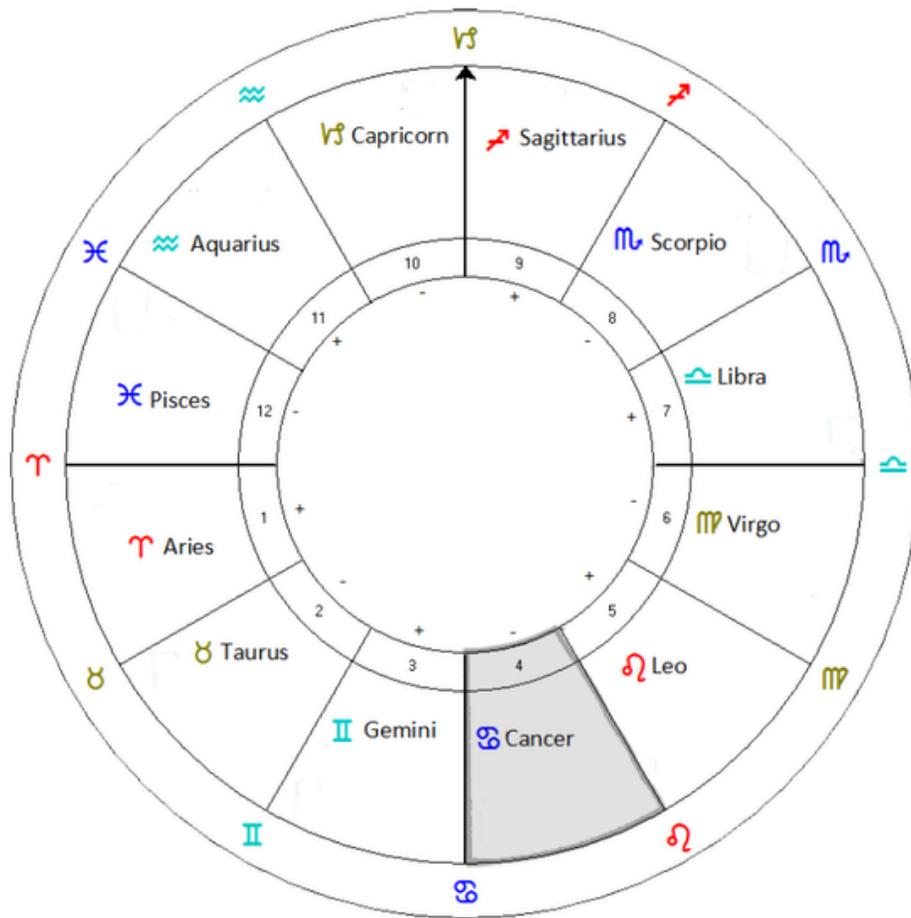
The 12 Houses (cont'd)



3rd house

- Education, gathering information.
- How we communicate what we know.
- The kind of information we are drawn to.
- Our immediate environment, maps, what we can identify and map.
- Local environment, siblings, travel, cities.
- Media, vehicles, transportation, commerce, mercantile.
- How logical connections are made.
- Communication devices.
- Can relate to issues around integrating and connecting data points.
- Can relate to issues around superficiality, duplicity, trickery, scatteredness.

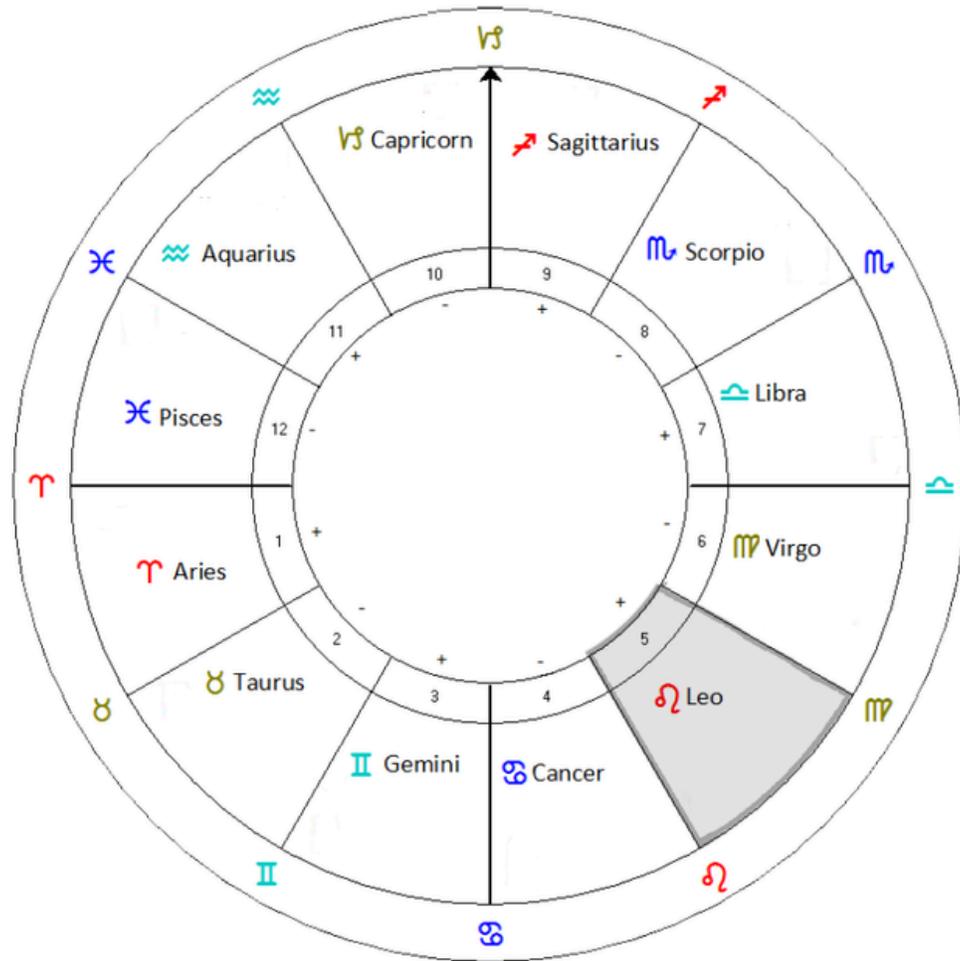
The 12 Houses (cont'd)



4th house

- Our early emotional/nurturance imprinting. Origins. Roots.
- How we create a sense of emotional security and safety. Emotional attunement.
- Our family, where and what we call home.
- The feminine, our relationship to the feminine.
- How we nurture and care for our core needs, self-intimacy.
- How we will care for others.
- Kitchen, bedroom, where nourishment happens.
- Can relate to issues of insecurity, challenges with self-intimacy/self-nurturance, or insufficient nurturance.
- Can relate to challenges with integrating one's emotions—fear of opening up, overly-protective.
- Dogs and wolves.

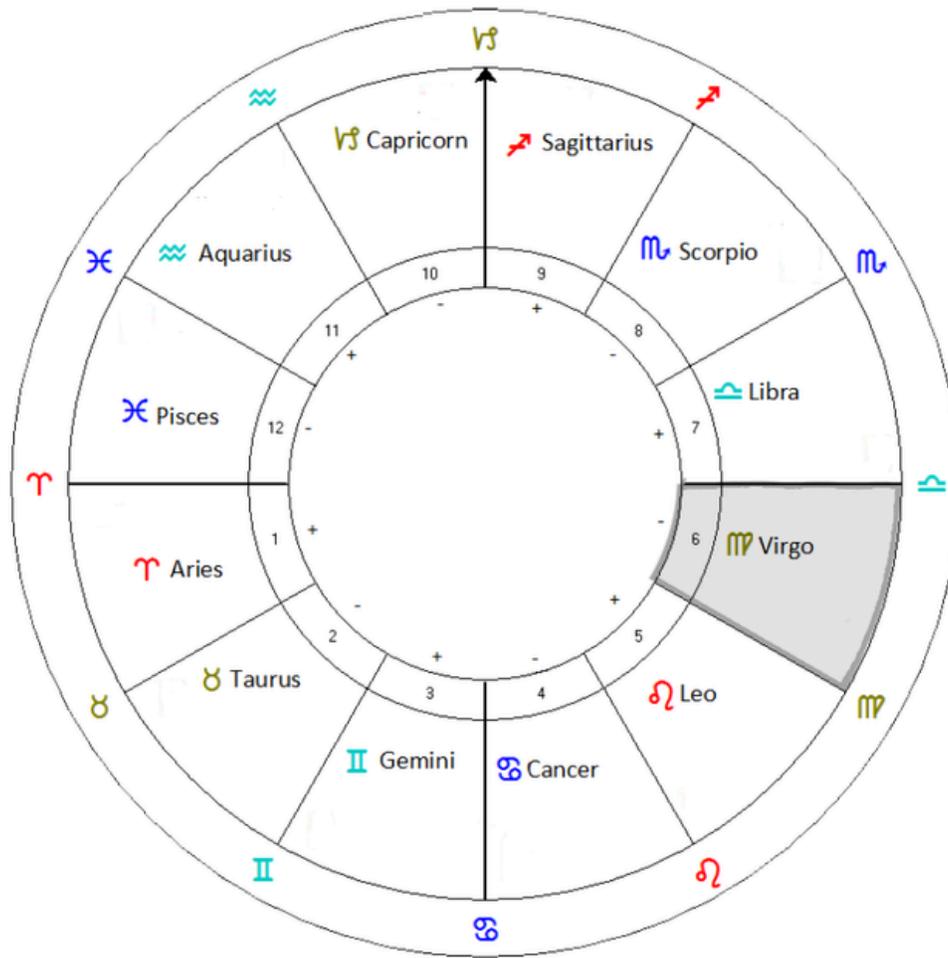
The 12 Houses (cont'd)



5th house

- How we creatively self-actualize.
- How a child is seen or recognized. Relationship to our children.
- Play, games, how we play.
- Games, drama, performance, acting, entertainment, playfulness.
- Creative projects.
- How we reveal our unique essence. Our relationship to being seen.
- Romance, joy, ecstasy.
- Can relate to issues of narcissism, need to be seen/ fear of being seen.
- Issues around shyness, competition.
- Cats and lions.

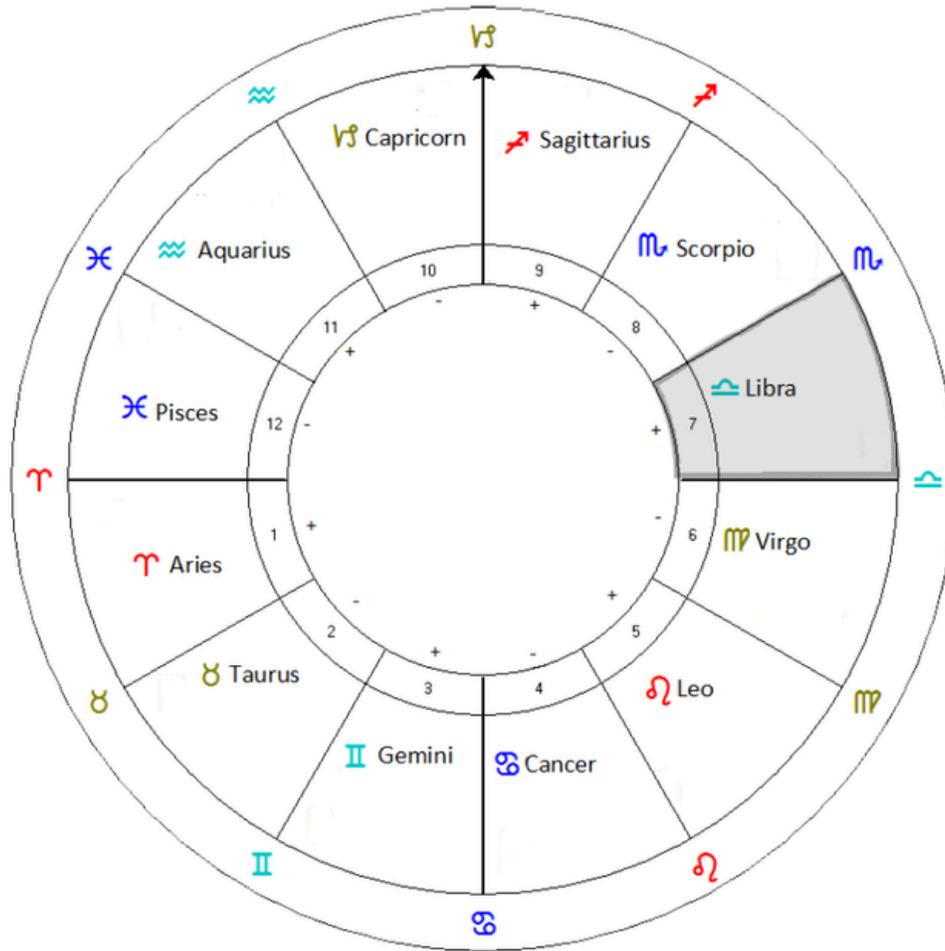
The 12 Houses (cont'd)



6th house

- Areas of self-improvement.
- How we self-correct and cultivate self-accuracy.
- Relationship to health, maintenance, daily work.
- Personal hygiene, routines/ daily practice.
- Our vocations, areas where we cultivate attention to detail.
- Healers, doctors, where we help improve conditions.
- Farm animals.
- Tools.
- How we are in service.
- Can relate to issues of masochism, denial, inferiority complexes, how the soul might create crisis.
- Overcompensation.

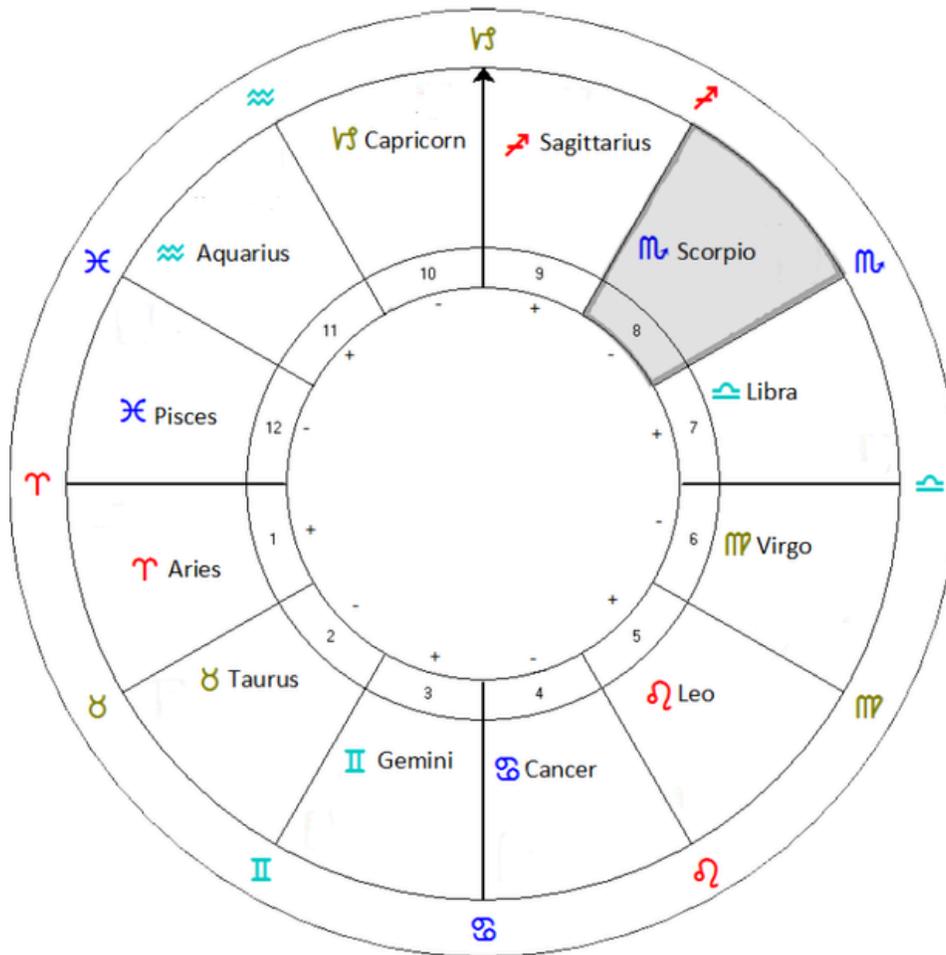
The 12 Houses (cont'd)



7th house

- Other people, our relationships with them.
- How we learn harmony, how we are learning to listen.
- How we cooperate.
- Ways we navigate personal needs. Learning through extremes.
- Our attunement to justice and the energy of "balance."
- Can relate to challenges around people-pleasing, false giving, or imbalances in relationships.
- Karmic dynamics in relationships.
- The nature of our expectations and can relate to challenges around interpersonal communication.
- Issues of co-dependency.

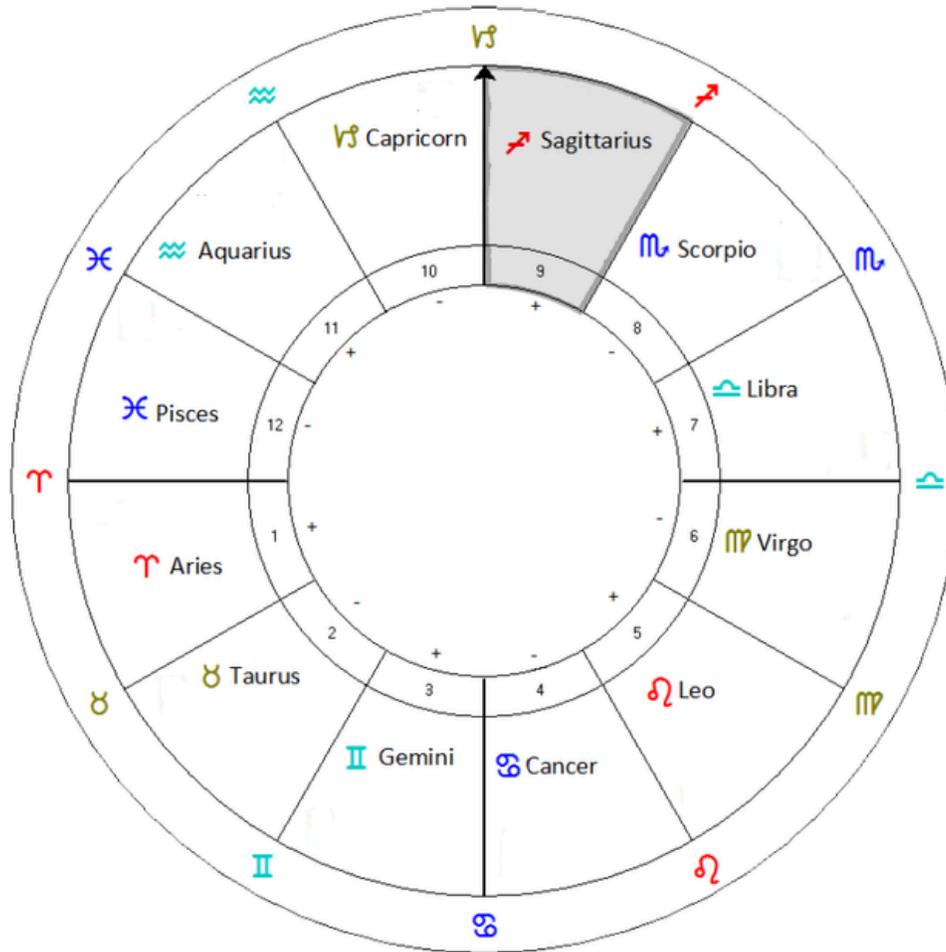
The 12 Houses (cont'd)



8th house

- Transmutation.
- Where we face our most significant psychological limitations.
- The impelling force of desire.
- Our strong emotional reactions: cravings and aversions.
- Where and how we develop psychological self-awareness.
- The occult.
- Other people's resources/ energy.
- Sexuality.
- Death, marriage, divorce.
- Merging with something to affect evolution.
- Can relate to issues around jealousy, envy, resistance to evolution, victims, victimization, manipulation, the psychology of evil.

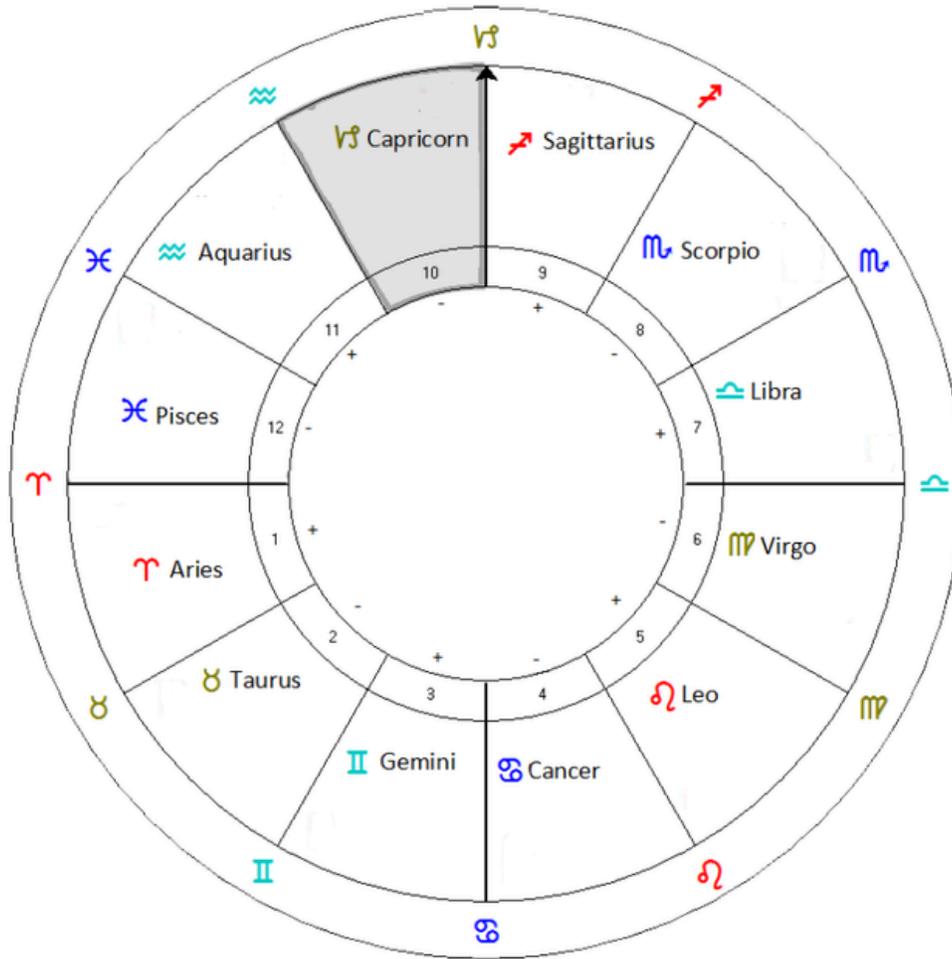
The 12 Houses (cont'd)



9th house

- Pilgrimages, travels, foreign lands.
- Where we expand our understanding of reality, our personal spiritual path.
- Where we cultivate our intuition, follow a personal path of growth.
- Our relationship to teachers, our students.
- The journey of spiritual realization.
- Our philosophy/ cosmological outlook. Belief systems, religious orientation.
- House of publishing.
- How we are learning about honesty and sincerity.
- Our relationship to nature and what is natural.
- Can relate to issues with honesty, teacher/student challenges, following a path external to oneself, beliefs vs. knowledge.

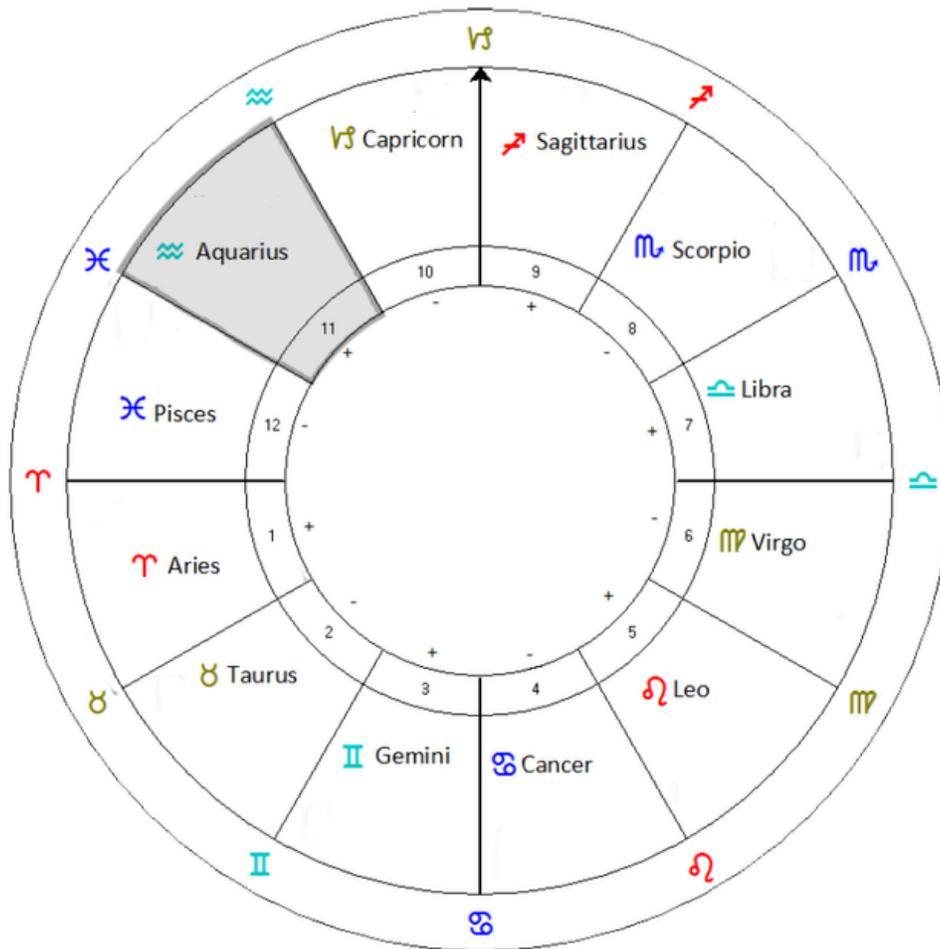
The 12 Houses (cont'd)



10th house

- How we establish inner authority.
- Our journey of self-responsibility and participating as a member of society.
- Parenting, our parents, our parental/structural environment growing up. The rules and our relationship to them.
- History, family history, ancestry, what is conditioned in time.
- Our relationship to status, social ambitions, can be career.
- Issues relating to judgment, internalized judgment, shame, social conditioning, and repression.
- Issues related to ethics and learning how to live in alignment.

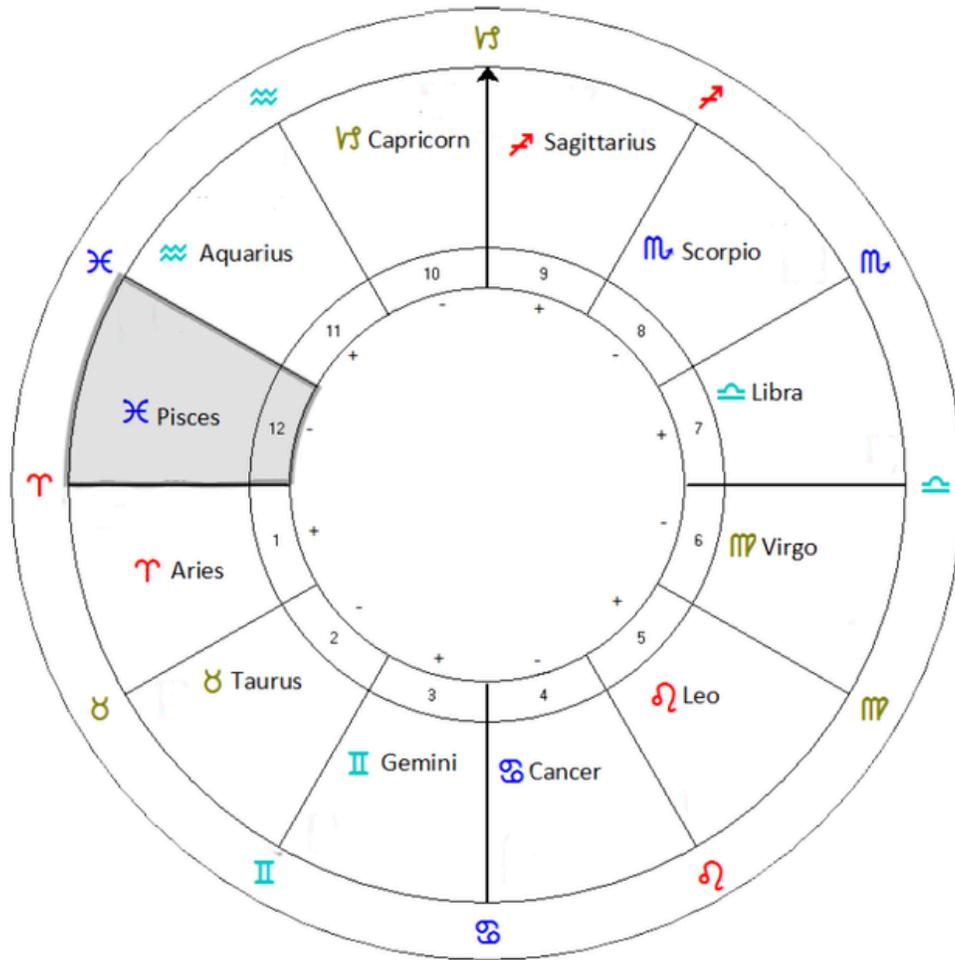
The 12 Houses (cont'd)



11th house

- What we are liberating from, what we are awakening from.
- Where we free our minds from conditions.
- Our friends, community, relationship to groups of people.
- Sub-divisions of society, any fringe group.
- Electricity, the higher mind, higher intelligence, innovation.
- How we free our minds, what is.
- Issues around trauma, projection, paranoia, fracturing.
- Group trauma, witnessing it or a part of it.
- Issues related to elitism, belonging/not belonging, exclusion, ex-communication.

The 12 Houses (cont'd)



12th house

- How we face the ultimate reality of truth.
- Experiences of surrender, ultimate spiritual realization.
- Our illusions. Where we might hide, become small, become anonymous.
- Where we universalize, relates to all.
- Places and activities that relate to the masses. Indiscriminate. Where we become nobody or everybody.
- Can relate to issues in discernment, naivete.
- Can relate to issues of escapism, avoidance of reality.
- Dreams, fantasy, experiences of ultimate meaninglessness, numbness.
- Hope, faith, faithlessness, hopelessness, loss.
- How we cultivate trust and true peace.

Review Questions & Practice

Astronomy/Technical Related Questions:

1. Why are signs always 30 degrees, but houses can either be less than or greater than 30 degrees?
2. Technically speaking, what are intercepted signs? How are they created?
3. Look at your own chart, determine the sign and the degree of that sign that begins each house (on the house cusp).

Interpreting Houses:

1. Look at your own chart and ideally a couple of other charts of people you know (with their consent). Feel into each sign/house combo* and contemplate:
 - a. The energetic combination of the modes and elements involved.
 - b. What are the general strengths of this signature?
 - c. What are some challenges?
 - d. What can this signature learn from its house/sign polarity?
2. Contemplate the above questions for the following two charts below. For the live Essentials Course, we will practice working with chart a in our segment 4 live class. Chart b is our take home assignment.

**For our learning purposes, only concern yourself with the signs on the cusps of the houses for now.*

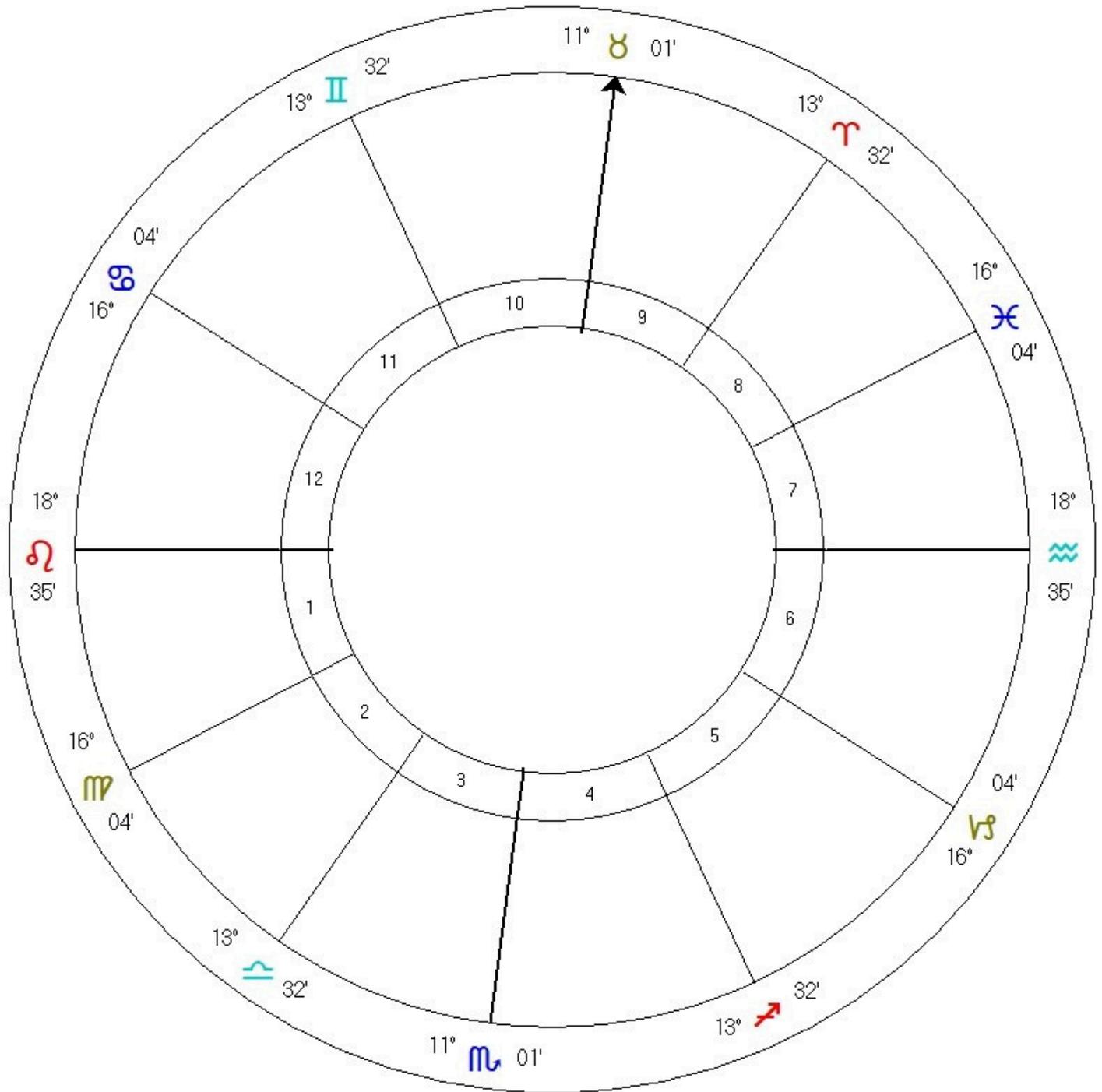
**Reminder that we are not trying to interpret charts at this point. This practice is to help us train our synthesis skills.*

Answer Key

Astronomy/Technical Related Questions:

1. Signs are 12 equal 30 degree divisions of the ecliptic.
Houses are determined by the space between the 4 angles which do not always create perfect 90 degree quadrants.
2. Intercepted signs are signs that do not intersect a house cusp. Thus, the entirety of the sign starts and ends within a single house.
3. Practice

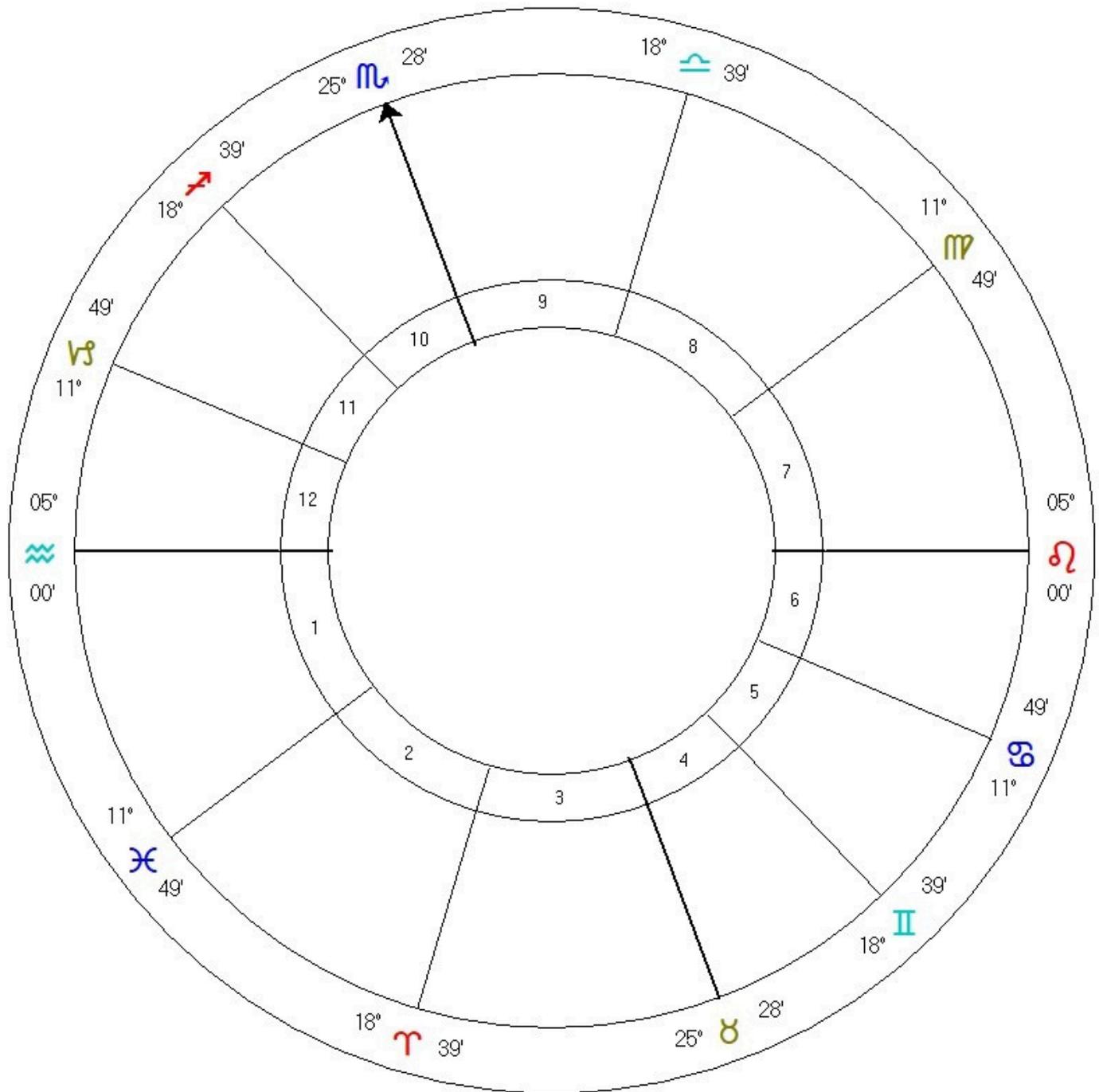
Review Questions & Practice (cont'd)



Practice chart 1: The Leo AC

For Live Class

Review Questions & Practice (cont'd)



Practice chart 2: The Aquarius AC

Take Home Assignment

Recommended Learning Resources

Living in the 12 Houses:
An EA Zoom Series with Ari Moshe Wolfe
Living In the 12 Houses with Ari Moshe

	Ari Moshe Wolfe - Tenacity, Grace, and Inner Solitude -... EA Zoom Meetings! JWG Evolution...
2 	Ari Moshe Wolfe - THE 6TH HOUSE - LESSONS IN... EA Zoom Meetings! JWG Evolution...
3 	Ari Moshe Wolfe - THE 12TH HOUSE - SURRENDER, FAITH,... EA Zoom Meetings! JWG Evolution...
4 	Ari Moshe Wolfe - The 12th House - Part 2 - Surrender,... EA Zoom Meetings! JWG Evolution...