

Heart & Soul Centered Astrology



The Essentials Course
Complete Workbook

with Ari Moshe Wolfe

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Heart & Soul Centered Astrology



The Essentials Course
Segment 1
Introduction

Segment 1 Review Questions

1. What is the relationship between self-identity and the desire of the soul?
2. What is involution?
3. Why is it necessary to correlate the observed reality of the soul to the natal chart?
4. Why can't the chart reveal a soul's level of evolution?

Segment 1 Sample Answers

1. *The self-identity or ego construct is a satellite that orbits entirely around the evolutionary needs of the soul. It is a focusing agent for the soul.*
2. *Involution is the breakdown of the existing form so that a soul can eventually evolve into a new form. Involution ultimately points to the end of an evolutionary paradigm: the exhaustion of desire and thus the breakdown of self-construct.*
3. *Because the natal chart reflects the reality of the soul, it has no meaning unless it is applied to an actual soul context.*
4. *Because the natal chart reflects the reality of the soul, it can be read on multiple levels of consciousness and needs an observed context to be properly understood.*

Heart & Soul Centered Astrology



The Essentials Course
Segment 2
The Zodiac

Segment 2: The Zodiac

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The Zodiac Wheel

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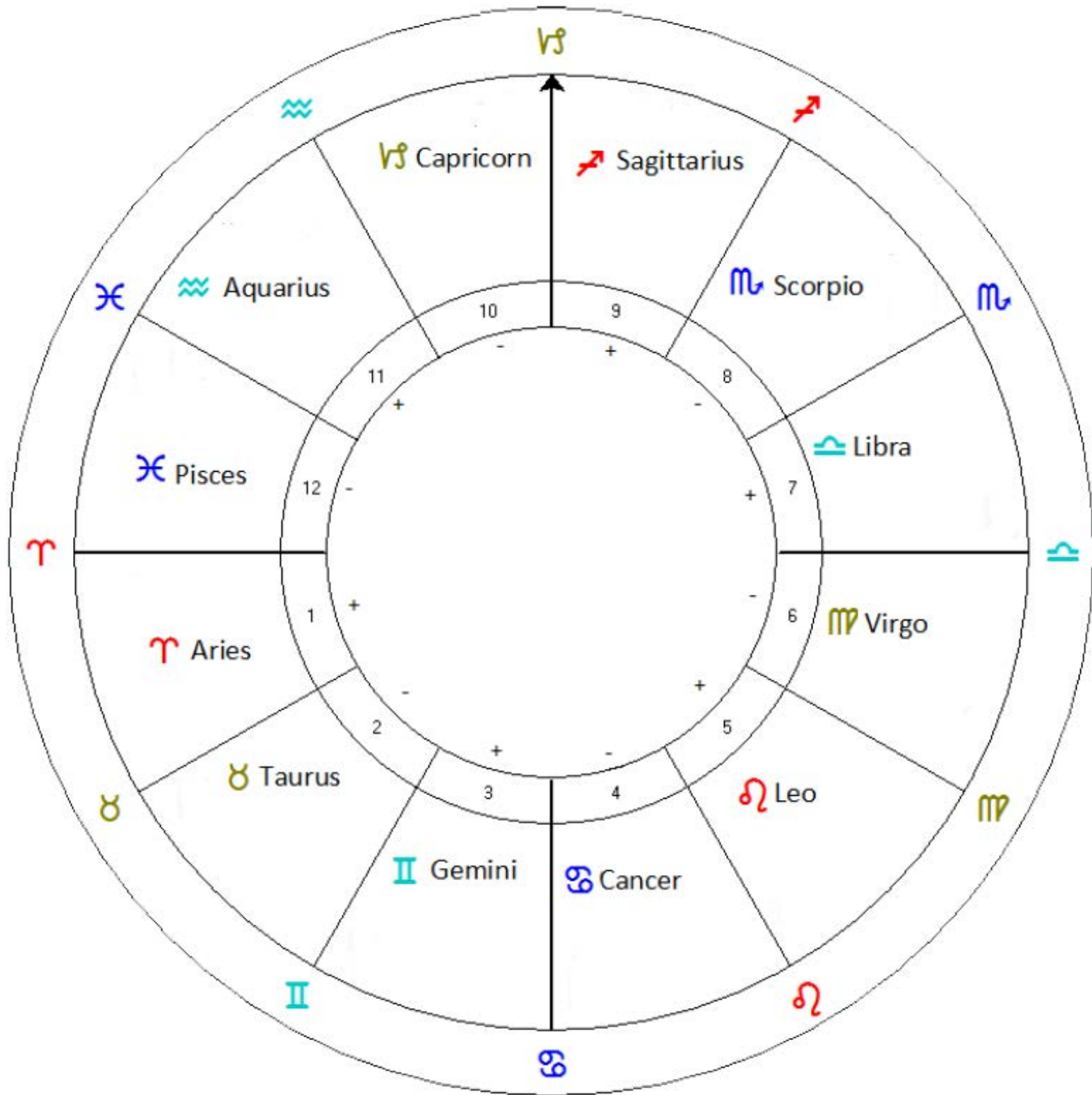
Capricorn

Leo

Aquarius

Polarity, Elements and Modes

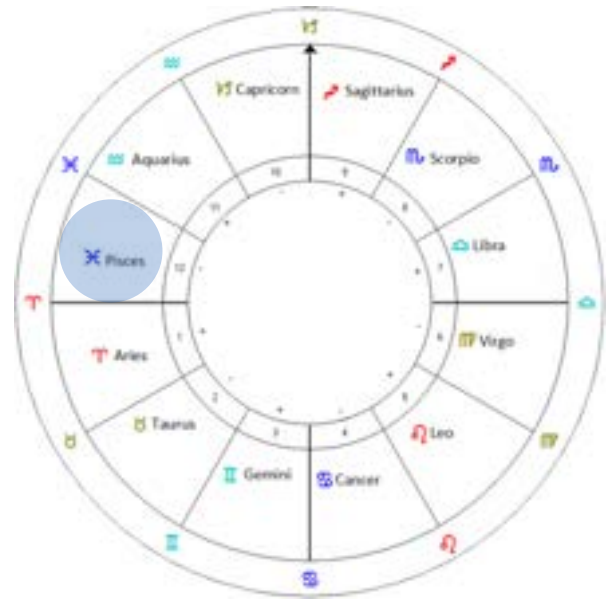
The Zodiac Wheel



Pisces ♃

Mutable, Water, Yin

Associated with the 12th house and the planet Neptune



Pisces Review Questions

1. What is the evolutionary intention in Pisces?
2. What is the cause of disillusionment?
3. Pisces corresponds to anything that is indiscriminate and universal, such as snowfall, the natural oil in the earth, natural disasters, volunteer workers, monks, hospital patients, the ocean. Why is this? Likewise, what do drugs, meditation, entheogens, transcendent experiences, fantasies, movies, or television all have in common from a Pisces perspective?
4. What can Pisces learn from the Virgo polarity?
5. Describe how the archetype of escapism applies to Pisces.
6. Pisces corresponds to the idea that “ultimate meaning” or “truth” is everywhere, but it is also not of this world. What does that mean to you?

Pisces Sample Answers

1. The Evolutionary intention in Pisces is to surrender, be as one with reality, and form a direct relationship to the source of all meaning. The **truth** is the evolutionary intention.
2. Disillusionment is caused when ultimate meaning is placed towards that which is not ultimately meaningful and the inevitability of disillusionment when the truth of such displacement is revealed. When faith and belief are invested in what is not worthy of faith, the basis for a soul's trust in life can be shaken to the core.
3. All of these correspond to Pisces because Pisces reflects the truth of sameness. Behind all bodies, names, borders, etc., is the truth of God. All these things point to the fact that there is no hierarchy or difference between any two facets of creation. It snows on everyone. When you volunteer, it's not about your name; it's about the cause greater than yourself. Any service work that serves anyone indiscriminately reflects the indiscriminate nature of reality, which is inclusive of all. Likewise, drugs, meditation, entheogens, transcendent experiences, fantasies, movies, or television are all similar from a Pisces perspective because they orient consciousness towards either absolute meaning, beyond the mundanity of seemingly ordinary life, or distraction into a dream state reality.
4. Pisces can learn about discrimination and discernment from Virgo.
5. Escapism relates to Pisces in the sense that a soul might be drawn to escape and run away from reality by way of imagining a new one. This allows the soul to sustain whatever illusions provide a sense of safety/protection.

Virgo ♍

Mutable, Earth, Yin

Associated with the 6th house and the planet Mercury



1. What is the evolutionary intention in Virgo?
2. Through Virgo, the soul is learning to be useful and orient its consciousness in a way that is of actual benefit and service to the whole. This induces a great degree of self-awareness of how one does everything they do. The trap would be perfectionism on the one hand or procrastination on the other. How is humility connected to Virgo? What is true humility, in your opinion?
3. How does Virgo correspond to the archetype of “crisis”?
4. Overcompensation, denial, avoidance, procrastination, and criticism of self or others often are linked to guilt. Why is this so?
5. What can Virgo learn from the Pisces polarity?
6. Self-reflection: Virgo teaches that there is always work to do: grooming, daily chores, working on all the important things in our lives, creating healthy and relevant routines. With all of this, how can a soul ever arrive at a sense of completion and wholeness? What’s the point?

Virgo Sample Answers

1. The Evolutionary intention in Virgo is to do the work necessary, every day, one step at a time. To refine and purify through service.
2. In my view, true humility is not making a deal of the results of one's work. Correcting as necessary and letting go as necessary. Not to get down on oneself based upon mistakes or imperfections, nor to hold impossible standards. To simply do one's best, continue to make improvements as necessary, and move on.
3. Crisis manifests as the result of neglect. Be it the work one needs to do, maintaining one's home, body, or daily chores. The build-up of negligence, which itself is linked with denial and self-avoidance, inevitably results in crisis.
4. These are all linked to guilt because guilt establishes an ideal of perfection that, if it is not internalized as a means for self-knowledge, keeps the soul from actually addressing mistakes or any areas that need improvement. To know that one is enough and that life as well as oneself will always express imperfections is to simply learn from experience and do what is necessary.
5. Virgo can learn from Pisces to let go and trust that oneself, the present moment, and life is good enough just as it is. It provides a broader awareness of meaning beyond the intricacies of what seems to be left unresolved.

Aries ♈

Cardinal, Fire, Yang

Associated with the 1st house and the planet Mars



1. What is the evolutionary intention in Aries?
2. Why are freedom and autonomy so crucial for the Aries archetype? What is "purpose" from the perspective of Aries?
3. Why would a soul feel the need to push beyond its edges (psychological, intellectual, physical, etc.)?
4. What are the three basic stages of maturation in the Aries archetype (regardless of evolutionary stage)?
5. What can Aries learn from the Libra polarity?
6. In Aries, a soul might tend to stay in motion and not know how to stop. This tendency can express as hastiness, defensiveness, a need for immediacy, and overall thoughtless action that results in non-ideal consequences. Why the tendency to stay in motion?

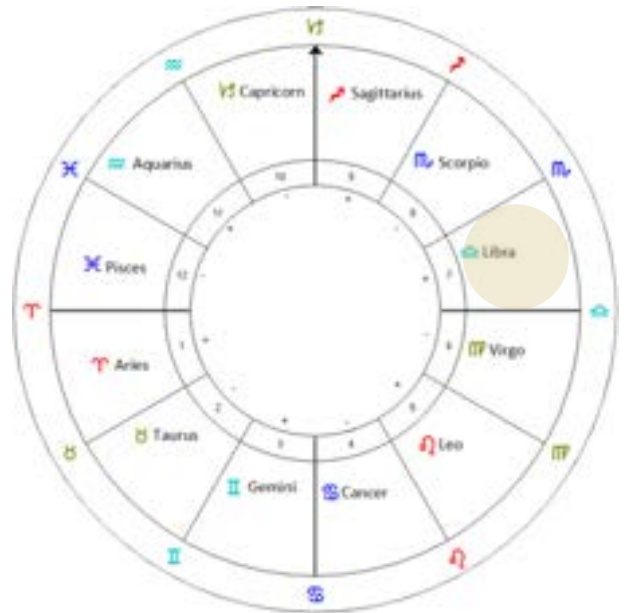
Aries Sample Answers

1. The Evolutionary intention in Aries is to become. To act and take the next step.
2. For the soul to embody and claim their agency and make whatever choices it deems necessary for their growth/ becoming. Purpose from the perspective of Aries corresponds to the orientation towards the next action/ direction that the soul wills to take for their own ongoing individuation and becoming.
3. Such pushing is a reflection of the soul's desire to grow and evolve beyond its limitations. This is reflected in Aries via the need for freedom to be a leader of its own journey to overcome the past and evolve.
4. Raw thoughtless action, learning from experience, and a more refined masterful embodiment of self-leadership and decision making.
5. To listen, be open to a more complex perspective to contrast an otherwise narrow single focus on a very subjective sense of direction and immediacy.
6. The tendency to recklessly stay in motion is a misguided expression of the need for freedom. Here it is rooted in a fear of not becoming, not being free, and thus a loss of perspective.

Libra

Cardinal, Air, Yang

Associated with the 7th house and the planet Venus



1. What is the evolutionary intention in Libra?
2. Why is the diverse exploration and discovery of oneself through relationships so important in Libra? Why is the exploration of extremes often a part of the journey?
3. What is the psychology of indecision about in Libra?
4. A Libra need is to feel accepted just as they are. And yet dependency on being accepted by others will result in an inability to lead one's own life. Explain this paradox.
5. What can Libra learn from the Aries archetype?
6. Libra corresponds to where a soul is learning about clear communication and listening, which includes knowing how to communicate personal needs and knowing when and when not to give. An often hard lesson is that a soul cannot meet the expectations or needs of everyone. Likewise, they are also learning that it's ok if others cannot meet one's own needs. Reflect on this learning in your own life.

Libra Sample Answers

1. The Evolutionary intention in Libra is to nurture harmony and balance. To learn to listen and grow in relationships in a way that fosters growth.
2. It serves the soul's purpose to become aware of its Self, its own needs, and values. Through extremes in all ways, the soul becomes profoundly aware of what is balanced from within, not from without.
3. Indecision is often rooted in a deeper fear that the soul will not be accepted/ loved just as they are. In this, a soul can get stuck in all the opinions/projections that emanate from others and struggle with listening to their own desires and wants.
4. The experience of being totally accepted as oneself is deeply helpful/beneficial within the Libra archetype, and yet, without a soul truly learning to listen to and accept themselves, they may not be able to truly meet such relationships based on the compulsive need to be approved of from the outside.
5. To trust oneself, not be afraid of disappointing others. To reference one's own agency.

Taurus ♉

Fixed, Earth, Yin

Associated with the 2nd house and the planet Venus



1. What is the evolutionary intention in Taurus?
2. Both Taurus and Aries are instinctual; what's the difference between the two?
3. Why is there often a fear of getting outside the familiar environment and resources?
4. If Taurus is about survival, what does that have to do with gracefulness? Why is Taurus associated with the hermit archetype?
5. What can Taurus learn from the Scorpio polarity?
6. Openness to pleasure, receptivity, and the ability to feel are all qualities within Taurus. On the flip side, this can express as indulgence or laziness. Reflect on the difference between numbing out vs. living more deeply into the present moment.

Taurus Sample Answers

1. The Evolutionary intention of Taurus is to stabilize, to live, and to make life livable.
2. The instinctual nature of Aries is yang; it is linked to the need to act upon one's will to become. Taurus is yin, and it is sensual. It is related to the need to survive, secure, and ground.
3. The fear is linked to dependency upon what is familiar. Thus a linkage between one's security and what one knows/ is comfortable with.
4. True survival is not just food, water, and shelter. It is also a state of grace, non-vigilance, and receptivity to the moment. To feel relaxed and a sense of ease is a deep sign of being alive, of feeling safe in the body.
5. Taurus can learn to let go, that everything needs to be cycled and regenerated. To not lazily depend on the continuity of any source of survival, pleasure, or comfort. To also look deeper within oneself and be open to making changes, even if it threatens known security.

Scorpio ♏

Fixed, Water, Yin

Associated with the 8th house and the planet Pluto



1. What is the evolutionary intention in Scorpio?
2. Both Taurus and Scorpio are about security and sexuality - in two different ways. What is the difference?
3. Why does Scorpio correspond to mantras, mandalas, and any symbols of power? What does concentration have to do with Scorpio?
4. Why does Scorpio correspond to both marriage and divorce?
5. What can Scorpio learn from the Taurus polarity?
6. Simultaneous to the soul being inherently sovereign and free, it is also impelled to desire that which it perceives as outside of itself. It has to work through it all in order to return to itself. This points to a tension between the desire for connection and the fear of entrapment within the soul. Reflect on this in your own life.

Scorpio Sample Answers

1. To cooperate with evolutionary necessity, become more soul-identified, and be fully in.
 2. Taurus sexuality is procreative. It is about the senses, pleasure, and the survival of the species in a very concrete way. Scorpio is about the transmutation of consciousness and relates to deeper emotional soul bonds and connections. The desire to merge with outside object focus is linked to a need to realize more within.
 3. Scorpio corresponds to desire, which is linked with concentration. Single concentration on God, for example, brings inner unification with God. We concentrate deeply on what we are most interested in. The single concentration of anything serves to osmose that object of focus within, leading to inner realization. The inner reality is the determinant for outer reality, and thus any form of concentration will affect one's consciousness and one's total life experience. Things like mandalas, mantras, etc., can serve to support the focusing of attention on a particular object focus.
 4. Commitment is the promise of growth, to become more than what one realized oneself to be prior to the commitment. It serves a purpose. In the same way, all things are impermanent and serve a purpose for a time. In a purely archetypal way, marriage is symbolic of merging with a new experience in order to realize greater evolutionary potential. Divorce is symbolic of letting go of what is no longer serving. It points to the reality of life and death as equal players in the ongoing journey of awakening.
 5. Scorpio can learn to rely upon itself, to be grounded and not entangled in world experience as a means to get its psychological, emotional, or sexual needs met. To look within and take responsibility for one's inner reality. To be stable in the midst of change and confrontational experience.
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Gemini ♊

Mutable, Air, Yang

Associated with the 3rd house and the planet Mercury



1. What is the evolutionary intention in Gemini?
2. Why is Gemini's ability to mimic and adapt to circumstances so necessary? What is the possible shadow in that ability?
3. How does a soul approach a more holistic understanding through the Gemini archetype? What's the problem with forming absolute conclusions based on logic alone?
4. Reality doesn't call itself by any names. How are facts and data created?
5. What can Gemini learn from the Sagittarius polarity?
6. Evolution happens in Gemini through the ongoing connection of more and more data points with one another. From an evolutionary perspective, there's a reason why each soul is drawn to the specific kind of knowledge and research it is drawn to. Reflect on this in your own life.

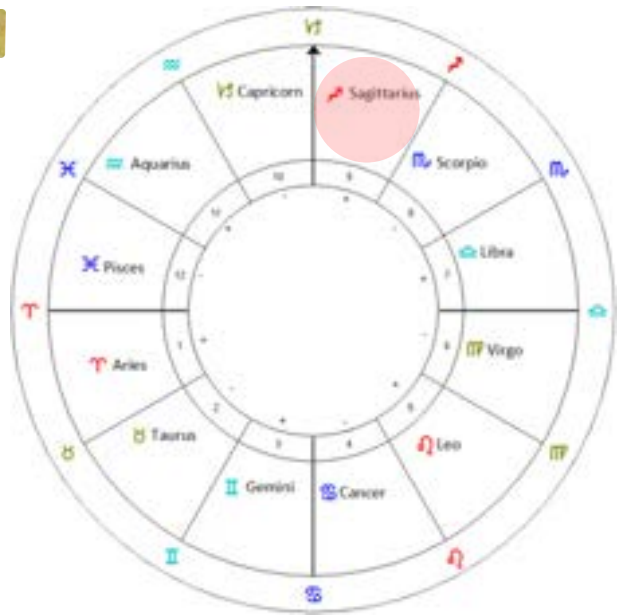
Gemini Sample Answers

1. To approach a more holistic understanding of reality through connecting more and more dots of phenomenal reality.
 2. Mimicry and adaptability enable social participation and communication. It allows for two parties to communicate in ways that are mutually understood. It increases social participation and thus expands communication and learning. The possible shadow in this is the ability to convey ideas/messages that are dishonest: trickery and duplicity.
 3. By piecing together more and more data points, a soul gradually understands how the various facets of reality are all connected to a holistic whole. However, there are potentially "infinite" data points, and thus logic cannot be used to arrive at a complete understanding of reality.
 4. The mind ascribes names to raw sensory experience. These names allow experiences to be classified, thought, and talked about in concrete ways, and thus related and connected to all the other "things" of reality.
 5. Gemini can learn from Sagittarius to rely upon its own direct experience, which may be different logical and mental formulations. To develop intuition as a way of knowing and not become over-dependent on thought and logic as a way to navigate life.
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Sagittarius

Mutable, Fire, Yang

Associated with the 9th house and the planet Jupiter



1. What is the evolutionary intention in Sagittarius?
2. Why is there a need in Sagittarius for a lot of freedom and space?
How is this related to intuition?
3. Why are honesty and sincerity necessary in Sagittarius? How does this relate to nature?
4. How does "let go to receive" relate to the Sagittarius journey of greater expansion, growth, and realization?
5. What can Sagittarius learn from the Gemini polarity?
6. Evolution within the Sagittarius archetype is often from a lot of external seeking and restlessness to a more quiet attunement to the inner teacher. The more fully a soul knows that the journey is right here, right now, the more confident it will be in its capacity to access its intuition. Thus, the soul will feel free, authentic, and true to its own nature wherever it is. This will always express contentment in one's inner knowing, needing no external validation with nothing to prove and nothing to seek. Reflect on this learning in your own life.

Sagittarius Sample Answers

1. To expand upon one's understanding of reality and one's place within it through direct experience/ direct realization.
 2. Freedom and space are inner states that point to the openness of the present moment to learn and find the truth for oneself. Existing constructs and assumptions about the journey impede upon the freedom and space needed to find out right now. Freedom and space expand intuition as it allows the soul to be connected to the present moment and the blossoming path right now.
 3. Honesty and sincerity mean not trying to make the moment other than what it is. The spiritual journey opens right now, and honesty is always the entry point into the present moment. Nature itself is 100% sincere and honest. Thus a soul learns about being natural, being sincere, and honest in Sagittarius.
 4. Letting go to receive at the core means letting go of whatever beliefs or convictions are, in fact, holding up the journey of growth and expansion. Sometimes letting go creates the space for the next insight, the next opportunity, the higher understanding to come in.
 5. Sagittarius can learn to be tactful and open to learning from different perspectives. One can always argue any dogma with another perspective that is totally valid for someone else. Gemini can also teach Sagittarius not to get stuck on a high horse of philosophical or religious cosmology and to learn to communicate with a more open mind so as not to alienate oneself or others.
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Cancer ☾

Cardinal, Water, Yin

Associated with the 4th house and the Moon



1. What is the evolutionary intention in Cancer?
2. How does Cancer correspond to the way the soul creates a self-image for itself?
3. "Evolution happens through the emotional body." What does that mean?
4. Life is change, yet in Cancer, there is a need for security linked with the known. How does a soul navigate that?
5. What can Cancer learn from the Capricorn polarity?
6. Wisdom in Cancer is the attunement to the needs of the moment as well as the flow of the cycles of life. When this wisdom is awake, a soul is capable of living with great empathy and care for oneself and other beings, knowing that each phase has its own needs for care and sensitivity. While Capricorn corresponds to the "timing of life cycles," Cancer is the nourishment and beingness that happens at every stage of life. Consider your relationship to the cycles and phases in your own life. Where are you now, and what is needed to nurture your soul growth?

Cancer Sample Answers

1. To nurture, root, receive, and provide the care essential to this human experience.
 2. The emotional body is how the soul integrates all experience in such a way that it can inform the soul of a sense of self. This is who I am; this is home, this is what is familiar, what is safe, what I need to feel safe, etc.
 3. Evolution happens through the emotional body means that nothing is truly real until it informs a sense of self. Understanding and realization are only real when it is INSIDE, when it lands on the level of self-knowledge, the image the soul has of itself.
 4. This is the poetry of the human-soul journey. There is a need to know how to nurture the delicate self-concept and not create too much insecurity at once, all the while continuing to develop the self-agency that allows the soul to continue to open up to new experiences. It's a learning that ultimately says, "I am safe here, too." This can't be rushed, but it is an edge to walk.
 5. Cancer can learn from Capricorn not to become so identified with its present moment emotional experience to the point that it impedes upon the soul's capacity to simply show up in the world and function on their own two feet. Being a responsible human being, learning to work with healthy time boundaries, caring for oneself while also knowing how to stay present for worldly life. Capricorn teaches the soul to grow up and learn how to work with boundaries and time in skillful ways.
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Capricorn ♑

Cardinal, Earth, Yin

Associated with the 10th house and the planet Saturn



1. What is the evolutionary intention in Capricorn?
2. Why are things like: pushing the edge of boundaries, failure, experiencing the consequences of acting out of alignment often so necessary along the soul's evolutionary path?
3. How is repression associated with the Capricorn archetype?
4. Why is introspection so necessary to unravel one's conditioning and create new patterns? What is a lesson often found in depression?
5. What can Capricorn learn from the Cancer polarity?
6. Right and wrong are not opposites. Right is what is aligned: it respects and flows with the way of life. Wrong, on the other hand, is simply not right. Gauging the energy of "right" and "wrong/not right" is an integral part of the maturation within Capricorn. Through this, a soul learns to live in alignment and can grow. With no external authority out there to punish or reward oneself, each soul is ultimately left with its own conscience. How do you know for yourself what is right and wrong?

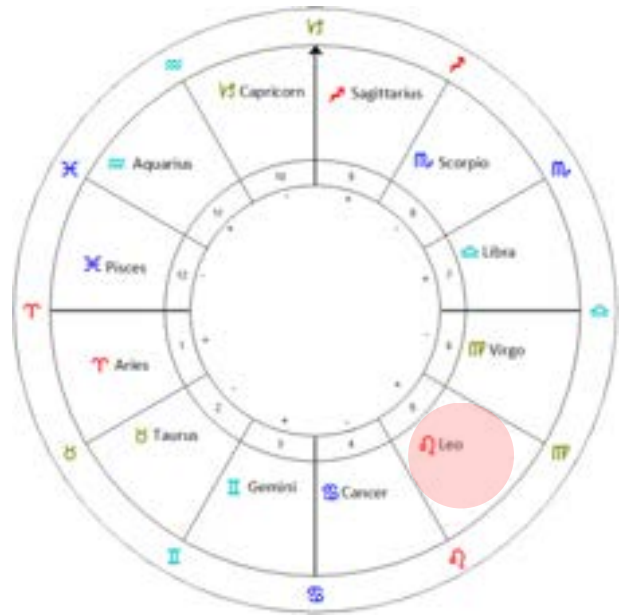
Capricorn Sample Answers

1. To cultivate self-authority with respect to this lifetime's necessary parameters and limitations.
 2. These things are so necessary because they teach the soul about alignment. To use the example of graduating high school: To pass beyond 12th grade means the student will need to study for the test and get a passing mark. Failure will ensue until the student does the necessary work. "The necessary work" and the inner wisdom and self-reflection required to do that is a big part of the growth within Capricorn.
 3. Repression is associated with Capricorn on two levels. One, necessary repression. This relates to functioning as a mature adult who can hold back on certain base, primal, or emotional urges as needed. And two, unnecessary repression related to patriarchal conditioning and judges that which is natural.
 4. To introspect is to step aside from the assumption of one's life and actually feel, to look at oneself and one's conditions from a place of permission and spaciousness. This allows the soul to actually become aware of what may have otherwise been unchecked conditioning. Depression can often lead the soul to meet where they have not been in touch with themselves. Compromises, repression, shame, and conditioning have held them back from their own inner joy and compass.
 5. To get in touch with the inner child. Not getting so hooked on success, doing it "right," social approval, and doing a "good job" that identity gets overly hooked on what one is doing and not adequately on how one feels. Cancer teaches Capricorn to stay connected to the rich inner space and learn how to tend to one's inner reality.
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Leo ♌

Fixed, Fire, Yang

Associated with the 5th house and the Sun



1. What is the evolutionary intention in Leo?
2. One of the patriarchal distortions within Leo is comparative beauty. What is the true essence of Leo when it comes to beauty and creativity?
3. Leo can be deeply shy and self-conscious of its own presence, hyper-sensitive to being seen and whether it is liked or not. What are some ways that a soul might deal with this insecurity?
4. Why is it a gift and an act of generosity for a soul to be healthily self-focused, confident, and self-expressed?
5. What can Leo learn from the Aquarius polarity?
6. Through Leo, we learn that all of creation reflects the love and warmth of the creator. Be it with our own children or releasing any creation into the world, we learn to come into the full confidence of our innate nature and right to create and self-actualize, and then to let it go. What in you is calling to be seen? Where can you trust the generosity and inspiration of your heart?

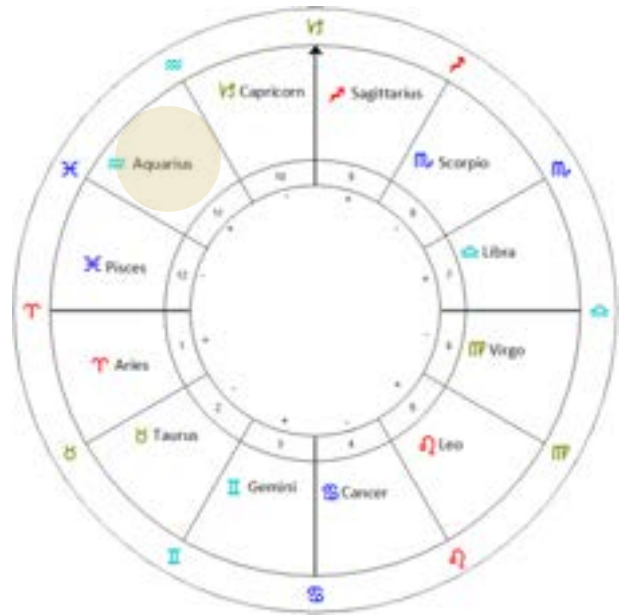
Leo Sample Answers

1. To self-actualize. Cultivate the courage and confidence of being a unique expression of creative intelligence.
 2. That beauty and creativity ARE the truth of creation. By its nature, beauty is not comparative because beauty is an inherent quality and is simply to be seen, actualized, and lived. It never exists relative to something else other than in our own judgments.
 3. Being deeply shy and sensitive to being seen can result in either learning to "put on a show," a skill of good performance that will please others but will not be entirely genuine. Thus a sense of loneliness can lay hidden underneath the good performance. Another way is to be afraid to really express oneself, holding one's heart back because of a deep feeling of vulnerability.
 4. It is a gift because to be centered in one's own creative beauty is also to shine it and share it freely. When attention is not fixed on how one is seen, there is the freedom to live and love, just as the Sun simply shines. Further, in this openness, there is a natural resonance with the energy of appreciation: appreciating the beauty all around.
 5. Leo can learn detachment, to just be themselves and not concern themselves too much with outward appearances. Also, to take nothing personally; to see all of creation, including oneself, as an extension of divine intelligence and to have a higher mind appreciation of this, thus staying more impersonal.
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Aquarius

Fixed, Air, Yang

Associated with the 11th house and the planet Uranus



1. What is the evolutionary intention in Aquarius?
2. How are community and friendship formed from the perspective of Aquarius?
3. How is cultivating an observer mind helpful in healing trauma?
What's the difference between dissociating vs. witnessing?
4. Why is there "nothing new" if Aquarius corresponds to inventions and new technologies?
5. What can Aquarius learn from the Leo polarity?
6. Meditation: From the soul's perspective, there is just the continuity of being. To the soul, no "memory" is more distant than any other. Be it prior lives, time in the astral plane, or what you ate last week. The soul, however, is not aware of itself always being here now. I.E., we do not know who we are. If you wish, give a few minutes to sit in pure witness. Notice your body; notice your breath. Then notice the one noticing. See if you can notice the one noticing the one noticing. Explore the vast dimension of pure objective awareness that is always here now.

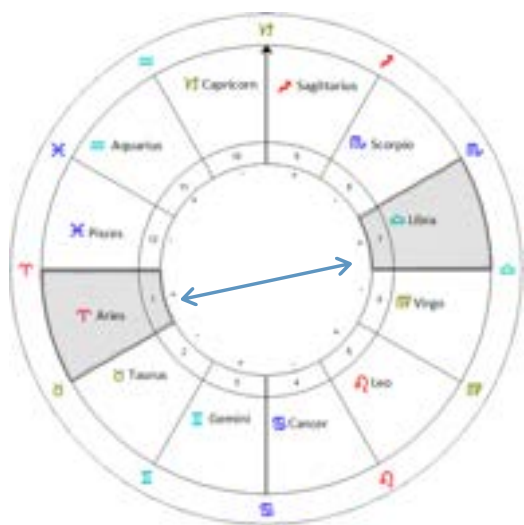
Aquarius Sample Answers

1. To liberate from the known, cultivate objective witness free from past conditioning.
 2. Through natural resonances. It happens on its own without effort in the same way that creation itself is harmony and resonance. One need only be oneself.
 3. The observer mind allows the soul to see what happened without identifying with the story of what happened. This can mean feeling and experiencing what has otherwise been a trigger point but remaining as a witness. Witnessing is a state of allowing, staying present without controlling. Dissociation is a checking-out state. There is no objective witness because the soul is suppressing something essential it might not be in touch with.
 4. Nothing is truly new because all inventions and technologies, at the core, are reflective of universal archetypes. They are embedded in the intelligence of creation itself and exist before and after all inventions and technological developments.
 5. To get out of the bleachers and join the humans on the field. Open the heart, appreciate the experience of creation, the beauty, and the ecstasy of life itself. To remain open to the joy of life and not get stuck in a hyper detached state of mind.
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Polarity



Pisces - Virgo
Axis of Service

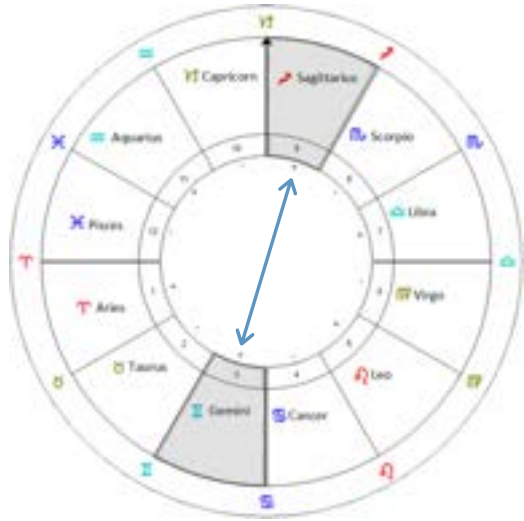


Aries - Libra
Axis of Self & Other

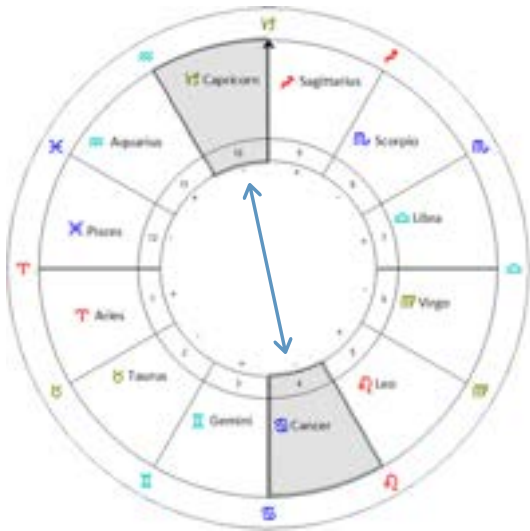


Taurus - Scorpio
Axis of Sexuality, Life
and Death

Polarity



Gemini - Sagittarius
Axis of the Mind, Left
Brain & Right Brain



Cancer - Capricorn
Axis of the Domestic and
the Societal



Leo - Aquarius
Axis of Self-Actualization
and Community/Essential
Nature

Quadrant 1: Self-discovery

Aries, Taurus, Gemini

Will, Survival, Study



Quadrant 2: Self-application

Cancer, Leo, Virgo

Identity, Purpose, Self-refinement



Quadrant 3: Other-discovery

Libra, Scorpio, Sagittarius

Relationship, Soul-attraction, Phenomenal Reality



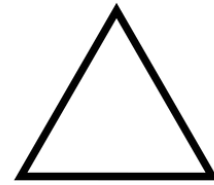
Quadrant 4: Social+Universal-Application

Capricorn, Aquarius, Pisces

Society, Community, Existence

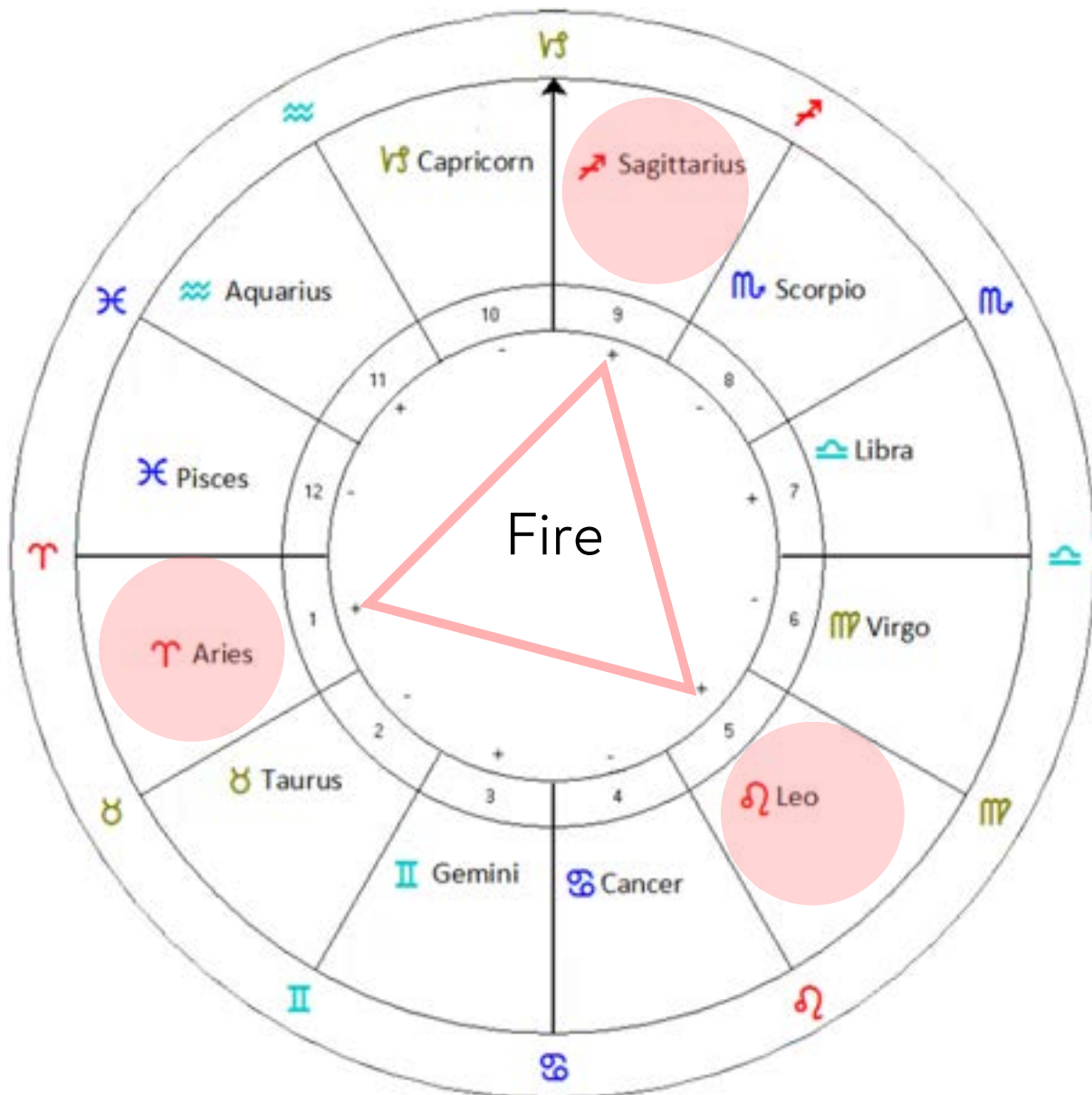


Element Fire



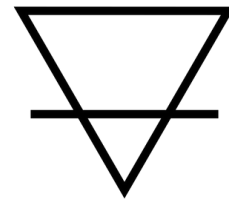
Aries, Leo, Sagittarius

Personal drive, self-focus, freedom, illuminating, passionate. Can be overly self-focused and miss out on "other" (Air polarity).

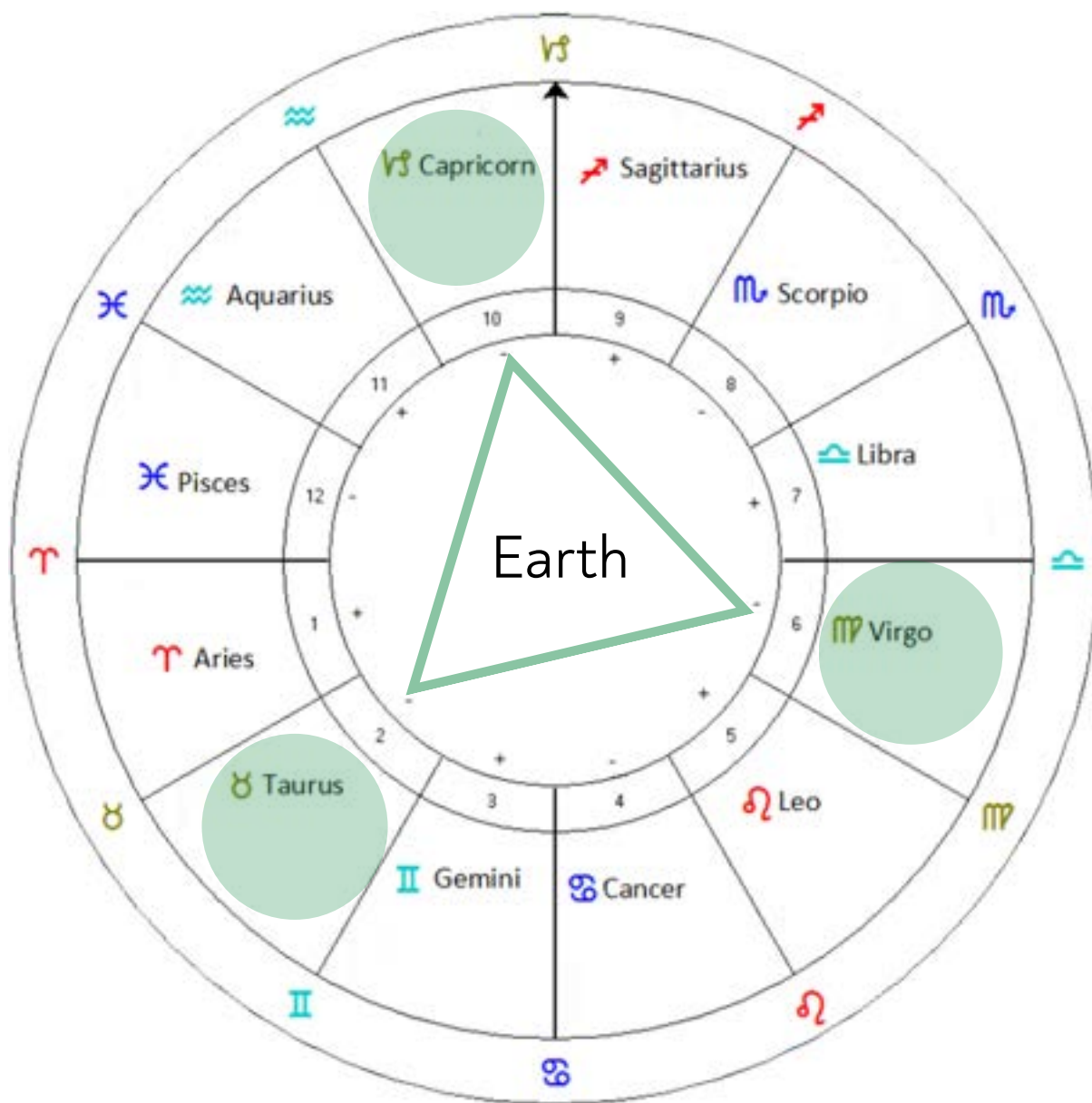


Element Earth

Taurus, Virgo, Capricorn

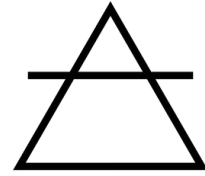


Stabilizing, practical, grounding, more process-oriented.
Can be materialistically focused and miss out on the more spiritual non-physical dimension of life (Water polarity).

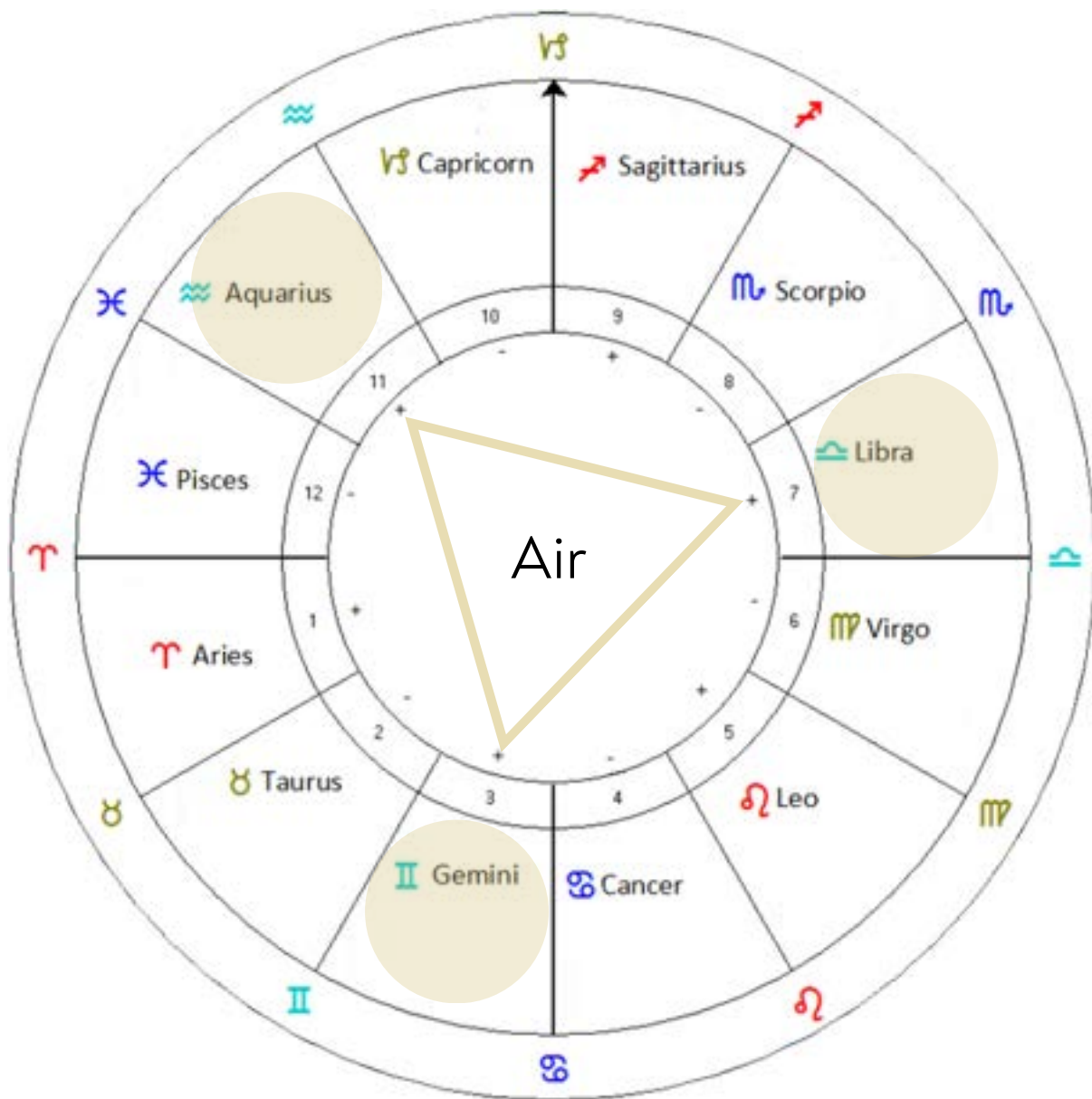


Element Air

Gemini, Libra, Aquarius

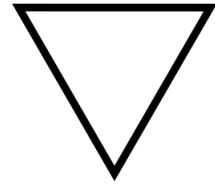


Social, relational, connection-oriented, open-minded. Can be overly identified with mental and social realms missing out on passion and a personal sense of purpose (Fire polarity).

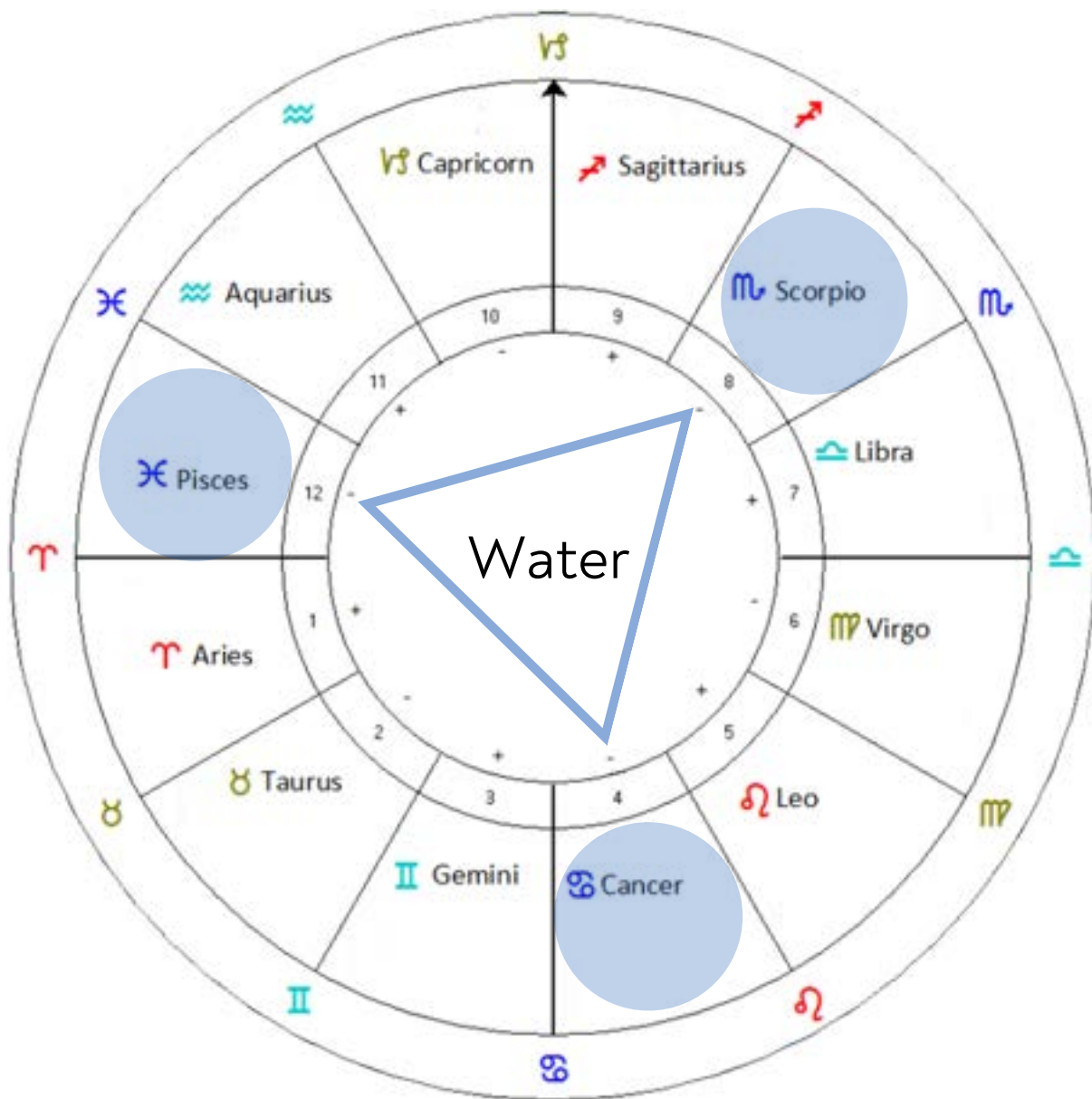


Element Water

Cancer, Scorpio, Pisces



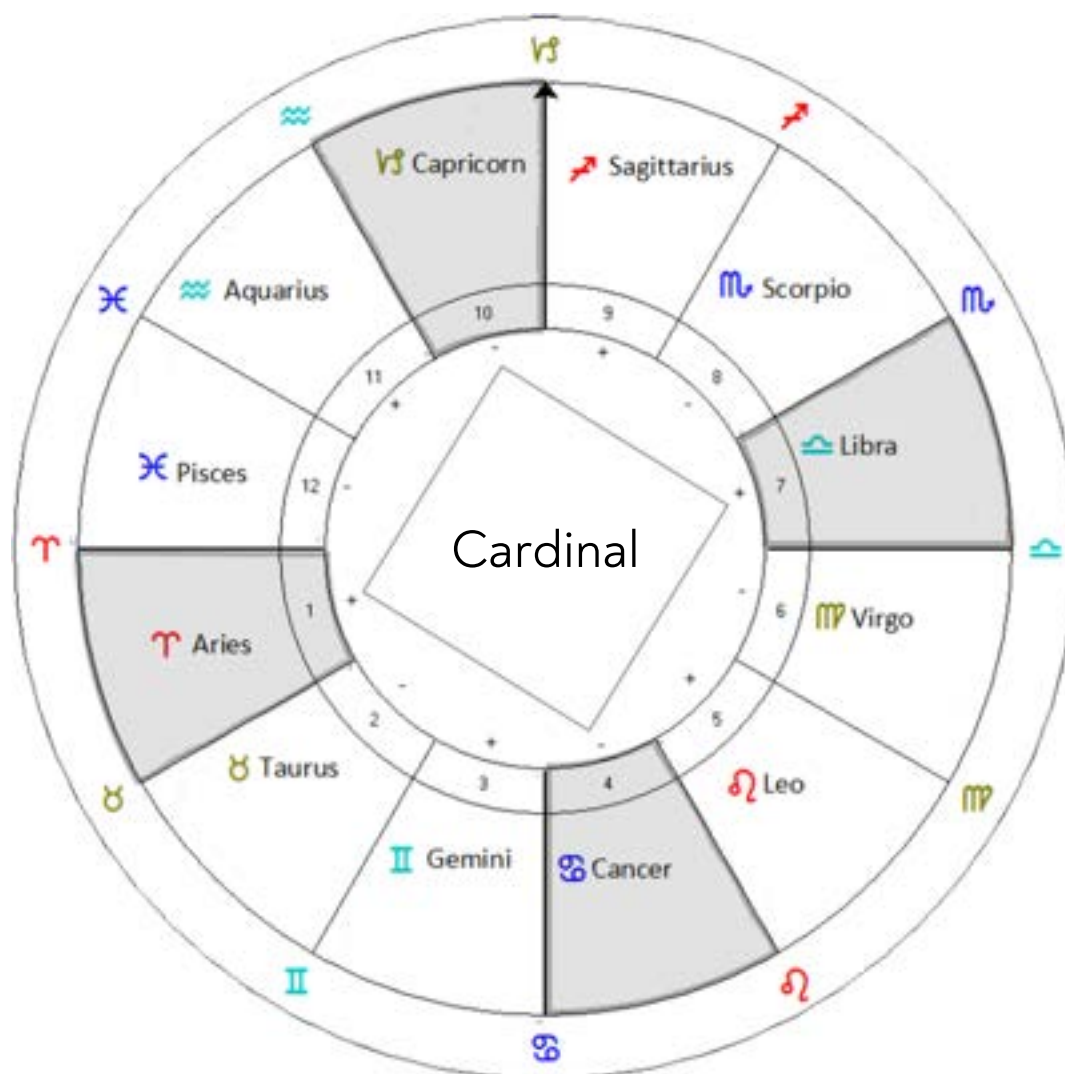
Emotional, ego-soul-spirit trinity, non-linear, connection-oriented. Can become absorbed in the emotional realm and lose touch with the basics of practical earthly reality (Earth polarity).



Mode - Cardinal

Aries, Cancer, Libra, Capricorn

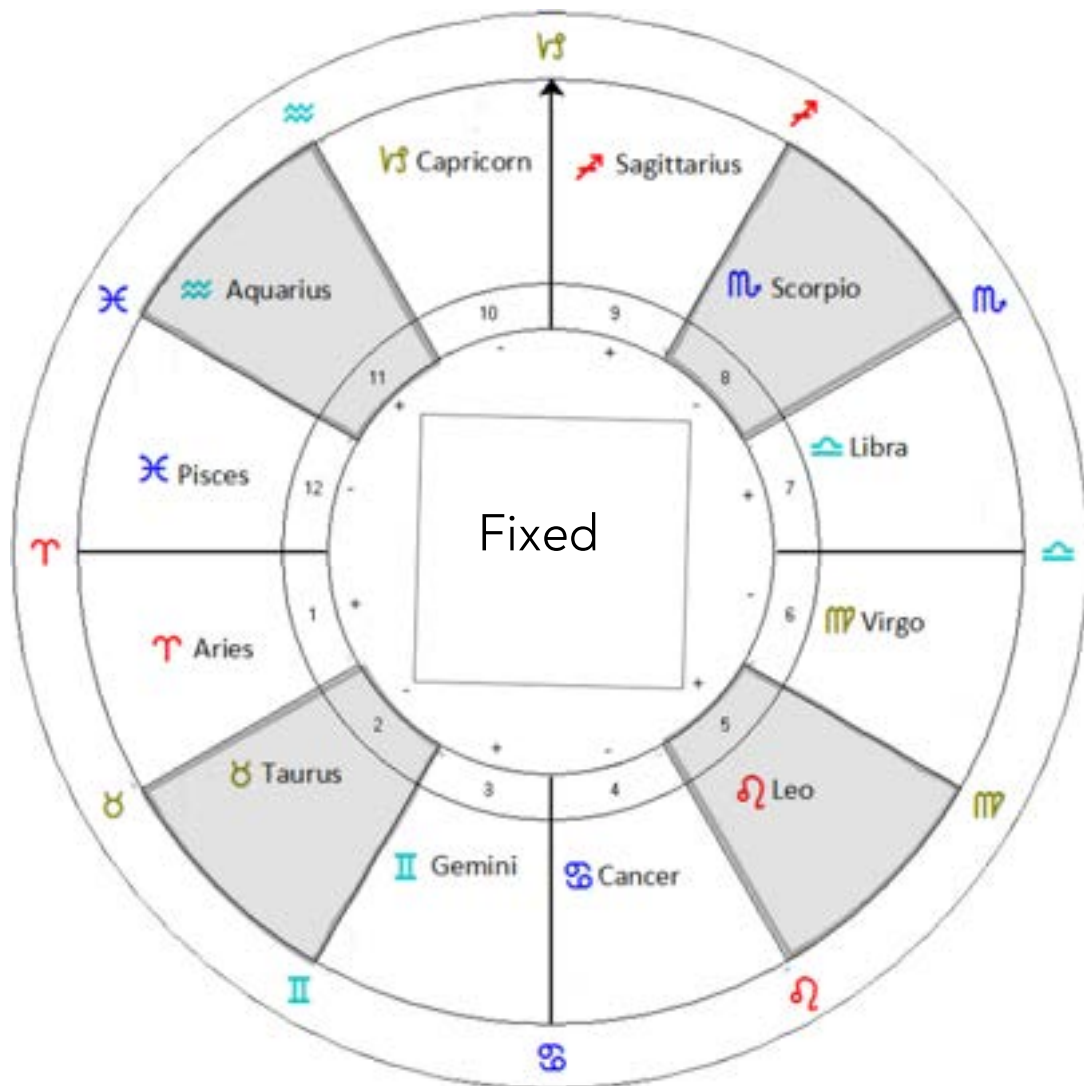
- Starts each quadrant
- Related to the essential discovery of the soul through the human experience. Foundational to all areas of life experience.
- Initiating purpose and direction (Aries, initiating fire), discovering identity and belonging (Cancer, initiating water), learning relationship (Libra, initiating air), finding and developing social role (Capricorn, initiating earth).



Mode - Fixed

Taurus, Leo, Scorpio, Aquarius

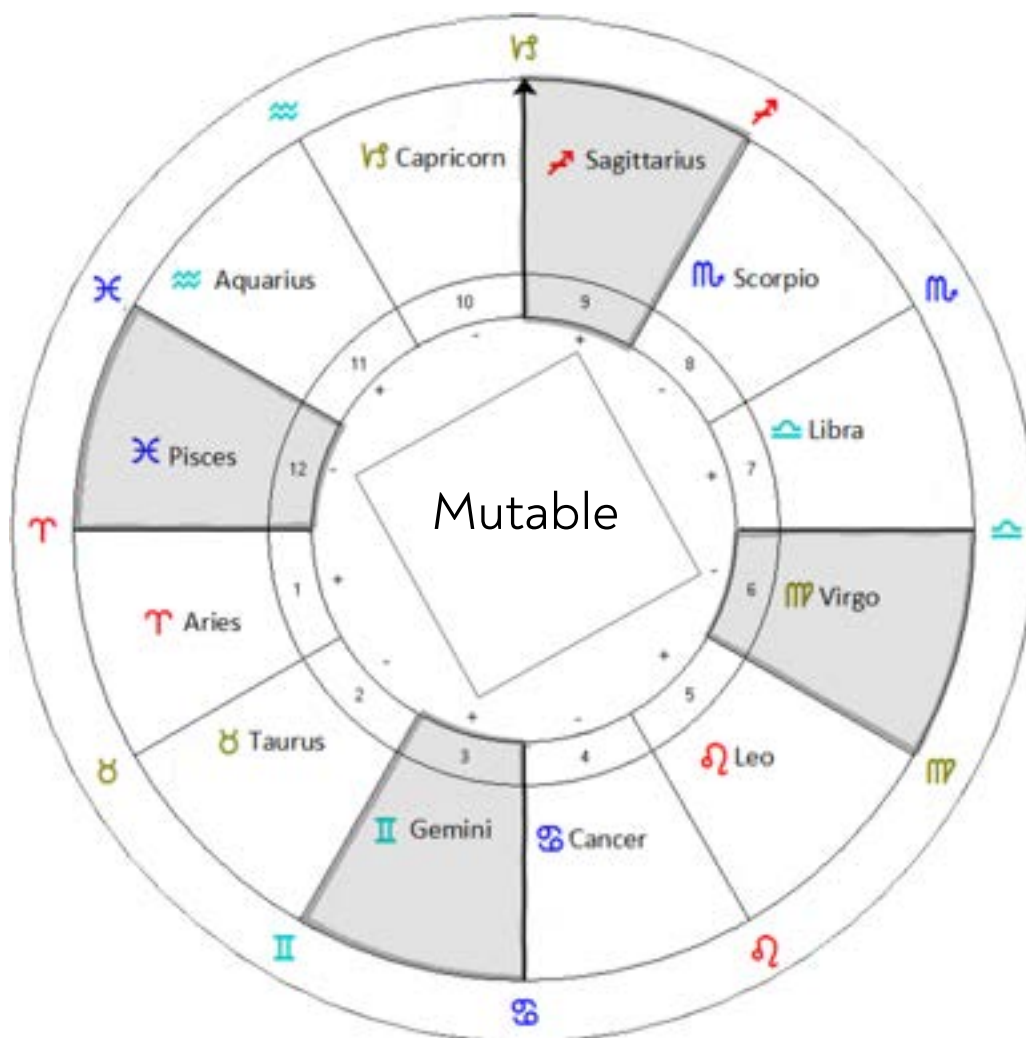
- Middle of each quadrant
- Related to the experience of and consolidation of inner power, capacities, and the deeper dimensions of one's being. Deepening, focusing, essentializing.
- Stabilization and self-preservation (Taurus, focusing earth), creative self-actualization (Leo, focusing fire), concentration on soul purpose (Scorpio, focusing water), the liberation of the mind, the eco-system of life (Aquarius, focusing air).



Mode - Mutable

Gemini, Virgo, Sagittarius, Pisces

- End of each quadrant
- Related to the universality of human/life experience. Existential, multifaceted, can apply in all kinds of contexts and situations. Diffusive, can find itself everywhere.
- Curious and open-minded (Gemini, universal air), utility and helpful (Virgo, universal earth), expansive and insightful (Sagittarius, universal fire), oriented towards Spirit (Pisces, universal water).



Polarity, Elements & Modes Assignment

1. Gather a handful of charts (3 or so) and note:
 - a. Are there any planets in opposite signs, thus emphasizing a whole axis?
 - i. Is there an axis that seems to be more emphasized than others?
 - b. How many planets are in each element?
 - i. Fire ____
 - ii. Earth ____
 - iii. Air ____
 - iv. Water ____
 - c. How many planets are in each of the modes?
 - i. Cardinal ____
 - ii. Fixed ____
 - iii. Mutable ____
 - d. Take note of any obvious patterns. Does one element or mode feel particularly emphasized or not emphasized?

**Notice that the signs of each chart can be placed anywhere! We will learn more about this in our next segment when we learn about the astronomy of the natal chart, quadrants, and houses. For now, it's only important to take note of the elements and modes.*

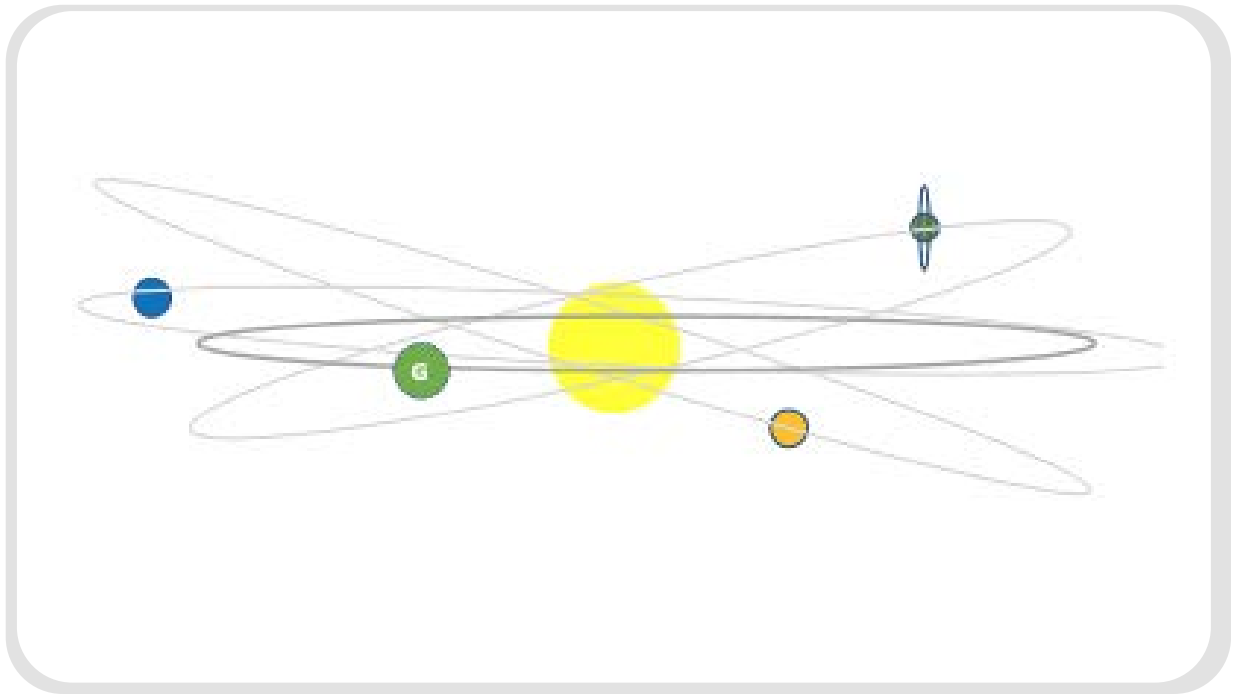
Heart & Soul Centered Astrology



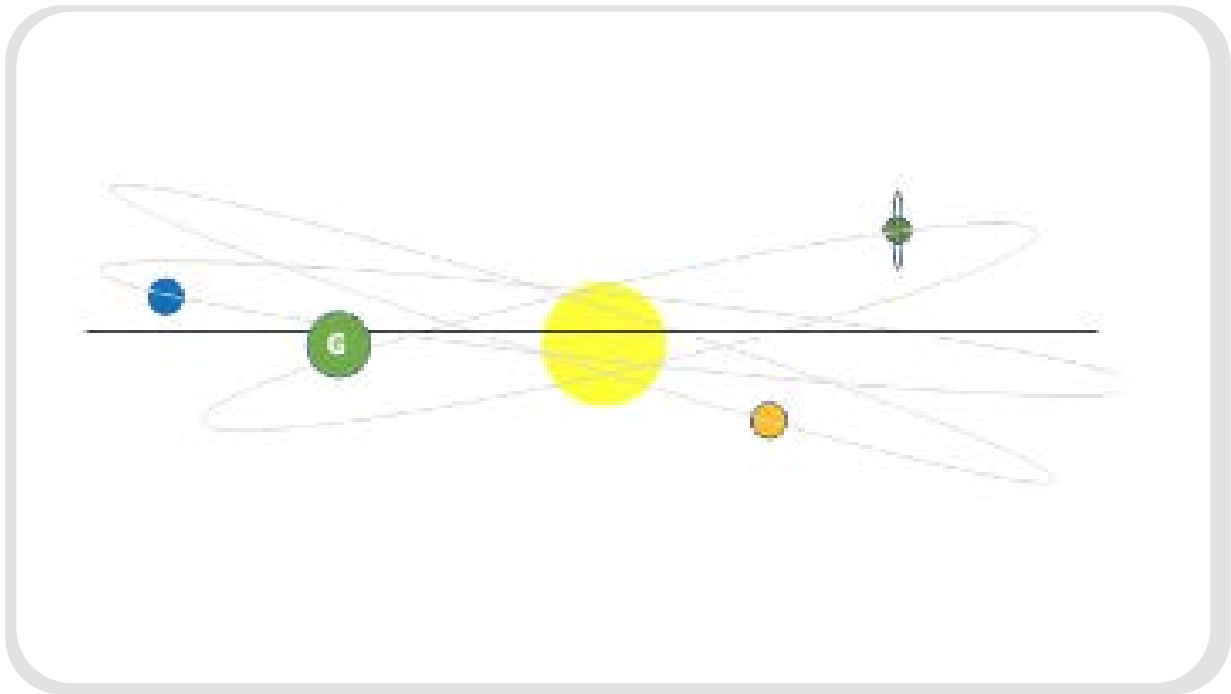
The Essentials Course
Segment 3

Astronomy of the Natal
Chart

Lesson 1: Introduction to the Ecliptic

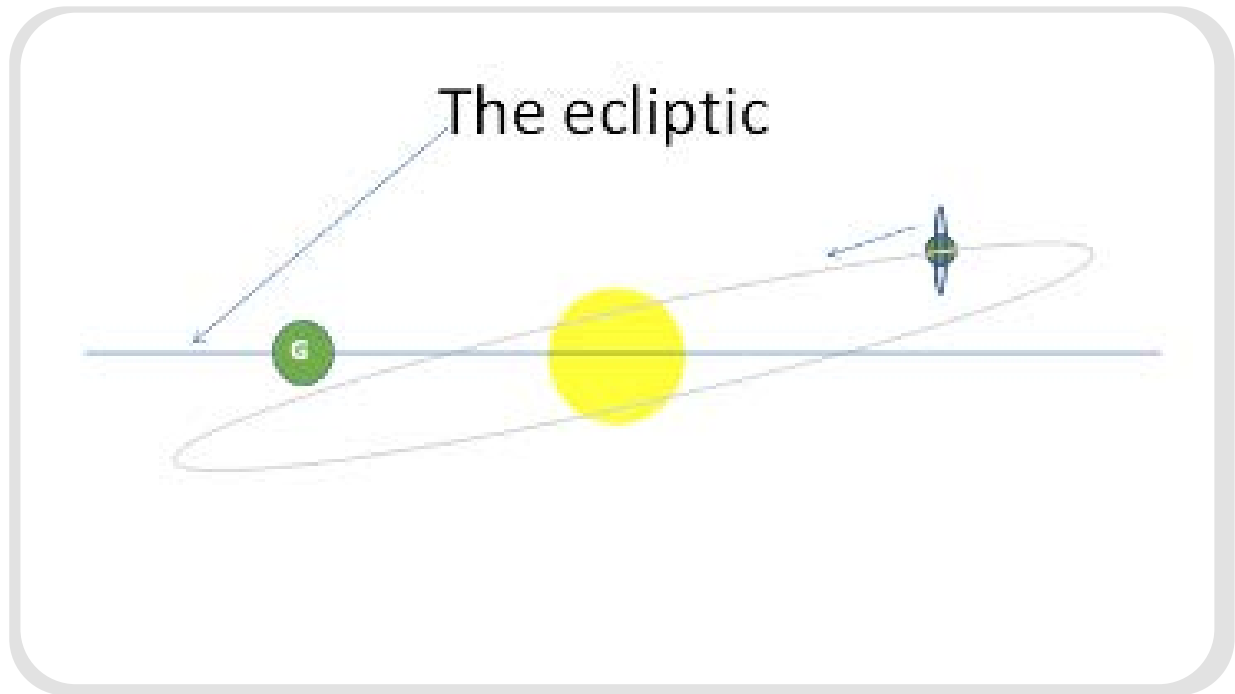


Solar System. G is the Earth.



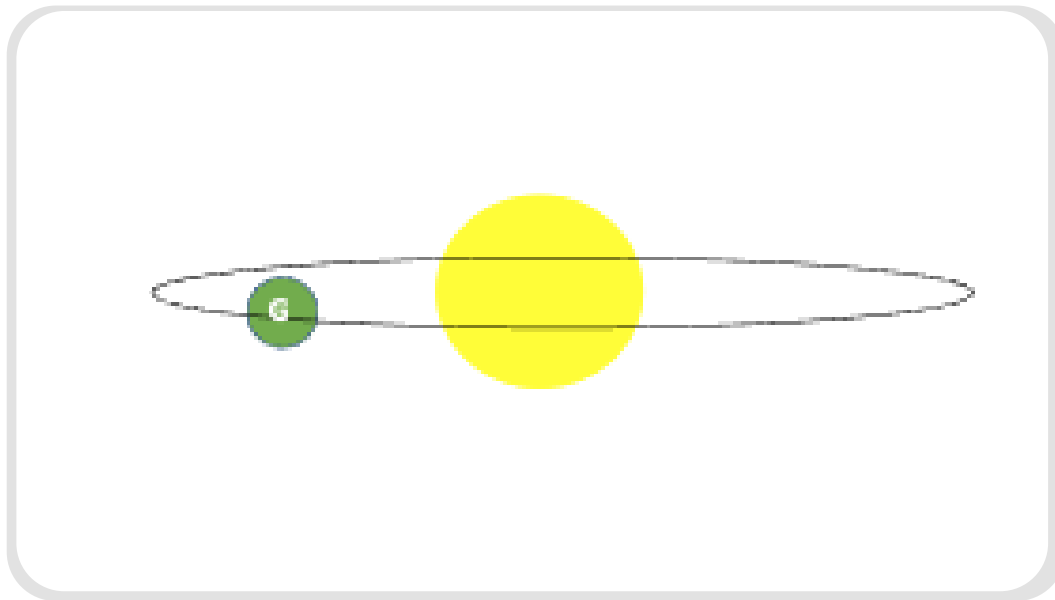
This straight line is a plane created from the Earth's orbit around the Sun. It is called the ecliptic.

Lesson 1: Introduction to the Ecliptic (Cont'd)

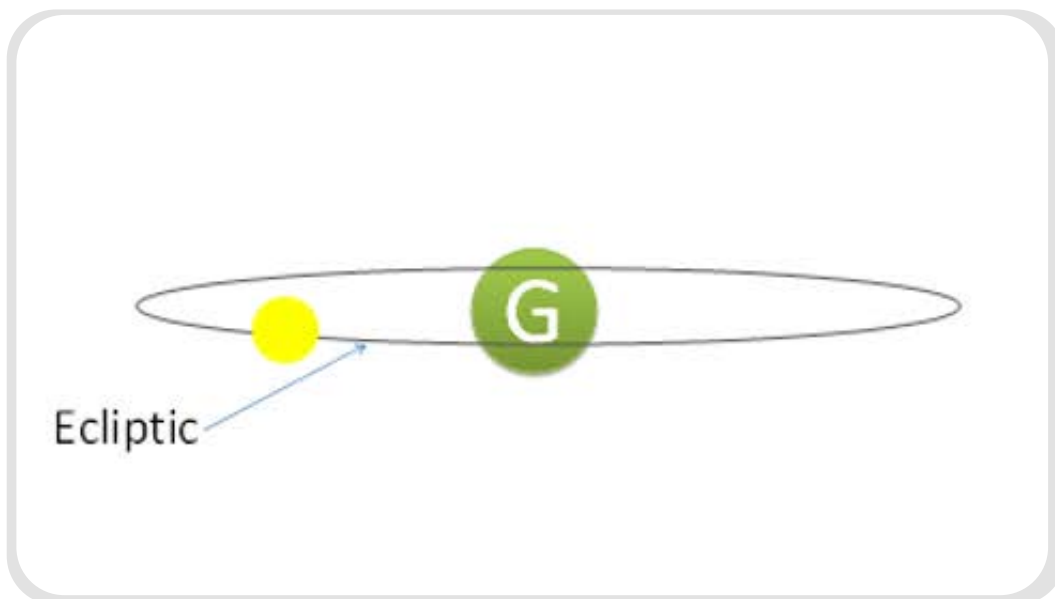


From the perspective of the Sun, the ecliptic is simply the orbital path of the Earth around the Sun.

Lesson 1: Introduction to the Ecliptic (Cont'd)

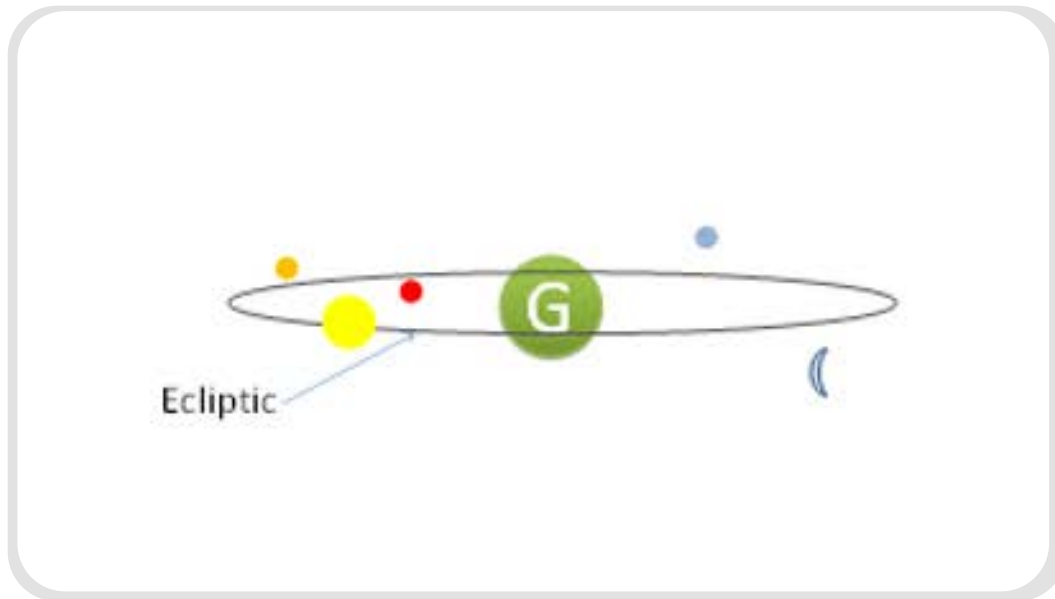


Once again, the path of the Earth around the Sun = the ecliptic.
However, this view from the point of view of the Earth.

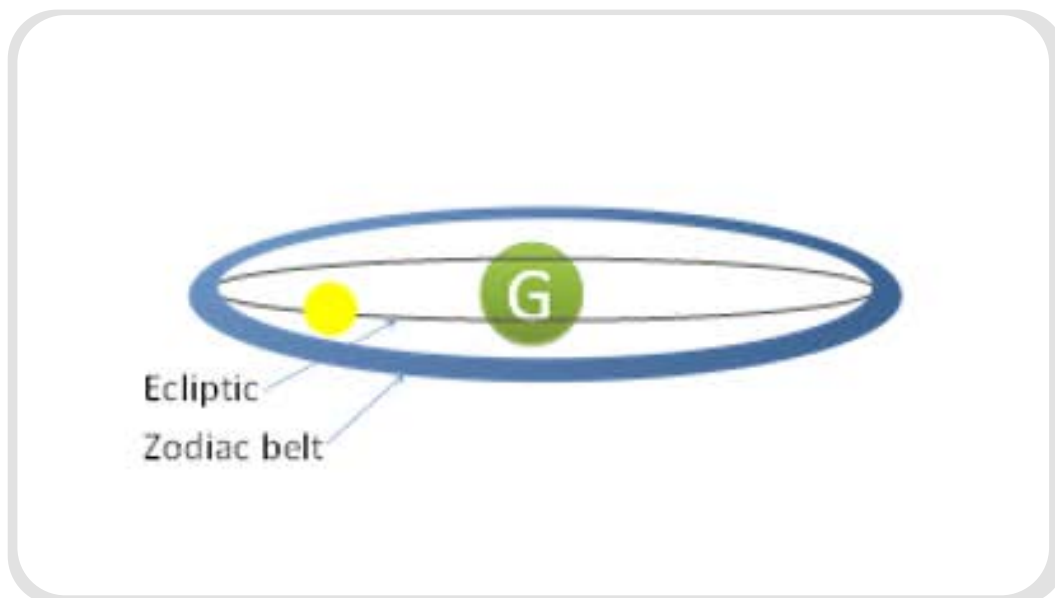


We will define the ecliptic as the apparent path of the Sun around the Earth. Even though this is not objectively the case that the Sun orbits around the Earth, this is relevant to our actual present moment experience of the sky. The Sun's path is always on the ecliptic, like a bead on a string.

Lesson 1: Introduction to the Ecliptic (Cont'd)

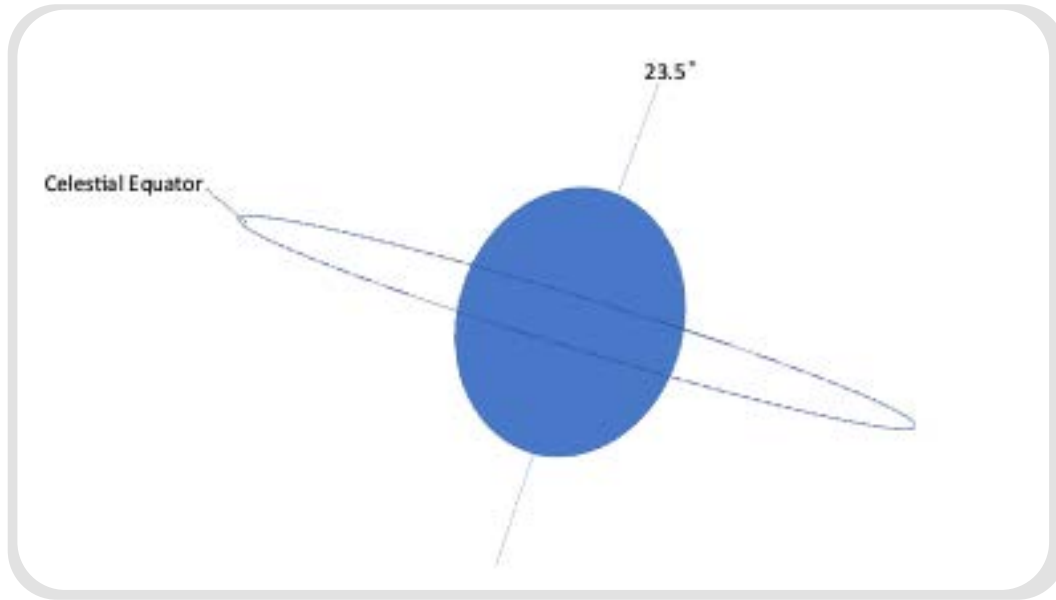


As viewed from Earth, all planets will be close to the ecliptic on either side of the ecliptic.

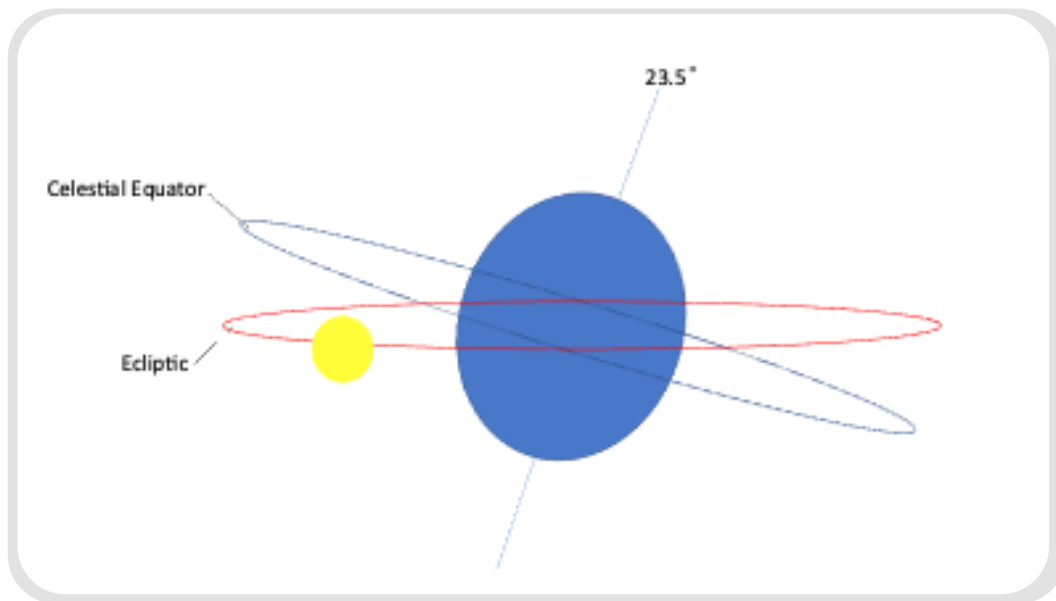


This image depicts the zodiac belt, which is the band of stars that the Ecliptic passes through. Similar to walking around an object in a room. The wallpaper is the backdrop of your orbit around the object.

Lesson 2-1: Where Do Signs Come From?

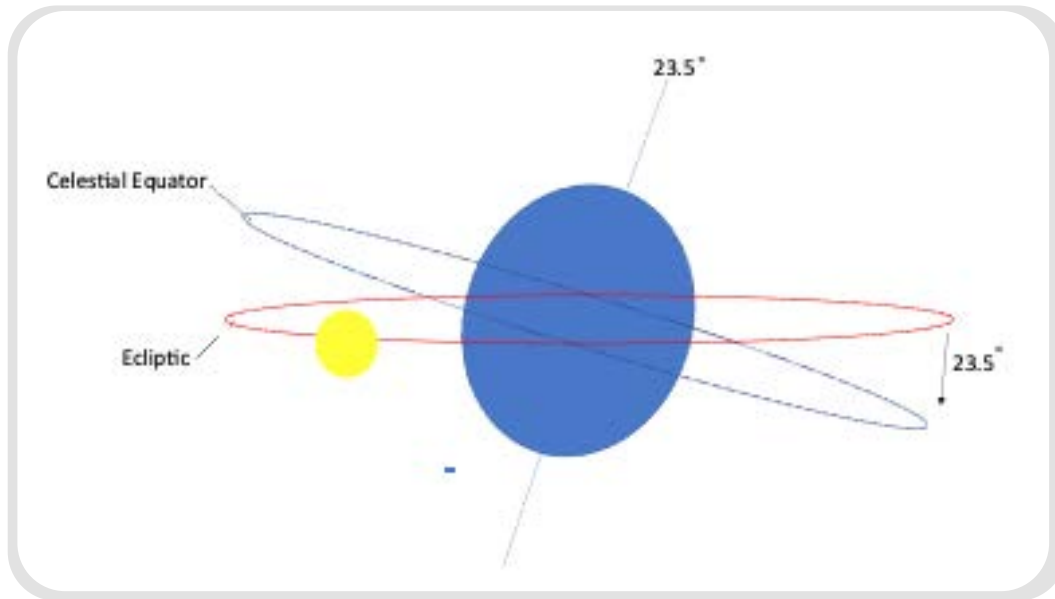


This image depicts the Earth. The celestial equator is the equator of the Earth extended as a plane far into space in all directions. Notice that the Earth is tilted at (about) 23.5 degrees. Tilted relative to what?

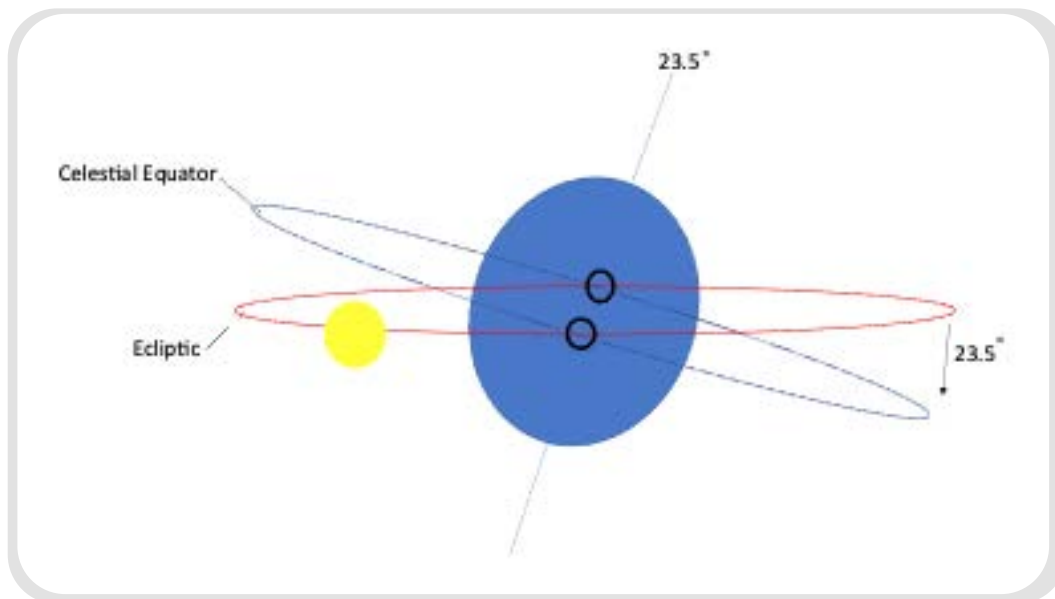


The ecliptic! Here we have the ecliptic with the Sun on it. Remember that all planets travel along the ecliptic. The Sun is the only body that is perfectly threaded on the ecliptic, whereas all the planets will always be close to it on either side.

Lesson 2-1: Where Do Signs Come From? (Cont'd)



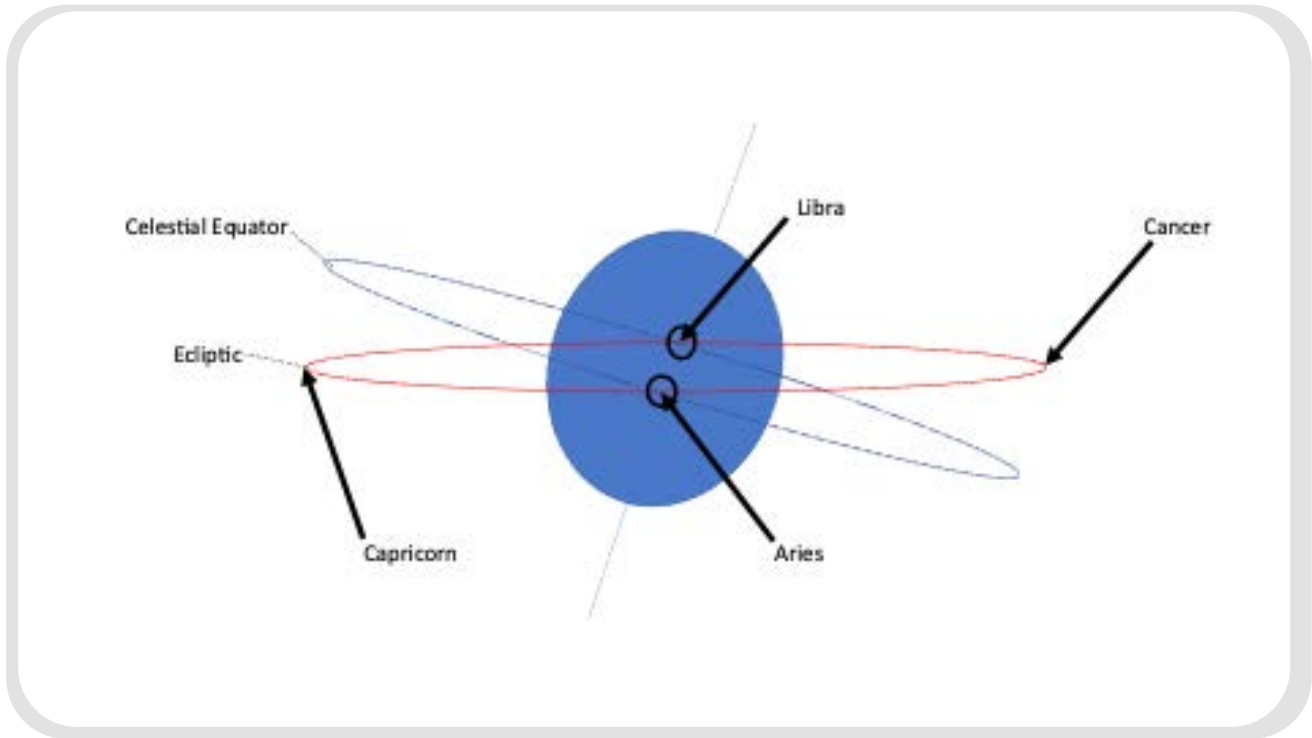
This image depicts the declination of 23.5 degrees between the ecliptic and the celestial equator as their points of furthest separation. If the ecliptic were perfectly on the celestial equator, there would be a 0-degree declination.



Note there are two points where the ecliptic and the celestial equator intersect.

Lesson 2-1: Where Do Signs Come From?

(Cont'd)

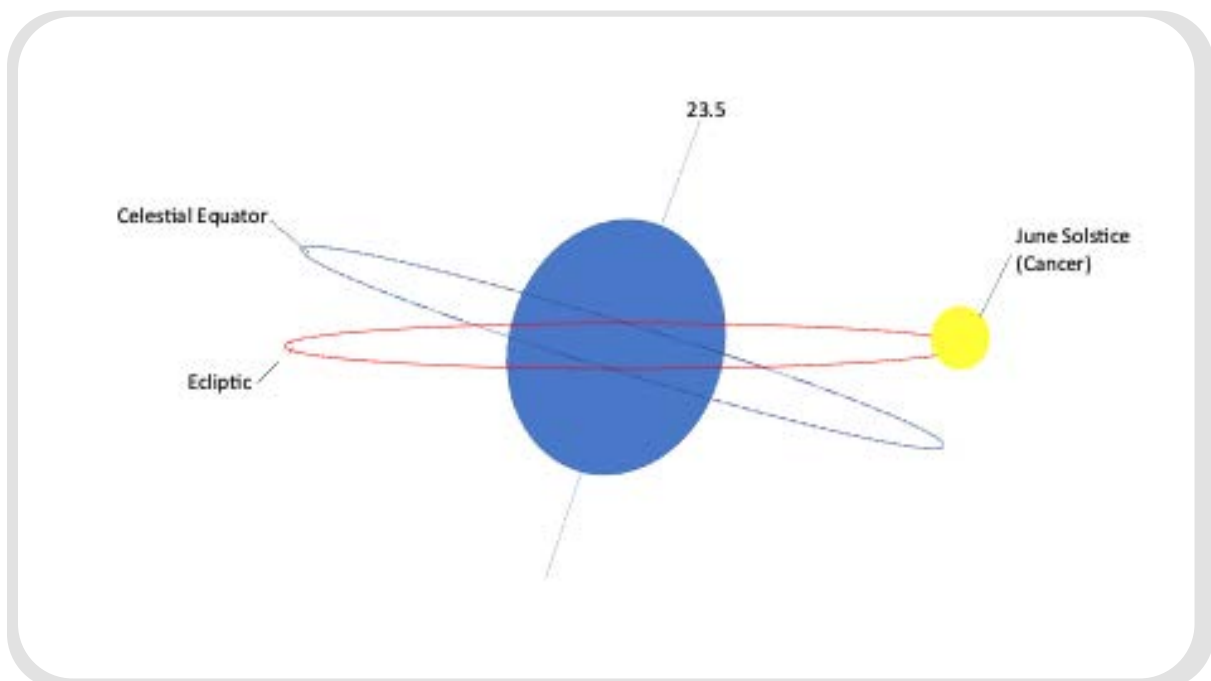
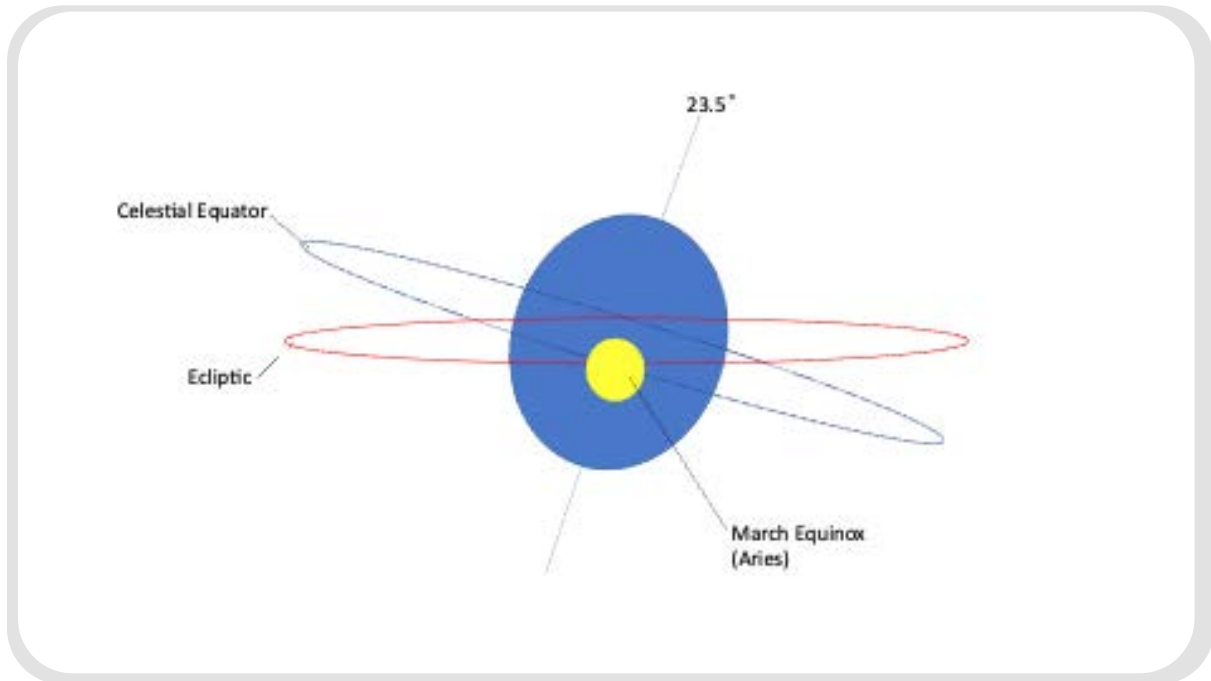


The two intersection points and the two points of greatest declination all begin the four cardinal signs. Any time a planet reaches one of those points, it enters that sign. When the Sun reaches those points, we have the four cardinal seasons.

Lesson 2-1: Where Do Signs Come From?

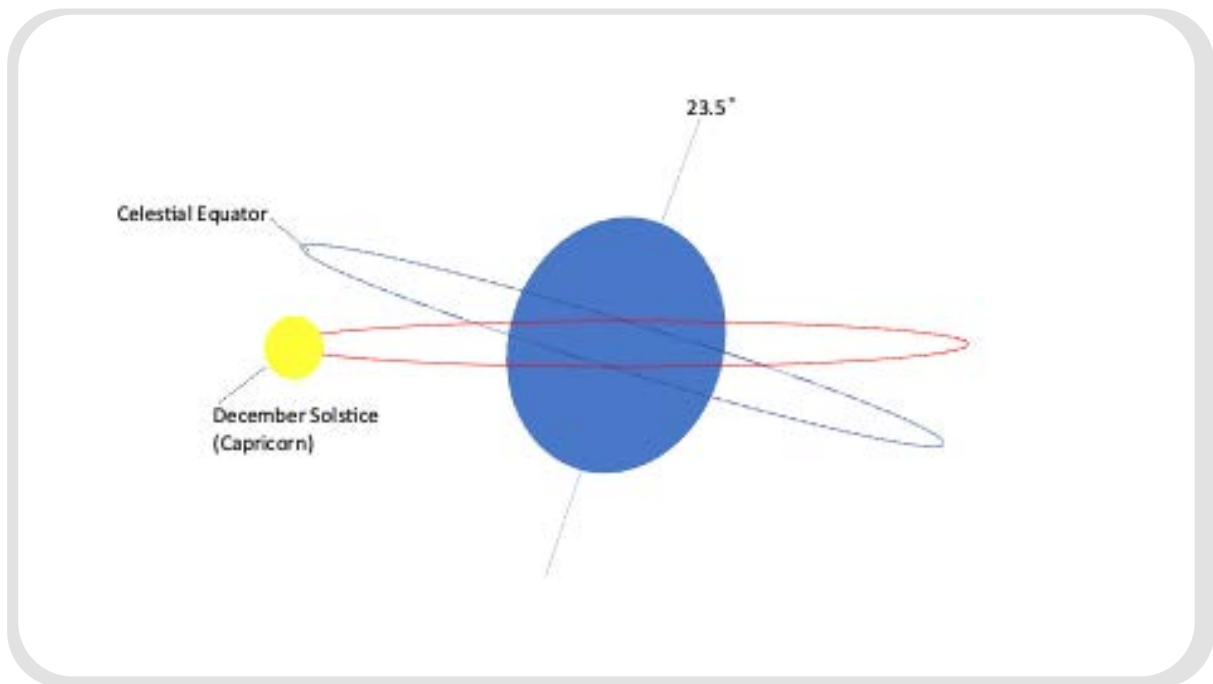
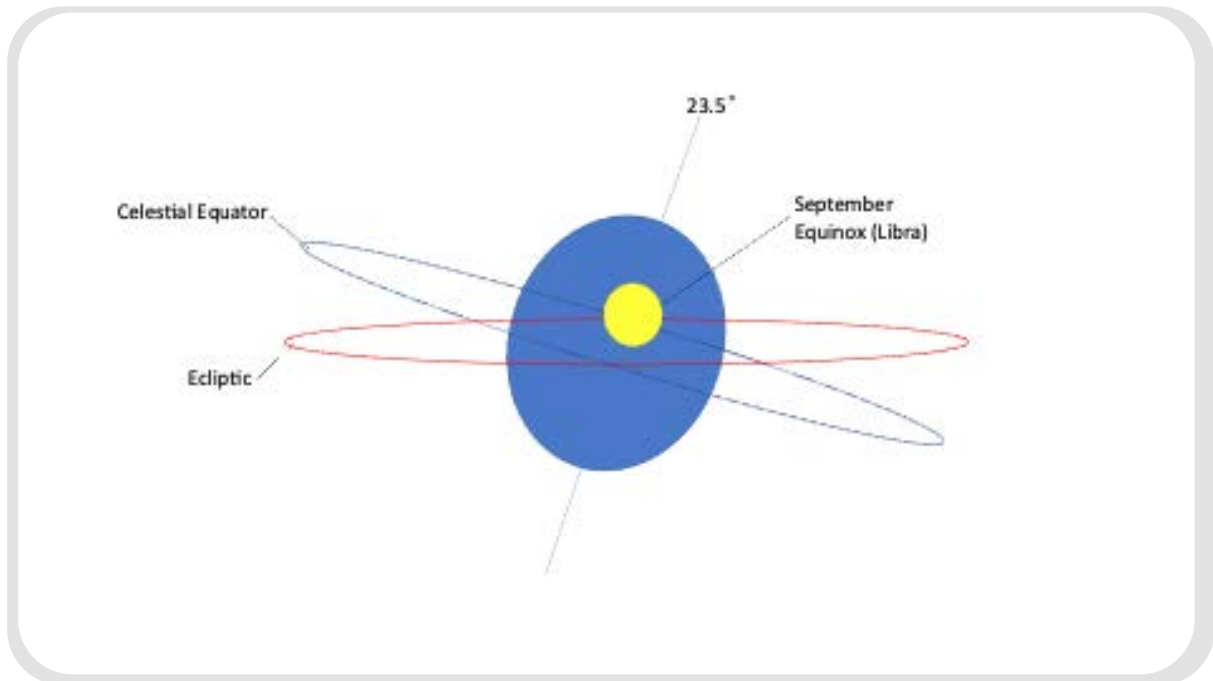
(Cont'd)

Each season begins in the Sun at the beginning (zero degrees) of the cardinal signs:

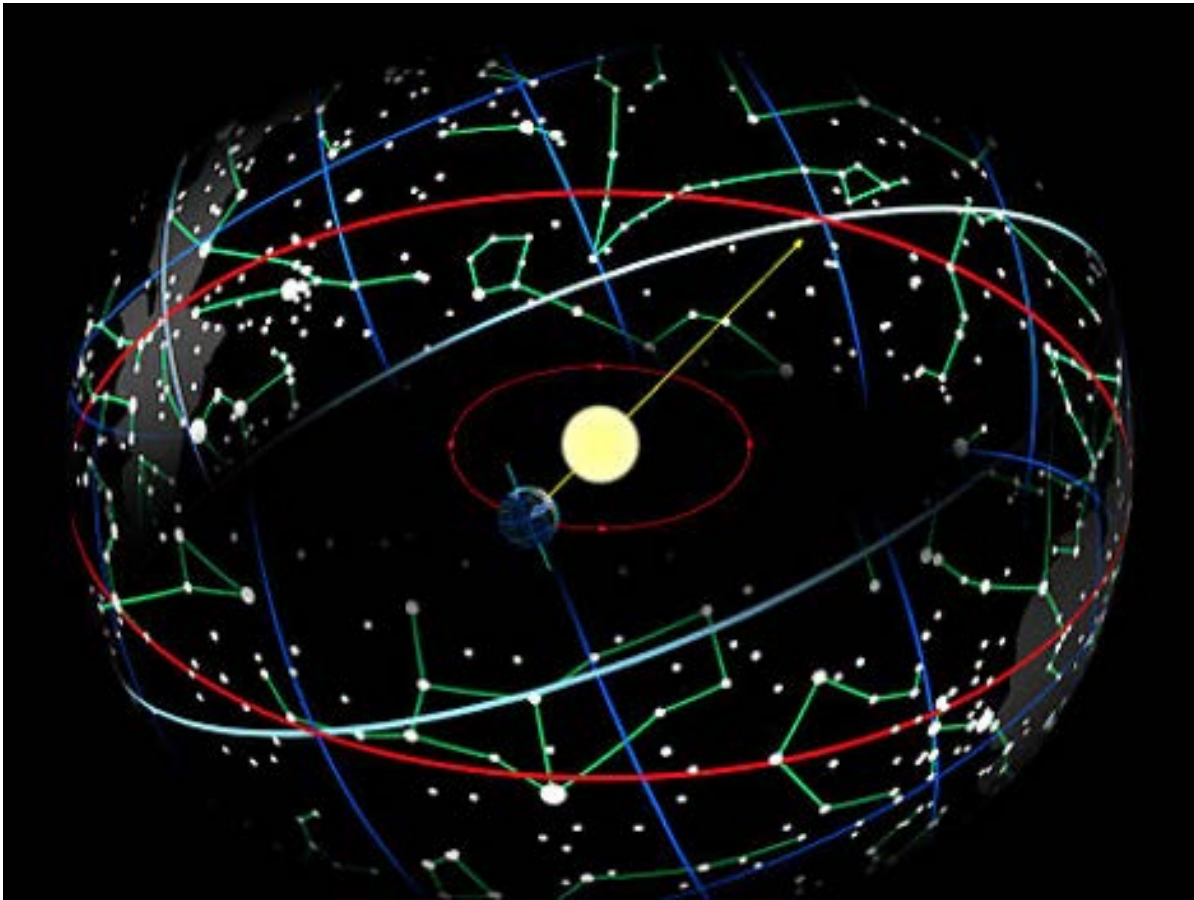


Lesson 2-1: Where Do Signs Come From?

(Cont'd)



Lesson 2-2: Tropical vs Sidereal Astrology

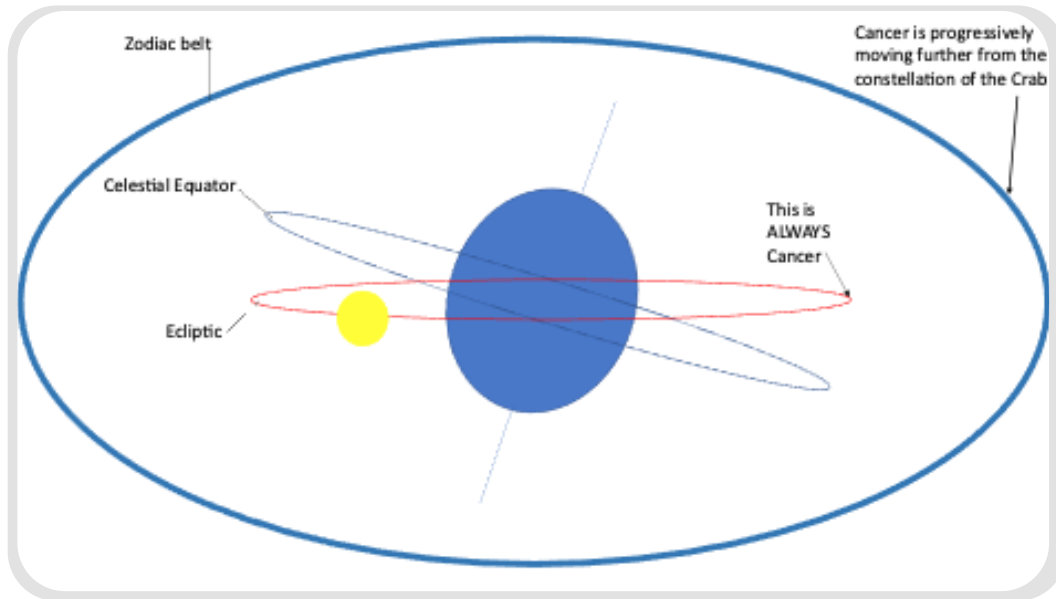


Tau'olunga, CC BY-SA 3.0 via Wikimedia Commons

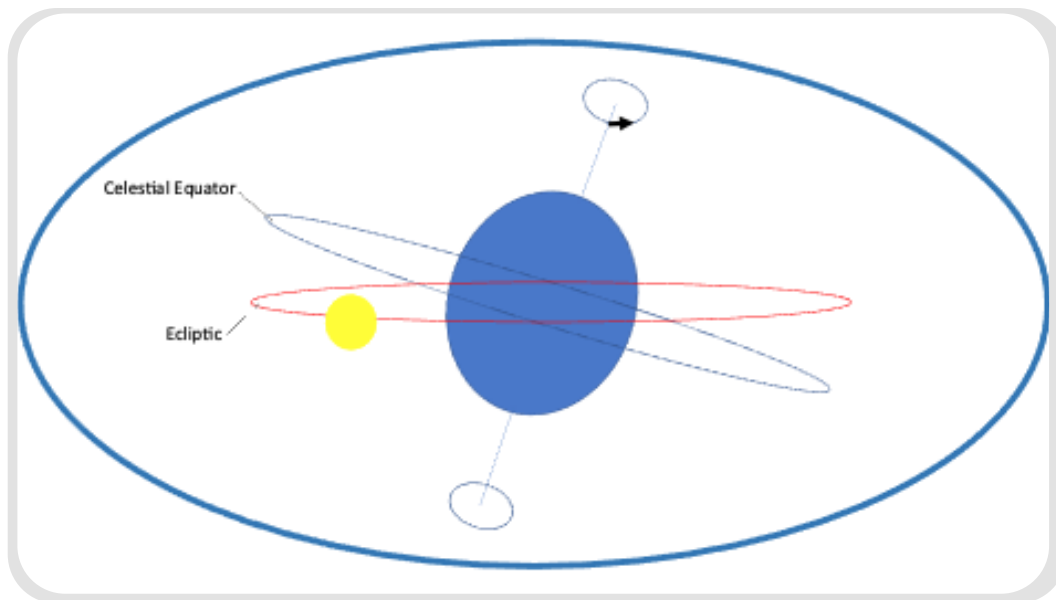
This is a map of the constellations, which is the basis for the sidereal zodiac. The red line is the ecliptic (thus, from the Earth's perspective, the red line is the string that carries the Sun). Note that the ecliptic crosses straight through the zodiac belt. The blue/white line is the celestial equator. They intersect at the equinox points. Those points will ALWAYS be Aries and Libra from a tropical astrology perspective.

- Note that the constellations are not equal to 30 degrees
- Constellations often overlap one another
- Tropical Aries (where the yellow line is pointing) actually starts in the constellation of the fish.

Lesson 2-2: Tropical vs Sidereal Astrology (Cont'd)



This image shows that the tropical zodiac is progressively moving further away from the sidereal zodiac. Why is that?



The answer is called **axial precession**. This occurs over a nearly 26,000 year period. The pole's orientation to the cosmos gradually shifts in perspective during this period. A plausible theory for why this happens is that the entire Solar system is actually moving through space in orbit with another large body, a complete orbit taking 26,000 years. As that happens, the orientation to the rising constellations at the same equinox point every year reveals a gradual precession backward through the zodiac.

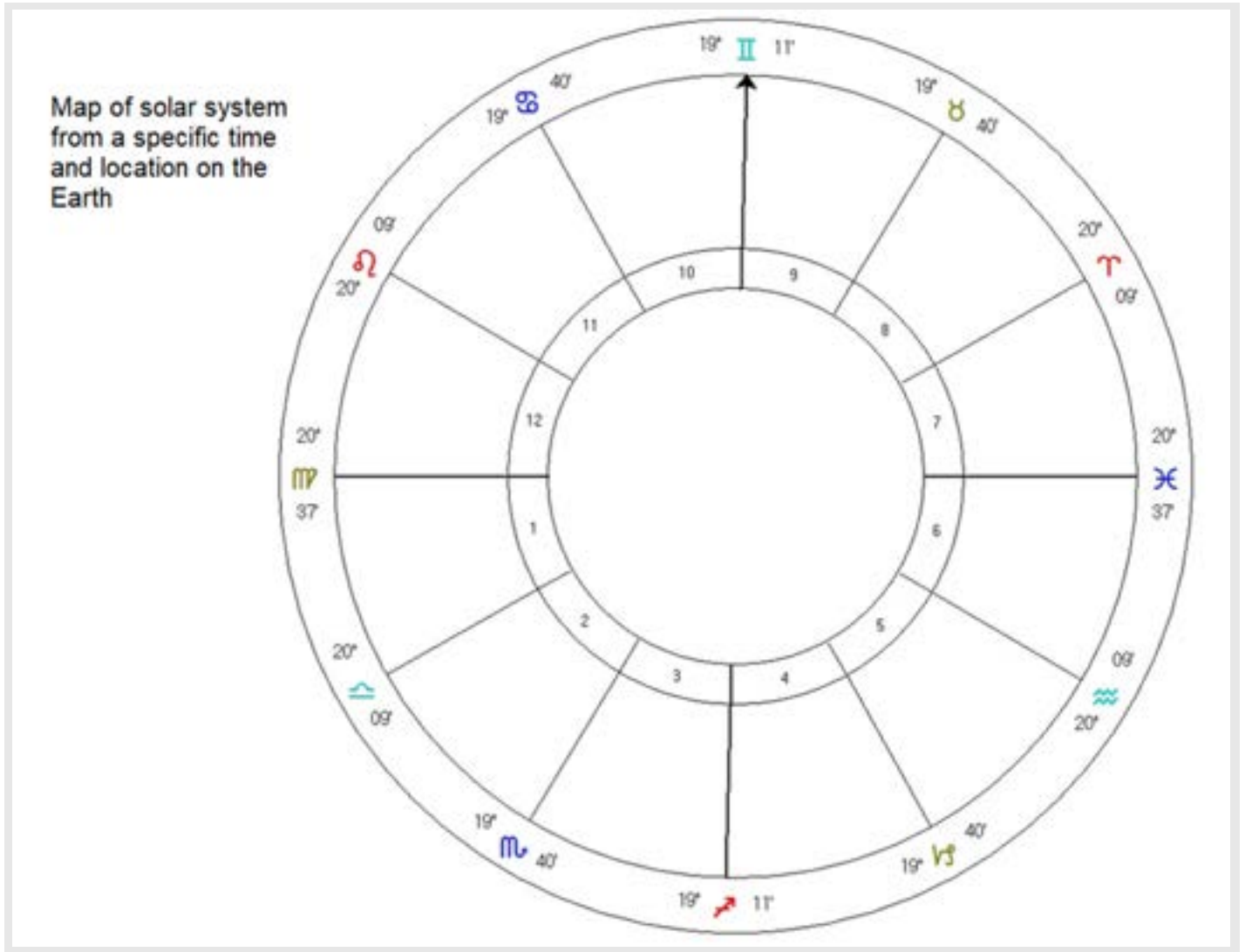
Lesson 2-2: Tropical vs Sidereal Astrology

(Cont'd)

Discrepancies between the Tropical and Sidereal zodiac

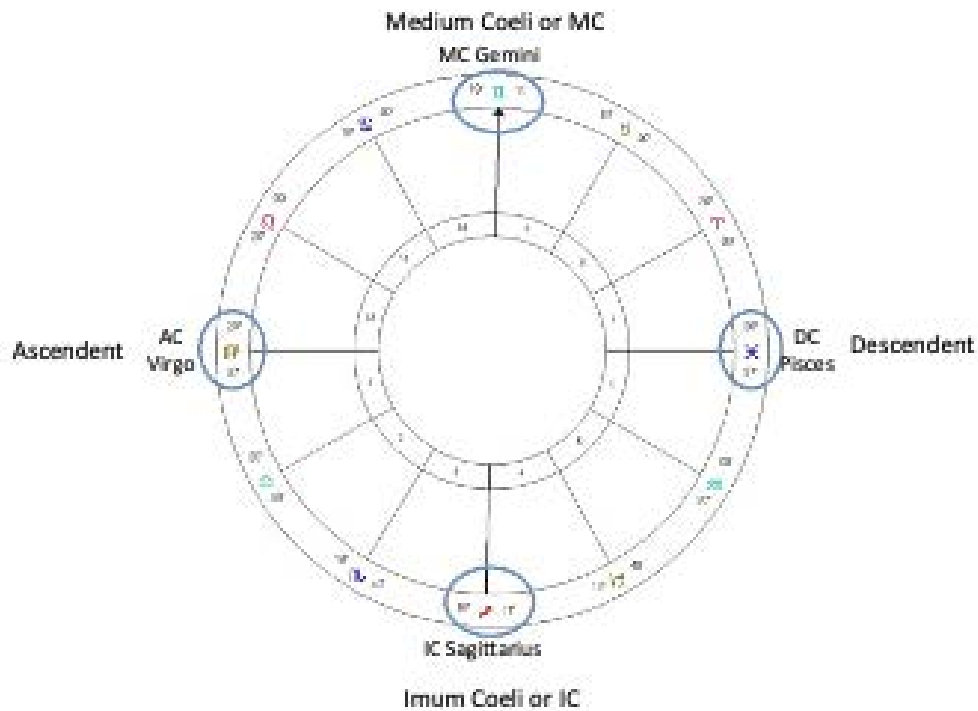
- There is a currently 24° 08" (24 degrees, 8 minutes) discrepancy between the tropical zodiac and the sidereal zodiac.
- The boundaries of the constellations of the sidereal zodiac are determined differently by different cultures, practices, and scientific organizations. There is no objective, universal guideline for determining constellations.
- The tropical zodiac is called the “moving zodiac” because while its positions remain fixed according to the Sun-Earth relationship, it constantly moves along the zodiacal constellations’ backdrop.
- Tropical Aries and Libra ALWAYS begin on the equinox points. Likewise, Cancer and Capricorn ALWAYS begin on the solstice points. Sidereal Aries and Libra do NOT begin on the equinox points. Likewise, Cancer and Capricorn do NOT begin on the solstice points.
 - Tropical = Ecliptic/Celestial sphere relationship (Earth, Sun relationship).
 - Sidereal = constellational (sort of)
- The precession of the equinox is what creates this progressive movement. It is determined by axial precession over a nearly 26,000 year period.

Lesson 3-1: The Four Angles & the Four Quadrants



Lets begin to unpack what all this is!

Lesson 3-1: The Four Angles & the Four Quadrants (Cont'd)



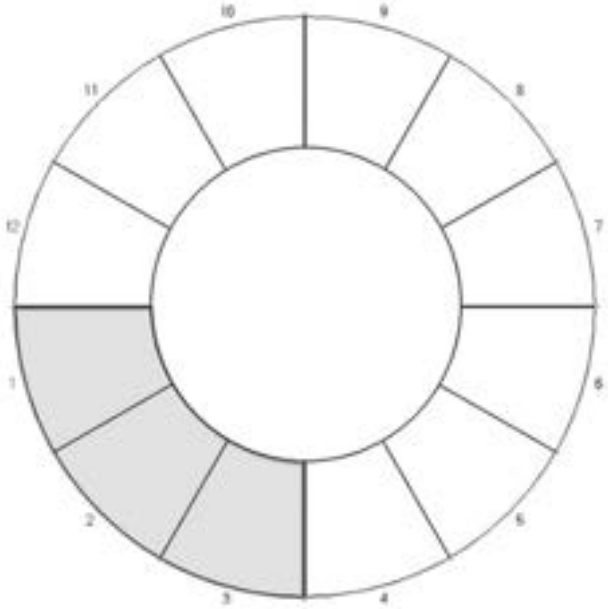
- The **Ascendant** is the point where the ecliptical plane intersects the local eastern horizon.
- The **Descendent** is the point where the ecliptical plane intersects the western horizon.
- The **Medium Coeli (MC)** is the greatest ascent of the ecliptic in time from one horizon to the other above the horizon plane.
- The **Imum Coeli (IC)** is the greatest descent of the ecliptic in time from one horizon to the other below the horizon plane.

Lesson 3-1: The Four Angles & the Four Quadrants (Cont'd)

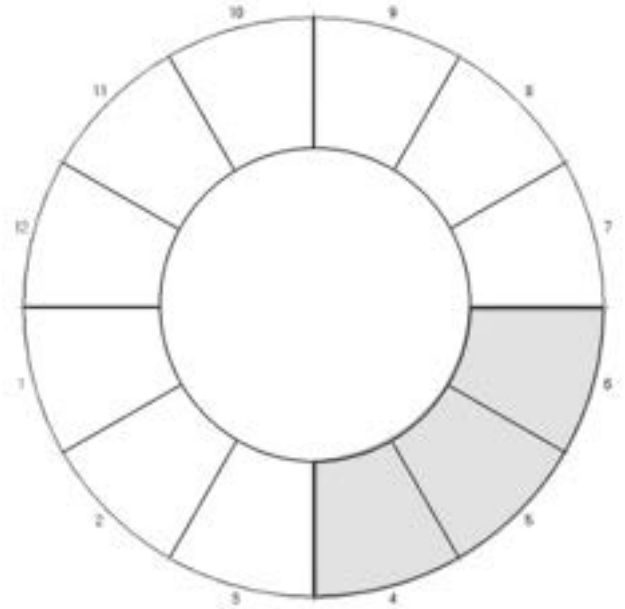


- The four angles create the four natural quadrants of the natal chart.
- As you will see, each quadrant contains three houses.
- Houses, how they are created, will be delineated below in lesson 4.
- Note that the four quadrants are not always equal. Every day the actual horizon points rutter, which manifests in the natal chart as a moving MC IC axis.

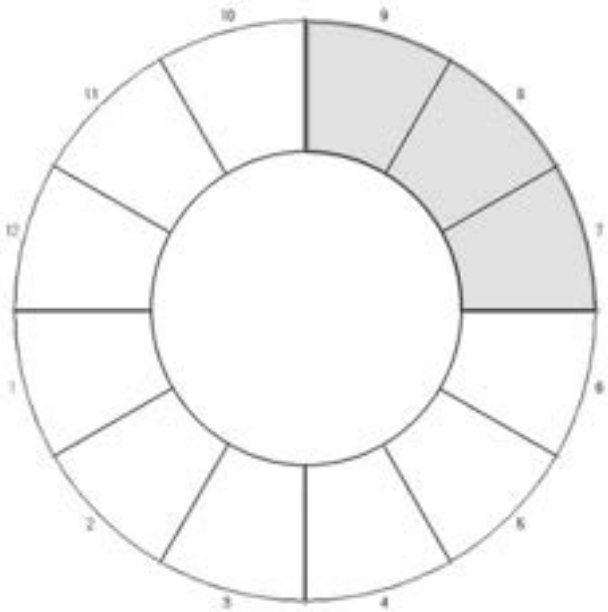
Lesson 3-1: The Four Angles & the Four Quadrants (Cont'd)



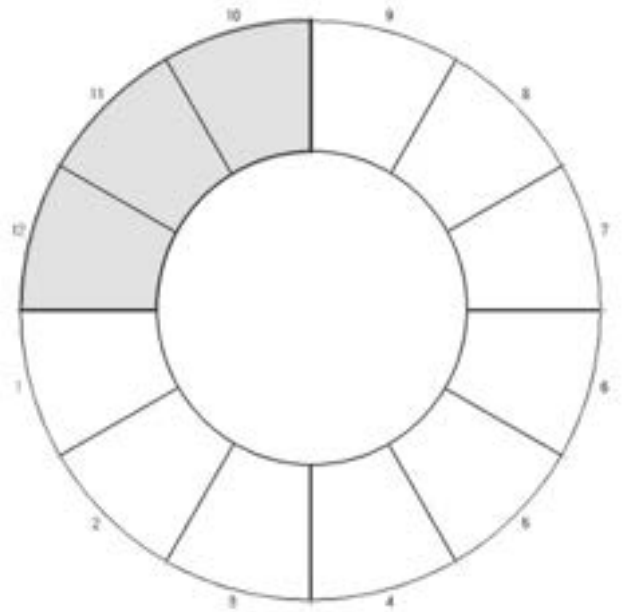
Quadrant 1



Quadrant 2



Quadrant 3



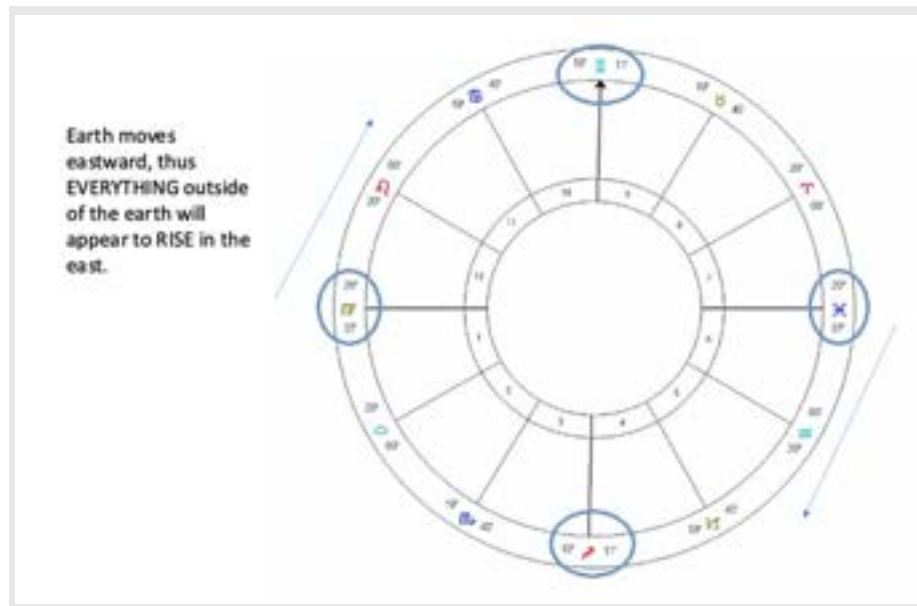
Quadrant 4

Lesson 3-1: The Four Angles & the Four Quadrants (Cont'd)

Review:

- The chart contains four quadrants. These are different from the four quadrants of the tropical zodiac.
- The four quadrants of the chart are created by the intersection of the ecliptic with the local horizon and local meridian planes.
- Note that the four quadrants of the tropical zodiac and the four quadrants of the chart both involve intersections with the ecliptic.
- The AC and DC are similar to Aries and Libra as both represent nodal points between the ecliptic and another earthly plane.
- The IC and MC are similar to Cancer and Capricorn. Both represent the greatest separation from the ecliptic and the earthly plane in the traverse of the ecliptic from one intersection point to another.

Lesson 3-2: The Two Motions of the Natal Chart

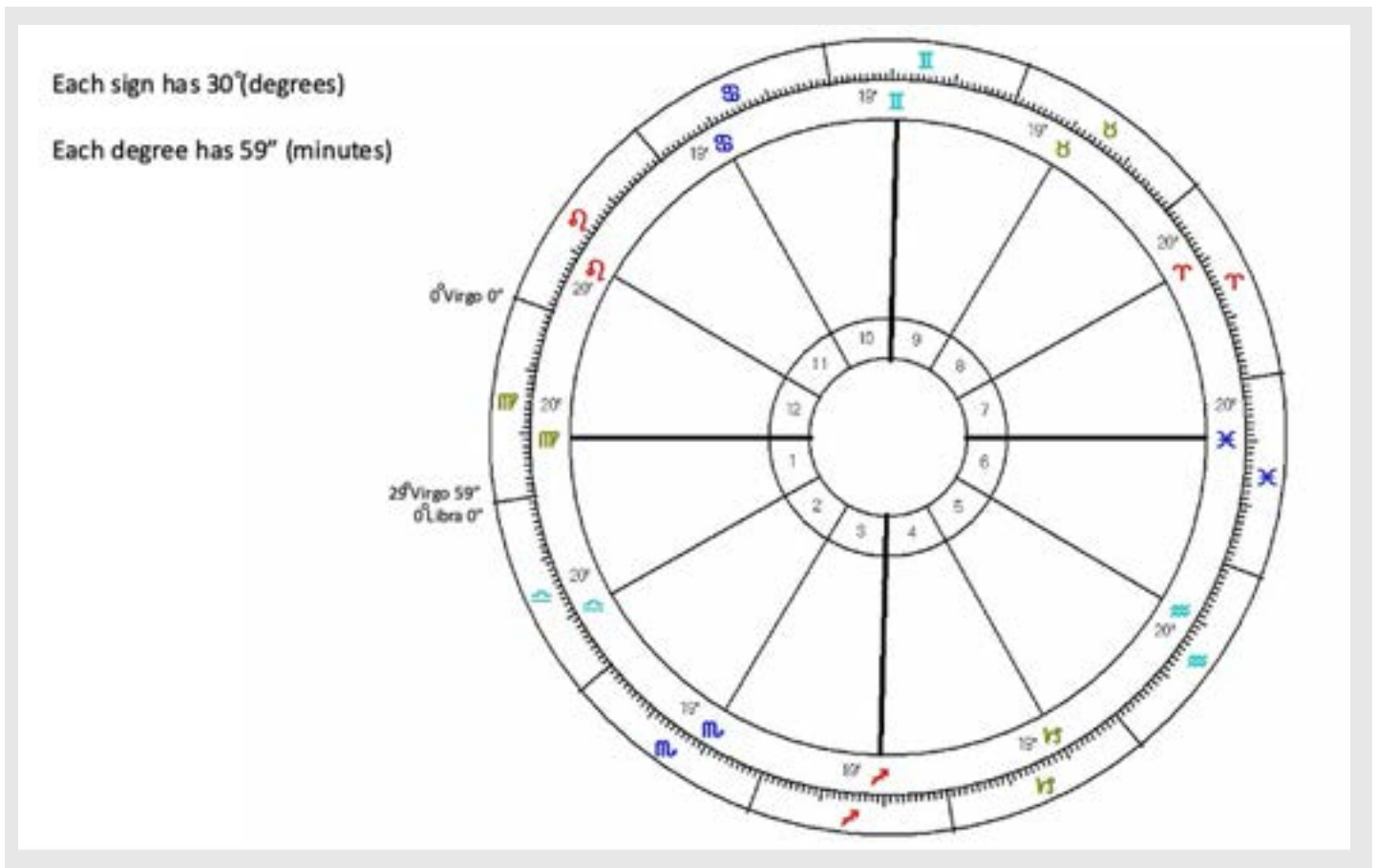


The ecliptic, and thus all planetary activity along the ecliptic, will rise in the east and set in the west every day. In the natal chart, this means that the entire sky is moving clockwise through the zodiac.



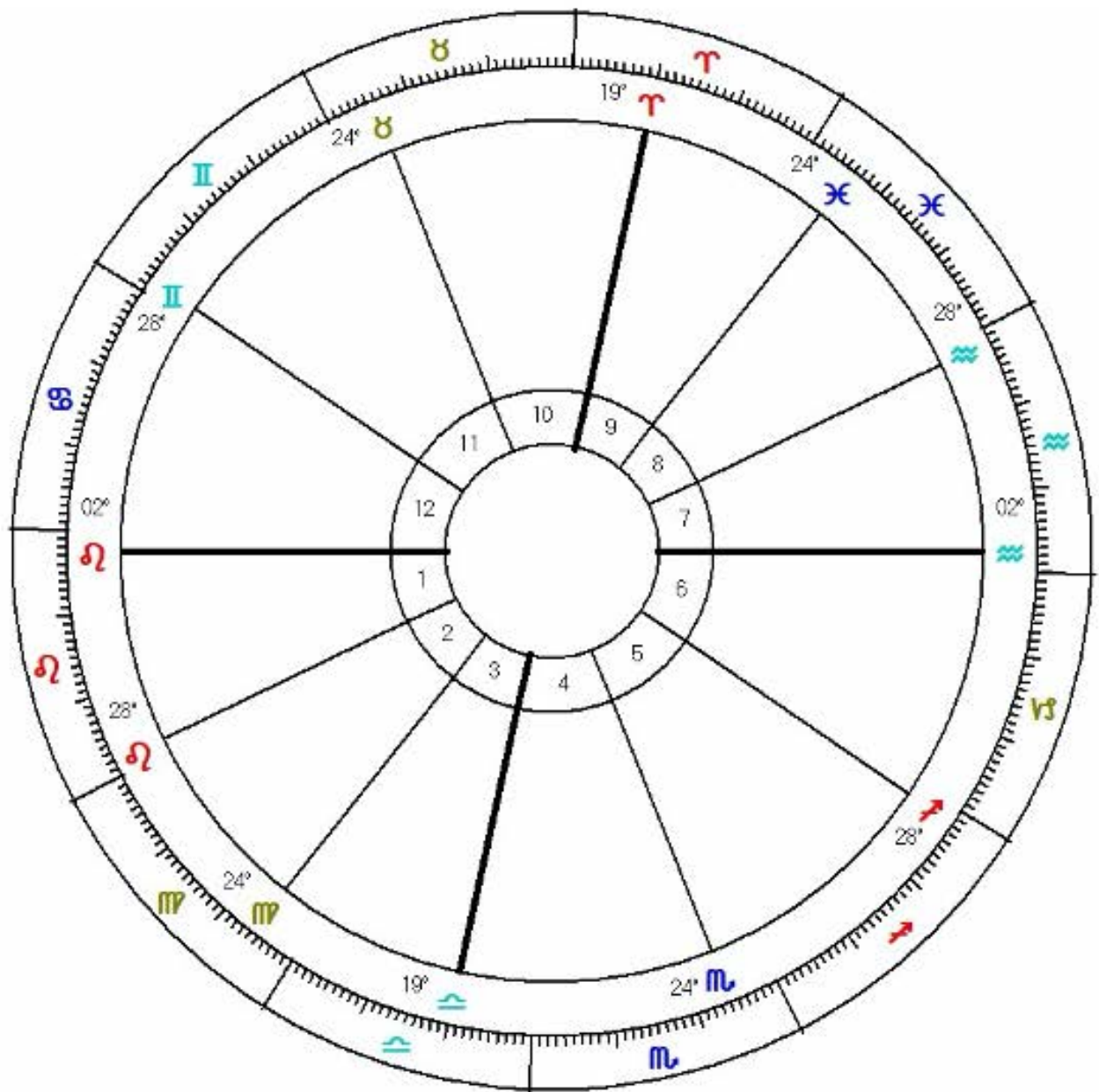
At the same time, the planets themselves are moving counterclockwise along the ecliptic. This means that the signs are moving backward through the chart (from the 4th quadrants to the 3rd etc.) even while the planets are moving in the natural direction of the zodiac. Now let's look at the signs.

Lesson 3-3: Degrees and Minutes



- This chart shows the beginning and end of each sign.
 - Each sign has 30 degrees.
 - Each degree has 60 minutes.
- Note that Virgo starts in the 4th quadrant, in the 12th house, but at 20 degrees, it begins the first quadrant. This means that 20 degrees Virgo was rising in the east.
- Likewise, the descendent starts with 20 degrees Pisces. The MC starts with 19 degrees Gemini. The IC starts with 19 degrees Sagittarius.

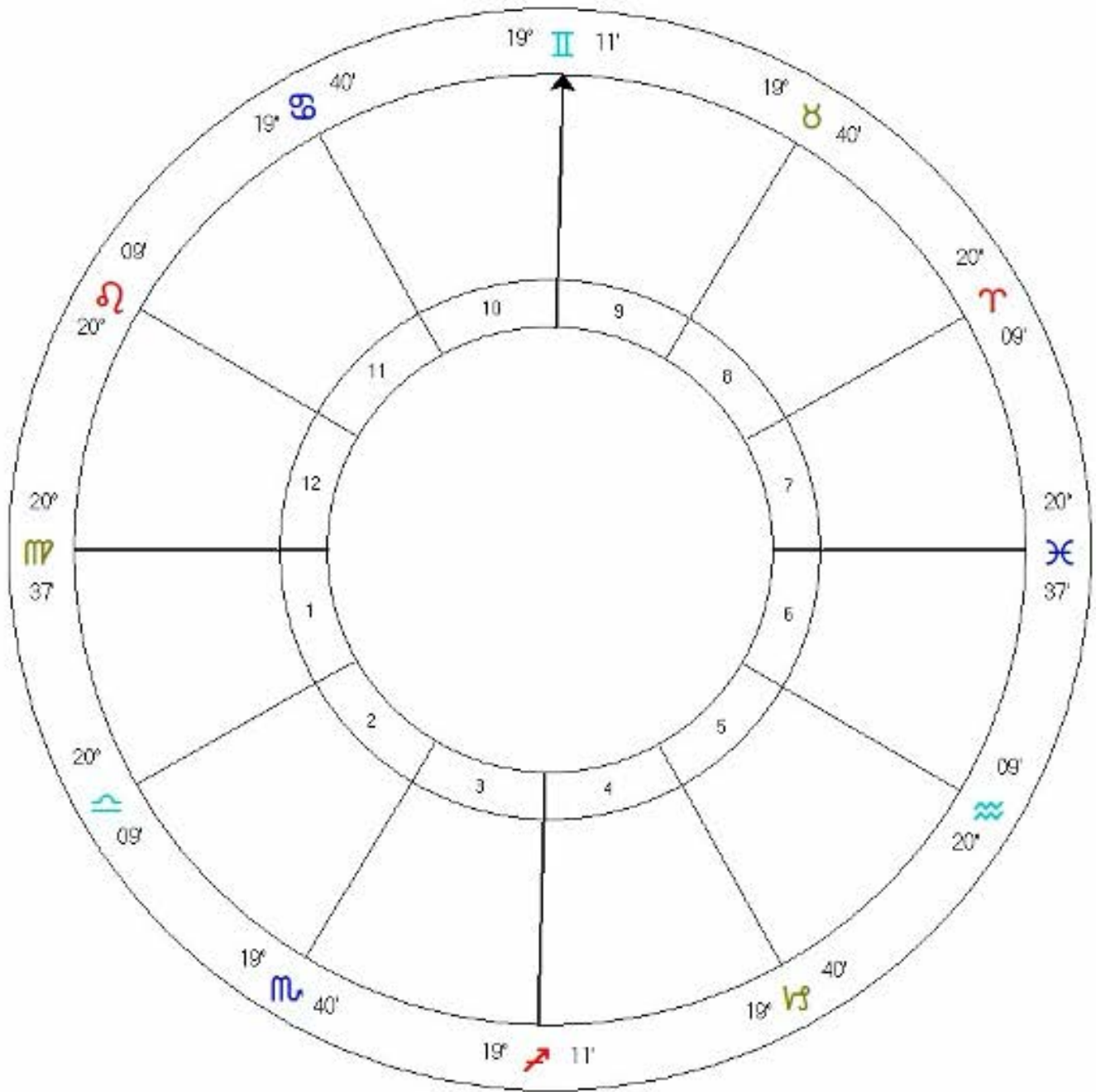
Lesson 3-3: Degrees and Minutes (cont'd)



Another chart example demonstrates the 30 degrees of each sign and where each quadrant begins.

At this point, what remains is for us to learn what the houses are and how they are created.

Lesson 4: The Houses



We understand where the four angles come from. They are objectively discernable points created via the intersection with the ecliptic and Earth's local horizon and meridian planes. But how are houses created?

Lesson 4: The Houses (cont'd)

Step 1: calculate the number of degrees in any quadrant.

For example, the space between AC and MC= 91 degrees and 26 minutes

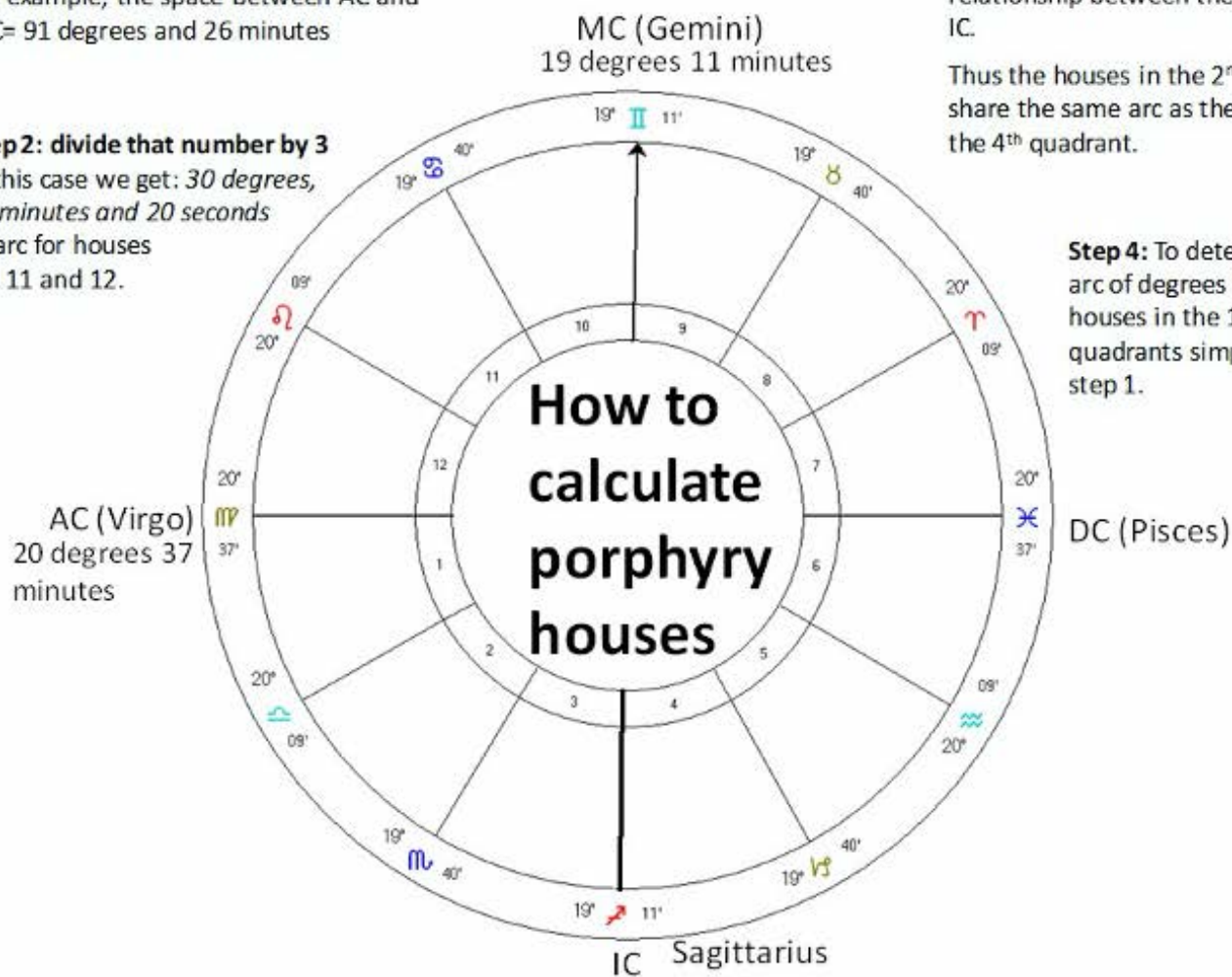
Step 2: divide that number by 3

In this case we get: 30 degrees, 28 minutes and 20 seconds of arc for houses 10, 11 and 12.

Step 3. The relationship between the AC and the MC is symmetrical to the relationship between the DC and the IC.

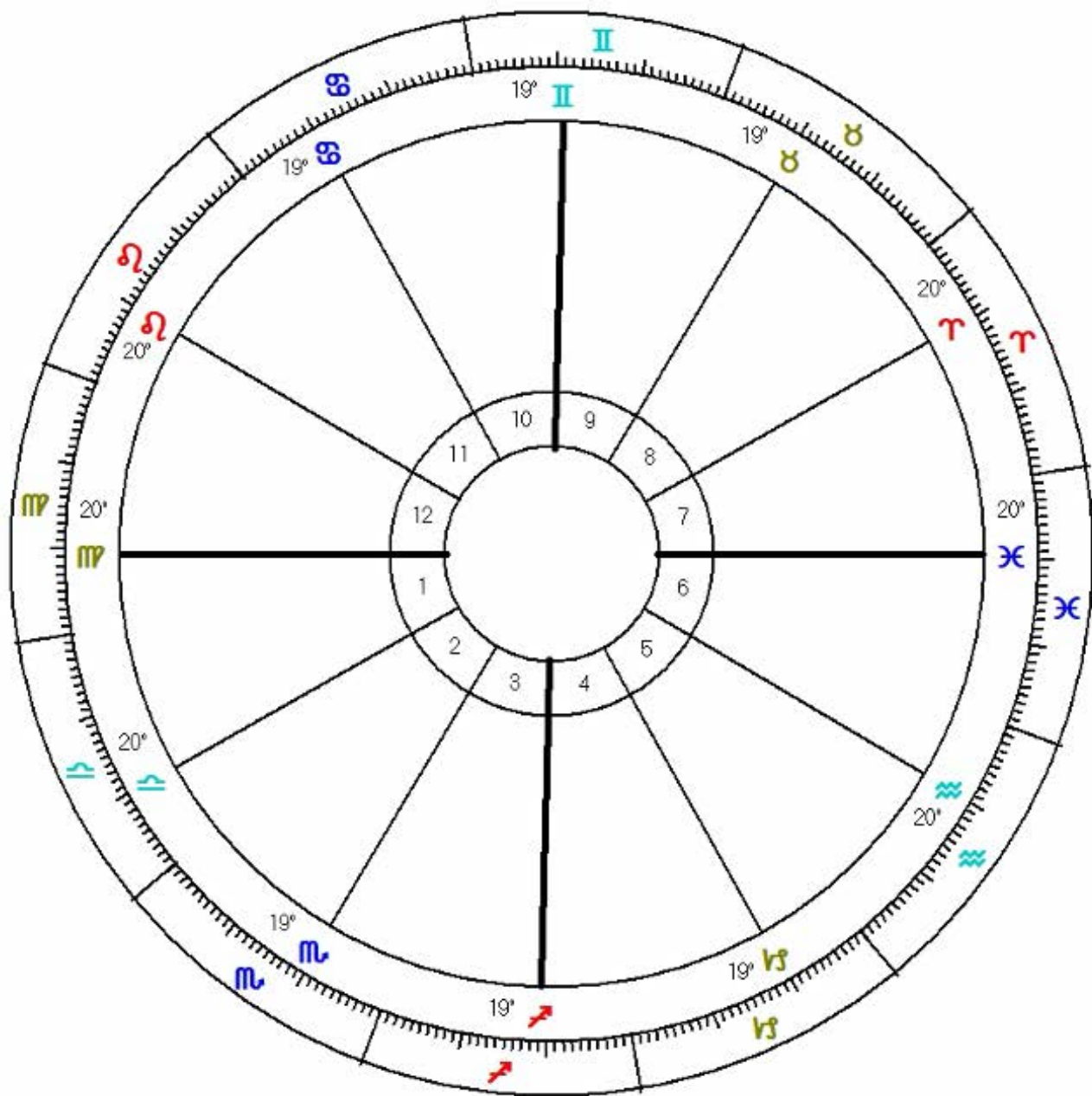
Thus the houses in the 2nd quadrant share the same arc as the houses in the 4th quadrant.

Step 4: To determine the arc of degrees for the houses in the 1st and 3rd quadrants simply repeat step 1.



- There are many different house systems, I.E., many ways to divide the quadrants into houses. In this course, we are using porphyry. Porphyry simply divides the space between each angle into equal thirds.
- To calculate the porphyry houses, count the number of degrees from one angle to the next and divide by three. This determines the size of the houses in that quadrant.
- The opposite quadrant will be symmetrical. Repeat or subtract the total degrees in one of the calculated quadrants from 180 to determine the size of each of the other two quadrants. Then, divide that result by 3 to determine the size of the houses within those quadrants.

Lesson 4: The Houses (cont'd)



This might make it easier to conceptualize the number of degrees from one angle to the next. Remember there are 30 degrees in each sign, 60 minutes in each degree.

Intro to the Lunar Nodes



This is the orbital path of the Moon as it intersects the ecliptic. The points of intersection between a planet's orbital path and the ecliptic are called planetary nodes. These are the Lunar nodes.

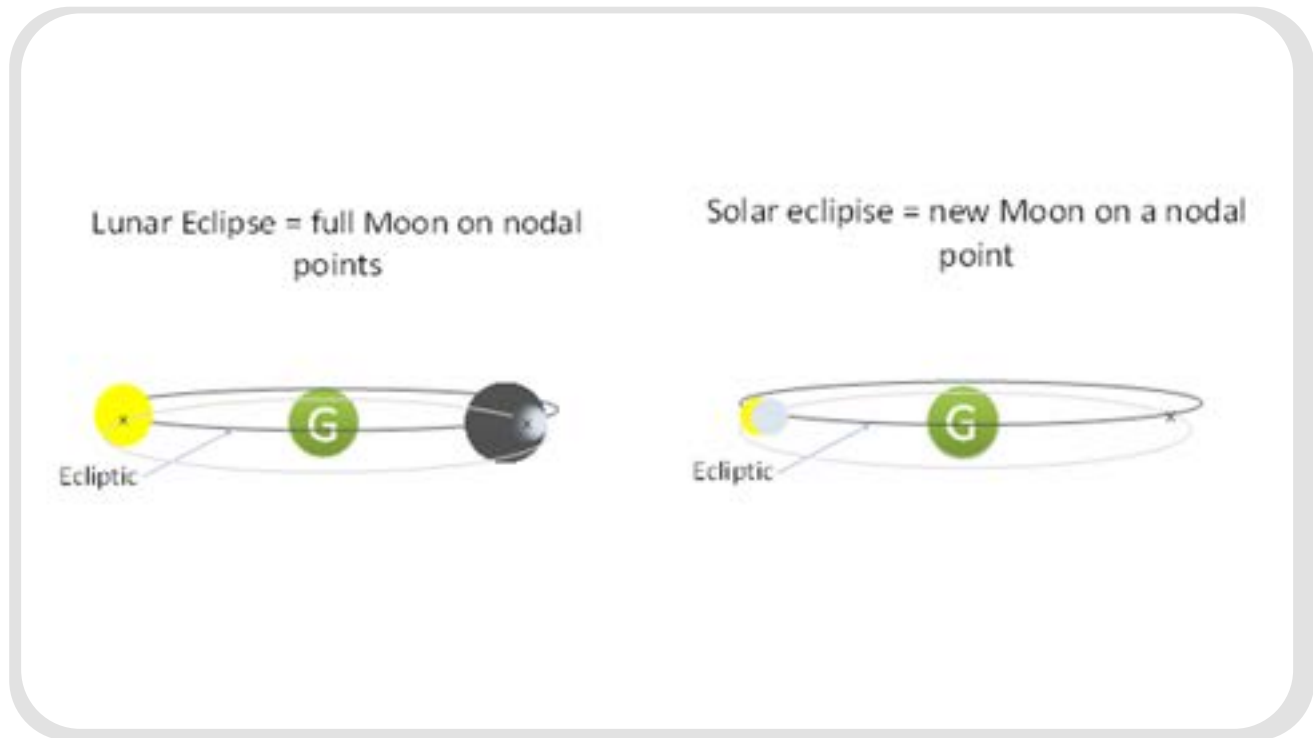


North Node

South Node

Intro to the Lunar Nodes

(Cont'd)



Lunar and Solar eclipses happen when the new or full moon falls on the nodal points of the Moon's orbital path and the ecliptic.

Segment 3: Review questions

(see answers below)

Lesson 1: The Ecliptic

1. From a heliocentric perspective, what is the ecliptic?
2. From a geocentric perspective, what is the ecliptic?
3. Why is the Sun always exactly on the elliptical path?
4. Why are all planets always on either side of the ecliptic?

Lesson 2: The signs, Tropical vs. Sidereal Astrology

1. What is the celestial equator?
2. The celestial equator and the ecliptic intersect in two places and are at maximum separation in two places. This creates four cardinal points. What do we call those points?
3. Where do all the other signs come in?
4. Reflection: Aries begins at the rising of the ecliptic above the celestial equator. It is an initiatory, emerging energy. This is a natural reflection of the energy of Aries itself. This astronomical knowledge provides perspective for why Aries is the traditional "start" of the zodiac.
5. Why are constellations different than signs?
6. The tropical zodiac is called the "moving zodiac." Why?
7. What is the precession of the equinox?

Segment 3: Review questions

Lesson 3: The Natal Chart

1. What creates the ascendent and descendent?
2. How are the MC and IC determined?
3. In what ways are the four angles of the natal chart astronomically similar to the four cardinal signs of the ecliptic?
4. Practice. Take out a chart and, with your finger, follow the two motions of the natal chart:
 - a. The path of the ecliptic, and thus all planetary activity, which moves clockwise around the natal chart.
 - b. All the planets on their journey along the ecliptic which are moving counterclockwise in the natural direction of the zodiac belt.
5. Practice: Look at a chart and take note of the degree and minute of the sign on your ascendant. Write down how many degrees and minutes of that sign are above the ascendent and how many degrees and minutes of that sign are below the ascendant.

Lesson 4: Houses

1. What is the Porphyry house system way of determining house sizes?
2. Take your own chart and determine the size of the houses in your chart according to the porphyry house system.
3. Why are houses not always equal 30 degrees like the signs?

The Lunar Nodes

1. How are the lunar nodes created?
2. Why is there always an eclipse when the new and full Moons fall on the nodal points?

Segment 3: Review Answers

Lesson 1: The Natal Chart

1. From a heliocentric perspective, the ecliptic is the path of the Earth around the Sun.
2. From a geocentric perspective, the ecliptic is the apparent path of the Sun around the Earth.
3. The Sun is always exactly on the ecliptic because the ecliptic is literally the plan of the Earth around the Sun. Thus we'll always see the Sun as the exact center of the ecliptic.
4. All planets are on either side of the ecliptic because all planets are orbiting around the Sun. From a geocentric point of view, we will see this as the planets either on, above, or below the plane of the ecliptic.

Lesson 2: The Signs, Tropical vs Sidereal Astrology

1. Celestial Equator is the plane of the earth's equator extended outwards.
2. The four cardinal points are the start of the four cardinal signs: Aries, Cancer, Libra, Capricorn.
3. Equal 30 degree segments from one sign to the next fill in the space between all the cardinal signs.
4. Reflection question.
5. Constellations relate to actual star patterns, signs are related to the ecliptic and are 12 equal 30 degree divisions of the ecliptic.
6. Because over time the position of the signs "move" relative to the backdrop of the constellations.
7. The precession of the equinox is determined by the gradual shift of the zodiac backwards every year relative to the constellations.

Segment 3: Review Answers

Lesson 3: The Natal Chart

1. Intersection of the local horizon and the ecliptic
2. The MC IC axis is the Midpoint in time from one horizon to the other.
3. Both are related to the relationship of a plane with the ecliptic.
4. Practice
5. Practice

Lesson 4: Houses

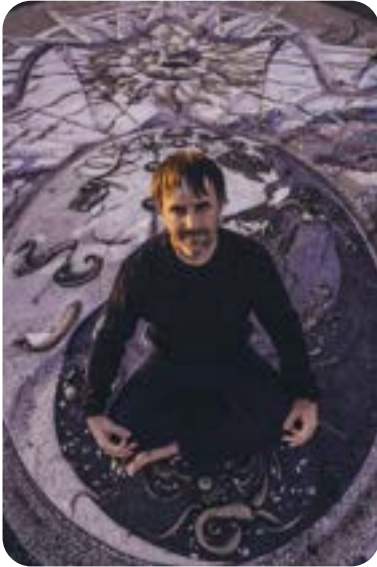
1. To calculate the number of degrees in a quadrant and divide by 3. Then to allocate that number to each house in that quadrant.
2. Practice
3. Why are houses not always equal 30 degrees like the signs?
Because the 4 angles are not always a perfect cross. This is due to the ruttering of the east/west axis which, in our charts, appears as a titled MC IC axis.

The Lunar Nodes

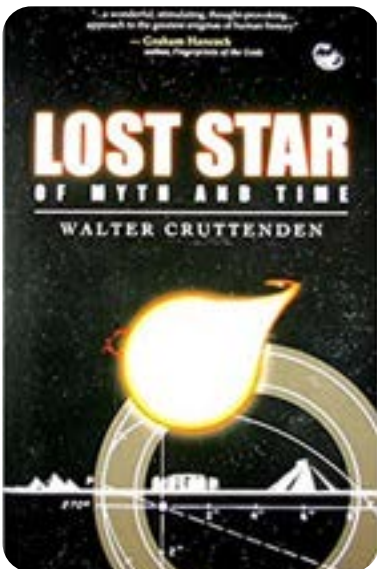
1. Intersection of Moon's orbital path with the ecliptic
2. Because the Sun and Moon are all on the ecliptic. Thus, being on the same plane, it's like a thumb covering your eye and blocking out what is right in front of you.

Segment 3: Resources

Recommended learning resources for the teachings of this segment:



- **Gemini Brett** for sacred astronomy and excellent education for astrologers.
 - Website: <https://geminibrett.com/>
 - His YouTube channel with many great videos:
https://www.youtube.com/channel/UCfc_X8SFFBuoLDYoq-8_sXw



- **Lost Star of Myth and Time** by Walter Cruttenden.
 - This book explains the reason for the earth's axial rotation over a ~26,000 years. It draws upon the teachings of the ancients, including Sri Yukteswear (the spiritual father of Evolutionary Astrology), to suggest that our solar system is a part of a binary star system.
 - Addresses the yuga cycles and the arc of consciousness on this planet over thousands of years.

Heart & Soul Centered Astrology



The Essentials Course
Segment 4
The Houses

Introduction to Houses

Houses

Houses represent areas of life experience. They are the context. They are the realm of human experience where all evolutionary activity is taking place. Each house is an area where a particular kind of growth and experience occurs. They are the essence.

Signs

Signs are styles. They are entire domains of consciousness. Each sign implies an evolutionary intention.

Signs in houses

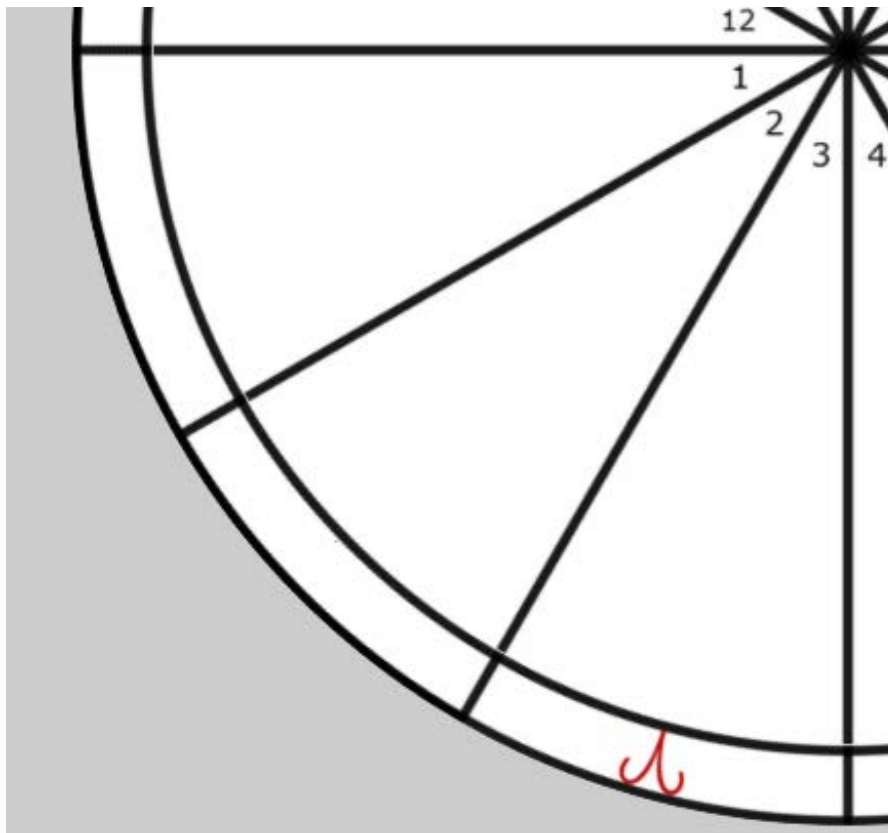
Houses and signs always go together. All signs are in a house, and houses will always have signs in them.

Signs in houses = styles/ways of evolving manifesting in a particular area of life experience.

Intro to Houses (Cont'd)

Combining archetypes

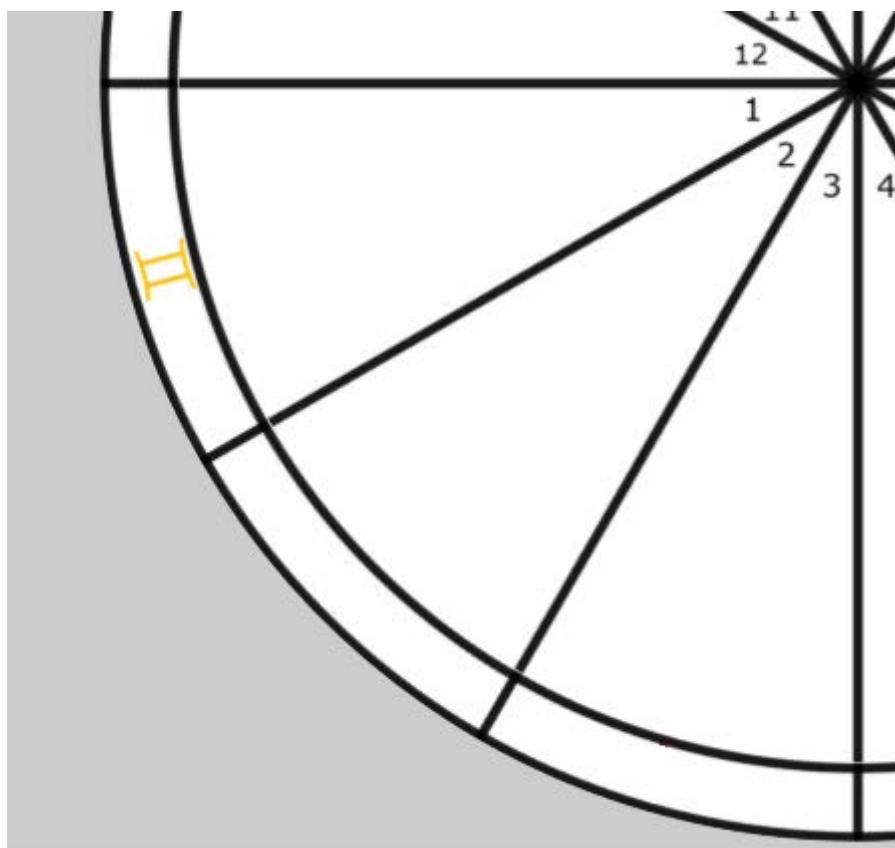
Both signs and houses imply a particular evolutionary intention. To interpret signs and houses together, the first thing to do is to acknowledge the archetypes involved.



Aries in the 3rd house combines
Aries: Cardinal Fire, and
Gemini: Mutable Air

Intro to Houses (Cont'd)

There is another way that these two archetypes can express as house/sign combinations:



Gemini in the 1st house combines
Gemini: Mutable Air, and
Aries: Cardinal Fire

Intro to Houses (Cont'd)

Same Archetypes Different Expressions

While the interpretation of each of the above signatures is different, there is a natural similarity to both house sign combinations. Both can express as quick thinkers, argumentative, reactive communication, intellectual independence, the need to explore many connections, possibly fast talkers, freelance writers, intellectual trailblazers, etc.

In the end, however, one is manifesting as a lot of energy and activity in the realm of learning/education and communication (Aries in the 3rd): the way of Aries infusing into the learning house.

While the other is manifesting as curiosity, thinking, communication, and learning through the realm of autonomy, independence, and personal will (Gemini in the 1st): the way of Gemini infusing into the freedom house.

Grasping the flavor of each is simply a matter of working with real charts, real people, and seeing the whole chart in context. Similar to experientially grasping the difference between a buttery cream spread on bread and bread dipped in a buttery cream sauce. Once we begin to add planets and look at charts, we will start to feel the energy of the houses in a more direct way.

Intro to Houses (Cont'd)

How to read signs on planets

The sign that starts a house is the ruler of that house; it energizes the entire house. A sign can also be in a house but not start on the house cusp. This will still be interpreted as in that house.

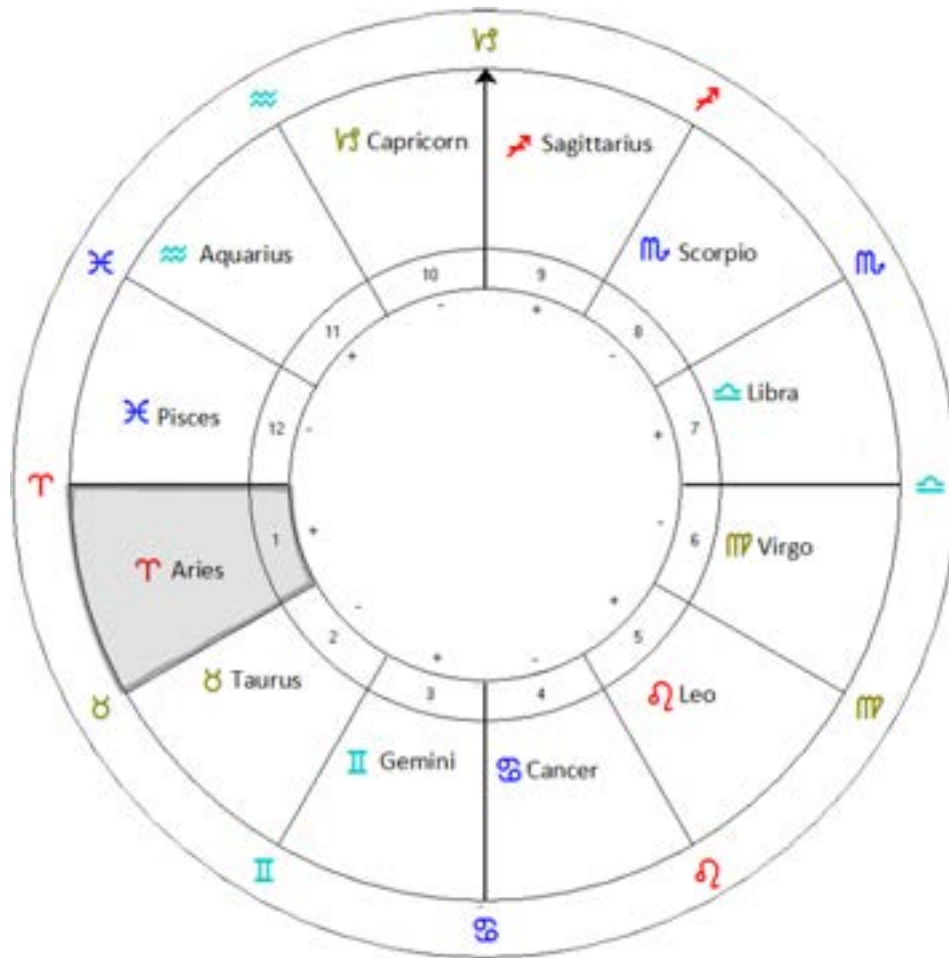
Intercepted signs

An intercepted sign is a sign that begins and ends within an entire house, never reaching a house cusp. The interpretation of intercepted signs is not a one-size-fits-all matter. We will return to examine intercepted signs when we begin working with planets.

Key Words

What follows are some basic keywords/descriptive phrases for the 12 houses. This is not an exhaustive list but is offered to help us to orient our minds in our studies. See learning recommendations for an even more thorough list of keywords as created/compiled by Patricia Walsh.

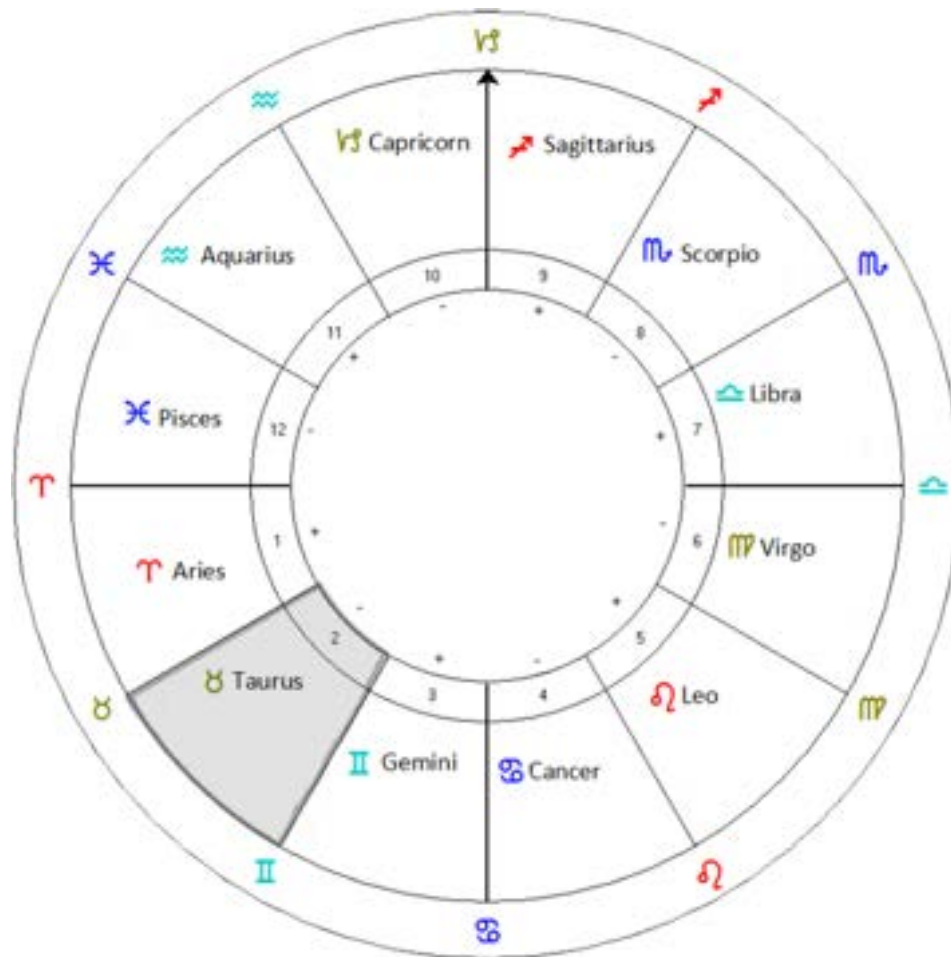
The 12 Houses



1st house

- Freedom, independence, self-initiation.
- How we put our first foot forward in life.
- How we assert and express our will.
- Need for activity and movement.
- Starts new cycle, starting new.
- Predominately solo way of being in the world.
- Sense of special purpose, where we find our strength.
- Early endings, violence, defensiveness.
- It can relate to confrontations and challenges around one's sense of freedom.
- Issues around impatience, need to go first or be first.
- Instinctual urges, impulsivity.

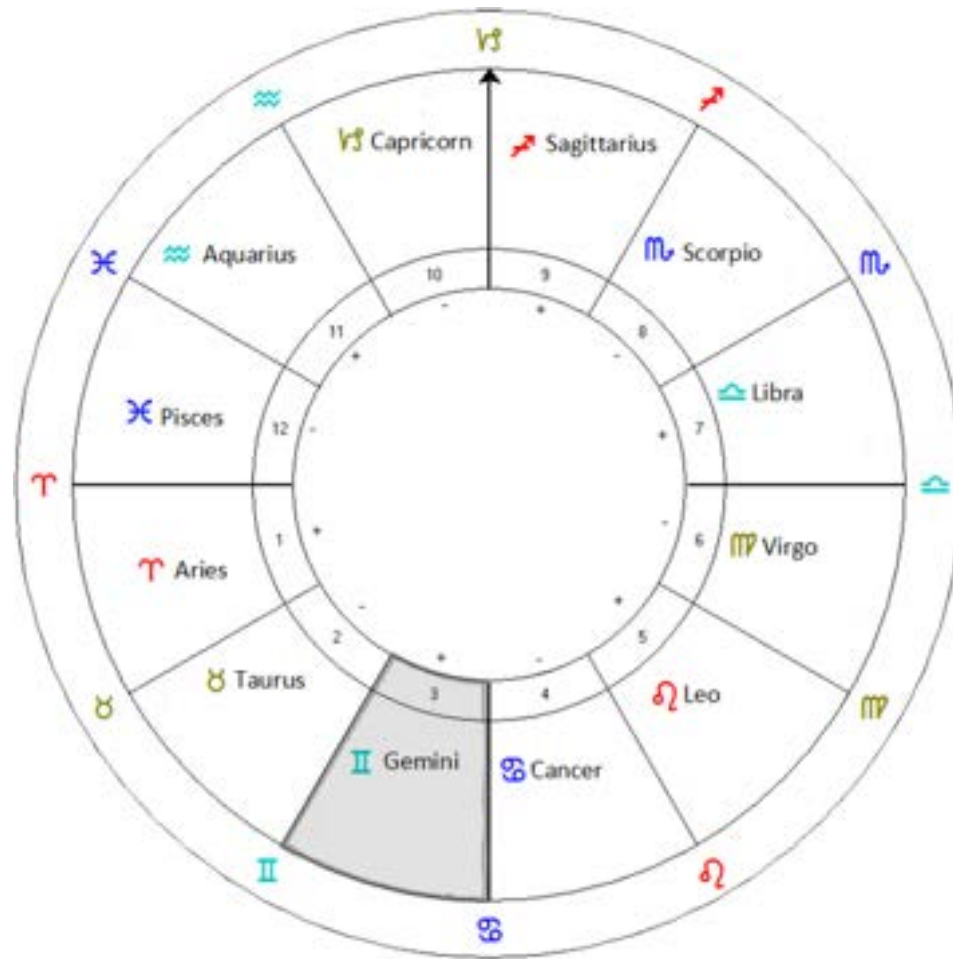
The 12 Houses (cont'd)



2nd house

- Stabilization, grounding, consolidation.
- How we internalize life in a personally meaningful way. What makes life livable.
- Self values, self-value, relationship to self-esteem. How we hermit/ learn to be with ourselves.
- Where we tend our garden/farm (literal or otherwise).
- Our survival instinct and way of being resourceful.
- Personal resources, self-reliance. Patience, cultivation, tenacity.
- Relationship to personal pleasure. Sexuality and procreation.
- Can relate to issues of hoarding, stubbornness, numbing feelings, indulgence.
- Can relate to issues around self-value, self-interest, or basic survival issues. Laziness.

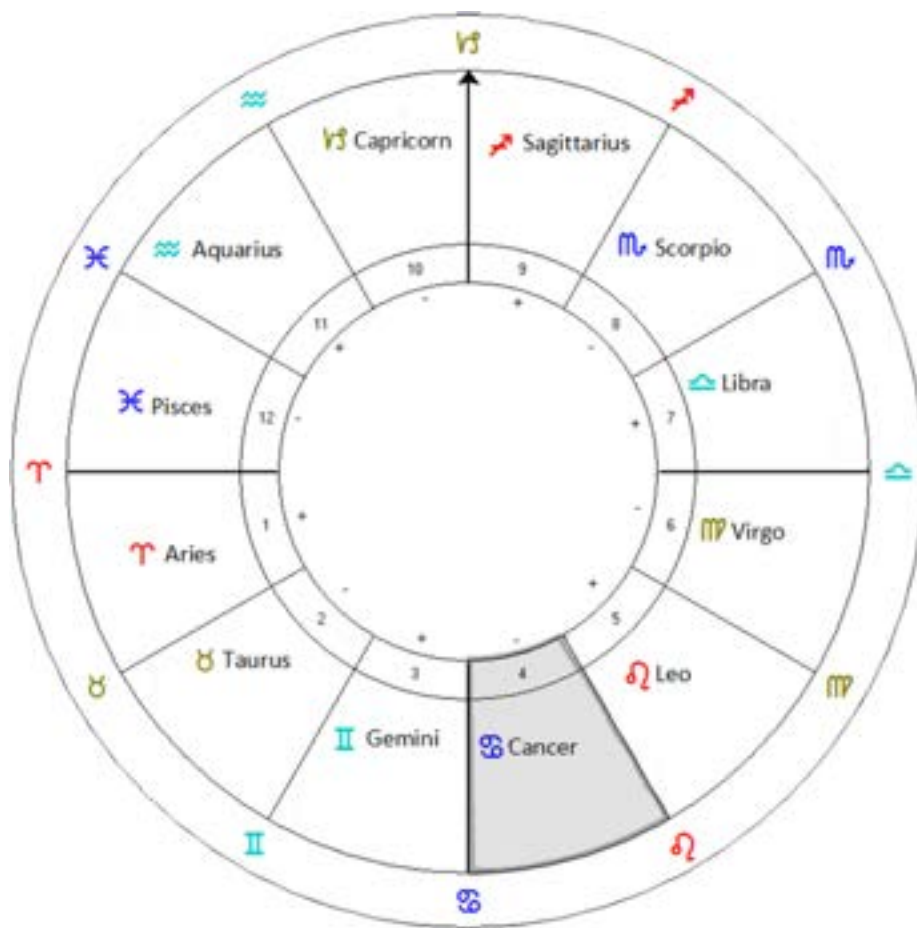
The 12 Houses (cont'd)



3rd house

- Education, gathering information.
- How we communicate what we know.
- The kind of information we are drawn to.
- Our immediate environment, maps, what we can identify and map.
- Local environment, siblings, travel, cities.
- Media, vehicles, transportation, commerce, mercantile.
- How logical connections are made.
- Communication devices.
- Can relate to issues around integrating and connecting data points.
- Can relate to issues around superficiality, duplicity, trickery, scatteredness.

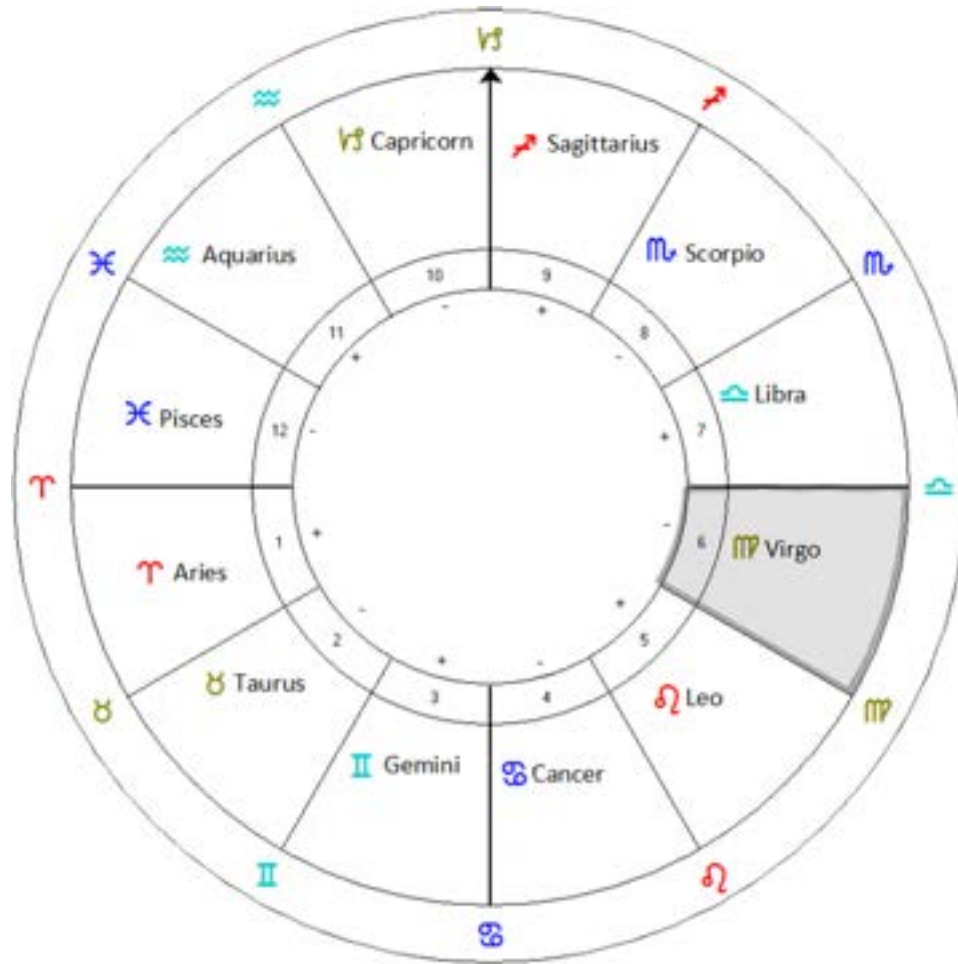
The 12 Houses (cont'd)



4th house

- Our early emotional/nurturance imprinting. Origins. Roots.
- How we create a sense of emotional security and safety. Emotional attunement.
- Our family, where and what we call home.
- The feminine, our relationship to the feminine.
- How we nurture and care for our core needs, self-intimacy.
- How we will care for others.
- Kitchen, bedroom, where nourishment happens.
- Can relate to issues of insecurity, challenges with self-intimacy/self-nurturance, or insufficient nurturance.
- Can relate to challenges with integrating one's emotions—fear of opening up, overly-protective.
- Dogs and wolves.

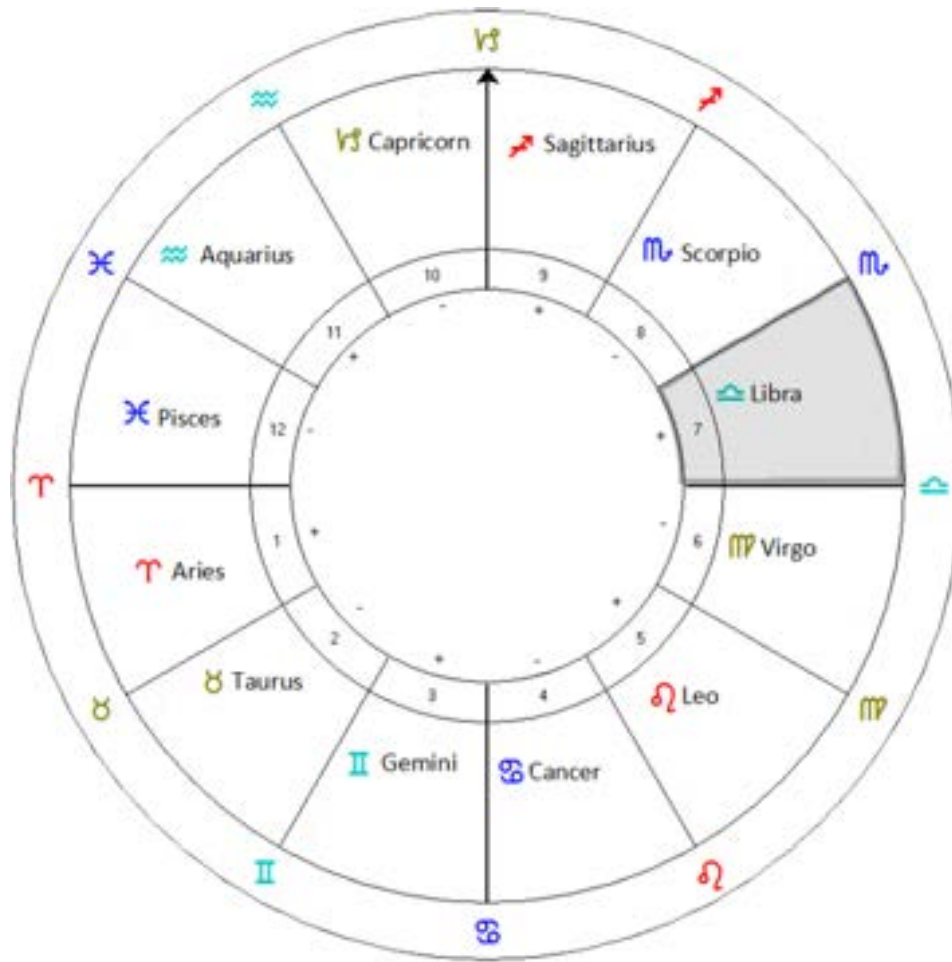
The 12 Houses (cont'd)



6th house

- Areas of self-improvement.
- How we self-correct and cultivate self-accuracy.
- Relationship to health, maintenance, daily work.
- Personal hygiene, routines/ daily practice.
- Our vocations, areas where we cultivate attention to detail.
- Healers, doctors, where we help improve conditions.
- Farm animals.
- Tools.
- How we are in service.
- Can relate to issues of masochism, denial, inferiority complexes, how the soul might create crisis.
- Overcompensation.

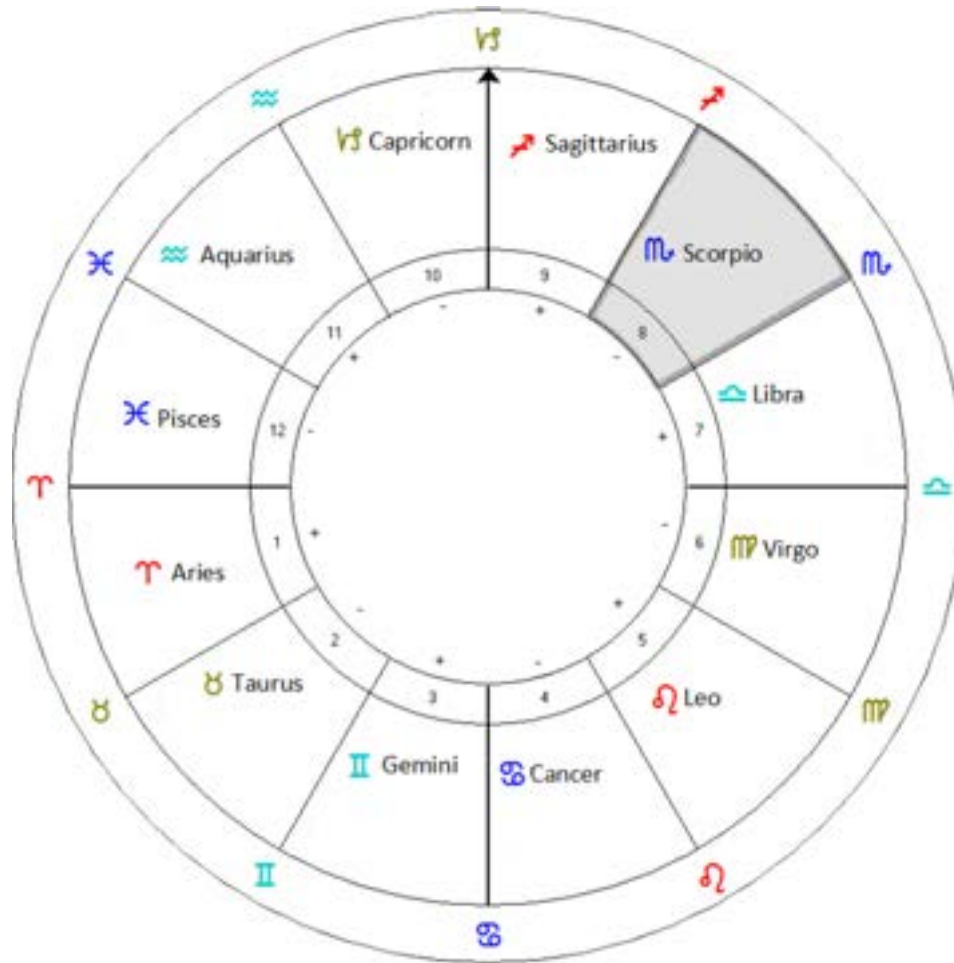
The 12 Houses (cont'd)



7th house

- Other people, our relationships with them.
- How we learn harmony, how we are learning to listen.
- How we cooperate.
- Ways we navigate personal needs. Learning through extremes.
- Our attunement to justice and the energy of "balance."
- Can relate to challenges around people-pleasing, false giving, or imbalances in relationships.
- Karmic dynamics in relationships.
- The nature of our expectations and can relate to challenges around interpersonal communication.
- Issues of co-dependency.

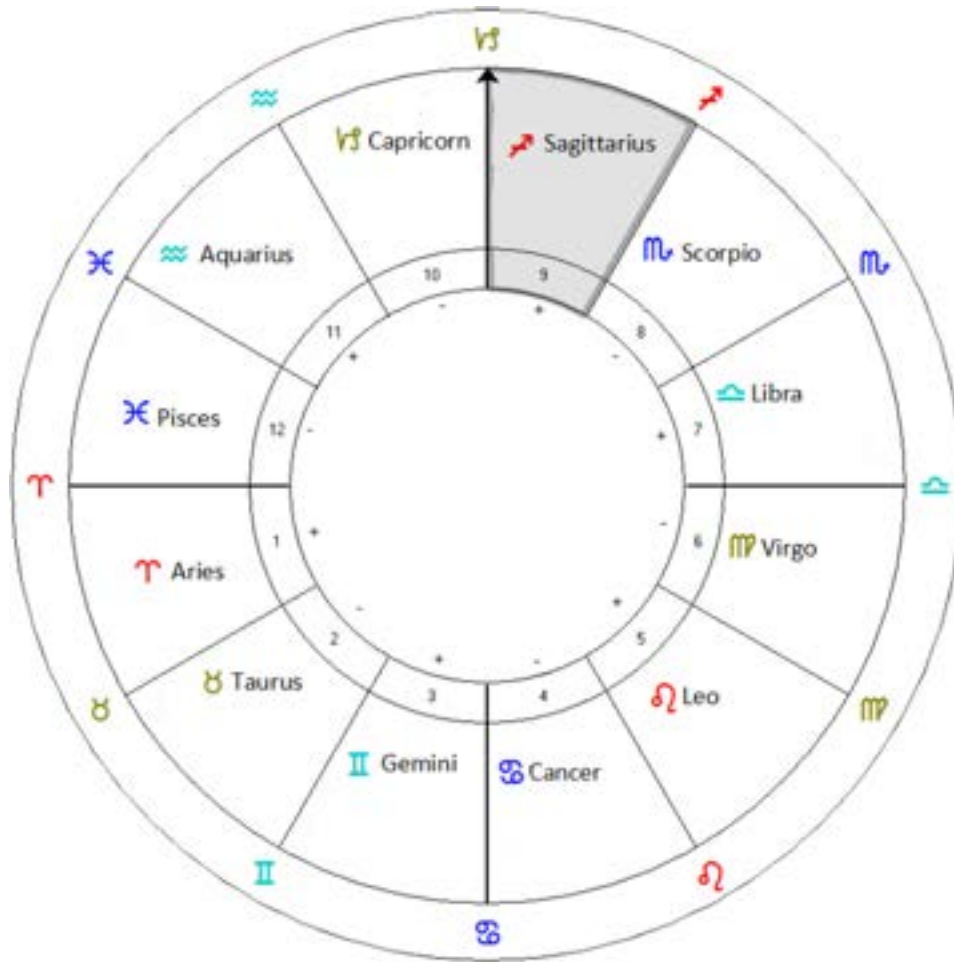
The 12 Houses (cont'd)



8th house

- Transmutation.
- Where we face our most significant psychological limitations.
- The impelling force of desire.
- Our strong emotional reactions: cravings and aversions.
- Where and how we develop psychological self-awareness.
- The occult.
- Other people's resources/ energy.
- Sexuality.
- Death, marriage, divorce.
- Merging with something to affect evolution.
- Can relate to issues around jealousy, envy, resistance to evolution, victims, victimization, manipulation, the psychology of evil.

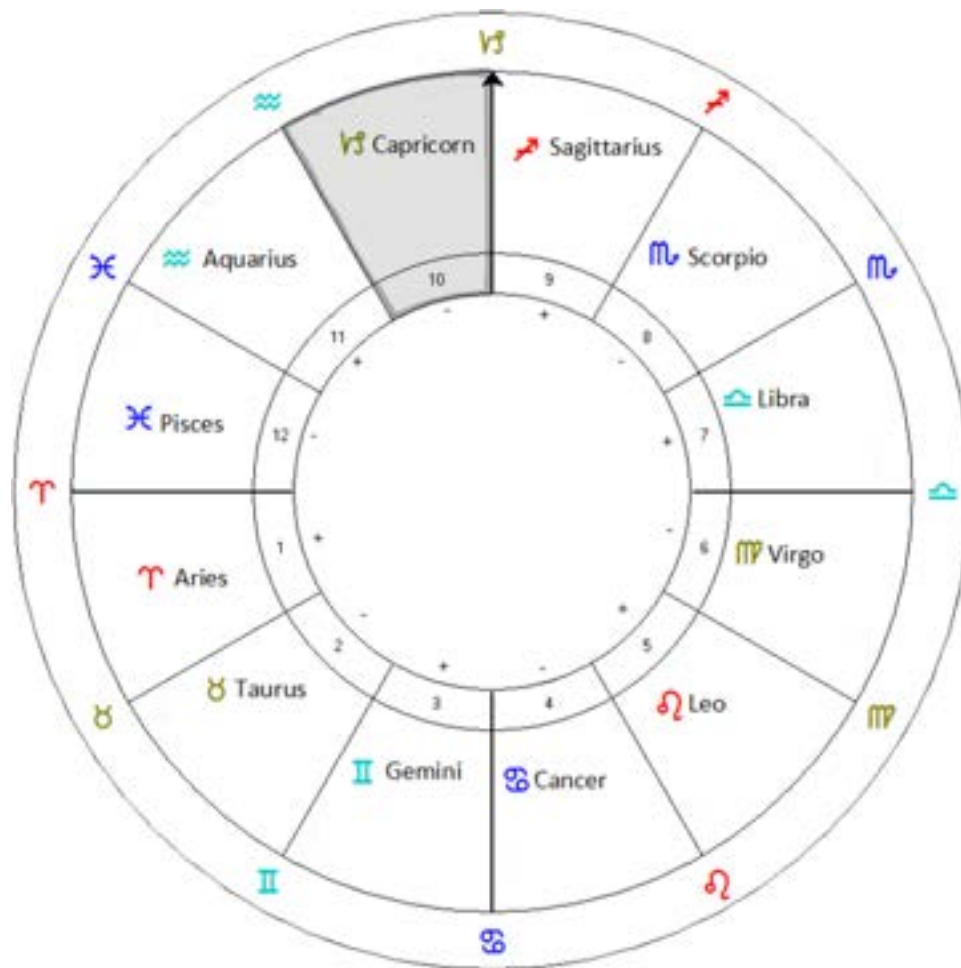
The 12 Houses (cont'd)



9th house

- Pilgrimages, travels, foreign lands.
- Where we expand our understanding of reality, our personal spiritual path.
- Where we cultivate our intuition, follow a personal path of growth.
- Our relationship to teachers, our students.
- The journey of spiritual realization.
- Our philosophy/ cosmological outlook. Belief systems, religious orientation.
- House of publishing.
- How we are learning about honesty and sincerity.
- Our relationship to nature and what is natural.
- Can relate to issues with honesty, teacher/student challenges, following a path external to oneself, beliefs vs. knowledge.

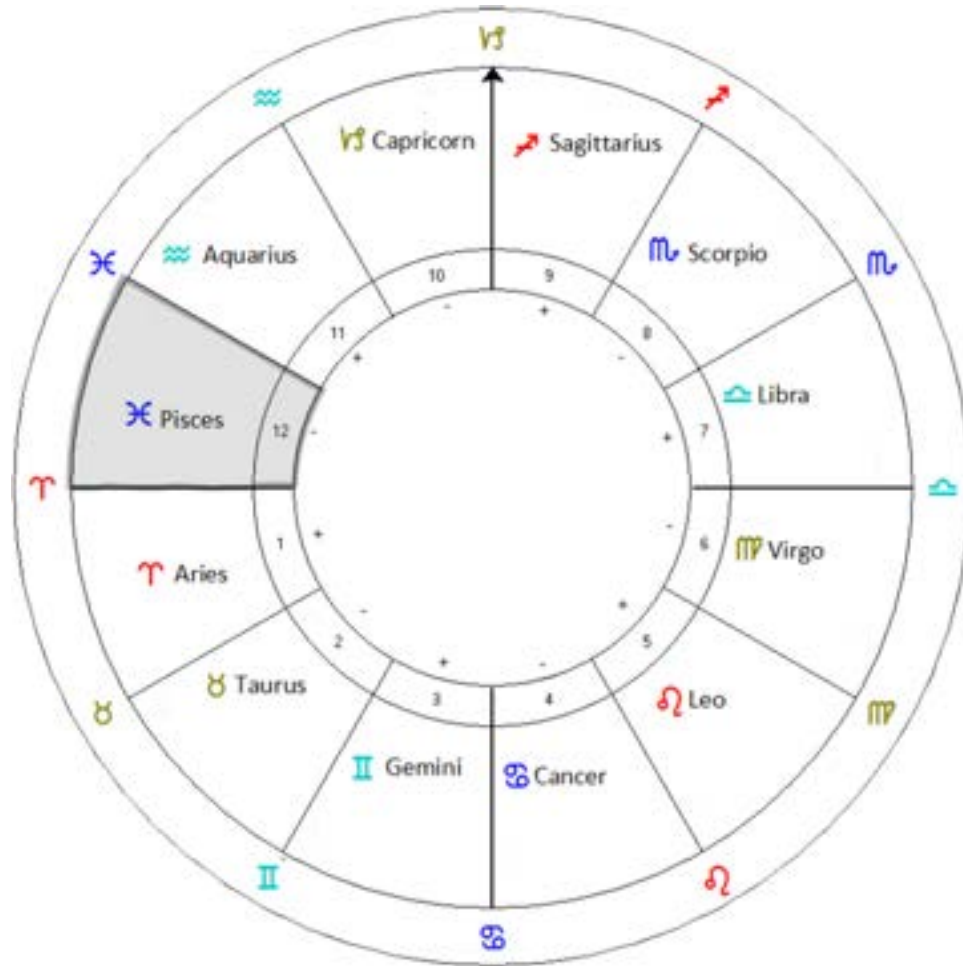
The 12 Houses (cont'd)



10th house

- How we establish inner authority.
- Our journey of self-responsibility and participating as a member of society.
- Parenting, our parents, our parental/structural environment growing up. The rules and our relationship to them.
- History, family history, ancestry, what is conditioned in time.
- Our relationship to status, social ambitions, can be career.
- Issues relating to judgment, internalized judgment, shame, social conditioning, and repression.
- Issues related to ethics and learning how to live in alignment.

The 12 Houses (cont'd)



12th house

- How we face the ultimate reality of truth.
- Experiences of surrender, ultimate spiritual realization.
- Our illusions. Where we might hide, become small, become anonymous.
- Where we universalize, relates to all.
- Places and activities that relate to the masses. Indiscriminate. Where we become nobody or everybody.
- Can relate to issues in discernment, naivete.
- Can relate to issues of escapism, avoidance of reality.
- Dreams, fantasy, experiences of ultimate meaninglessness, numbness.
- Hope, faith, faithlessness, hopelessness, loss.
- How we cultivate trust and true peace.

Review Questions & Practice

Astronomy/Technical Related Questions:

1. Why are signs always 30 degrees, but houses can either be less than or greater than 30 degrees?
2. Technically speaking, what are intercepted signs? How are they created?
3. Look at your own chart, determine the sign and the degree of that sign that begins each house (on the house cusp).

Interpreting Houses:

1. Look at your own chart and ideally a couple of other charts of people you know (with their consent). Feel into each sign/house combo* and contemplate:
 - a. The energetic combination of the modes and elements involved.
 - b. What are the general strengths of this signature?
 - c. What are some challenges?
 - d. What can this signature learn from its house/sign polarity?
2. Contemplate the above questions for the following two charts below. For the live Essentials Course, we will practice working with these 2 charts in our segment 4 live class.

**For our learning purposes, only concern yourself with the signs on the cusps of the houses for now.*

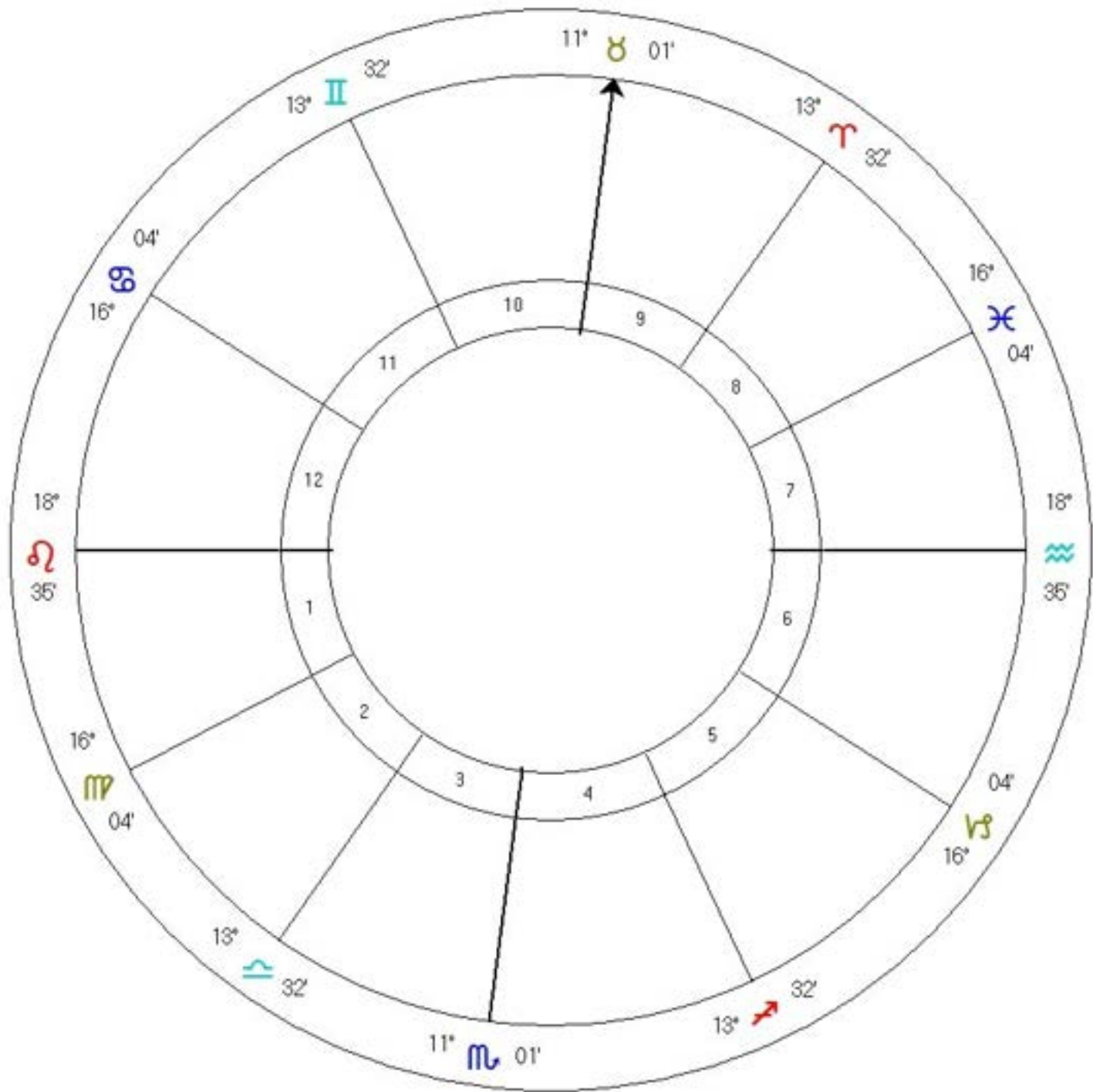
**Reminder that we are not trying to interpret charts at this point. This practice is to help us train our synthesis skills.*

Answer Key

Astronomy/Technical Related Questions:

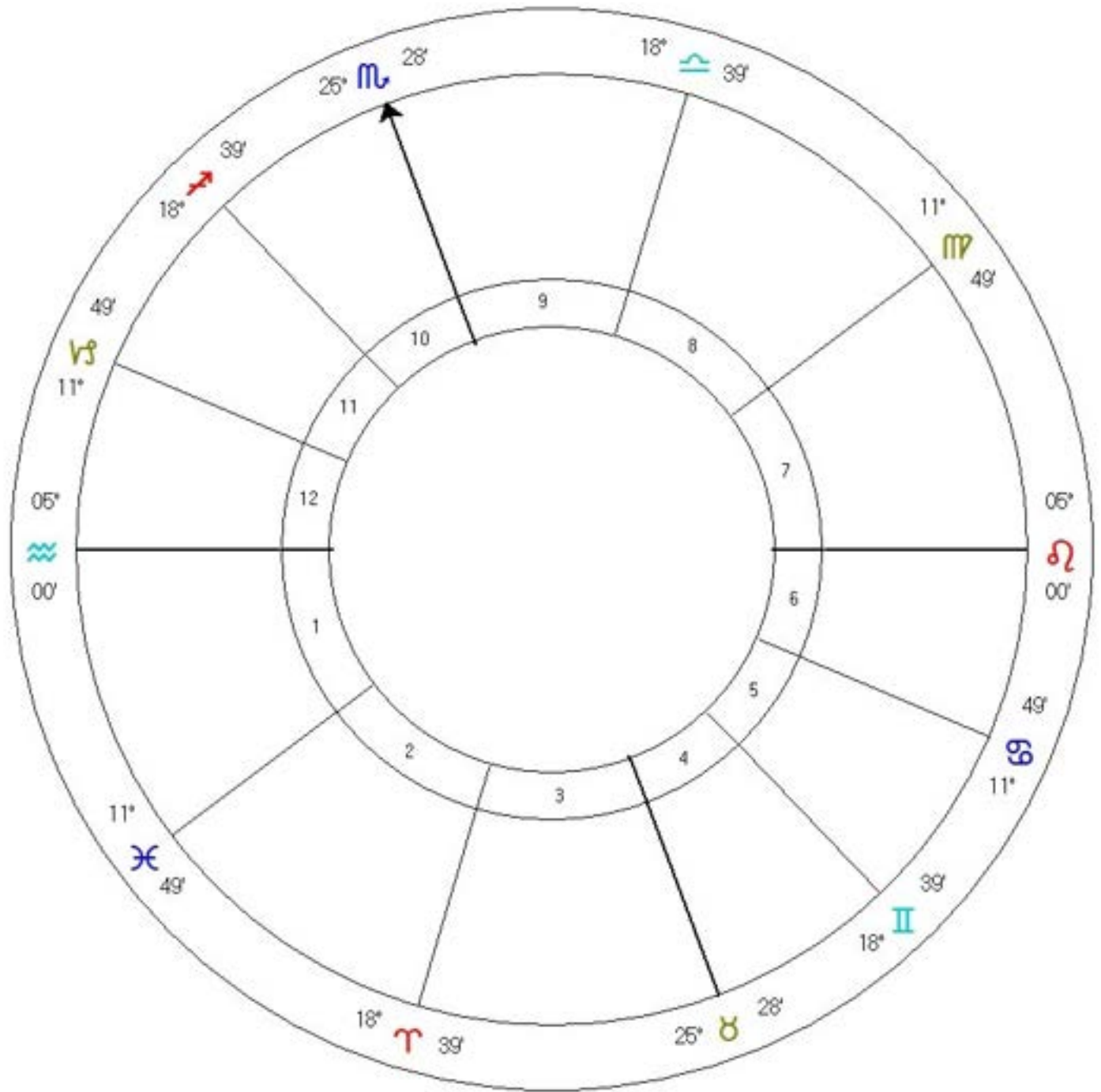
1. Signs are 12 equal 30 degree divisions of the ecliptic.
Houses are determined by the space between the 4 angles which do not always create perfect 90 degree quadrants.
2. Intercepted signs are signs that do not intersect a house cusp. Thus, the entirety of the sign starts and ends within a single house.
3. Practice

Review Questions & Practice (cont'd)



Practice chart 1: The Leo AC

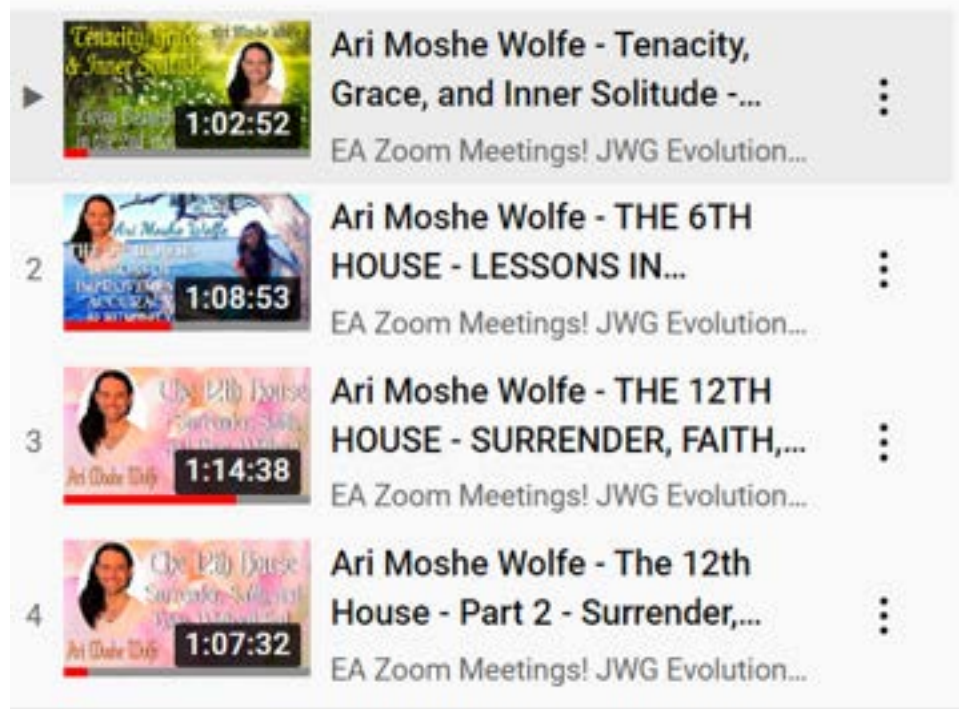
Review Questions & Practice (cont'd)



Practice chart 2: The Aquarius AC

Recommended Learning Resources

Living in the 12 Houses:
An EA Zoom Series with Ari Moshe Wolfe
[Living In the 12 Houses with Ari Moshe](#)



A screenshot of a video playlist interface. It contains four video entries, each with a thumbnail, a duration, a title, and a description. The thumbnails show Ari Moshe Wolfe in various settings. The titles are: 'Ari Moshe Wolfe - Tenacity, Grace, and Inner Solitude -...', 'Ari Moshe Wolfe - THE 6TH HOUSE - LESSONS IN...', 'Ari Moshe Wolfe - THE 12TH HOUSE - SURRENDER, FAITH,...', and 'Ari Moshe Wolfe - The 12th House - Part 2 - Surrender,...'. The descriptions for all are 'EA Zoom Meetings! JWG Evolution...'. The durations are 1:02:52, 1:08:53, 1:14:38, and 1:07:32 respectively. There are play buttons on the left and vertical ellipsis menus on the right of each entry.

Item	Thumbnail	Duration	Title	Description
1		1:02:52	Ari Moshe Wolfe - Tenacity, Grace, and Inner Solitude -...	EA Zoom Meetings! JWG Evolution...
2		1:08:53	Ari Moshe Wolfe - THE 6TH HOUSE - LESSONS IN...	EA Zoom Meetings! JWG Evolution...
3		1:14:38	Ari Moshe Wolfe - THE 12TH HOUSE - SURRENDER, FAITH,...	EA Zoom Meetings! JWG Evolution...
4		1:07:32	Ari Moshe Wolfe - The 12th House - Part 2 - Surrender,...	EA Zoom Meetings! JWG Evolution...

.....

Many years ago, Patricia Walsh put this great list of keywords together from the School of Evolutionary Astrology website:

[Archetypes key_phrases](#)

Heart & Soul Centered Astrology



The Essentials Course
Segment 5
The Planets

Segment 5: The Planets

Table of Contents

Introduction to Planets

Pluto

Saturn

Mars

Jupiter

Neptune

Chiron

Venus

Moon

Uranus

Sun

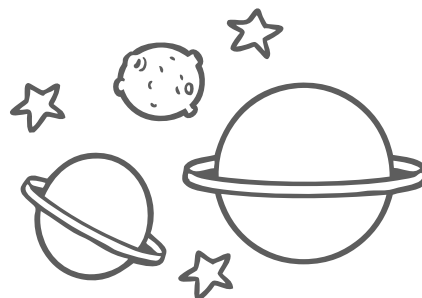
Mercury

Planetary Relationship

Introduction to Planets

Intro to Planets

Planets animate the chart. We can think of them as functions through which consciousness manifests.



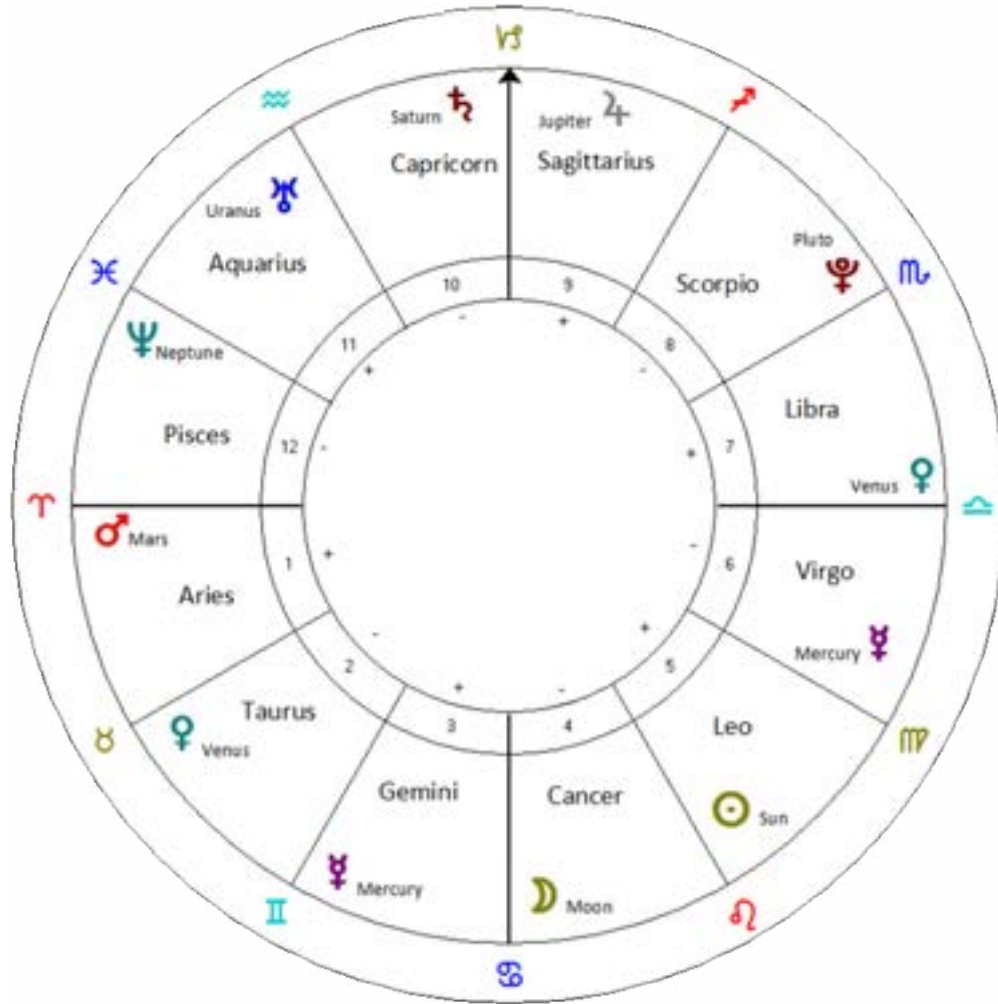
Each planet implies a particular facet of our whole being. Our "whole" being includes everything from our egocentric sense of self (Moon) to the impersonal imperative of evolution (Pluto). These functions, or forces, interplay with one another and are a part of our total being and a part of our soul evolutionary journey.

How to Interpret Planets

The following are two suggestions for interpreting a planet in a sign and house:

1. First, consider the archetypes involved. Each planet, house, and sign combination will involve a combination of elements and modes. Feel into those basic energies.
2. Start with the planet in the sign. The sign is the domain of consciousness infusing into the function of the planet. It animates and defines how this planet is behaving/its way of being. Then place all that in a house to understand the area of life where it is manifesting.

Introduction to Planets



Inner Planets
♃ included



Outer Planets
♃ included

Pluto

Evolution, impermanence, change, soul's evolutionary purpose, kundalini energy, sexual connection, desire, commitment, marriage, divorce, entrapment, separation, forces greater than our own control, psychological limitations, greatest fears, willingness to die/release, elimination system, sharing, soul-level resilience, third eye.



EVOLUTIONARY INTENT

To Evolve, transmutation of consciousness, cooperation with a soul-level reason for incarnation, awakening power of one's soul essence, letting go of what's not needed and giving oneself to whatever is next.

FUNCTION

- Pluto is evolutionary necessity and implies cycles of generating desires, playing them out, and exhausting them. Pluto corresponds to the cycles of evolution and involution.
- Pluto reflects the choice to cooperate or resist evolutionary necessity. There is no grey area in between. Pluto reflects the free will of the soul.
- Pluto corresponds to the gradual purging or elimination of all that is no longer necessary. Elimination of toxins from the body, relationships that are unhealthy, addictions, dependencies, and the metaphor/concept of compost and decomposition. All of these things must be purged at various stages so that evolution can continue.
- Gradually, one's sense of power and security becomes linked to what cannot be given or taken, and thus a greater ability to live through life's changes all the while staying whole within oneself.
- The position of Pluto indicates where the most significant amount of change will or can happen in one's life. These changes can take the expression of completely life-altering and traumatic experiences that are akin to one's core security network falling away. Or these changes can be gradual, unobtrusive, but ultimately permeating and all-encompassing.
- Pluto reflects the capacity to live wholly through periods of darkness, be deeply available and present for other people in their own darkness, impervious to attack/negative energies.

Pluto



CHALLENGES

- Pluto represents where we are impelled into relationships of all kinds in order to find more within. This can be done unconsciously and result in entangled power dynamics based on attachment to power from outside sources. Or it can be done consciously and result in greater self-empowerment without unresolved energetics.
- Pluto itself rules the concept of “shadow”. Shadow moves with us, we cannot get rid of it. When we ignore our shadow it becomes operative in our life and takes over. When we embrace our shadow we can use it and actually grow spiritually from it.
- The desires that arise within us are first unconscious, it arises within us before we even understand why they are there. Pluto represents where we learn to embody our desires, take them in so that we can become conscious: thus more empowered in our choice making. What we do not meet within ourselves becomes the shadow and rules our lives. In this sense, our shadow or our darkness is a fertile ground from which spiritual growth occurs, but it needs to be met head-on.
- Compulsion, addictions, "selling one's soul" to forces outside of oneself. Psychology of victimization and forces of manipulation.

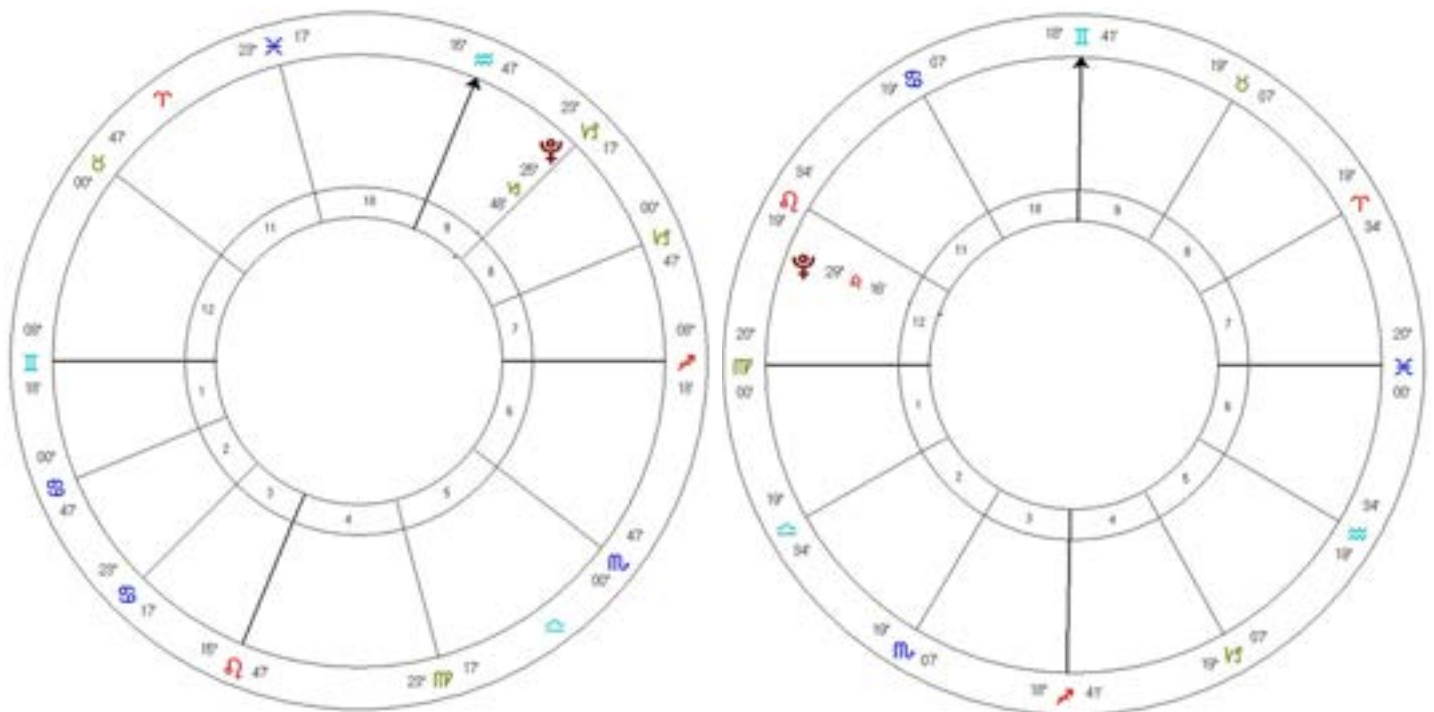
Keywords: Craving and aversion, holding on, possessiveness, manipulation, being manipulated, jadedness, permeating distrust of intimacy, fear of letting go/death, an obsession of any kind, using manipulative forms of magic and energy control to manipulate people or circumstances for one’s own favor, revenge.

Pluto ♀

Review Questions and Practice

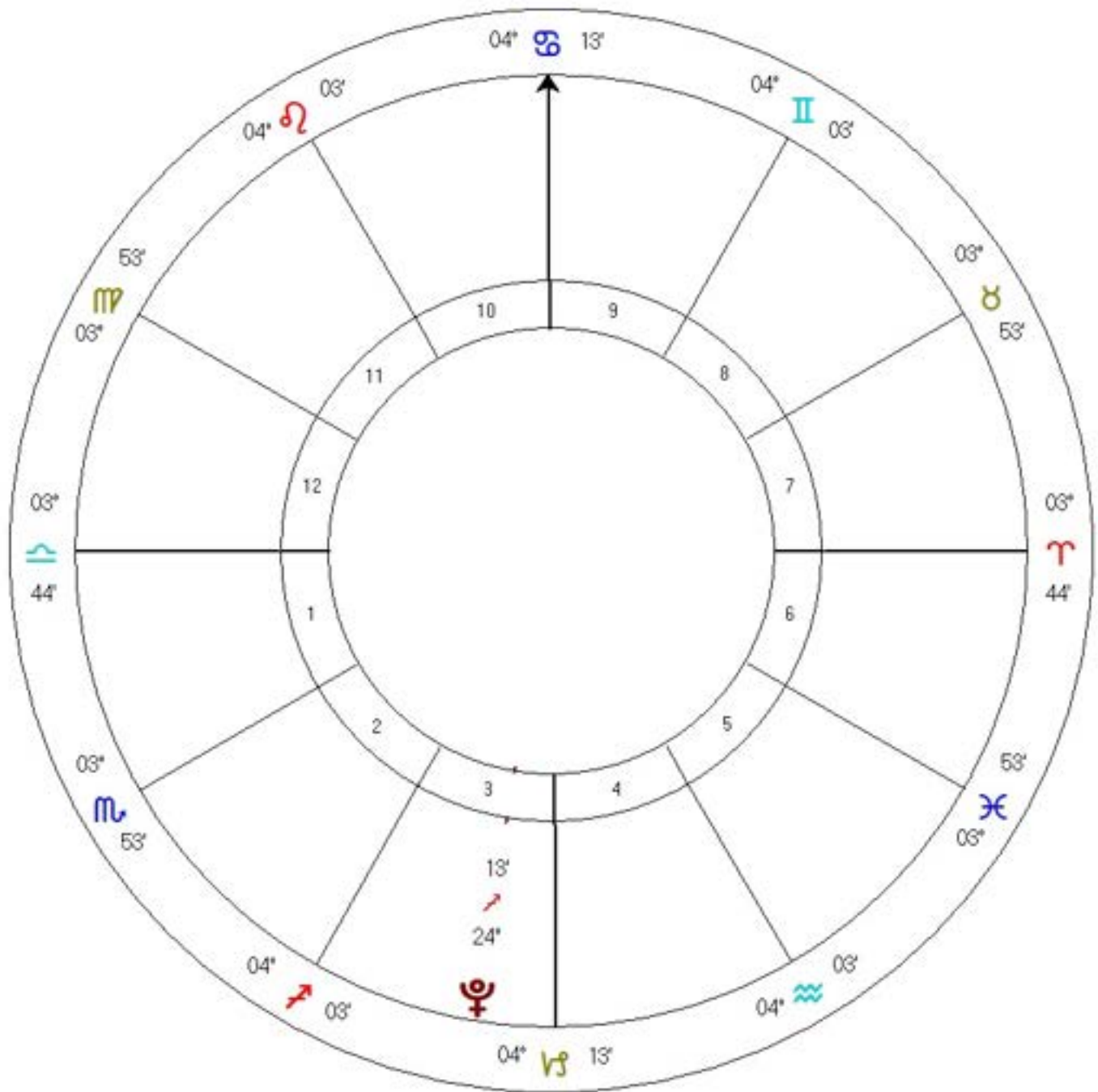
For the below two Pluto signatures, explain:

1. The soul's evolutionary intention. How might that express in different evolutionary stages?
2. What might resistance look like? What might it look like for the soul to get stuck in the darkness, hooked in the psychology of victimization?
3. What might cooperation with evolutionary necessity look like for this signature?
4. Describe a gentle/ non-cataclysmic and a more intense/cataclysmic way that evolution can be catalyzed.
5. What might it look like for the soul to share itself, be deeply intimate, to go into the darkness with others?



Pluto ♀

Review Practice Example



Pluto ♀

Review Practice Example (cont'd)

1. This soul's evolutionary intention is to focus its mental energy on the bottom line truth, to penetrate beyond duality and unify its thinking. One manifestation of this for souls in the spiritual stages of evolution would be the opening of the third eye, evolution beyond duality and endless contradiction of thought, clear insight, and direct perception of the nature of reality from the seat of one's own soul essence. In Individuated states, it would reflect a sharp intelligence that can penetrate to the bottom line of any argument and discern the truth, tell the truth and articulate clear insight. In consensus stages, it can reflect religious knowledge and insight of text/teachings that reflect the belief system that symbolizes truth and expansion for that soul.
2. Resistance for this signature would be holding on to the world view it has logically ordered in its mind. This would mean defensiveness of its ideas and referencing logic to manipulate and prove one's point to be right. In extreme cases, this can be outright lying and duplicity to sell any point that one wishes, even if it is a total and intentional lie. This can also reflect a soul that does not have a strong voice, cannot easily express its truth, and is overpowered by others who are more dogmatic, assertive, and sure of themselves. Attachment to insight and understanding can lead a soul to copy other people's insights, pretending to know things they do not know, using forms of manipulation to control a narrative.

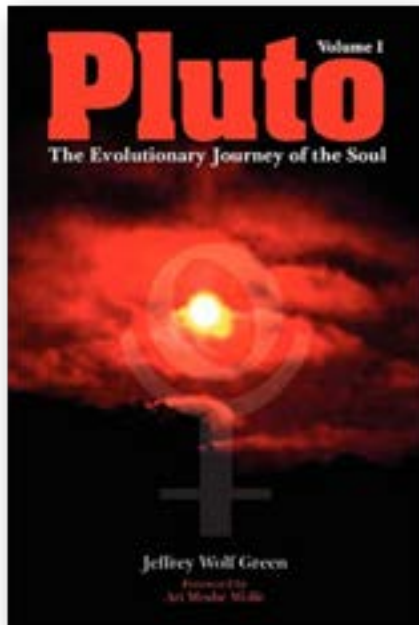
Pluto ♀

Review Practice Example (cont'd)

3. Cooperation here might mean letting go of being right, letting go of the perhaps obsessive compulsion to find the answers through logic and arrive at a cohesive truth. Cooperation would be allowing uncertainty and not knowing and instead of giving attention to the breath, or a calmer and focused orientation to thought that allows consciousness to penetrate into knowledge as opposed to grabbing for it. Cooperation might be speaking one's truth regardless of consequence. Chanting, breathwork, focused study of spiritual or religious texts, focusing one's energies to compile and write a thesis that gives meaning and context to various cultural, international, religious, or spiritual themes—putting honesty before being right.
4. A gentle catalyst for evolution can be coming across a book that expands one's worldview. A harsh catalyst can be losing tenure in a university because it was revealed that the soul plagiarized someone else's ideas.
5. The ability to speak words that have a powerful impact to inspire others. Truth-telling that wakes people up from their own lies, the capacity to be deeply intimate by way of always speaking honestly and sharing one's honest opinion. Clear insight and genuine sharing because of no interest in being agreeable or saying what others want to hear. To speak to taboo topics that move energy and create freedom.

Pluto ♃

Recommended Learning Resources



- [Pluto the Evolutionary Journey of the Soul](#) by Jeffrey Wolf Green. While this book might be a bit advanced for our stage of learning, it speaks to Pluto through the 12 houses and is the best resource of Pluto learning out there in my experience.
- [Guiding Stars Radio show](#) where I teach with Kristin Fontana on Pluto through the 12 houses

Mars

Initiation, forward movement, choice-making, present moment sense of purpose, instinctive drive, will, individuating impulse, freedom, desire, primal, raw, self-leadership



EVOLUTIONARY INTENT

To initiate life experience, step into life's playing field, facilitate the deeper soul-level reasons for being here, and learn how to use one's will for the purposes of one's own evolution.

FUNCTION

- Mars reflects the need to use one's will in life consciously. It thus speaks to where the soul is initiating experience on a moment-to-moment basis.
- The Mars impulse reflects a learning curve: becoming more conscious as the soul learns through experiences of cause and effect, action, and reaction.
- Each soul needs to know how to say no and how to say yes. This keeps the field clear for forward movement. Mars reflects the need for freedom so that the soul can act upon the desires it deems as necessary.
- Mars is inherently unbalancing in the sense that it reflects how the soul is constantly moving into the next moment, into a state of separation. This movement of separation is a necessary part of playing out and exhausting one's karma.
- Through Mars, the soul learns self-leadership, aware that each action paves the road for one's path. Ultimately the choices we make all point back to what it is we truly want. In this sense, a soul learns the importance of claiming and refining its will so that it takes the soul where it truly wants to go.
- The power of leadership and capacity to make momentary choices that will have consequences.

Mars ♂

CHALLENGES

- Unbalanced sexual/willful energy. Invasion, violence, rape, any kind of self-oriented relationship to instinctual impulses.
- Confrontational, seeing a world of adversity.
- An impulse to fight, unnecessarily so, for one's need for freedom of movement.
- Recklessness and loss of perspective and need to stay in constant motion.
- Reactivity coming from identification with a false sense of immediacy.
- Early endings, hastiness.
- Need to go or be first, narrow and short-sightedness before acting.
- Fear of taking the next step leading to thoughtlessly plunging in.

Mars ♂

Review Questions and Practice

For the below two Mars signatures explain:

1. In what way does this soul need freedom to act upon their will? What kind of will does this signature reflect?
2. Describe how the soul might be in relationship to anger and confrontation (either from within or from without).
3. What might self-leadership look like?

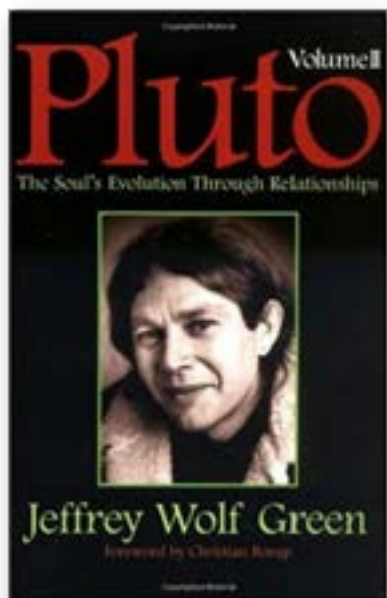
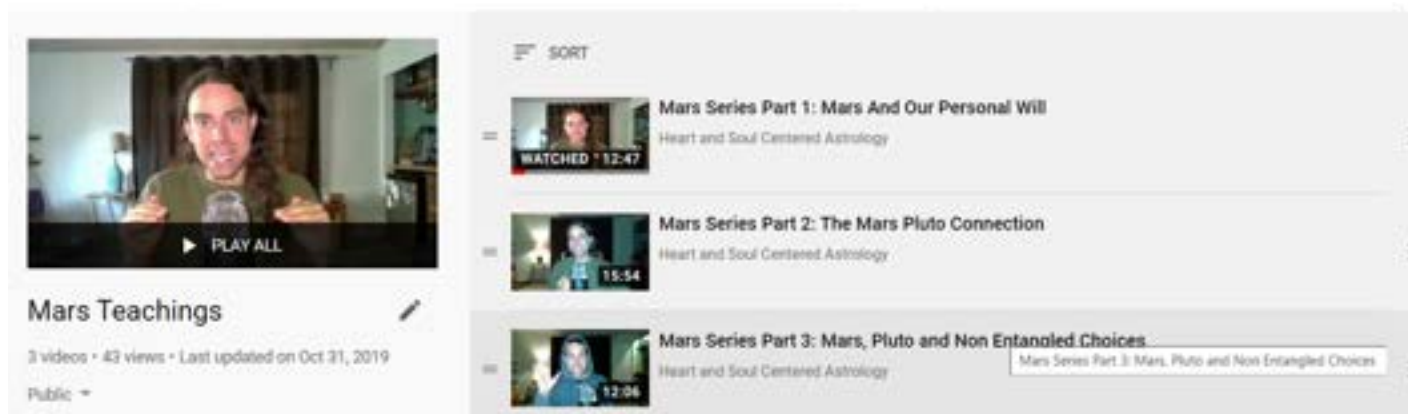


Mars ♂

Recommended Learning Resources

Heart and Soul-Centered Astrology Mars playlist.

a. Short series of 3 videos on the nature and function of Mars



Pluto Vol 2: The Soul's Evolutionary Journey Through Relationship. By Jeffrey Wolf Green

a. Has a complete section on Mars through the 12 signs/houses.

Neptune

Truth, totality, creativity, consciousness, surrender, disillusionment, reality, dreams, illusion, miracles, prayer, transcendence, Oneness, God, Love, unity consciousness, indiscrimination, trust, imagination, dreams and dreaming, innocence, co-creation, trust



EVOLUTIONARY INTENT

To surrender to the truth, aligning with the Source to guide and provide meaning for all things, wake up from the illusion of separation, forgive, realize the truth of love, and follow the transcendent impulse towards greater meaning and purpose.

FUNCTION

- Neptune in our charts reflects where the soul is learning to orient towards what is eternally always true, regardless of circumstance. Thus Neptune reflects the principle of universality and is accessible anywhere, any place, with anyone in any condition.
- The transcendent impulse within all souls means all souls know there is a unifying truth to life, but not all souls "remember" this. Thus Neptune reflects where there is a yearning to remember and reunite with this ultimate unifying truth.
- The yearning/transcendent impulse can be directed towards anything. This is the determinant for what eventually leads to disillusionment when what we gave meaning to reveals itself as meaningless.
- Meaning is found wherever a soul chooses to look for the ultimate. It is not conditioned by form, yet it can be found anywhere one looks.
- Surrender reflects the giving over to a principle of truth, not of one's own making. This often draws the line between "mundane" and "holy." With Neptune, a soul learns that it is not responsible for making meaning out of life. Only Love/God/Source/Meaning can do that, and is that. A soul learns to allow itself to become an instrument of divine will.
- Forgiveness reflects the mind's return to a state of whole perception, where all otherwise perceived problems or grievances are dissolved in the light of what has always been true. To forgive is to correct false thinking and return to grace.
- Prayer/direct communion is a medium through which the soul bridges between its limited awareness of the wholeness to the wholeness. Neptune reflects the principle of co-creation. What we trust we will relate to as if it were real.

Neptune

CHALLENGES

- Living in a dream reality wherein meaning and ultimate value is projected upon the things of the world.
 - Living in a dream reality that serves as an escape from actual reality. Distraction via television, movies, drugs, food, sex, fantasy, fantasizing.
 - Sustaining an illusion based upon the need for the illusion to be maintained to protect one's fear of being lost/ unprotected/ without help/ not saved. Dreams of reality which attempt to replace reality but only provide temporary security until said dreams run out.
 - Nihilism, dissociation, unfeeling, disconnection from empathy. Extreme cases can reflect sadism.
 - Martyrdom, savior complex, masochism, indiscrimination in "helping" those in need, self-sacrifice.
 - Yearning to be saved.
 - Refusing to mature out of innocence, not developing one's capacity to interact with reality, thus needing to sustain a delusional expectation of how reality will always show up. This leads to ultimate disappointment.
-

Neptune Ψ

Review Questions and Practice

For the following charts, consider these questions:

1. What are some ways a soul might experience their own illusions by way of placing meaning in things that are meaningless and thus become disillusioned? How are some ways a soul might escape to a dream reality to avoid actual reality?
2. How might a soul become self-sacrificial/ savior complex or on the flip side, be waiting to be saved?
3. Describe the energy of forgiveness in these signatures. What thoughts might be forgiven? How would this open a soul to grace and healing?
4. What might it look like for the soul to become an instrument of divine will, of Love?

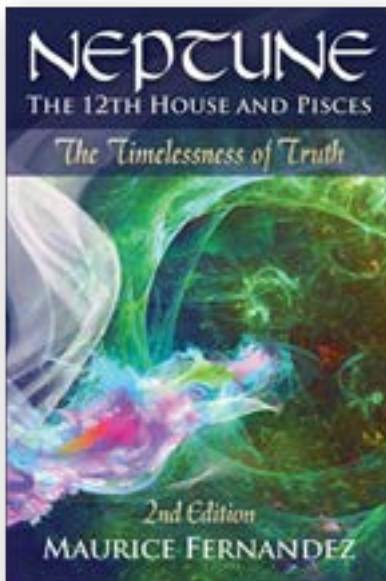


Neptune ♆

Recommended Learning Resources

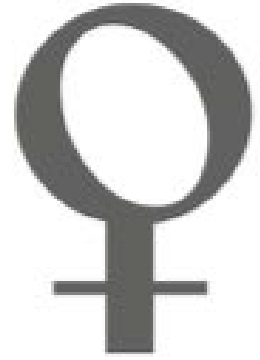


- [Neptune Faith and Confusion](#) an EA Zoom Meeting on Neptune
- [Guiding Stars Radio show](#) where I teach with Kristin Fontana on Neptune through the 12 houses.
- [Neptune: Whispers From Eternity](#) Collaboration of articles on Neptune, covering many different facets of this archetype, written by EA astrologers, edited by Linda Johnson. Includes teachings from Jeffrey Wolf Green. I have a couple of articles in there.
- [Neptune, the 12th house and Pisces: The Timelessness of Truth](#) by Maurice Fernandez. Excellent book.



Venus

Embodiment, sensuality, pleasure, survival, values, self-value, inner relationship to self, relationship to others, nature of needs, psychology of inner and outer listening, balance, harmony, grace, beauty, contentment.



EVOLUTIONARY INTENT

To live in balance and harmony with inner and outer life, to listen, to establish relationships to inner needs, to cultivate resourcefulness and capacity to provide for oneself, to communicate and cultivate relationships that support each soul's essential needs, to communicate.

FUNCTION

- Venus corresponds to the way each soul will listen to their inner reality. It is the soul's relationship to the "inner lover."
- How one listens to oneself determines how one will hear and listen to another. Likewise, one can only be met by another relative to the extent that one is receptive to one's own feelings.
- Venus corresponds to the heart chakra, the place where contradictory realities can be simultaneously held and honored. With Venus, we learn how to be in balance with our inner and outer life, rooted in self-intimacy and receptivity to our feelings and thus to our social and physical environment.
- Venus reflects the way a soul develops an internal orientation to their own life: the capacity to feel and sense what arises on the inside. This allows the soul to determine their needs and how to go about meeting them.
- Contentment and satisfaction are the ultimate expression of being alive. It implies a state of non-vigilance and thus the capacity to fully receive and live in this present moment.
- Venus reflects that relationship is a gift and offers the possibility of growth and support in a way that can only come through relationship. At the same time, a soul is only available to the gifts of a relationship to the extent that it is open to its own inner reality. Thus Venus reflects the beautiful unity of inner and outer.
- Venus is the lower octave of Neptune and, in a way, hints to the truth that everyone we meet on the outside is one with our inner reality.

Venus ♀

CHALLENGES

- Reacting to basic sensations in a way to avoid discomfort and maintain comfort.
 - While comfort is a natural expression of survival, this can be a form of possessiveness towards life, not actually living but holding on to survival, attached to comfort/ familiarity/ the way one knows to feel good.
 - Always needing to satisfy gross sensual urges and thus a lack of embodied relationship to present moment inner experience.
 - Projection, displacing inner needs onto another person, the nature of expectations.
 - Hearing another according to one's own way of inwardly relating to one's own self. Thus, challenges with truly hearing another according to the other person's actual reality.
 - Commodification of others according to how another makes one feel.
 - Laziness, fixed dependency on known resources, possessive of what one has determined as necessary for one's basic survival/needs. Attachment to comfort.
 - Numbness, sensual gratification equalling disconnect from the feeling body, masterabatory orientation to life.
-

Venus ♀

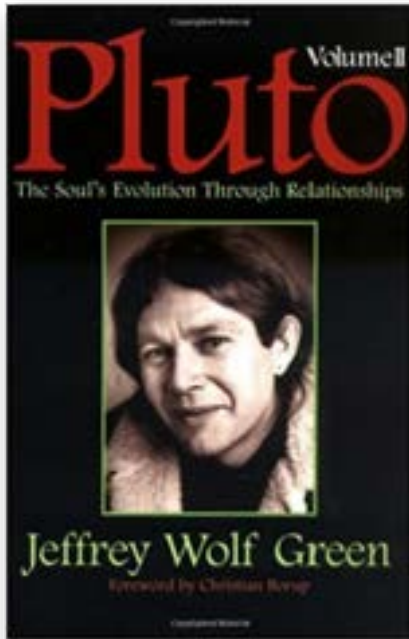
Review Questions and Practice

1. How will the soul listen to and relate to their own inner needs? How might the soul cultivate self-intimacy, pleasure, contentment, a connection to the poetry of life?
2. What are the soul's core relationship needs? How might the soul listen to another based upon their own inner self-relationship?
3. Describe the kinds of projections or expectations the soul might receive or project in a relationship.
4. How might a soul avoid feeling/self-intimacy by way of either numbing out, indulgence, over-dependence on others to provide a sense of self-value, or over-dependence on physical resources/ particular ways of relating to one's own body and sensual feelings.



Venus ♀

Recommended Learning Resources



Pluto Vol II: The Soul's Evolutionary Journey Through Relationship by Jeffrey Wolf Green.

- Has a section on Venus through the 12 houses/signs. Discusses the nature of relationship needs on the soul's evolutionary journey.

Uranus

Freedom from the known, individuation, individuated unconscious, community, science, the higher mind, the intelligence of creation, archetypal reality, total past and future of the soul, long-term memory, objective consciousness.



EVOLUTIONARY INTENT

To resonate with the intelligence of creation, to liberate from conditioning, to develop objective consciousness, to embrace one's essential individuality, to heal trauma of the past and accelerate one's own evolutionary growth, to awaken to the soul's innate higher intelligence.

FUNCTION

- Uranus corresponds to where the soul is waking up from all conditioning that suppresses their essential individuality. This waking up sets the soul apart from what it has known.
- The unconditioned mind is free of association and exists only according to itself. Life and community naturally emerge in resonance with one's essential nature. Our essential nature vibrates with the cosmos.
- Uranus corresponds to the total memories of all past and the blueprint of the future, both of which are not necessarily logged in the linear mind as specific time-based events.
- Uranus can manifest as inner anxiety or force pushing the soul to break free from the known. This can often be terrifying.
- Uranus corresponds to groups, group dynamics, group belonging, setting oneself apart from the group, issues around belonging, and not belonging to a group.
- "Hive-mind" is an idea that reflects the collective intelligence of an entire group. This both accelerates innovation and change on the planet just as much as it reflects the possibility of group conformity.
- Uranus corresponds to how there are always groups of people in any society that do not fit into the mainstream constructs.
- Uranus reflects the higher intelligence of creation and thus points to the archetypal nature of reality: free from subjective personalization. The inherent intelligence of creation.
- A soul learns to be a group of one. This can reflect the higher realization that the entire universe lives within oneself just as much as it can express as the individuating impulse to be oneself relative to nothing.

Uranus

FUNCTION (CONT'D)

- The archetypal nature of reality is beyond the limits of time and expresses in universal intelligence. This can appear at times as non-sequitur or disconnected from the limits of the individuated consciousness of the soul.
-

CHALLENGES

- Issues around exclusion, being cast out, casting out. Excommunication, outsider trauma.
 - Suppressed trauma, witnessing trauma, group trauma.
 - Conformity of "group-mind."
 - Alienation, not finding belonging with others or other groups.
 - Persecuted or ostracized fringe groups of society.
 - Elitism, separatism/exclusivity.
 - Dissociation, suppressing one's inherent individuality. Fear of not belonging, not wanting to shake status quo.
 - Fragmentation, fracturing.
 - Sudden outbursts, erratic behavior.
 - Projection, paranoia, anxiety, on-edge.
 - Overvaluing relative expressions of human innovation, the arrogance of human intelligence, taking the metaphor literally.
 - Shocks and surprises that can manifest as total disruptions to one's "normal" life.
 - Suppressing the impulse to individuate, the stress of the "bomb in a steel box".
-

Uranus ♅

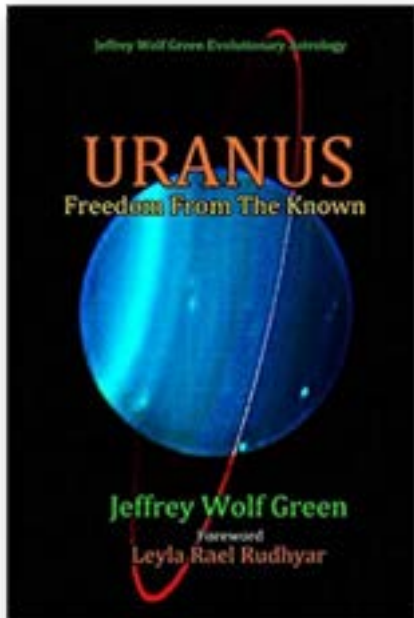
Review Questions and Practice

1. What is this soul liberating from? Consider the conditional expressions/social conditioning that might relate to these signatures.
2. What kinds of traumatic experiences might be logged in the soul's subconscious memory? How might this express as dissociation/ fracturing in one's present moment experience?
3. How might a soul experience the dynamics of being an outsider, being cast out, or holding oneself as separate from others?
4. What is the energy of a free being like in these signatures? Consider how this might express in different evolutionary stages via radicalism, innovation, or spiritual awakening.



Uranus ♅

Recommended Learning Resources



Uranus Freedom From the Known by Jeffrey Wolf Green. Republication of a book based on a live lecture Green gave in the '90s.

Uranus, Spiritual Awakening and a New Activism (Lecture)

- In this talk, I speak about the nature of self-realization as reflected in the Uranus signature. I also address the comparative teachings of Gandhi and Ramana Maharshi as it relates to spiritual awakening and views on activism.

Uranus through the Houses with Ari Moshe and Kristin Fontana (YouTube).

Uranus, Spiritual Awakening and a New Paradigm (YouTube).

The Work Of Byron Katie

"The Work" is a method of self-inquiry I find highly useful for freeing the mind from projection. It is rooted in 4 questions based on any stressful thought. These questions are:

1. *Is it true?*
2. *Can I absolutely know that this is true?*
3. *How do I feel when I believe this thought/ what do I observe happens?*
4. *Who would I be without this thought?*

Mercury

Linear thought, deductive reasoning, rationality, left brain, logic, communication in all its various forms/expressions, exchange of information, the creation of "data," collection of data, research, curiosity, making connections, continual learning, facts, opinions, short-term memory, perspectives, duality.



EVOLUTIONARY INTENT

To build upon one's intellectual organization of reality to include an ever more holistic and inclusive comprehension of how life works, to communicate and thus participate in the exchange of knowledge, goods, perspective, and ways of perceiving, to receive and add more layers of knowledge and information about reality, to learn about reality and participate in the feedback loop of communication and exchange.

FUNCTION

- Mercury reflects the soul's journey in engaging the faculty of thought to identify and classify the "facts" of life. This then serves the purpose of the soul-building facts upon facts to develop an ever-growing logical ordering of reality.
- To define the sensory experiences of life so that there is a basis for understanding interconnection and communication with and about the multi-various dimensions of life experience.
- Mercury reflects a natural quality of adaptability and flexibility. This enables the soul to be available for all kinds of communication forms, perspectives, and ways of relating. This allows for the ongoing exchange between different ways of thinking/cultures/perceiving reality.
- Mercury reflects the idea that there is always something new to learn based upon the notion that no two people perceive in the same way.
- How we work with the mind, the questions we ask, the way we organize our thinking is crucial to unlocking more understanding and greater intellectual cohesion.
- One's environment and the various mediums used for communication and exchange shapes the way the soul will think about and orient to life experience. "The medium is the message."

Mercury



FUNCTION (CONT'D)

- Mercury corresponds to the idea of "data" and "facts" as well as "opinions" and "points of view." These terms share the same quality in that they are all ways of categorizing life experience in a particular way.
- The "trickster" archetype can serve to confront the limitations of our logic, thus making way for new insights, connections, opportunities, growth, and perspective that wouldn't have otherwise been available.

CHALLENGES

- Scattered thinking, seeking to establish resolution and clarity through logical thought alone.
- Grasping for more information, adding to thought, reactive thinking, reactive communication.
- Not taking in new information, "hearing" only one's own thoughts.
- Defensiveness relative to established logical constructs, or losing a ground of stability based on trailing from one topic to another without any depth or insight.
- Confusing "fact" with "opinion". Forming logical conclusions based on opinion. Lacking self-awareness relative to the subjectivity of one's perceptions.
- Duplicity, identification with social belonging, fear of missing out, dishonesty in terms of communicating "information" (words, gestures, etc.) that presents a reality that is not true. Lying, trickery.
- Overly detail-focused, endlessly making connections from one point to another.
- Being a slave to thought, not claiming one's sovereignty over thought.

Mercury ♀

Review Questions and Practice

1. If Mercury corresponds to memory recall, what are the gifts and limitations of the soul's memory recall in these signatures?
2. What is this soul's general way of communicating about what they know?
3. What kind of information/learning/data collection might this soul be drawn to study or investigate?
4. What is a way the soul might become trapped in identification in the limitations of linear thinking? What might be the way out of it for this soul?



Mercury ♀

Recommended Learning Resources

- Jeffrey Wolf Green's article on Mercury: [The Role of Mercury in Evolutionary Astrology](#). In it is the quote I paraphrased at 12:22 in the Mercury Part 1 video. The quote starts with the paragraph, "Very simply it reflects the Evolutionary Condition..."
- Marshal McLuhan resources. This article summarizes many of the main points I referred to in my videos. <https://www.marshallmcluhan.com/common-questions/>
 - An online copy of his book "Understanding Media, The Extensions of Man" is [here](#).
- Two quotes that relate to my teaching at 15:00 in the Mercury part 1 video.
 - "As our proliferating technologies have created a whole series of new environments, men have become aware of the arts as "anti-environments" or "counter-environments" that provide us with the means of perceiving the environment itself. For, as Edward T. Hall has explained in 'The Silent Language,' men are never aware of the ground rules of their environmental systems or cultures. Today, technologies and their consequent environments succeed each other so rapidly that one environment makes us aware of the next. Technologies begin to perform the function of art in making us aware of the psychic and social consequences of technology. Art as anti-environment becomes a means of training perception and judgment more than ever. Art offered as a consumer commodity rather than a means of training perception is as ludicrous and snobbish as always. Media study at once opens the doors to perception. And here it is that the young can do top-level research work. The teacher has only to invite the student to do as complete an inventory as possible. Any child can list the effects of the telephone or the radio or the motor car in shaping the life and work of his friends and his society. An inclusive list of media effects opens many unexpected avenues of awareness and investigation."
 - [Understanding Media: The Extensions of Man, Introduction to the Second Edition, pp. ix-x]
 - "New media are new environments. That is why the media are the message."
 - Marshall McLuhan, "Art as Anti-Environment," Art News Annual 31 (1966): 55-57
- Youtube video related to my paraphrasing of Mcluhan at 15:49 in the Mercury part 1 video starting at 1:58.
 - <https://www.youtube.com/watch?v=ImaH51F4HBw>

Saturn

Boundaries, structure, time-space, responsibility, parameters of earthly experience, roles, social role, ambition, status, credentials, discipline, mastery, introspection, inner and outer authority, parameters of karmic reality, lessons, one's "right work."



EVOLUTIONARY INTENT

To condition a reality that is relevant and useful for one's evolutionary purpose, to cultivate responsibility and discipline relative to the work one must do, to develop agency in one's use of time, to self-reflect and decondition from artificial judgment and social constructs, to learn how to operate in society in ways that are necessary for one's evolutionary needs.

FUNCTION

- " The purpose of time is to enable you to learn how to use time constructively. It is thus a teaching device, and a means to an end. Time will cease when it is no longer useful in facilitating learning." - A Course in Miracles, Chapter 1
- Saturn reflects form and conditioning. We all come into a conditional reality as reflected in the conditioning imprints of our family and society at birth.
- We need to participate in society in ways necessary for our functioning here. We also need to define our own inner authority not to be conditioned entirely by external constructs.
- Self-knowledge, wisdom, and an earned maturity come with the learning of Saturn.
- Saturn reflects the archetype of failure, which implies "not succeeding." Failure has the purpose of inducing self-reflection relative to where one can learn better alignment.
- Saturn reflects the limits within the soul's consciousness relative to their unique karmic and evolutionary reality. These limits determine exactly where and how the soul is learning to become self-aware and develop agency.
- Saturn reflects the natural phases of life development that manifest as the template of our human experience. Life cycles, biological phases of development, social phases, and various age limits relative to the country/society a soul is a part of. Aging and the various ways that "time" moves.

Saturn ♄

FUNCTION (CONT'D)

- Saturn corresponds to social roles and social constructs, including gender and sexual norms.
 - All conditioning takes time; thus, Saturn reflects the time it takes to become self-aware and cultivate new habits/ discipline that is right for one's life.
-

CHALLENGES

- Shame relative to unnatural judgments. Shame ascribes "wrong" to one's own self as an identity and thus prevents the possibility of true learning.
 - Unnatural judgments linked to social or religious made-up rules that repress what is natural. Social and religious constructs that define our human experience in ways that shame what is natural.
 - Repression, keeping it locked inside, fear of judgment, un-realized conditioning that operates one's life.
 - Shaming and judging others relative to where one has not yet looked at their own behavior/actions.
 - Belief in ideas of punishment and sin. Projecting such ideas onto God or ultimate reality.
 - Where a soul will value materialism and form as a means unto itself as opposed to serving a greater purpose. Where love is put underneath structure.
 - Identification with the empty shell of appearances. Status, social success, "making it" relative to whatever one's society and community consider valid.
 - Deep sensitivity to the perception of judgment coming from others/projecting that others are limiting or judgment oneself. Externalizing the inner judge to be on the outside and blaming the outside.
 - Never growing up, re-learning the same lessons, immaturity. Pushing authority to the limits, potentially as a way to learn about one's limits. Not learning one's limits.
 - On the flip side, hyper-"maturity" equalling self-repression and never wanting to do it wrong. Difficulty in accepting criticism.
 - Resistance to failing. Poorly guided ambition that does not respect the slow and long path.
-

Saturn ♄

Review Questions and Practice

1. Where is the soul learning alignment? In what ways might we expect to see failure and the long journey of learning right action?
2. What might shame look/feel like for this soul? What might the soul repress?
3. What are examples of boundaries and limitations that the soul must learn to respect and work with? How might discipline help with that?
4. Describe how this soul might exemplify mastery of time and space?



Saturn ♄

Recommended Learning Resources

- **Healing Saturn Issues classes**

- Two-part series on dealing with Saturn karmic issues.
- In our charts, Saturn truly holds the key to our spiritual growth. If we can unlock our inner strength and authority then we can live with agency and purpose. Otherwise, we are weighed down by our own internalized shame, judgment, fear of failure, and repression.
 - In video 1, Ari addresses the Saturn issues of Shame, guilt, judgment, and punishment.
 - In video 2, Ari speaks to the process of healing shame and shared his perspective on the various stages of maturation and healing that comes with mastering Saturn in our lives. Chart examples are shared in both videos.
- <https://arimoshe.com/register/healing-issues-with-saturn-2-classes/>

- **Getting Strong with Saturn** (YouTube)

- Lecture on Saturn that covers many important dimensions, rephrasing some of this week's teachings as well as additional useful insights in particular on the connection between Saturn and the Sabbath.
- <https://www.youtube.com/watch?v=Mz2Yile-aEQ>

- **Working with Saturn Constructively**

- <https://www.youtube.com/watch?v=IEznIVTGt10&t=19s>

Jupiter

Expansion, growth, insight, intuition, knowledge, sincerity, nature, natural, travel, pilgrimage, student/teacher, guru, principals of nature, understanding of the tao, opportunity, promotion, optimism, outlook, beliefs, cosmology/philosophy



EVOLUTIONARY INTENT

To understand the principles of nature, to follow one's personal path of growth and realization, to follow one's intuition, to be sincere and honest, to cultivate insight and perspective that enables more growth, to share one's knowledge, to align with the natural relationship of teachers and students, to experience reality directly

FUNCTION

- Jupiter corresponds to our intuition, how each soul follows a path of unfolding relevant to their individual path of self-realization.
- Expansion of consciousness can manifest in any area of life, reflecting the possibility of "more." More of anything.
- There is always more to realize.
- Jupiter reflects how the soul will come to understand the principles of nature. Jupiter thus corresponds to being natural and what is natural.
- Jupiter corresponds to sincerity, honesty, and authenticity. Reality is authentic. Realization occurs through sincerity.
- Realization of truth is a spontaneous experience. Jupiter reflects the need for spontaneity, freedom, and space to explore/have direct experience.
- Jupiter reflects the archetype of "knowledge." Knowledge is different from beliefs. Knowledge is what is known and requires no validation, proving, or proof.
- Optimism enables a soul to recognize that all life experiences offer the possibility for greater realization and growth. Optimism is attuned to the benevolence of life.
- We are all constantly experiencing deeper dimensions of reality. Evolution implies this. Thus, we all have insight for one another and can all be guided by the insights of those whose own realizations are useful for our own journey.
- There is a need to "let go in order to receive" so that more insight/experience/knowledge/growth can manifest in our lives. Less is more, and there's always more.

Jupiter 4

FUNCTION (CONT'D)

- Experiences may unfold in one's life by creating what seems to be a loss. This is often to create space for a clear path forward.
-

CHALLENGES

- Restlessness, need to go, "the grass is always greener."
- Alienation, alienating others
- Convince and convert syndrome, dogmatism, already knowing
- Religious or philosophical fundamentalism.
- Exaggeration, self-convincing, trying to fit into an idea of truth or level of realization that is not authentic to one's actual experience. SPEAK ABOUT THIS.
- Wandering, seeking, perpetually looking for more
- Opportunism, biting off more than one can chew. Collapse because of overload
- "Dishonest sales-person" archetype, lying.
- Being misunderstood, cultural or racial alienation, ignorance about "other ways," belief that truth/freedom/opportunity is elsewhere, self-alienation
- Not integrating insight
- Generalization, lack of appreciation
- Feeling the need to prove oneself

Jupiter 4

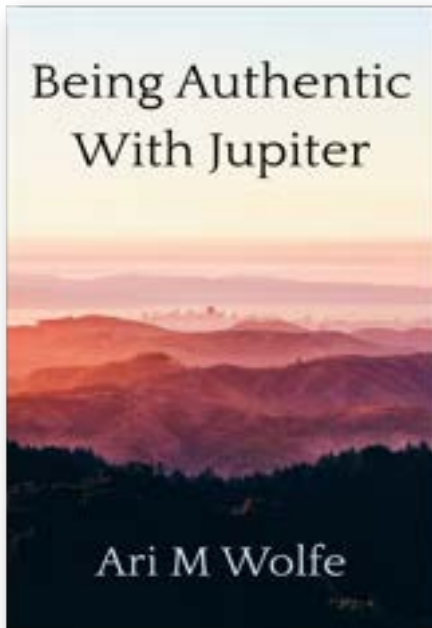
Review Questions and Practice

1. What is the way this soul will expand its understanding and insight into the nature of reality? Consider how the energy of sincerity and authenticity might express here.
2. In what ways might the soul be dogmatic and already "know" the answers.
3. How might the soul manifest the patterns of seeking, opportunism and restlessness?
4. How might "letting go to receive" apply in these signatures?



Jupiter 4

Recommended Learning Resources



Being Authentic with Jupiter by Ari Moshe Wolfe

- This is my ebook published just last year. A great little book, full of insight, stories and Jupiter life wisdom.

Healing Issues with Jupiter

- Two-part class series on Karmic Issues with Jupiter.
- Understanding the pitfalls of Jupiter is incredibly helpful in unlocking our tendencies to live restlessly, to be dishonest, to feel like we need to be somewhere else. On the other end of this is freedom and a felt sense of being in the right place at the right time. In this class, we examine some karmic signatures involving Jupiter and the keys to growth within them.
- <https://arimoshe.com/register/healing-issues-with-jupiter-2-classes/>

EA Zoom Jupiter Series

- A handful of free Jupiter classes I've given over the years
- https://www.youtube.com/playlist?list=PLLEU3_dI5qfFaDyH-pjzYcn7HiJ05013s

Chiron

Initiation, medicine path, healer, maverick, wounded healer, bodhisattva, compassion, broken open heart, integrating between personal and transpersonal realm, homeopathic, medicine in the pain, incurable wounds, self-healing, masochism, spiritual masochism.



EVOLUTIONARY INTENT

To develop compassion and humility in facing one's condition fully, to uncover one's gifts by showing up to give as one can, integration of brokenness/hurt into medicine, integration of vulnerability, to become initiated into the heart's higher intelligence.

FUNCTION

- "Ring the bells that still can ring. Forget your perfect offering. There is a crack, a crack in everything. That's how the light gets in" - Leonard Cohen, Anthem.
 - Chiron reflects the path of self-initiation, a path of deep heart centered self-knowledge that becomes the basis for serving others in a way that can only come through the journey of knowing oneself.
 - Medicine is created by way of the soul learning to self-heal. This implies an intimacy with one's condition, setting on a journey to know oneself and heal which makes one available for others in a way of compassion and humility.
 - Often there is something that doesn't "go away" or "heal" entirely. This itself becomes the source of a deepening compassion and understanding that can only come from fully embracing and working with one's condition.
 - In doing one's work, the feeling of brokenness emerges and is revealed. This itself becomes the possible source of humility and deeper compassion. It can also become a source of re-wounding experiences. Sometimes both.
 - A soul might "give itself" to painful experiences that are healing for others that will hurt one's own self. Nevertheless, regardless of the hurt, the experiences are necessary to further one's own integration.
 - Chiron is homeopathic in the sense that the cure for the pain is in the pain.
 - Chiron represents where a soul is initiated into a path of healership and service through their own journey of self-healing.
-

Chiron

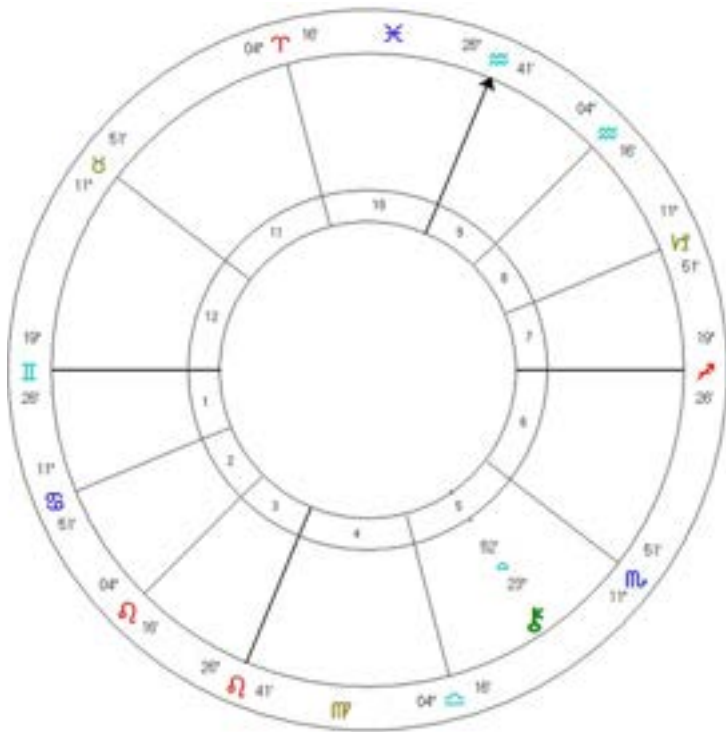
CHALLENGES

- Chiron reflects where a soul can feel there is something fundamentally flawed or wounded about them. It reflects a perception of there being something incurable within oneself that might otherwise keep a soul from believing in their own wholeness.
 - A soul might relate to their sense of brokenness by either hiding it, denying it, compensating, trying to normalize.
 - Masochism can manifest by getting into experiences beyond one's capacity to heal/help, further reinforcing the experience of being broken or incapable.
 - Chiron reflects where the soul has created wounding experiences for others.
 - The perpetuation of wounding can reflect an underlying denial of one's personal reality and thus the perpetuation of hurtful behavior.
 - Guilt and a sense of inadequacy are often implied; however, this can be a source of humility.
 - Overwhelm, identification with being too lost for the cause, permeating guilt/self-doubt, denial equalling inaccurate perception of ineptitude.
-

Chiron ♄♁

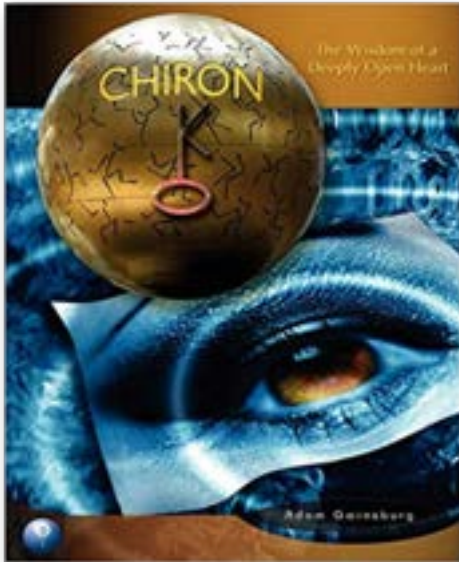
Review Questions and Practice

1. What is the wound or sense of being wounded? How might the soul feel that there is something chronically broken about them?
2. What might the path of self-healing/ making one's medicine look like?
3. How might the soul avoid/deny/resist their own vulnerability and thus, avoid cultivating the medicine?
4. In what ways might the soul create experiences where they are re-creating wounding experiences for themselves or others?



Chiron ♄

Recommended Learning Resources



- Chiron through the 12 houses series with Ari Moshe and Kristin Fontana
- Adam Gainsburg's book on Chiron:
 - Chiron; The Wisdom of a Deeply Open Heart

Moon

Emotional integration, safety, security/insecurity, emotional imprinting, nurturing influence, mother, breasts, womb, energetic sense of home, emotional filter for all experience, self-intimacy, nurturing, ego construct, self-image, sentiment, family, emotional-identification



EVOLUTIONARY INTENT

To emotionally integrate experience so that it can inform one's sense of self, to embrace the newness of life in a way that one is capable of integrating, to maintain a sense of continuity and security within oneself, to nurture

FUNCTION

- The Moon is the individualizing force of the natal chart. It's what enables the soul to identify itself as uniquely itself: i.e., emotional identification.
 - The Moon reflects our self-image: how we picture ourselves from within ourselves.
 - The Moon points to how the soul will emotionally integrate experience on a moment-to-moment basis.
 - The rose-colored glasses we wear that subjectively frame all life experience.
 - The analogy of the lens of a movie projector which focuses light. The Moon can ultimately be understood as the focusing agent of the soul: it creates a human personality that will facilitate (play out) life experience to fulfill the soul's evolutionary needs.
 - Self-image and ego construct imply that life will be experienced as personal.
 - Moon corresponds to our emotional memories and our early life emotional imprints. That which affected our emotional development and thus, our sense of self. It can also speak to that which nurtured and provided/cared for us growing up.
 - The Moon reflects how the soul embraces change.
 - One foot in familiarity, one foot in the unknown. We hold on to the teddy bear for as long as it feels nurturing.
 - Evolutionarily speaking, the Moon implies that this is the way that the soul is needing to/choosing to set up shop in human experience as a way to process and integrate all experience so as to inform a sense of self.
-

Moon

CHALLENGES

- Insecurity, fear, not wanting to grow beyond what is familiar.
- Dependency on what is known and familiar, not wanting to "grow up."
- Unresolved emotional needs resulting in stunted development and the subsequent need to develop self-intimacy/ create healthy emotional imprinting in one's life.
- Emotional identification with experience to the point of becoming stuck in emotion
Identification with emotion (as opposed to experiencing/ integrating emotion).
- Issues around nurturing: core human needs for connection/touch/essential nourishment (either lack of or attachment to).
- Insecurity implies the sense of being unsafe in life, and this can become a chronic condition where one needs to maintain specific life conditions to feel safe.

Moon

Review Questions and Practice

1. What is the way that this soul will emotionally process and integrate experience?
2. How does this soul embrace change on a moment-to-moment basis in such a way that allows them to maintain a sense of security within?
3. What behavior patterns might reflect insecurity/ need to hold on to what is familiar and thus not cultivate internal security?
4. What kind of core emotional imprinting might this soul have experienced early in this life?



Moon ☾

Recommended Learning Resources



- Deva Green's talk on EA Zoom Meetings: The Lunar Tides, the Moon, and Evolutionary Astrology.
- My talk on EA Zoom Meetings: Incarnating Human: The Moon and her Nodes. This talk might be very useful for the next course as well, as I also speak to the Lunar nodes.

Sun

Self-actualization, current life purpose, integration of all planetary activity, quality of one's "qi," confidence, self-entitlement, play, expression, emanating life, connection to creative source



EVOLUTIONARY INTENT

To fully inhabit the unique present moment reality of one's actual existence, to give personal meaning and purpose to one's life, to be centered in one's unique being, to embrace life and one's unique creative essence, to be alive, to develop confidence in oneself.

FUNCTION

- The Sun reflects the way the soul is inhabiting and actualizing the evolutionary purpose of being here.
 - The Sun points to how the soul is integrating and giving meaning to our current life soul experience.
 - The entirety of the soul's evolutionary journey, which reflects the totality of the soul's karmic and evolutionary reality, is integrated and given purpose/life via the Sun.
 - The Sun corresponds to the soul's life purpose from the perspective that it is how the soul is meant to actualize its unique reason for being here.
 - Sun corresponds to our overall sense of being, our overall health, the quality of our awakensness to life.
 - Confidence, feeling a right to be here are all reflections of a soul being connected to their own personal existence.
 - Sun reflects the necessity of the soul to engage with life with creative sovereignty, to play.
 - There's a natural generosity in the Sun as it reflects the principle that life and light emanate freely as a function of one's very being.
 - The Sign and House of the Sun is the essential way the soul is giving personal meaning and life to their evolutionary purpose. Thus the Sun is a very important statement of how the soul is choosing to be here in this current life.
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CHALLENGES

- Comparative beauty, overconcern with how one is seen via external reflection
- Shyness, discomfort with attention.
- Narcissism or self-importance, needing to be the center of attention, over-concern with self-actualization.
- Childlike lack of awareness of there being other players on the stage
- Seeking attention
- Lack of radiance, lack of creative agency, not believing in oneself
- Issues with self-confidence

Sun

Review Questions and Practice

1. What is the life purpose of the soul?
2. Describe the unique ways this soul can give personal meaning and purpose to their entire life? In what ways will the soul be drawn to become creatively self-absorbed and engaged with life?
3. What does self-confidence look like? What would healthy radiant being express as here?
4. What might be some issues the soul may face in self-confidence, claiming their creative agency and right to be here? What does it look like to lack confidence and thus not grow in one's creative agency?



Sun

Recommended Learning Resources

Watch children, artists, musicians, performers, actors to get a direct sense of the creative life force of the Sun.



Planetary Relationship

All planets share a natural relationship to one another. Regardless of what the chart actually looks like, there is a natural connection between all planetary functions. Understanding this is somewhat intuitive. For example, we intuitively can sense that Venus and Mars are a natural polarity. We also intuitively understand that Mercury and Jupiter respectively correspond to the left and right brain. Here are 3 ways of intellectually categorizing planetary relationship:

POLARITY

- Sun Uranus
- Mercury Jupiter
- Venus Mars
- Saturn Moon
- Venus Pluto

OCTAVE

- Pluto Mars
- Neptune Venus
- Pluto Mars

ESSENTIAL RELATIONSHIP

- Sun Moon
- Saturn Uranus

At this point, we have studied the evolutionary meaning of all the planets. While we have not yet learned interpretive techniques, we may be able to grasp how all of the planets are different facets of a holistic soul reality. Here is a general way to poetically think of all planets as a holistic whole.

- Pluto reflects the soul's evolutionary needs. The reality of evolution is what manifests experience in the first place. Through Pluto, we see that the soul is oriented to life experience as a way to play out, exhaust, and generate new desires. A soul cannot apprehend a level of reality it has not yet evolved to. Thus, as reflected by the nature of their desires, a soul's stage of evolution is the bottom line for understanding the context for the rest of the chart.

Planetary Relationship (cont'd)

- Saturn reflects the parameters and limitations that the soul manifests that serve as a template for the evolutionary journey. Time and space are to be used constructively for the purposes of awakening/ soul evolution: i.e. awakening out of time and space.
- Uranus corresponds to the inherent individuality of the soul and is who one is regardless of one's conditioning. This is the essential nature and reflects the essential intelligence of creation. It is what the soul awakens to as it sheds conditioning.
- Neptune reflects what is essentially and eternally true, the source and truth of all creation. This is accessible and always available.
- The inner planets reflect the social sphere where all relative activity is occurring. Mercury, sharing information and data, constantly broadening perspective and awareness of the whole.
- Venus, the exchange of needs, intimacy, and interpersonal communication that enables all souls to support one another in essential ways - as well as how the soul will identify its basic survival needs relevant to being in a human body.
- Mars, the function of conscious will, is necessary for acting upon the underlying evolutionary needs that bring the soul into human life.
- Jupiter, how the soul will interpret reality and understand their place, and thus an intuitive sense of where they are going and an inner driving force for the journey of soul growth.
- Sun is how the soul will give creative meaning and purpose to the totality of its life experience. Thus, it reflects the creative intelligence that gives life and light to the soul's entire evolutionary journey.

Planetary Relationship (cont'd)

Recommended Learning Resources

- Video on the interrelationship between all planets from my YouTube channel
 - [Interrelationship of all the planets](#)

